

4th Annual POQUOSON BULL ISLAND 4 MILER
Port Messick Marina, Poquoson, VA
Saturday May 11, 2013 8:30 AM
A PENINSULA TRACK CLUB EVENT
(actual distance run 3.85 miles)

TOP OVERALL MEN

1	1	TODD KESSLER	30	NEWPORT NEWS VA	22:06	5:44	*
2	2	DARRICK CORIZ	35	CASA BLANCA NM	23:11	6:01	
3	3	RYAN DOUPE	27	NEWPORT NEWS VA	23:21	6:03	*

TOP OVERALL WOMEN

1	8	MERCEDES CASTILLO-D'AMICO	55	NEWPORT NEWS VA	25:27	6:36	*
2	16	MELISSA POOLE	29	NEWPORT NEWS VA	28:07	7:17	
3	19	SUSAN HAGEL	40	NORFOLK VA	28:39	7:26	*

MEN: 11 AND UNDER

1	20	COLE MCCORMICK	10	POQUOSON VA	28:47	7:28	
2	53	JAKE FORD	10	POQUOSON VA	34:10	8:51	
3	74	RYAN MCCORMICK	8	POQUOSON VA	37:20	9:41	
4	77	TRE DAY	10	YORKTOWN VA	37:34	9:44	
5	120	KAM MAHONEY	8	POQUOSON VA	52:57	13:43	
6	124	GABRIEL FARE	10	POQUOSON VA	53:33	13:53	

MEN: 12 - 15

1	21	JARRETT MONTGOMERY	12	POQUOSON VA	29:48	7:43	
2	22	IAN BURRESS	13	POQUOSON VA	29:52	7:45	
3	28	JACK NORTHUP	12	POQUOSON VA	30:21	7:52	
4	55	MATTHEW COSTA	12	POQUOSON VA	34:23	8:55	
5	62	JACK GRAHAM	12	POQUOSON VA	34:55	9:03	
6	91	TYLER ROMANELLI	14	POQUOSON VA	41:45	10:49	
7	119	COLE PARKS	12	POQUOSON VA	52:44	13:40	
8	126	MICHAEL FREMAUX	14	NEWPORT NEWS VA	55:00	14:15	*
9	127	ALEX HISELL	15	YORKTOWN VA	55:02	14:16	

MEN: 16 - 19

1	26	KENNETH FORREST	16	POQUOSON VA	30:17	7:51	
2	106	MATTHEW ATTEBERRY	17	HAMPTON VA	46:30	12:03	*

MEN: 20 - 24

1	18	MAX JANUSZ	23	HAMPTON VA	28:34	7:24	
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MEN: 25 - 29

1	13	JOSHUA CUTING	28	GRANTS PASS OR	27:18	7:05	
2	110	MATT MLACHAK	27	POQUOSON VA	48:06	12:28	

MEN: 30 - 34

1	14	BENJAMIN DOWELL	33	FORT RUCKER AL	27:21	7:05	
2	33	ELLIOT MCBRIDE	34	SMITHFIELD VA	31:31	8:10	

MEN: 35 - 39

1	122	ADRIAN SWARTZBAUGH	39	POQUOSON VA	53:01	13:44	
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MEN: 40 - 44

1	4	DAVID P LOCKARD	44	HAMPTON VA	23:43	6:09	
2	10	ROB THORNBURGH	42	HAMPTON VA	26:28	6:52	
3	25	RICK DAVENPORT	42	YORKTOWN VA	30:10	7:49	*
4	48	TODD LANNING	43	HAMPTON VA	32:49	8:31	*
5	69	JEFF CHAPIN	42	YORKTOWN VA	36:29	9:27	
6	79	STEVEN THORNE	43	YORKTOWN GB	37:52	9:49	
7	81	BRIAN MASON	43	YORKTOWN VA	38:15	9:55	*
8	92	PETE ROMANELLI	43	POQUOSON VA	41:46	10:50	
9	118	TROY CURRY	43	POQUOSON VA	51:16	13:17	

MEN: 45 - 49

1	27	PARKER NORTHUP	47	POQUOSON VA	30:21	7:52	
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2	35 SHANNON SEALEY	47 POQUOSON VA	32:01	8:18
3	39 MIKE MCCORMICK	46 POQUOSON VA	32:07	8:20
4	45 RICHARD CLIFTON	49 POQUOSON VA	32:36	8:27
5	54 DAVID HANNA	47 POQUOSON VA	34:17	8:53
6	60 JEFF FRY	45 WILLIAMSBURG VA	34:46	9:01
7	63 JAY WHITE	49 POQUOSON VA	34:56	9:03
8	76 JOHN GRAHAM	48 POQUOSON VA	37:26	9:42
9	89 CHRISTOPHER PERSONS	45 POQUOSON VA	41:18	10:42 *
10	113 STEPHEN LYNCH	48 POQUOSON VA	50:30	13:05
MEN: 50 - 54				
1	7 GEORGE FISCELLA	51 NEWPORT NEWS VA	25:20	6:34 *
2	11 JOE GARRITY	50 HAMPTON VA	26:31	6:53 *
3	15 ALAN VAN ZANDT	51 NEWPORT NEWS VA	27:39	7:10 *
4	51 VINDY SINGH	50 NEWPORT NEWS VA	33:38	8:43
5	72 KEVIN FLOOD	54 POQUOSON VA	36:51	9:33
6	73 DEAN WEWETZER	54 NEWPORT NEWS VA	37:02	9:36 *
7	97 LOUIS ATTEBERRY	52 HAMPTON VA	42:35	11:02 *
8	129 CHARLES FREMAUX	54 NEWPORT NEWS VA	55:12	14:18 *
MEN: 55 - 59				
1	5 HENRY GLEISBURG	56 YORKTOWN VA	23:54	6:12
2	6 ANDREW D CUTLER	55 YORKTOWN VA	24:22	6:19 *
3	12 TERRY IMBERY	55 YORKTOWN VA	26:37	6:54 *
4	17 BARRY L HUGHES	59 GLOUCESTER POINT V	28:18	7:20 *
5	44 AL A MONTALVO	58 YORKTOWN VA	32:35	8:27 *
MEN: 60 - 64				
1	9 JEFF GROSS	60 POQUOSON VA	26:03	6:45
2	42 JIMMY C BLOUNT	62 WILLIAMSBURG VA	32:24	8:24 *
3	47 EDGAR J RANGEL	63 NEWPORT NEWS VA	32:47	8:30 *
4	59 WILLIAM T HODGES	60 YORKTOWN VA	34:39	8:59 *
5	101 BOB CURTIN JR	60 HAMPTON VA	44:59	11:40 *
6	103 STEPHEN V SCUDDER	64 VIRGINIA BEACH VA	45:53	11:54 *
MEN: 65 AND OVER				
1	32 ROBERT H WRIGHT	72 HAMPTON VA	31:29	8:10 *
2	36 DANNY DRISCOLL	66 NEWPORT NEWS VA	32:02	8:18
3	43 LARRY ARATA	68 WILLIAMSBURG VA	32:27	8:25 *
4	49 ED OLIPHANT	67 GLOUCESTER VA	33:02	8:34
5	52 RANDY HAWTHORNE	67 WILLIAMSBURG VA	33:50	8:46 *
6	84 EARL ARROWOOD	72 NEWPORT NEWS VA	39:29	10:14
7	107 JIM HALLEY	68 GRAFTON VA	46:45	12:07 *
8	123 GROVE A CALVERT	66 VIRGINIA BEACH VA	53:14	13:48 *
9	132 TONY MACALUSO	73 POQUOSON VA	55:40	14:26
WOMEN: 11 AND UNDER				
1	86 KATIE FREMAUX	10 NEWPORT NEWS VA	40:09	10:24 *
2	96 TYLER HILL	8 NEWPORT NEWS VA	42:12	10:56
WOMEN: 12 - 15				
1	23 ANNE NORTHUP	14 POQUOSON VA	29:55	7:45
2	56 ELIZABETH BALLMAN	15 YORKTOWN VA	34:24	8:55
3	65 MAGGIE CHIAPPAZZI	14 POQUOSON VA	35:48	9:17
4	88 LAUREN MCKEEL	14 POQUOSON VA	41:05	10:39
WOMEN: 16 - 19				
1	66 MCKENZIE COSTA	16 POQUOSON VA	35:53	9:18
WOMEN: 20 - 24				
NONE				
WOMEN: 25 - 29				
1	87 CAITLIN JASON	27 HAMPTON VA	40:26	10:29
2	90 NICOLE JANUSZ	25 HAMPTON VA	41:44	10:49

WOMEN: 30 - 34

1	30 RACHEL SWIFT	34 HAMPTON VA	31:00	8:02	*
2	37 RANDI EVANS	33 POQUOSON VA	32:04	8:19	
3	64 JESSICA MCBRIDE	33 SMITHFIELD VA	35:08	9:06	
4	75 CARRIE MCCORMICK	33 POQUOSON VA	37:21	9:41	
5	80 HAZEL EBALO	30 NEWPORT NEWS VA	38:11	9:54	
6	94 KARMA LAPACEK	31 POQUOSON VA	42:10	10:56	
7	104 BRITTANY DEBOLT	30 YORKTOWN VA	46:00	11:56	
8	109 AMY MLACHAK	31 POQUOSON VA	48:06	12:28	
9	111 CARRIE WILLIAMS	33 POQUOSON VA	48:22	12:32	
10	128 KELLY BOWEN	30 HAMPTON VA	55:05	14:17	

WOMEN: 35 - 39

1	34 CRYSTAL DAVENPORT	38 YORKTOWN VA	31:59	8:18	*
2	40 MARY HAGEL	38 CHARLOTTESVILLE VA	32:09	8:20	
3	41 SIBYL SMITH	38 POQUOSON VA	32:22	8:24	
4	61 JAIME COX	35 NEWPORT NEWS VA	34:50	9:02	*
5	67 MICHELLE STANISH	38 POQUOSON VA	36:00	9:20	
6	71 REBECCA MONTALVO-WILLIAM	36 HAMPTON VA	36:48	9:32	
7	78 SHANNON BUCCELLATO	36 YORKTOWN VA	37:36	9:45	
8	83 JILL KIDD	36 YORKTOWN VA	39:20	10:12	
9	93 MICHELLE HELKLER	38 YORKTOWN VA	42:02	10:54	
10	99 STEPHANIE LANNING	37 HAMPTON VA	43:38	11:19	*
11	105 AMY GRAHAM	37 POQUOSON VA	46:07	11:57	
12	117 CHASITY CURRY	39 POQUOSON VA	51:15	13:17	
13	121 LISA SWARTZBAUGH	36 POQUOSON VA	53:00	13:44	

WOMEN: 40 - 44

1	82 DARCEY CHIAPPAZZI	40 POQUOSON VA	39:19	10:11	
2	95 TRACEY ATTEBERRY	42 HAMPTON VA	42:11	10:56	*
3	102 ANNE SPARKMAN	42 NEWPORT NEWS VA	45:33	11:48	
4	108 KATHLEEN DAY	43 YORKTOWN VA	47:29	12:18	
5	116 KELLYE PAI-FORD	42 POQUOSON VA	50:57	13:12	
6	130 DAWN-MARIE MONTGOMERY	42 POQUOSON VA	55:19	14:20	
7	131 KARA EARLEY	42 POQUOSON VA	55:39	14:25	

WOMEN: 45 - 49

1	24 CAROL NORTHUP	46 POQUOSON VA	29:59	7:46	
2	29 CHRISTINE SCHAFFNER	49 YORKTOWN VA	30:24	7:53	*
3	50 DONNA SANDERS	49 YORKTOWN VA	33:36	8:43	*
4	57 LOIS BALLMAN	47 YORKTOWN VA	34:26	8:56	
5	70 BELINDA RAMSEY	49 POQUOSON VA	36:33	9:28	*
6	85 CYNTHIA PERSONS	47 POQUOSON VA	39:53	10:20	*
7	112 DEBORAH COSTA	45 POQUOSON VA	48:29	12:34	

WOMEN: 50 - 54

1	31 NORMA PHILLIPS	52 WILLIAMSBURG VA	31:22	8:08	*
2	68 PATRICIA WIEDEMANN	52 SEAFORD VA	36:14	9:24	
3	125 TERESA FREMAUX	52 NEWPORT NEWS VA	54:51	14:13	*

WOMEN: 55 - 59

1	38 HELEN WORTHINGTON	58 BENA VA	32:05	8:19	*
2	46 WENDY FITE	55 WILLIAMSBURG VA	32:45	8:30	
3	100 SANDRA LUTHIE	57 PALYMRA VA	44:22	11:30	

WOMEN: 60 - 64

NONE

WOMEN: 65 AND OVER

1	58 BARBARA BIASI	65 YORKTOWN VA	34:34	8:58	*
2	98 ROBIN JORLETT	69 NEWPORT NEWS VA	42:47	11:05	*
3	114 CHIPS HALLEY	68 GRAFTON VA	50:43	13:09	*
4	115 NANCY BLOUNT	67 WILLIAMSBURG VA	50:44	13:09	*

* denotes PTC member