

4th Annual POQUOSON BULL ISLAND 4 MILER  
 Port Messick Marina, Poquoson, VA  
 Saturday May 11, 2013 8:30 AM  
 A PENINSULA TRACK CLUB EVENT  
 (actual distance run 3.85 miles)

TOP OVERALL MEN

1	1	TODD KESSLER	30	NEWPORT NEWS VA	22:06	5:44	*
2	2	DARRICK CORIZ	35	CASA BLANCA NM	23:11	6:01	
3	3	RYAN DOUPE	27	NEWPORT NEWS VA	23:21	6:03	*

TOP OVERALL WOMEN

1	8	MERCEDES CASTILLO-D'AMICO	55	NEWPORT NEWS VA	25:27	6:36	*
2	16	MELISSA POOLE	29	NEWPORT NEWS VA	28:07	7:17	
3	19	SUSAN HAGEL	40	NORFOLK VA	28:39	7:26	*

MEN: 11 AND UNDER

1	20	COLE MCCORMICK	10	POQUOSON VA	28:47	7:28	
2	53	JAKE FORD	10	POQUOSON VA	34:10	8:51	
3	74	RYAN MCCORMICK	8	POQUOSON VA	37:20	9:41	

MEN: 12 - 15

1	21	JARRETT MONTGOMERY	12	POQUOSON VA	29:48	7:43	
2	22	IAN BURRESS	13	POQUOSON VA	29:52	7:45	
3	28	JACK NORTHUP	12	POQUOSON VA	30:21	7:52	

MEN: 16 - 19

1	26	KENNETH FORREST	16	POQUOSON VA	30:17	7:51	
2	106	MATTHEW ATTEBERRY	17	HAMPTON VA	46:30	12:03	*

MEN: 20 - 24

1	18	MAX JANUSZ	23	HAMPTON VA	28:34	7:24	
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MEN: 25 - 29

1	13	JOSHUA CUTING	28	GRANTS PASS OR	27:18	7:05	
2	110	MATT MLACHAK	27	POQUOSON VA	48:06	12:28	

MEN: 30 - 34

1	14	BENJAMIN DOWELL	33	FORT RUCKER AL	27:21	7:05	
2	33	ELLIOT MCBRIDE	34	SMITHFIELD VA	31:31	8:10	

MEN: 35 - 39

1	122	ADRIAN SWARTZBAUGH	39	POQUOSON VA	53:01	13:44	
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MEN: 40 - 44

1	4	DAVID P LOCKARD	44	HAMPTON VA	23:43	6:09	
2	10	ROB THORNBURGH	42	HAMPTON VA	26:28	6:52	
3	25	RICK DAVENPORT	42	YORKTOWN VA	30:10	7:49	*

MEN: 45 - 49

1	27	PARKER NORTHUP	47	POQUOSON VA	30:21	7:52	
2	35	SHANNON SEALEY	47	POQUOSON VA	32:01	8:18	
3	39	MIKE MCCORMICK	46	POQUOSON VA	32:07	8:20	

MEN: 50 - 54

1	7	GEORGE FISCELLA	51	NEWPORT NEWS VA	25:20	6:34	*
2	11	JOE GARRITY	50	HAMPTON VA	26:31	6:53	*
3	15	ALAN VAN ZANDT	51	NEWPORT NEWS VA	27:39	7:10	*

MEN: 55 - 59

1	5	HENRY GLEISBURG	56	YORKTOWN VA	23:54	6:12	
2	6	ANDREW D CUTLER	55	YORKTOWN VA	24:22	6:19	*
3	12	TERRY IMBERY	55	YORKTOWN VA	26:37	6:54	*

MEN: 60 - 64

1	9	JEFF GROSS	60	POQUOSON VA	26:03	6:45	
2	42	JIMMY C BLOUNT	62	WILLIAMSBURG VA	32:24	8:24	*
3	47	EDGAR J RANGEL	63	NEWPORT NEWS VA	32:47	8:30	*

MEN: 65 AND OVER

1	32	ROBERT H WRIGHT	72	HAMPTON VA	31:29	8:10	*
2	36	DANNY DRISCOLL	66	NEWPORT NEWS VA	32:02	8:18	
3	43	LARRY ARATA	68	WILLIAMSBURG VA	32:27	8:25	*
WOMEN: 11 AND UNDER							
1	86	KATIE FREMAUX	10	NEWPORT NEWS VA	40:09	10:24	*
2	96	TYLER HILL	8	NEWPORT NEWS VA	42:12	10:56	
WOMEN: 12 - 15							
1	23	ANNE NORTHUP	14	POQUOSON VA	29:55	7:45	
2	56	ELIZABETH BALLMAN	15	YORKTOWN VA	34:24	8:55	
3	65	MAGGIE CHIAPPAZZI	14	POQUOSON VA	35:48	9:17	
WOMEN: 16 - 19							
1	66	MCKENZIE COSTA	16	POQUOSON VA	35:53	9:18	
WOMEN: 20 - 24							
NONE							
WOMEN: 25 - 29							
1	87	CAITLIN JASON	27	HAMPTON VA	40:26	10:29	
2	90	NICOLE JANUSZ	25	HAMPTON VA	41:44	10:49	
WOMEN: 30 - 34							
1	30	RACHEL SWIFT	34	HAMPTON VA	31:00	8:02	*
2	37	RANDI EVANS	33	POQUOSON VA	32:04	8:19	
3	64	JESSICA MCBRIDE	33	SMITHFIELD VA	35:08	9:06	
WOMEN: 35 - 39							
1	34	CRYSTAL DAVENPORT	38	YORKTOWN VA	31:59	8:18	*
2	40	MARY HAGEL	38	CHARLOTTESVILLE VA	32:09	8:20	
3	41	SIBYL SMITH	38	POQUOSON VA	32:22	8:24	
WOMEN: 40 - 44							
1	82	DARCEY CHIAPPAZZI	40	POQUOSON VA	39:19	10:11	
2	95	TRACEY ATTEBERRY	42	HAMPTON VA	42:11	10:56	*
3	102	ANNE SPARKMAN	42	NEWPORT NEWS VA	45:33	11:48	
WOMEN: 45 - 49							
1	24	CAROL NORTHUP	46	POQUOSON VA	29:59	7:46	
2	29	CHRISTINE SCHAFFNER	49	YORKTOWN VA	30:24	7:53	*
3	50	DONNA SANDERS	49	YORKTOWN VA	33:36	8:43	*
WOMEN: 50 - 54							
1	31	NORMA PHILLIPS	52	WILLIAMSBURG VA	31:22	8:08	*
2	68	PATRICIA WIEDEMANN	52	SEAFORD VA	36:14	9:24	
3	125	TERESA FREMAUX	52	NEWPORT NEWS VA	54:51	14:13	*
WOMEN: 55 - 59							
1	38	HELEN WORTHINGTON	58	BENA VA	32:05	8:19	*
2	46	WENDY FITE	55	WILLIAMSBURG VA	32:45	8:30	
3	100	SANDRA LUTHIE	57	PALYMRA VA	44:22	11:30	
WOMEN: 60 - 64							
NONE							
WOMEN: 65 AND OVER							
1	58	BARBARA BIASI	65	YORKTOWN VA	34:34	8:58	*
2	98	ROBIN JORLETT	69	NEWPORT NEWS VA	42:47	11:05	*
3	114	CHIPS HALLEY	68	GRAFTON VA	50:43	13:09	*

\* denotes PTC member