

2nd ANNUAL I AM 10K
 Proceeds benefit Grace Church of Newport News
 Newport News Park, Newport News, VA
 Saturday, January 12, 2013 10:00 AM
 Sponsored by I AM Fitness
 A PENINSULA TRACK CLUB EVENT

TOP OVERALL MEN

1	1	VICTOR H FLEMMING	33	SMITHFIELD VA	35:21	5:42
2	2	TODD KESSLER	30	NEWPORT NEWS VA	36:04	5:49
3	3	DOUGLAS MARSHALL	38	MATHEWS VA	37:00	5:58

TOP OVERALL WOMEN

1	7	KAREN TERRY	24	NEWPORT NEWS VA	41:51	6:44
2	13	KAREN KOVACS	46	HAYES VA	45:11	7:17
3	28	SUSAN HAGEL	39	NORFOLK VA	48:09	7:45 *

MEN: 14 AND UNDER

1	43	ISAAC WASSERMAN	14	CARROLLTON VA	51:01	8:13
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MEN: 15 - 18

1	8	TIMOTHY HALLEREN	16	NEWPORT NEWS VA	42:15	6:48
2	15	DEHJAM WILLIAMS	18	NEWPORT NEWS VA	45:40	7:21

MEN: 19 - 24

1	4	MATTHEW GARCIA	19	YORKTOWN VA	38:06	6:08
2	11	JOSHUA T THOMAS	23	NEWPORT NEWS VA	44:02	7:06 *
3	12	ELIJAH JOHNSON	19	NEWPORT NEWS VA	45:10	7:17
4	58	MARK ROBERTS	19	LANGLEY AFB VA	54:28	8:46
5	75	YOVANI CALVILLA	23	LANGLEY AFB VA	58:26	9:25
6	76	DAVON FINLEY	21	HAMPTON VA	58:35	9:26
7	78	BENJAMIN ABEL	24	YORKTOWN VA	58:43	9:27

MEN: 25 - 29

1	35	JOEL JASON	29	HAMPTON VA	49:29	7:58
2	56	CONOR MCANULTY	25	NORFOLK VA	54:07	8:43
3	71	BARRINTON DYKES	28	NEWPORT NEWS VA	57:34	9:16

MEN: 30 - 34

1	37	ALBERT CALUAG	30	HAMPTON VA	50:07	8:04
2	42	JOSHUA FOSTER	32	MINT HILL NC	50:56	8:12
3	48	DAVID DEPTULA	32	COLLEGE PARK MD	52:12	8:24
4	54	JOHN GEDVILLE	33	HAMPTON VA	53:41	8:39
5	57	DANIEL PULS	30	NEWPORT NEWS VA	54:18	8:45
6	73	T J WOLFE	30	NEWPORT NEWS VA	58:23	9:24
7	82	STEPHEN SCHULTZ	34	NEWPORT NEWS VA	59:32	9:35
8	105	JONAH FOSTER	30	NEWPORT NEWS VA	1:08:11	10:59

MEN: 35 - 39

1	16	JASON ANDERSON	38	SEAFORD VA	45:56	7:24
2	20	JACKSON SASSER	37	WILLIAMSBURG VA	46:24	7:28
3	26	TALMAGE BULLOCK	37	VIRGINIA BEACH VA	47:38	7:40
4	27	ISAIAH MARAUTA	36	PRINCE GEORGE VA	48:04	7:45
5	34	MICHAEL ZIEGLER	39	WILLIAMSBURG VA	49:18	7:56
6	47	JOE ENA	37	LONESOME DOVE TX	51:49	8:21
7	53	DANIEL REESE	35	HAMPTON VA	53:10	8:34
8	62	MICHAEL HOWE	38	YORKTOWN VA	55:40	8:58
9	64	STACY MCDONALD	39	VIRGINIA BEACH VA	56:13	9:03
10	67	BRENT CUNNINGHAM	36	YORKTOWN VA	57:03	9:11
11	100	JOSEPH FULLER	38	NORFOLK VA	1:01:48	9:57
12	108	JARRETT SEABOLT	37	VIRGINIA BEACH VA	1:09:03	11:07
13	142	SAMUEL BURCHAM	37	WINDSOR MO	1:27:37	14:07

MEN: 40 - 44

1	5	DANIEL SHAYE	43	WILLIAMSBURG VA	39:08	6:18	*
2	17	KRIS ELLINGSEN	44	YORKTOWN VA	46:12	7:27	*
3	18	BRENT BENWARE	41	RUTHER GLEN VA	46:18	7:27	
4	36	DAVID GRETTE	42	HAMPTON VA	50:05	8:04	
5	41	RICK DAVENPORT	42	YORKTOWN VA	50:54	8:12	*
6	44	ADAM WASSERMAN	41	CARROLLTON VA	51:07	8:14	
7	45	ARNEL LIWANAGAN	43	YORKTOWN VA	51:28	8:17	
8	46	KEVIN GATES	41	HAMPTON VA	51:36	8:19	
9	77	THOMAS O'BRYAN	42	GRAFTON VA	58:35	9:26	*
10	84	RUDY BORREGO	41	NEWPORT NEWS VA	59:51	9:38	
11	87	DIRK HEPWORTH	42	SUMMERLAND FL	59:56	9:39	
12	90	ALLEN PARKER	42	FT EUSTIS VA	1:00:37	9:46	
13	91	STGEPHEN BIRD	42	EAST FALMOUTH MA	1:00:44	9:47	
14	116	RON CLARK	44	CHESAPEAKE VA	1:12:25	11:40	
15	143	CHARLES SHAPLEY	40	FT EUSTIS VA	1:30:31	14:35	

MEN: 45 - 49

1	6	WAYNE PARFITT	47	NEWPORT NEWS VA	40:52	6:35	
2	9	DAVID W WITTE	47	YORKTOWN VA	43:16	6:58	*
3	22	DAVID CLARKSON	45	ORANGE PARK FL	46:55	7:33	
4	95	CHRISTIAN A HOLTER	49	NEWPORT NEWS VA	1:01:18	9:52	*
5	103	HARRY BUSER	46	WILLIAMSBURG VA	1:03:09	10:10	
6	127	JIM BRIDGES	47	NEWPORT NEWS VA	1:16:55	12:23	*

MEN: 50 - 54

1	10	GEORGE FISCELLA	50	NEWPORT NEWS VA	43:38	7:02	*
2	14	ANDREW R D'AMICO	52	NEWPORT NEWS VA	45:40	7:21	*
3	19	ALAN VAN ZANDT	51	NEWPORT NEWS VA	46:22	7:28	*
4	23	CLAUDE HICKS JR	53	FORT WORTH TX	47:22	7:38	
5	24	ED RIETSCHA	52	YORKTOWN VA	47:33	7:40	*
6	31	CHRISTOPHER HALLEREN	52	NEWPORT NEWS VA	48:34	7:49	
7	33	RALPH RENGER	50	VAIL AZ	49:01	7:54	
8	52	PHILIP BURKE	51	NEWPORT NEWS VA	52:54	8:31	

MEN: 55 - 59

1	21	DAVID J SMITH	55	TAPPAHANNOCK VA	46:27	7:29	
2	49	EUGENE THEIS	58	HAMPTON VA	52:29	8:27	*
3	72	GEORGE W NELSEN	57	NEWPORT NEWS VA	58:12	9:22	*
4	80	ROBERT D JONES	57	YORKTOWN VA	58:54	9:29	*
5	86	KARL S MORRISETTE	56	PORTSMOUTH VA	59:52	9:38	
6	114	PETER M NAVIN	58	HAMPTON VA	1:11:57	11:35	*
7	141	GERARD DENION	58	NEWPORT NEWS VA	1:27:28	14:05	

MEN: 60 AND OVER

1	25	RICK PLATT	62	WILLIAMSBURG VA	47:36	7:40	*
2	29	JIM CHRISTOL	65	YORKTOWN VA	48:12	7:46	*
3	50	JIMMY C BLOUNT	62	WILLIAMSBURG VA	52:30	8:27	*
4	55	DAVID OZOLEK	63	WILLIAMSBURG VA	54:00	8:42	
5	59	FRANK A SAUNDERS	66	NEWPORT NEWS VA	54:32	8:47	*
6	60	RANDY HAWTHORNE	67	WILLIAMSBURG VA	55:10	8:53	*
7	63	LARRY ARATA	68	WILLIAMSBURG VA	55:43	8:58	*
8	92	ANDREW MEDVEC	62	HAMPTON VA	1:00:53	9:48	*
9	101	THOMAS MCANULTY	60	NORFOLK VA	1:02:50	10:07	
10	102	HOWARD WHITE	66	NORFOLK VA	1:02:57	10:08	
11	131	BOB CURTIN JR	60	HAMPTON VA	1:18:50	12:42	*
12	139	GROVE A CALVERT	66	VIRGINIA BEACH VA	1:26:18	13:54	*

WOMEN: 14 AND UNDER

1	129	SAMANTHA CHU	10	YORKTOWN VA	1:17:35	12:30	
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WOMEN: 15 - 19

1	112 HEATHER BORDEN	19 GLEN ALLEN VA	1:11:22	11:30
WOMEN:	20 - 24			
1	109 DORTHYMARIE KERR	21 NEWPORT NEWS VA	1:09:04	11:07
WOMEN:	25 - 29			
1	32 BEATRIZ BEACH	27 RIVERVIEW FL	48:40	7:50
2	51 KAREN APPEL	29 SEATTLE WA	52:37	8:28
3	65 ROSEMARIE SPARGUR	27 SUFFOLK VA	56:50	9:09
4	66 CARA MILLER	25 MADISON OH	56:51	9:09
5	70 JENNIFER DYKES	27 NEWPORT NEWS VA	57:34	9:16
6	89 MEAGAN GILLCRIST	25 SUFFOLK VA	1:00:30	9:45
7	97 JAIME LANCASTER	26 HAVRE DE GRACE MD	1:01:25	9:54
8	106 JESSICA ATHERTON	29 NORFOLK VA	1:08:33	11:02
9	107 AURICA SEABOLT	26 VIRGINIA BEACH VA	1:09:01	11:07
10	122 MAUREEN DENION	27 NEWPORT NEWS VA	1:15:04	12:05
11	136 ELIZABETH WOLFE	29 NEWPORT NEWS VA	1:22:51	13:21
12	145 COLLEEN LARKIN	28 NORFOLK VA	1:33:34	15:04
WOMEN:	30 - 34			
1	68 ANNA LEVERENZ	30 NEWPORT NEWS VA	57:14	9:13
2	69 KIRA BROWDER	30 NEWPORT NEWS VA	57:17	9:14
3	81 HOLLY SCHULTZ	32 NEWPORT NEWS VA	59:31	9:35
4	94 JENNIFER TAYLOR	33 SUFFOLK VA	1:01:10	9:51
5	96 RENEA SKELTON	33 HAMPTON VA	1:01:20	9:53
6	104 CHRISTINA GAFFOS	31 NEWPORT NEWS VA	1:04:57	10:28
7	113 EMILY GREGOSKY	30 VIRGINIA BEACH VA	1:11:49	11:34
8	119 MARY BETH FOSTER	32 MINT HILL NC	1:14:35	12:01
9	121 JESSICA WILSON	31 NEWPORT NEWS VA	1:15:03	12:05
10	135 TIFFANY ROGERS	32 YORKTOWN VA	1:22:51	13:21
WOMEN:	35 - 39			
1	85 CELESTE BORREGO	39 NEWPORT NEWS VA	59:51	9:38
2	98 MELISSA BULLOCK	36 VIRGINIA BEACH VA	1:01:26	9:54
3	110 CHERYL TAYLOR	39 RITHER GLEN VA	1:09:25	11:11
4	115 BROOK MACFARLANE	35 VIRGINIA BEACH VA	1:12:24	11:39
5	123 LINDSAY SILVERMAN	36 HAMPTON VA	1:15:34	12:10
6	124 AMY MCDONALD	37 HAMPTON VA	1:15:50	12:13
7	125 KRISTA WETZLER	38 HAMPTON VA	1:16:07	12:15
8	128 SHANNON FIRMAN	38 WILLIAMSBURG VA	1:17:28	12:28
9	132 LARA LEWIS	39 NEWPORT NEWS VA	1:19:28	12:48
10	144 LERINA OFAGALILO	35 JUNEAU AK	1:33:33	15:04
WOMEN:	40 - 44			
1	99 GINA LIWANAGAN	42 YORKTOWN VA	1:01:46	9:57
2	117 JESSICA FITZSIMMONS	40 YORKTOWN VA	1:13:13	11:47
3	130 KIMBERLY ORANGE	43 NEWPORT NEWS VA	1:17:45	12:31
4	133 BETH TAYLOR	44 NEWPORT NEWS VA	1:19:51	12:52
WOMEN:	45 - 49			
1	30 KIM RATCLIFFE	45 YORKTOWN VA	48:32	7:49 *
2	38 CHERYL LAGER	47 NEWPORT NEWS VA	50:17	8:06 *
3	39 CHRISTINE SCHAFFNER	49 YORKTOWN VA	50:28	8:08 *
4	40 CAROL BARTRAM	49 YORKTOWN VA	50:35	8:09 *
5	61 CARMEN WASSERMAN	46 CARROLLTON VA	55:39	8:58
6	79 STACEY ROWELL	46 CLARKSVILLE TN	58:50	9:29
7	111 KAREN MORRIS	45 SUFFOLK VA	1:10:59	11:26
WOMEN:	50 - 54			
1	74 MARCI HILL	52 POQUOSON VA	58:25	9:24
2	83 SUSAN HALLEREN	51 NEWPORT NEWS VA	59:37	9:36
3	88 ANNMARIE DADDARIO	54 NEWPORT NEWS VA	1:00:18	9:43
4	93 CATHERINE WITHROW	50 SMITHFIELD VA	1:01:09	9:51
5	120 TERESA FREMAUX	52 NEWPORT NEWS VA	1:14:52	12:03 *

6	126	MARCY BRIDGES	53	NEWPORT NEWS VA	1:16:54	12:23	*
7	134	AMY RIDENOUR	50	SUFFOLK VA	1:21:18	13:05	
WOMEN:		55 - 59					
1	137	KAY VANATTA	57	CLAREMONT VA	1:23:40	13:28	
2	138	JENNIFER BARR	55	NEWPORT NEWS VA	1:23:47	13:30	*
3	140	SUZANNE DENION	59	NEWPORT NEWS VA	1:27:27	14:05	
WOMEN:		60 AND OVER					
1	118	BRENDA C MITCHELL	62	WILLIAMSBURG VA	1:13:31	11:50	*
WHEELCHAIR RACERS							

* denotes PTC member