

2nd ANNUAL I AM 10K
 Proceeds benefit Grace Church of Newport News
 Newport News Park, Newport News, VA
 Saturday, January 12, 2013 10:00 AM
 Sponsored by I AM Fitness
 A PENINSULA TRACK CLUB EVENT

TOP OVERALL MEN

1	1	VICTOR H FLEMMING	33	SMITHFIELD VA	35:21	5:42
2	2	TODD KESSLER	30	NEWPORT NEWS VA	36:04	5:49
3	3	DOUGLAS MARSHALL	38	MATHEWS VA	37:00	5:58

TOP OVERALL WOMEN

1	7	KAREN TERRY	24	NEWPORT NEWS VA	41:51	6:44
2	13	KAREN KOVACS	46	HAYES VA	45:11	7:17
3	28	SUSAN HAGEL	39	NORFOLK VA	48:09	7:45 *

MEN: 14 AND UNDER

1	43	ISAAC WASSERMAN	14	CARROLLTON VA	51:01	8:13
---	----	-----------------	----	---------------	-------	------

MEN: 15 - 18

1	8	TIMOTHY HALLEREN	16	NEWPORT NEWS VA	42:15	6:48
2	15	DEHJAM WILLIAMS	18	NEWPORT NEWS VA	45:40	7:21

MEN: 19 - 24

1	4	MATTHEW GARCIA	19	YORKTOWN VA	38:06	6:08
2	11	JOSHUA T THOMAS	23	NEWPORT NEWS VA	44:02	7:06 *
3	12	ELIJAH JOHNSON	19	NEWPORT NEWS VA	45:10	7:17

MEN: 25 - 29

1	35	JOEL JASON	29	HAMPTON VA	49:29	7:58
2	56	CONOR MCANULTY	25	NORFOLK VA	54:07	8:43
3	71	BARRINTON DYKES	28	NEWPORT NEWS VA	57:34	9:16

MEN: 30 - 34

1	37	ALBERT CALUAG	30	HAMPTON VA	50:07	8:04
2	42	JOSHUA FOSTER	32	MINT HILL NC	50:56	8:12
3	48	DAVID DEPTULA	32	COLLEGE PARK MD	52:12	8:24

MEN: 35 - 39

1	16	JASON ANDERSON	38	SEAFORD VA	45:56	7:24
2	20	JACKSON SASSER	37	WILLIAMSBURG VA	46:24	7:28
3	26	TALMAGE BULLOCK	37	VIRGINIA BEACH VA	47:38	7:40

MEN: 40 - 44

1	5	DANIEL SHAYE	43	WILLIAMSBURG VA	39:08	6:18 *
2	17	KRIS ELLINGSEN	44	YORKTOWN VA	46:12	7:27 *
3	18	BRENT BENWARE	41	RUTHER GLEN VA	46:18	7:27

MEN: 45 - 49

1	6	WAYNE PARFITT	47	NEWPORT NEWS VA	40:52	6:35
2	9	DAVID W WITTE	47	YORKTOWN VA	43:16	6:58 *
3	22	DAVID CLARKSON	45	ORANGE PARK FL	46:55	7:33

MEN: 50 - 54

1	10	GEORGE FISCELLA	50	NEWPORT NEWS VA	43:38	7:02 *
2	14	ANDREW R D'AMICO	52	NEWPORT NEWS VA	45:40	7:21 *
3	19	ALAN VAN ZANDT	51	NEWPORT NEWS VA	46:22	7:28 *

MEN: 55 - 59

1	21	DAVID J SMITH	55	TAPPAHANNOCK VA	46:27	7:29
2	49	EUGENE THEIS	58	HAMPTON VA	52:29	8:27 *
3	72	GEORGE W NELSEN	57	NEWPORT NEWS VA	58:12	9:22 *

MEN: 60 AND OVER

1	25	RICK PLATT	62	WILLIAMSBURG VA	47:36	7:40 *
2	29	JIM CHRISTOL	65	YORKTOWN VA	48:12	7:46 *

3	50 JIMMY C BLOUNT	62 WILLIAMSBURG VA	52:30	8:27 *
WOMEN:	14 AND UNDER			
1	129 SAMANTHA CHU	10 YORKTOWN VA	1:17:35	12:30
WOMEN:	15 - 19			
1	112 HEATHER BORDEN	19 GLEN ALLEN VA	1:11:22	11:30
WOMEN:	20 - 24			
1	109 DORTHYMARIE KERR	21 NEWPORT NEWS VA	1:09:04	11:07
WOMEN:	25 - 29			
1	32 BEATRIZ BEACH	27 RIVERVIEW FL	48:40	7:50
2	51 KAREN APPEL	29 SEATTLE WA	52:37	8:28
3	65 ROSEMARIE SPARGUR	27 SUFFOLK VA	56:50	9:09
WOMEN:	30 - 34			
1	68 ANNA LEVERENZ	30 NEWPORT NEWS VA	57:14	9:13
2	69 KIRA BROWDER	30 NEWPORT NEWS VA	57:17	9:14
3	81 HOLLY SCHULTZ	32 NEWPORT NEWS VA	59:31	9:35
WOMEN:	35 - 39			
1	85 CELESTE BORREGO	39 NEWPORT NEWS VA	59:51	9:38
2	98 MELISSA BULLOCK	36 VIRGINIA BEACH VA	1:01:26	9:54
3	110 CHERYL TAYLOR	39 RITHER GLEN VA	1:09:25	11:11
WOMEN:	40 - 44			
1	99 GINA LIWANAGAN	42 YORKTOWN VA	1:01:46	9:57
2	117 JESSICA FITZSIMMONS	40 YORKTOWN VA	1:13:13	11:47
3	130 KIMBERLY ORANGE	43 NEWPORT NEWS VA	1:17:45	12:31
WOMEN:	45 - 49			
1	30 KIM RATCLIFFE	45 YORKTOWN VA	48:32	7:49 *
2	38 CHERYL LAGER	47 NEWPORT NEWS VA	50:17	8:06 *
3	39 CHRISTINE SCHAFFNER	49 YORKTOWN VA	50:28	8:08 *
WOMEN:	50 - 54			
1	74 MARCI HILL	52 POQUOSON VA	58:25	9:24
2	83 SUSAN HALLEREN	51 NEWPORT NEWS VA	59:37	9:36
3	88 ANNMARIE DADDARIO	54 NEWPORT NEWS VA	1:00:18	9:43
WOMEN:	55 - 59			
1	137 KAY VANATTA	57 CLAREMONT VA	1:23:40	13:28
2	138 JENNIFER BARR	55 NEWPORT NEWS VA	1:23:47	13:30 *
3	140 SUZANNE DENION	59 NEWPORT NEWS VA	1:27:27	14:05
WOMEN:	60 AND OVER			
1	118 BRENDA C MITCHELL	62 WILLIAMSBURG VA	1:13:31	11:50 *
WHEELCHAIR RACERS				

* denotes PTC member