

2013 SENTARA NEW YEAR'S DAY 5K
for the benefit of the American Cancer Society in Memory of Denise Suits
Coliseum Central, Sentara Careplex Fitness Center, Hampton, VA
New Year's Day, Tuesday, January 1, 2013 11:00 AM
A PENINSULA TRACK CLUB EVENT

TOP OVERALL MEN

1	1 TODD KESSLER	30 NEWPORT NEWS VA	17:38	5:41
2	2 DOUGLAS MARSHALL	38 MATHEWS VA	17:58	5:47
3	3 JUSTIN VERDIRAME	34 ARLINGTON VA	19:44	6:21

TOP OVERALL WOMEN

1	8 AUDREY PERLOW	32 ARLINGTON VA	20:57	6:45
2	9 SHEILA A SCOTTI	29 NEWPORT NEWS VA	21:03	6:47
3	17 ASHLEY S BRUCE	18 GRAFTON VA	22:54	7:23 *

MEN: 9 AND UNDER

1	61 SAMMY JOHNSON	9 YORKTOWN VA	28:35	9:12
2	132 TREVOR ROACH	6 NEWPORT NEWS VA	37:18	12:01

MEN: 10 - 14

1	36 TIM HOFFSTAETTER	10 SMITHFIELD VA	25:26	8:11
2	57 ELI AARON	11 HAMPTON VA	28:19	9:07
3	126 BEN ATTEBERRY	13 HAMPTON VA	35:57	11:35 *
4	158 JIMMY LUONG	13 HAMPTON VA	45:07	14:32

MEN: 15 - 18

1	4 CONNOR HANCOCK	15 CHESAPEAKE VA	19:57	6:25
2	51 MILES CAMPBELL	18 NEWPORT NEWS VA	27:33	8:52
3	69 EMILY HARDEN	18 NEWPORT NEWS VA	29:41	9:34
4	100 MATTHEW ATTEBERRY	17 HAMPTON VA	33:09	10:41 *

MEN: 19 - 24

1	11 GRANT RARDON	22 YORKTOWN VA	21:38	6:58
2	39 JOHN MCCLURE	24 NORFOLK VA	26:25	8:31
3	58 BRIAN R FRIES	24 NEWPORT NEWS VA	28:29	9:10
4	62 LEE D'BENE	20 YORKTOWN VA	28:37	9:13
5	101 JALEN EDWARDS	19 HAMPTON VA	33:11	10:41
6	143 DUNCANIA LAKENDRIA	24 NEWPORT NEWS VA	39:07	12:36

MEN: 25 - 29

1	22 SHEA M SCOTTI	28 NEWPORT NEWS VA	24:09	7:47
---	------------------	--------------------	-------	------

MEN: 30 - 34

1	15 AARON GOODMAN	33 POQUOSON VA	22:48	7:21
2	35 ANDREW TURNER	34 HAMPTON VA	25:23	8:10
3	73 CHRIS NOVAKOSKI	31 FRANKLIN VA	30:02	9:40
4	79 MARK BARBARA	32 HAMPTON VA	30:34	9:51

MEN: 35 - 39

1	5 CARTER FICKLEN	38 YORKTOWN VA	20:01	6:27 *
2	44 HARRY CLARK	35 OCRACOE NC	26:50	8:39
3	64 ANWAR BLAKELY	35 WILLIAMSBURG VA	28:58	9:20
4	110 MARRO BREWINGTON	37 HAMPTON VA	34:05	10:58

MEN: 40 - 44

1	24 RICK DAVENPORT	42 YORKTOWN VA	24:28	7:53 *
2	25 JOHN D MARTIN	42 NEWPORT NEWS VA	24:30	7:54 *
3	26 KEVIN GATES	41 HAMPTON VA	24:34	7:55
4	54 TODD LANNING	43 HAMPTON VA	27:59	9:01 *
5	87 BRIAN KETTERMAN	40 HAMPTON VA	31:28	10:08 *
6	111 JOHN ELSTROM	42 NEWPORT NEWS VA	34:07	10:59 *

MEN: 45 - 49

1	10 DAVID CLARKSON	46 ORANGE PARK FL	21:16	6:51
---	-------------------	-------------------	-------	------

2	13	BRETT MCDANIEL	46	NEWPORT NEWS VA	22:34	7:16
3	16	WILLIAM PALAGYI	47	SUFFOLK VA	22:50	7:21 *
4	41	KELLY BORDEN	45	NEWPORT NEWS VA	26:33	8:33
5	92	ROBERT SCOTT	47	POQUOSON VA	32:18	10:24
6	93	DEREK ELKINS	49	HAMPTON VA	32:27	10:27
7	131	WILLIAM ERNST	49	HAMPTON VA	37:04	11:56
8	133	HAROLD ROACH	46	NEWPORT NEWS VA	37:18	12:01
9	142	JAMES HANCOCK	48	CHESAPEAKE VA	38:52	12:31 *
10	162	JERRY PAXTON	46	HAMPTON VA	47:00	15:08
11	172	BRAD GARDNER	47	POQUOSON VA	50:28	16:15
MEN: 50 - 54						
1	6	GEORGE FISCELLA	50	NEWPORT NEWS VA	20:34	6:37 *
2	7	JOHN C OLSON	53	YORKTOWN VA	20:54	6:44 *
3	12	WALT BRUCE	51	YORKTOWN VA	21:54	7:03 *
4	14	ED RIETSCHA	52	YORKTOWN VA	22:35	7:16 *
5	18	KEVIN CUNNINGHAM	51	GRAFTON VA	22:57	7:23 *
6	37	TIMOTHY RAINES	50	YORKTOWN VA	25:33	8:14
7	43	GEORGE BECOUVARKIS	52	POQUOSON VA	26:49	8:38 *
8	53	LEON NOLLEY	51	HAMPTON VA	27:56	9:00
9	82	STEPHEN BUSS	53	YORKTOWN VA	30:59	9:59 *
10	107	DAVID WILLIAMS	53	HAMPTON VA	33:46	10:53
11	127	LOUIS ATTEBERRY	51	HAMPTON VA	36:32	11:46 *
12	173	JUAN CRUZ	52	HAMPTON VA	50:31	16:16
MEN: 55 - 59						
1	28	RICK HARTUNG	59	HAMPTON VA	24:50	8:00 *
2	45	KEMP WILLIAMS	57	HAMPTON VA	26:51	8:39
3	55	SKIP COLE	56	POQUOSON VA	28:07	9:03 *
4	59	ROBERT FRIES	55	NEWPORT NEWS VA	28:29	9:11
5	65	LINWOOD HOLDEN	55	HAMPTON VA	29:01	9:21
6	72	DONALD ROWE	56	YORKTOWN VA	30:00	9:40
7	109	HARRISON JOHNSON	55	HAMPTON VA	34:03	10:58
8	113	JOHN R GALLO	56	NEWPORT NEWS VA	34:25	11:05 *
9	114	PETER M NAVIN	58	HAMPTON VA	34:26	11:05 *
10	116	STEVEN I SHAPIRO	59	VIRGINIA BEACH VA	34:30	11:07
11	118	ERIC GOODMAN	58	POQUOSON VA	34:38	11:09 *
12	128	MICHAEL TURNER	58	NEWPORT NEWS VA	36:49	11:51
13	138	MICHAEL PARSON	59	HAMPTON VA	38:02	12:15
14	140	EUGENE THIES	58	HAMPTON VA	38:25	12:22 *
15	176	GLENN CARR	55	YORKTOWN VA	53:31	17:14
MEN: 60 - 64						
1	20	RICK PLATT	62	WILLIAMSBURG VA	23:39	7:37 *
2	21	JOSEPH L VERDIRAME	63	SUFFOLK VA	23:41	7:38 *
3	30	JIMMY C BLOUNT	62	WILLIAMSBURG VA	25:13	8:07 *
4	63	BILL DIEHL	62	YORKTOWN VA	28:55	9:19
5	135	GARY M SMITH	62	NORFOLK VA	37:22	12:02
6	153	BOB CURTIN JR	60	HAMPTON VA	41:29	13:21 *
7	165	JOHN CANE	64	LANGLEY AFB	48:31	15:37
MEN: 65 - 69						
1	27	DANNY DRISCOLL	66	NEWPORT NEWS VA	24:37	7:56
2	34	LARRY ARATA	68	WILLIAMSBURG VA	25:20	8:10 *
3	75	JOSEPH CRONIN	69	HAYES VA	30:03	9:41
4	103	KEITH BUTLER	65	CHESAPEAKE VA	33:20	10:44
5	145	ALLAN HUMPHREY	65	NEWPORT NEWS VA	39:10	12:37
MEN: 70 - 74						
1	117	CHARLES R TERRELL	74	NEWPORT NEWS VA	34:31	11:07 *
2	125	KEN BUTLER	73	HAMPTON VA	35:56	11:34
MEN: 75 AND OVER						

MEN: Age Unknown

WOMEN: 9 AND UNDER

1	84 GABRIELLE ROACH	9 NEWPORT NEWS VA	31:05	10:00
---	--------------------	-------------------	-------	-------

WOMEN: 10 - 14

1	104 IRIS LIMON DUPARCMEUR	10 POQUOSON VA	33:30	10:47
2	156 IMANI GASTON	11 NEWPORT NEWS VA	42:37	13:43
3	159 CHRISTINE NGUYEN	12 HAMPTON VA	45:07	14:32

WOMEN: 15 - 18

1	47 SARA DIMELAR	18 CARROLLTON VA	26:58	8:41
---	-----------------	------------------	-------	------

WOMEN: 19 - 24

1	77 LEAH MCCLURE	22 NORFOLK VA	30:07	9:42
2	81 KRISTINA BECOUVARKIS	19 POQUOSON VA	30:56	9:58 *
3	154 ELIZABETH LAMARSH	19 YORKTOWN VA	41:57	13:31
4	184 MEGHAN POLLARD	22 GLOUCESTER POINT V	56:41	18:15

WOMEN: 25 - 29

1	46 JULIA FISCELLA	25 NEWPORT NEWS VA	26:52	8:39
2	80 ALLISON KNAPPENBERGER	26 SUFFOLK VA	30:44	9:54
3	91 DANA GRIBBINS	28 LOUISVILLE KY	32:02	10:19

WOMEN: 30 - 34

1	29 JAIME CARPENTER	34 HAMPTON VA	25:10	8:06
2	38 KRISTIN GOODMAN	33 POQUOSON VA	26:23	8:30
3	67 ANGELINA YUILLE	33 HAMPTON VA	29:18	9:26
4	121 SAMANTHA DICKERSON	31 HAMPTON VA	34:51	11:13

WOMEN: 35 - 39

1	31 CRYSTAL DAVENPORT	38 YORKTOWN VA	25:14	8:08 *
2	32 GAIL MAYOR	39 HAMPTON VA	25:15	8:08
3	94 STEPHANIE LANNING	37 HAMPTON VA	32:27	10:27 *
4	105 FANNY LIMON-DUPARCMEUR	35 POQUOSON VA	33:30	10:47
5	112 RENITHA A IRVIN	36 HAMPTON VA	34:23	11:04
6	164 MARIA KRIEG	39 HAMPTON VA	47:34	15:19
7	177 MELANIE ROBINSON	36 SMITHFIELD VA	53:32	17:14

WOMEN: 40 - 44

1	19 ARLYNE SPALLA BENSON	43 YORKTOWN VA	23:32	7:35 *
2	56 JENNIFER CRABTREE	40 HAMPTON VA	28:11	9:05
3	76 TINA MARTIN	41 YORKTOWN VA	30:05	9:41 *
4	83 LAURA KETTERMAN	42 HAMPTON VA	31:01	9:59 *
5	85 TAMMY LAVALLEY	41 CARROLLTON VA	31:17	10:04
6	88 MARIOKY SCOTT	43 HAMPTON VA	31:39	10:11
7	95 TRACEY ATTEBERRY	42 HAMPTON VA	32:48	10:34 *
8	106 ALISON JOHNSON	40 YORKTOWN VA	33:42	10:51
9	120 MELINDA DARLING	42 NEWPORT NEWS VA	34:50	11:13
10	130 APRIL MERRITT	41 HAMPTON VA	37:04	11:56
11	149 MARLEITA EDWARDS	41 HAMPTON VA	39:42	12:47
12	152 IRENE PANG	43 HAMPTON VA	41:06	13:14
13	167 ASHLEY HAINES	40 HAMPTON VA	48:48	15:43
14	178 ROXANNE BRAGG	42 FT MONROE VA	53:37	17:16
15	180 MICHELLE PAXTON	41 HAMPTON VA	55:47	17:58
16	181 BETH GRANT	43 HAMPTON VA	55:47	17:58

WOMEN: 45 - 49

1	23 CHERYL LAGER	47 NEWPORT NEWS VA	24:21	7:51 *
2	33 JAMI CALLAHAN-BRILL	46 HAMPTON VA	25:20	8:09
3	48 SANDY HULA	46 CHARLES CITY VA	27:21	8:49
4	50 DONNA SANDERS	48 YORKTOWN VA	27:29	8:51 *
5	66 HEIDI OLSON	47 YORKTOWN VA	29:16	9:25 *
6	71 MARYROSE MCGHEE	48 NEWPORT NEWS VA	29:46	9:35
7	97 BECKY CROONS	49 HAMPTON VA	32:59	10:37

8	98 MARGO LAMARSH	49 YORKTOWN VA	33:00	10:37
9	141 SONYA BRADLEY	46 NEWPORT NEWS VA	38:43	12:28
10	146 LAURA SCOTT	47 POQUOSON VA	39:12	12:37
11	170 KRISTINA ERNST	46 HAMPTON VA	49:27	15:55
12	174 TERRI HOLDEN	49 NEWPORT NEWS VA	51:01	16:26
13	179 JACQUELINE RICHARDSON-GUNN	49 HAMPTON VA	53:37	17:16
14	183 WANDA CLARKE	48 HAMPTON VA	56:40	18:15
15	187 ALICE NGUYEN	47 HAMPTON VA	57:46	18:36
WOMEN: 50 - 54				
1	40 SANDRA BUSS	50 YORKTOWN VA	26:31	8:32 *
2	42 NANCY HUNYADY	53 NEWPORT NEWS VA	26:42	8:36
3	49 NORMA PHILLIPS	52 WILLIAMSBURG VA	27:22	8:49 *
4	60 ELIZABETH ROWE	54 YORKTOWN VA	28:32	9:11
5	68 SHERRY NEIGHBORS	52 POQUOSON VA	29:22	9:27
6	70 ANN MARIE DADDARIO	54 NEWPORT NEWS VA	29:42	9:34
7	89 MELODY BORDEN	50 NEWPORT NEWS VA	31:47	10:14
8	90 PATRICIA WIEDEMANN	52 SEAFORD VA	31:54	10:16
9	99 CATHLEEN REA	54 NEWPORT NEWS VA	33:00	10:38 *
10	108 VALERIE CUNNINGHAM	51 GRAFTON VA	34:00	10:57 *
11	119 MICHELLE SPENCER	51 HAMPTON VA	34:47	11:12
12	122 GAYNELLE BRITT	53 YORKTOWN VA	34:57	11:15
13	123 JULIE BYRD	50 YORKTOWN VA	35:00	11:16
14	124 KATHLEEN DUNN-CANE	52 LANGLEY AFB VA	35:42	11:30
15	129 RHONDA D'BENE	51 YORKTOWN VA	37:02	11:56
16	134 MICHELLE HOLLEY	51 HAMPTON VA	37:20	12:01
17	147 SUSAN SORLIE	51 POQUOSON VA	39:18	12:39 *
18	151 SYLVIA WATFORD	54 HAMPTON VA	40:24	13:00
19	161 CINDY ALEXANDER	52 VIRGINIA BEACH VA	46:27	14:57 *
20	163 BARBARA SMITH	54 HAMPTON VA	47:31	15:18
21	166 EVELYN HINSON	53 NEWPORT NEWS VA	48:35	15:39
22	186 PHAN VO	51 HAMPTON VA	57:39	18:34
WOMEN: 55 - 59				
1	86 KATHY GALLO	56 NEWPORT NEWS VA	31:19	10:05 *
2	102 SYLVIA BALMER	56 HAMPTON VA	33:19	10:44
3	115 THEA M GANOE	55 HAMPTON VA	34:27	11:06
4	137 TERESA DALE	57 HAMPTON VA	37:58	12:14
5	139 KAREN HOLLEY	56 HAMPTON VA	38:03	12:15
6	169 BETH TURNER	58 NEWPORT NEWS VA	49:17	15:52
7	182 KAREN JAMES	58 PORTSMOUTH VA	56:06	18:04
WOMEN: 60 - 64				
1	74 BRENDA C MITCHELL	62 WILLIAMSBURG VA	30:02	9:40 *
2	78 GAIL LUCADO-PHELPS	62 NEWPORT NEWS VA	30:31	9:50 *
3	96 DOTTIE HUMPHREY	60 NEWPORT NEWS VA	32:51	10:35 *
4	144 JULIE HALE	62 HAMPTON VA	39:09	12:36
5	148 MAUREEN LOWDER	62 NEWPORT NEWS VA	39:42	12:47
6	155 BETH DIEHL	63 YORKTOWN VA	42:00	13:31
7	157 MARILYN HINES	60 HAMPTON VA	43:15	13:55
8	168 MARGARET EVANS	64 HAMPTON VA	49:01	15:47
9	175 BARBARA CARR	61 YORKTOWN VA	53:30	17:13
10	185 HONG-MY NGUYEN	60 HAMPTON VA	57:39	18:34
WOMEN: 65 - 69				
1	52 BARBARA BIASI	65 YORKTOWN VA	27:47	8:57 *
2	136 KATHLEEN JEFFERSON	67 WILLIAMSBURG VA	37:38	12:07
3	150 CHERYL GRESHAM	66 HAMPTON VA	40:07	12:55
4	160 MARIA RIEGGER	66 HAMPTON VA	46:00	14:49
WOMEN: 70 - 74				
1	171 SUSAN GARDNER	72 POQUOSON VA	50:27	16:15

WOMEN: 75 AND OVER
WOMEN: Age Unknown
WHEELCHAIR RACERS

* denotes PTC member