

**3rd Annual
Jamestown 4-H Discovery Run 10K
Jamestown 4-H Educational Center,
Williamsburg, VA**

**Saturday, April 2, 2016
A Colonial Road Runners Grand Prix Event**

111 entrants.

92 finishers in 10K run/walk.

8 finishers in one mile fun run/walk.

**** Age group record (5-year age groups)**

Men Overall

1. David Russell, 30	West Columbia, SC	38:13
[race record is 34:37 by Roger Hopper, 24, Williamsburg, in 2015]		
2. Ryan Doupe, 30	Newport News	38:45
**3. Greg Dawson, 50	Williamsburg	39:03

Women Overall

**1. Kacey Gibson, 26	Newport News	39:26
[new race record, previous record 42:03 by Jessica Riggs, 37, Surry, in 2015]		
**2. Debbie McLaughlin, 50	Williamsburg	43:44
3. Emily Honeycutt, 25	Newport News	46:47

Men 19-and-under

**1. Isaac Lamprecht, 9	New Kent	45:04
2. Paul Glass, 14	Williamsburg	45:49
3. Glenn Glass, 12	Williamsburg	49:36
**4. Dalton Durant, 19	Williamsburg	59:25

Men 20-24

1. Mitchell Dannon, 21	Williamsburg	53:53
2. Spencer Munro, 23	Hayes	1:06:29
3. John Swanson, 24	Glen Allen	1:23:32

Men 25-29

1. Alex Goldfarb, 25	Cheyenne, WY	39:24
2. Andrew Colvin, 25	Yorktown	48:04
3. Dominique Bickham, 25	Newport News	56:16
4. Sam Irvine, 26	Surf City, NC	57:37
5. Mike DeVivero, 28	Newport News	1:00:06

Men 30-34

1. Mark Adams, 30	Williamsburg	40:20
2. Lev Mazeres, 33	Williamsburg	43:36
3. David Trichler, 32	Williamsburg	46:39
4. Matthew McQuillan, 34	Sandston	50:10
5. Jeremy Glenz, 32	Williamsburg	55:11
6. Ekhi Arzac, 32	Williamsburg	56:13
7. Ryan Vanderstown, 32	Newport News	1:08:30

Men 35-39

1. Jason Miller, 39	Williamsburg	43:55
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2. Paul Olsen, 38	Toano	45:36
3. Andrew Kordas, 36	Providence Forge	58:31

Men 40-44

**1. Scott Ward, 41	Norfolk	41:15
2. David Glass, 43	Williamsburg	49:27
3. Michael Estes, 43	Stafford	51:04
4. Matt Lawson, 44	Yorktown	59:55

Men 45-49

none

Men 50-54

1. Paul Pelletier, 50	Williamsburg	40:12
2. Dan O'Brien, 53	Williamsburg	41:53
3. Tim O'Dell, 50	Toano	49:16
4. Freddy Kogel, 50	Virginia Beach	1:01:41

Men 55-59

1. Robert Williams, 59	Yorktown	43:12
2. David Youker, 59	Yorktown	1:02:07

Men 60-64

1. Will Murray, 60	Williamsburg	43:54
2. Paul Serra, 60	Lusby, MD	48:12
3. George Nelsen, 60	Newport News	50:53
4. Garrett Van Wicklen, 62	Seaford, MD	1:03:57
5. George Dever, 62	Newport News	1:13:15

Men 65-69

**1. George Carrigan, 67	Williamsburg	50:06
2. Ed Irish, 66	Williamsburg	52:25
3. Jimmy Blount, 65	Williamsburg	59:30

Men 70-and-over

1. Larry Arata, 71	Williamsburg	53:41
2. Byron Adams, 73	Williamsburg	1:04:05
**3. Ernest Schillinger, 84	Williamsburg	1:19:03

Men Walk

1. John Strassberger, 71	Williamsburg	1:15:20
2. Bob Curtin, 63	Hampton	1:25:54

Women 19-and-under

**1. Nina Parziale, 13	Williamsburg	49:24
**2. Samantha Ermatinger, 19	Toano	59:24

Women 20-24

1. Taylor James, 21	Williamsburg	56:19
2. Evin Leek, 23	Wilmington, NC	57:26
3. Cori Leek, 24	Williamsburg	57:37
4. Shannon Storey, 24	Richmond	1:01:42
5. Caroline Scruggs, 24	Richmond	1:04:30
6. Brittney Newman, 20	Williamsburg	1:07:15
7. Allison Johnston, 24	Newport News	1:08:58
8. Alexis Harvey, 24	Norfolk	1:09:53

9. Iswarya Ramachandran, 23Glen Allen 1:23:32

Women 25-29

1. Kendall Kemelek, 28	Williamsburg	47:54
2. Sarah Wiley, 25	Williamsburg	58:24
3. Michele Trichler, 27	Charlottesville	1:04:00
4. Kristin Hopkins, 27	Newport News	1:08:57

Women 30-34

1. Ashley Glenz, 30	Williamsburg	55:11
2. Hazel Doupe, 32	Newport News	1:03:16
3. Hannah Short, 31	Middlebrook	1:04:10
4. Emily Williams, 32	Greenville	1:04:12
5. Carrie Kordas, 31	Providence Forge	1:21:53

Women 35-39

1. Robin Olsen, 37	Toano	48:46
2. Carleen Lawson, 39	Yorktown	59:54

Women 40-44

1. Michelle Holdsworth, 43	Williamsburg	1:08:24
2. Ruth Lamprecht, 41	New Kent	1:15:08

Women 45-49

1. Christine Landry, 45	Williamsburg	51:06
2. Beth Vona, 49	Williamsburg	1:04:23

Women 50-54

1. Christine Schaffner, 52	Yorktown	51:44
2. Jean Troutman, 53	Williamsburg	59:42
3. Karen Polli, 53	Chesapeake	1:01:47
4. Lynn Hopkins, 52	Newport News	1:09:04

Women 55-59

1. Norma Phillips, 55	Williamsburg	52:08
2. Linda Martinez, 55	Corpus Christi, TX	1:01:40
3. Patricia Grooman, 55	Beltsville, MD	1:01:51

Women 60-64

**1. Rose Crist, 61	Lanexa	52:41
2. Harriet McCoy, 61	Toano	53:37
3. Karen Corl, 61	Williamsburg	1:09:18

Women 65-69

none

Women 70-and-over

**1. Ann Hirn, 70	Portsmouth	1:03:21
2. Judy Hanna, 71	Williamsburg	1:17:29

Women Walk

1. Karen Schenck, 61	Ark	1:22:50
2. Nancy Rettinhouse, 60	Land O Lakes, FL	1:27:20
3. Vicki Cooper, 60	Yorktown	1:29:30

One Mile Fun Run

1. Alexander Lawson, M13	Yorktown	8:05
2. Adeline Lawson, F11	Yorktown	8:05
3. Hudson Mazeres, M3	Williamsburg	10:00
4. Lev Mazeres, M33	Williamsburg	10:00
5. Kim Stanger, F47	Monroe, WA	12:00
6. Jill Cluff, F33	Elkton, MD	12:00
7. Bob Curtin, M63	Hampton	12:28
8. J. Henry Wilkins, M3	Hampton	13:00

Unclaimed Race Awards – If you were an award winner and weren't around to claim your race award at the post-race awards ceremony you can still get your award from either the race director, or from Rick Platt, Race Coordinator for the Colonial Road Runners. Awards will not be mailed, but can be picked up from one of the following:

From the **race director** and their organization. For the Jamestown 4-H Discovery Run 10K, that would be Ruben Brown, Jamestown 4-H Educational Center (cell 757-604-2130). Email: rubrown1@vt.edu

From **Rick Platt** at an upcoming Colonial Road Runners race or workout. April CRR Grand Prix events are April 16 (Victory at Yorktown 10K) and April 23 (Run the DOG Street 5K). Or at several Williamsburg running workouts (DOG Street Pub Run, 6 p.m. on Mondays, Warhill distance run, 3:30 p.m. on Tuesdays). See our website, www.colonialroadrunners.org for the year's CRR Grand Prix race schedule and the weekly workout schedule.

At **Colonial Sports**, 1303 Jamestown Road #111, Williamsburg 23185 (Colony Square Shopping Center, next to ReStore). Get confirmation of your race award delivery to the store first, though.

Contact Rick Platt by email (rickplatt1@juno.com) or by phone (757-229-7375, or cell 757-345-1431) to determine who now has the unclaimed race awards, and to arrange pickup of your award at one of the above locations.