

Course Records: Coast Guard Day 5K
USATF Cert. VA10027RT

Age Group	Name	Time	Year	Age	City	State
Male Record	David Cheromei	15:01	2009	29	Marion	VA
Female Record	Kristi Markowicz	18:06	2007	37	Newport News	VA
9 & under	Ryan Kent	20:46	1994	8	Tabb	VA
10 - 14	Ben Werve	17:30	2015	14	Virginia Beach	VA
15 - 19	Seneca Lassiter	15:44	1995	18	Williamsburg	VA
20 - 24	Jamie Kreider/James Ratcliff	15:51	1992/1995	23/23	Hampton/Newport News	VA
25 - 29	David Cheromei	15:01	2009	29	Marion	VA
30 - 34	Paul Maney	15:49	1993	32	Newport News	VA
35 - 39	Rick Samaha	16:11	1993	35	Williamsburg	VA
40 - 44	Dave Kannewurf	16:01	1997	41	Richmond	VA
45 - 49	John Piggott	17:02	2012	47	Williamsburg	VA
50 - 54	Rick Platt	17:10	2000	50	Williamsburg	VA
55 - 59	Stephen Chantry	18:06	2011	56	Williamsburg	VA
60 - 64	Tom Ray	19:57	1996	63	Kitty Hawk	NC
65 - 69	Tom Ray	20:39	2001	68	Kitty Hawk	NC
70 - 74	Ben Dyer	22:08	2016	73	Hayes	VA
75 - 79	Bill Fenwick	25:37	2010	77	Williamsburg	VA
80 - 84	Ernest Schillinger	40:59	2016	84	Williamsburg	VA
85 - 89	<none>					
90+	Robert S White	47:34	2016	92	Hampton	VA
9 & under	Lindsay Kent	26:22	1998	7	Tabb	VA
10 - 14	Lindsay Kent	21:49	2001	10	Yorktown	VA
15 - 19	Rebecca Cline	18:44	1991	15	Newport News	VA
20 - 24	Lauren Bergstram	19:03	2009	22	Yorktown	VA
25 - 29	Kristine Wilson	18:50	2003	29	Newport News	VA
30 - 34	Julia Smith	19:32	2001	32	Tappahannock	VA
35 - 39	Kristi Markowicz	18:06	2007	37	Newport News	VA
40 - 44	Donna Harrison	19:18	1992	40	Virginia Beach	VA
45 - 49	Valerie Plyler	20:18	2006	46	Yorktown	VA
50 - 54	Mercedes Castillo-D'Amico	20:35	2012	54	Newport News	VA
55 - 59	Mercedes Castillo-D'Amico	20:24	2013	55	Newport News	VA

60 - 64	Joan Coven	22:58	2002	61	Williamsburg	VA
65 - 69	Ann Hirn	27:21	2011	65	Portsmouth	VA
70 - 74	Nancy Patron	30:28	2007	70	Williamsburg	VA
75+	Ann Manciangli	37:32	2012	76	Williamsburg	VA
Wheelchair	Charles Weir	17:13	1995	35	Williamsburg	VA
Wheelchair						
Walk	Raymond Funkhouser	23:49	1999	48		VA
Walk	Mary Gibbons	29:17	1992	36	Gloucester	VA