

Course Records - Riverside Rehab 5K by the Bay

USATF Cert. VA1002RT

Sex	Age Group	Name	Time	Year	Age	City	State
M	Male Record	Michael Mann	15:42	1996	27	Newport News	VA
F	Female Record	Aurora Scott	18:01	2003	13	Portsmouth	VA
M	9 & under	Michael Hayden	26:52	2014	9	Newport News	VA
	10 - 14	Ryan Neuhart	17:58	1996	14	Newport News	VA
	15 - 19	Chris Phillips	15:55	1990	19	Williamsburg	VA
	20 - 24	Derryn Bray	15:43	2009	24	Poquoson	VA
	25 - 29	Michael Mann	15:42	1996	27	Newport News	VA
	30 - 34	Rob Hinkle	16:08	1999	34	Williamsburg	VA
	35 - 39	Lanny Doan	15:59	1996	29	Virginia Beach	VA
	40 - 44	Steven Menzies	16:50	2005	41	Langley AFB	VA
	45 - 49	Pete Gibson	16:28	2003	47	Murfreesboro	NC
	50 - 54	Rick Platt	18:32	2004	53	Williamsburg	VA
	55 - 59	Charles Flynn	18:58	1990	55	Poquoson	VA
	60 - 64	Robert Wright	19:24	2001	60	Hampton	VA
	65 - 69	Robert Wright	20:49	2006	65	Hampton	VA
	70 - 74	Tom Ray	22:40	2005	72	Kitty Hawk	NC
	75 - 79	Willcox Ruffin	31:38	2006	75	Norfolk	VA
	80 - 84	<none>					
	85 - 89	Robert S. White	37:36	2010	86	Hampton	VA
F	9 & under	Aubrey Shrodes	38:54	2012	7	Hampton	VA
	10 - 14	Aurora Scott	18:01	2003	13	Portsmouth	VA
	15 - 19	Kristina Woodard	20:31	2009	17	Hampton	VA
	20 - 24	Kristin Popp	20:15	2008	24	Hampton	VA
	25 - 29	Kim Tyler	19:49	1990	26	Yorktown	VA
	30 - 34	Colleen Forshee	18:35	1995	31	Newport News	VA
	35 - 39	Claudia Kasen	18:03	1996	39	Williamsburg	VA
	40 - 44	Linda Sawwell	19:06	2006	40	Newport News	VA
	45 - 49	Valerie Plyler	19:47	2006	46	Yorktown	VA
	50 - 54	Barbara Ivey	22:55	1997	50	Hampton	VA
	55 - 59	Karin Stronach	23:31	1996	55	Hampton	VA
	60 - 64	Joan Coven	23:15	2003	61	Williamsburg	VA
	65 - 69	Diane De Encheandia	28:27	2010	66	Hampton	VA
	70 - 74	<none>					
	75+	Pauline Ely	42:43	2014	75	Hampton	VA
M	Wheelchair	Anthony Russo	11:45	2000	18	Virginia Beach	VA
F	Wheelchair	Tara Chandler	17:28	2000	15	Virginia Beach	VA
M	Walk	Steven Shapiro	25:56	2005	51	Hampton	VA
F	Walk	Mary Gibbons	26:16	1998	42	Gloucester Point	VA