

Gloucester County Educational Foundation  
Chesapeake Bank and  
Chesapeake Wealth Management



# 3K & 8K Run/Walk

SATURDAY  
FEBRUARY 23, 2019

## FOOD, FUN, & FAMILY ACTIVITIES!

### START

Registration and packet pickup: 8:30 to 9:15 AM

8K Run/Walk start: 9:30 AM

3K Run/Walk start: 9:45 AM

Close: 11 AM

Start and Finish: Gloucester High School  
6680 Short Lane, Gloucester, VA 23061

### COURSE

Asphalt road; start and finish at Gloucester High School  
8K USATF Course Cert. VA16057RT  
3K has been accurately measured but not certified.

### REGISTRATION

#### 3K Participants:

\$15 pre-registrations (postmarked by Feb. 8, 2019)  
\$20 postmarked after Feb. 8, 2019 and race day

#### 8K Participants:

\$20 pre-registrations (postmarked by Feb. 8, 2019)  
\$25 postmarked after Feb. 8, 2019 and race day  
No refunds or deferrals  
(Peninsula Track Club race passes accepted)

#### Gloucester Schools Participants:

Submit paper registrations by Feb. 20 to any  
Gloucester School office or mail to address below.

### MAIL TO

Carol Dehoux  
GCEF, 6099 T.C. Walker Rd., Gloucester, Va. 23061

### ONLINE REGISTRATION

[www.runsignup.com/gcef3k8k](http://www.runsignup.com/gcef3k8k)

Online registration closes at midnight  
on Feb. 20, 2019.

### AWARDS

Top 5 overall 3K male and female finishers

Top 3 overall 8K male and female finishers  
and top 3 8K in each age category

**T-SHIRTS:** Long-sleeved shirts guaranteed  
to the first 200 registrants.

### RACE CONTACTS

Carol Dehoux, (804) 693-1425  
[cdehoux@gc.k12.va.us](mailto:cdehoux@gc.k12.va.us)

Mike Jenkins, (804) 694-0640  
[mickj1@cox.net](mailto:mickj1@cox.net)

### PROCEEDS

Proceeds support the Gloucester County  
Educational Foundation to fund educational endeavors in Gloucester County  
Public Schools, including  
the annual Mini-grants and Teacher of the Year programs.

Visit [www.tinyurl.com/gcpsedfoundation](http://www.tinyurl.com/gcpsedfoundation).

### RESULTS

Provided by Peninsula Track Club



The event will be held rain or shine. However, the Gloucester Educational  
Foundation Board and Gloucester Public Schools reserve the right to cancel the  
race if weather conditions are deemed unsafe for participants. No refunds or  
deferrals will be given.



## RACE REGISTRATION SELECT EVENT ☐ 3K ☐ 8K

FIRST NAME \_\_\_\_\_ LAST NAME \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_ PTC MEMBER: ☐ Y ☐ N

AGE ON RACE DAY \_\_\_\_\_ DATE OF BIRTH \_\_\_\_/\_\_\_\_/\_\_\_\_ GENDER: ☐ MALE ☐ FEMALE

T-SHIRT SIZE (Check one) Youth: ☐ S ☐ M ☐ L Adult: ☐ S ☐ M ☐ L ☐ XL ☐ XXL (\$2 extra)

EMAIL ADDRESS: \_\_\_\_\_ PHONE (\_\_\_\_\_) \_\_\_\_\_

(Including your email address will ensure that you receive timely race updates.)

If applicable, please indicate the Gloucester County Public School you are running/walking for:  
\_\_\_\_\_ (This is not a requirement.)

### ENTRY FEES

3K \$15 by 2/8/2019	_____
8K \$20 by 2/8/2019	_____
3K \$20 after 2/8/2019	_____
8K \$25 after 2/8/2019	_____
XXL shirt (add \$2.00)	_____
Donation	_____
Total Amount Enclosed	\$ _____

Make checks payable  
to **GCPS Ed. Foundation**

**RELEASE AND WAIVER:** I know that participating in a race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run/walk. I assume all risks associated with participating in this event, including, but not limited to, falls, contact with other participants, the effects of weather, including, high heat or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release the Gloucester County Public Schools Educational Foundation, Gloucester County Public Schools, Peninsula Track Club, Road Runners Club of America (RRCA), all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. This is a road race conducted under the rules of the RRCA and USATF; it is not intended for individuals with headphones, dogs on leashes, skateboards or rollerblades.

SIGNATURE OF PARTICIPANT

DATE

SIGNATURE OF PARENT/LEGAL GUARDIAN (IF UNDER 18)