

19th Annual 5K BY THE BAY
Sponsored by the RIVERSIDE REHABILITATION INSTITUTE
Saturday, May 9, 2009 9:00 AM
USATF # VA-99005-RT
A PENINSULA TRACK CLUB GRAND PRIX EVENT

OVERALL MEN

1	1 DERRYN BRAY	24 POQUOSON VA	15:43	5:03	*
2	2 BRANDEN PALMER	27 NEWPORT NEWS VA	18:02	5:48	
3	3 JAMES C BATES	53 HAMPTON VA	18:28	5:56	*

OVERALL WOMEN

1	12 KRISTINA WOODARD	17 HAMPTON VA	20:31	6:36	
2	14 CONNIE GLUECK	44 WILLIAMSBURG VA	20:48	6:41	*
3	16 MERCEDES A CASTILLO-D'AMICO	51 NEWPORT NEWS VA	20:59	6:45	*

MEN: 12 AND UNDER

1	49 JACOB LOVING	12 YORKTOWN VA	23:50	7:40	*
2	64 LOGAN ALLIGOOD	11 NEWPORT NEWS VA	25:58	8:21	*
3	77 HARRY CONLEY	10 HAMPTON VA	27:16	8:46	

MEN: 13 - 19

1	26 JORDAN SHARTZER	15 YORKTOWN VA	22:17	7:10	
2	29 SEAN DILLON	15 POQUOSON VA	22:21	7:11	
3	39 VICTOR HOLLAND	19 NORFOLK VA	23:22	7:31	
4	45 FRANKLIN JONES III	14 NORFOLK VA	23:38	7:36	
5	122 DEVON REA	15 NEWPORT NEWS VA	31:07	10:00	

MEN: 20 - 24

1	73 JOSEPH DUDLEY	23 HAMPTON VA	27:01	8:41	
2	74 DANIEL ZABEL	24 HAMPTON VA	27:02	8:41	
3	174 ARNOLD GARLICK	23 SUFFOLK VA	40:59	13:10	

MEN: 25 - 29

1	4 ALEXEY POPOV	26 NEWPORT NEWS VA	18:38	6:00	*
2	9 BRIAN J HAKES	28 WILLIAMSBURG VA	19:54	6:24	
3	78 DANIEL CLARK	25 POQUOSON VA	27:17	8:46	
4	79 JOSEPH TUGWELL	25 HAMPTON VA	27:17	8:46	
5	82 LAMONT FOGG	28 NEWPORT NEWS VA	27:23	8:48	
6	100 STEVE SCHMITZ	29 HAMPTON VA	29:10	9:22	
7	133 MATT ANDREWS	27 HAMPTON VA	31:50	10:14	
8	154 JIM BELCHAN	29 VA	37:12	11:57	

MEN: 30 - 34

1	7 JASON ANDERSON	34 GLOUCESTER VA	19:45	6:21	
2	23 NATHANIEL MITCHELL	32 NORFOLK VA	21:49	7:01	
3	41 ALAN RASHID	34 NEWPORT NEWS VA	23:28	7:33	
4	47 MATTHEW HOUSER	30 NEWPORT NEWS VA	23:45	7:38	
5	101 NICOLAS EHALT	30 HAMPTON VA	29:11	9:23	
6	151 BRENT OBERSHAW	34 NEWPORT NEWS VA	35:30	11:24	*
7	164 JEFF CHURCH	33 HAMPTON VA	38:32	12:23	
8	175 BRIAN WHITE	32 GLOUCESTER VA	41:09	13:13	

MEN: 35 - 39

1	11 PETER WOLF	37 NEWPORT NEWS VA	20:11	6:29	*
2	19 LOUIS SHEPARD	38 VIRGINIA BEACH VA	21:03	6:46	
3	54 LUIS SOTO	35 NEWPORT NEWS VA	25:00	8:02	*
4	91 JEROME RUSSELL JR	37 NEWPORT NEWS VA	28:28	9:09	
5	117 WILLIAM NEWCOMB	37 NEWPORT NEWS VA	30:50	9:54	
6	138 KOLBI SHARTZER	35 YORKTOWN VA	33:01	10:37	

MEN: 40 - 44

1	5 HENRY PRILLAMAN	43 NEWPORT NEWS VA	18:58	6:06	
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2	15	DANNY R DODSON	42	NEWPORT NEWS VA	20:55	6:44	
3	30	KRISTIAN ELLINGSEN	40	YORKTOWN VA	22:25	7:12	*
4	32	SCOTT SCHAFFER	41	LANGLEY AFB VA	22:39	7:17	
5	52	ROBERTO J CANO	42	YORKTOWN VA	24:17	7:48	*
6	71	KEVIN BELACK	42	MCMURRAY PA	26:49	8:37	
7	109	HANS LAGESCHULTE	43	HAMPTON VA	29:46	9:34	
8	120	NICK MATHES	42	HAMPTON VA	30:56	9:56	
9	123	KENNETH FERGUSON	40	HAMPTON VA	31:08	10:00	
10	157	JAMES HAYDEN	41	NEWPORT NEWS VA	37:21	12:00	*
MEN: 45 - 49							
1	13	ANDREW R D'AMICO	48	NEWPORT NEWS VA	20:46	6:40	*
2	17	DON MERTZ	48	HAMPTON VA	21:00	6:45	*
3	21	R L BYNUM	49	NEWPORT NEWS VA	21:11	6:49	
4	25	TIM OGRADY	46	YORKTOWN VA	22:08	7:07	
5	36	MICHAEL GLUECK	47	WILLIAMSBURG VA	23:13	7:28	*
6	46	ALAN VAN ZANDT	47	NEWPORT NEWS VA	23:41	7:37	*
7	55	BRUCE MITCHELL	48	NEWPORT NEWS VA	25:13	8:06	
8	58	DOUG LIVERMON	47	YORKTOWN VA	25:31	8:12	
9	70	MATS DAHLAND	49	HAMPTON VA	26:48	8:37	
10	85	PAUL EVANS	46	YORKTOWN VA	27:59	8:59	
11	115	ROBERT E TRUJILLO	45	YORKTOWN VA	30:28	9:48	*
12	131	WOODIE REA	48	NEWPORT NEWS VA	31:34	10:09	
13	152	JOHN STEFANOWICZ	45	NEWPORT NEWS VA	35:55	11:32	
MEN: 50 - 54							
1	8	TERRY IMBERY	51	YORKTOWN VA	19:52	6:23	*
2	10	WYATT E CUTCHINS	53	NEWPORT NEWS VA	19:59	6:25	*
3	38	BART JOHNSON	51	NEWPORT NEWS VA	23:20	7:30	*
4	62	AL A MONTALVO	54	YORKTOWN VA	25:43	8:16	*
5	65	ROGER BROWN	50	NEWPORT NEWS VA	26:07	8:23	
6	75	CARL MORRISON	54	HAMPTON VA	27:05	8:42	
7	114	JAMES P MEAGHER	54	YORKTOWN VA	30:15	9:43	*
8	121	BRIAN DILLON	53	POQUOSON VA	31:06	10:00	
MEN: 55 - 59							
1	6	PETER MUELLER	55	NEWPORT NEWS VA	19:30	6:16	*
2	18	DALE ABRAHAMSON	59	YORKTOWN VA	21:03	6:46	*
3	42	EDGAR J RANGEL	59	NEWPORT NEWS VA	23:31	7:33	*
4	50	RUBEN A NIEVES	56	NEWPORT NEWS VA	23:54	7:41	
5	51	JIMMY C BLOUNT	58	WILLIAMSBURG VA	24:10	7:46	*
6	69	DAVID J CHERNICKY	57	HAMPTON VA	26:47	8:37	*
7	83	PHIL CASEY	58	NEWPORT NEWS VA	27:29	8:50	
8	128	JAMES HAGGARD	56	WILLIAMSBURG VA	31:16	10:03	*
9	141	TOMMY ALLEN	56	CARROLLTON VA	33:32	10:46	*
10	145	GARY M SMITH	58	NORFOLK VA	34:44	11:10	
MEN: 60 AND OVER							
1	22	JIM CHRISTOL	61	YORKTOWN VA	21:21	6:52	*
2	27	NIKOLAI SINKINE	60	HAMPTON VA	22:19	7:10	*
3	34	ROBERT H WRIGHT	68	HAMPTON VA	22:57	7:23	*
4	43	LARRY W TURNER	66	SEAFORD VA	23:32	7:34	*
5	59	GEORGE I FENIGSOHN	61	POQUOSON VA	25:37	8:14	*
6	61	GARY B PORTER	60	NEWPORT NEWS VA	25:40	8:15	*
7	63	FRANK A SAUNDERS	63	NEWPORT NEWS VA	25:49	8:18	*
8	76	JOSEPH V POLINSKI	71	SMITHFIELD VA	27:08	8:43	*
9	88	DAN HAWLEY	72	YORKTOWN VA	28:23	9:07	*
10	96	GEORGE G CORNWELL	63	NEWPORT NEWS VA	28:48	9:15	
11	97	CHUCK SPRINGFIELD	60	NEWPORT NEWS VA	28:52	9:17	
12	107	BLAISE MONTANDON	66	NEWPORT NEWS VA	29:29	9:29	*
13	110	CALVIN M HANRAHAN	65	EDENTON NC	29:52	9:36	*

14	111 EARL ARROWOOD	68 NEWPORT NEWS VA	29:58	9:38
15	149 DOUGLAS WATSON	65 GLOUCESTER VA	35:05	11:16 *
16	161 LARRY BOYLES	63 NEWPORT NEWS VA	37:33	12:04 *
MEN: AGE UNKNOWN - NO AWARDS				
WOMEN: 12 AND UNDER				
1	118 GAPHNE GLUECK	10 WILLIAMSBURG VA	30:52	9:55 *
WOMEN: 13 - 19				
1	31 GAYLIN GLUECK	14 WILLIAMSBURG VA	22:31	7:14 *
2	163 ASHLEY CLARK	19 POQUOSON VA	38:05	12:14
WOMEN: 20 - 24				
1	66 HEATHER WOODARD	21 HAMPTON VA	26:12	8:25
2	93 KIM KORICICH	23 HAMPTON VA	28:40	9:13
3	104 CHRISTINE R MORGAN	23 HAMPTON VA	29:14	9:24
4	173 KRISTEN GARLICK	24 SUFFOLK VA	40:59	13:10
5	183 JACQUELYN PETERSON	24 NEWPORT NEWS VA	45:19	14:34
WOMEN: 25 - 29				
1	20 JENNIFER J DOVER	27 FT EUSTIS VA	21:10	6:48 *
2	35 JULIETTE POLETO	26 YORKTOWN VA	23:06	7:25
3	44 KRISTIN C HARMAN	28 NEWPORT NEWS VA	23:32	7:34 *
4	106 KARMA LAPACEK	27 CHESAPEAKE VA	29:29	9:28
5	132 ASHLEIGH ANDREWS	29 HAMPTON VA	31:49	10:14
6	146 JENNIFER TAYLOR	29 SUFFOLK VA	34:50	11:11 *
7	148 AMBER OVERTON	26 NEWPORT NEWS VA	34:59	11:14
8	165 LIZ ZELENKA	26 HAMPTON VA	38:33	12:23
9	172 JERILYN WHITE	27 GLOUCESTER VA	40:46	13:06
10	184 MARSHA ELLER	28 NORFOLK VA	45:49	14:43
11	194 AMONIE ANKRAH	27 HAMPTON VA	47:52	15:23
12	223 STACIE BULGIN	25 NEWPORT NEWS VA	59:37	19:09
WOMEN: 30 - 34				
1	48 BRIANA CHRISTY	33 YORKTOWN VA	23:49	7:39 *
2	56 ALISON ANGELL	30 BLUE RIDGE VA	25:22	8:09
3	84 HEATHER ROBERTSON	33 HAMPTON VA	27:31	8:51
4	95 ERICA SAMPSON	32 HAMPTON VA	28:47	9:15
5	98 J BROOKE PARR	32 HAMPTON VA	28:54	9:17
6	102 TRACI L HARMAN	31 NEWPORT NEWS VA	29:12	9:23 *
7	126 NINA STICKLES	30 HAMPTON VA	31:13	10:02 *
8	127 SHANNON STELL	34 NEWPORT NEWS VA	31:15	10:03
9	139 JAIME COX	31 NEWPORT NEWS VA	33:07	10:39 *
10	147 ANNA BOYER	30 SMITHFIELD VA	34:58	11:14
11	166 ARNA M MAJCHER	32 POQUOSON VA	38:51	12:29 *
12	168 CHRISTINA OBERSHAW	33 NEWPORT NEWS VA	39:36	12:43 *
13	187 RENEE GOLSTON	32 NEWPORT NEWS VA	46:38	14:59
14	189 KATHY MITCHELL	34 NORFOLK VA	46:53	15:04
15	204 JESSICA WATSON	30 NEW YORK NY	52:30	16:52
WOMEN: 35 - 39				
1	24 SUSAN HAGEL	36 NORFOLK VA	21:53	7:02 *
2	68 SUE WORBOIS	39 PORTSMOUTH VA	26:42	8:35
3	86 NIKI VOUDREN	36 ROANOKE VA	28:08	9:03
4	112 LISA WINGFIELD	37 NEWPORT NEWS VA	30:11	9:42
5	125 MELANIE WHITE	39 NEWPORT NEWS VA	31:12	10:01
6	150 LAURA WARHOL	39 YORKTOWN VA	35:13	11:19
7	153 PAM SCHECK	39 SEAFORD VA	36:12	11:38
8	170 THERESA RUSSELL	38 NEWPORT NEWS VA	39:59	12:51
9	206 TARA BRIGGS	36 NEWPORT NEWS VA	54:30	17:30
WOMEN: 40 - 44				
1	28 KIM RATCLIFFE	41 YORKTOWN VA	22:21	7:11

2	57 REBECCA SHAFFER	44 HAMPTON VA	25:24	8:10	*
3	89 DONNA L MOYER	42 YORKTOWN VA	28:25	9:08	
4	90 ANGIE GRANBY	43 NEWPORT NEWS VA	28:26	9:08	
5	92 MIRANDA HAYDEN	40 NEWPORT NEWS VA	28:37	9:12	*
6	99 SUSAN HANCOCK	41 NEWPORT NEWS VA	28:58	9:19	
7	103 SIMONE ARNEAULT	43 HAMPTON VA	29:14	9:24	
8	105 ANGIE CLAUD	44 POQUOSON VA	29:28	9:28	
9	119 DONNA LAWSON	44 POQUOSON VA	30:55	9:56	
10	135 KIM LIEBOLD	43 SMITHFIELD VA	32:38	10:29	
11	136 K LYNNE LOVING	40 YORKTOWN VA	32:44	10:31	*
12	142 SALLY BAUST	43 VA	33:35	10:48	
13	160 CHERYL JONES	43 SUFFOLK VA	37:24	12:01	
WOMEN: 45 - 49					
1	33 MICHELE SMITH-HARDEN	45 NORFOLK VA	22:52	7:21	*
2	37 JEAN M TROUTMAN	46 WILLIAMSBURG VA	23:15	7:28	*
3	40 ELIZABETH O'NEIL	49 NEWPORT NEWS	23:23	7:31	*
4	53 CAROL BARTRAM	45 YORKTOWN VA	24:55	8:01	*
5	60 ANNE WHITAKER	46 NEWPORT NEWS VA	25:39	8:15	
6	94 NANCY AYLER	45 YORKTOWN VA	28:45	9:14	*
7	108 CARLA OGRADY	49 YORKTOWN VA	29:45	9:34	
8	116 CONNIE KNISELEY	48 ROANOKE VA	30:41	9:52	
9	167 VALERIE CUNNINGHAM	48 GRAFTON VA	39:22	12:39	
10	178 CHERI EDWARDS	48 HAMPTON VA	42:19	13:36	
11	228 KAREN TENNANT	48 HAMPTON VA	1:02:36	20:07	
WOMEN: 50 - 54					
1	81 PAT E MONTALVO	52 YORKTOWN VA	27:22	8:48	*
2	87 CATHLEEN REA	50 NEWPORT NEWS VA	28:12	9:04	*
3	113 JULIE WOODARD	52 HAMPTON VA	30:12	9:42	
4	124 PATSY MORRISON	50 HAMPTON VA	31:11	10:01	
5	134 JENNIFER BARR	51 NEWPORT NEWS VA	31:55	10:16	*
6	140 JENNIFER ALLEN	50 NEWPORT NEWS VA	33:26	10:45	*
7	143 VICKI COLEMAN	53 POQUOSON VA	34:05	10:57	
8	144 KAREN CORL	54 CARROLLTON VA	34:29	11:05	*
WOMEN: 55 - 59					
1	130 DOROTHY EVERETTE	55 NEWPORT NEWS VA	31:28	10:07	
WOMEN: 60 AND OVER					
1	67 MARILYN SPRINGFIELD	60 NEWPORT NEWS VA	26:23	8:29	
2	72 ANN HIRN	63 PORTSMOUTH VA	26:51	8:38	*
3	80 BARBARA BIASI	61 YORKTOWN VA	27:20	8:47	*
4	137 NANCY BLOUNT	63 WILLIAMSBURG VA	32:47	10:32	*
WOMEN: AGE UNKNOWN - NO AWARDS					
WALK - MEN:					
1	129 SCOTT S STAKES	46 PORTSMOUTH VA	31:19	10:04	*
2	159 VINH NGUYEN	25 FAIRFAX VA	37:23	12:01	
3	177 GROVE A CALVERT	62 VIRGINIA BEACH VA	42:16	13:35	*
4	196 DAVID WINDHORN	63 NEWPORT NEWS VA	48:56	15:43	
5	198 MARK FINKLER	54 ROANOKE VA	49:02	15:45	
6	205 TONY FARNETT	64 NEWPORT NEWS VA	53:15	17:07	
7	208 JOHN ARMENTROUT	35 HAMPTON VA	54:57	17:39	
8	216 JOHN MESEROLL	38 NEWPORT NEWS VA	58:40	18:51	
9	217 JOHN DORSEY	44 SUFFOLK VA	58:49	18:54	
WALK - WOMEN:					
1	155 TRICIA NICKELL	50 YORKTOWN VA	37:16	11:58	
2	156 KATHY FLESAR	50 YORKTOWN VA	37:19	11:59	
3	158 LISA NGUYEN	25 FAIRFAX VA	37:22	12:00	
4	162 NICOLE BRUNEY	36 POQUOSON VA	38:04	12:14	

5	169	BETTIE BRUCE	46	NEWPORT NEWS VA	39:47	12:47
6	171	TRACY WOOD	55	NEWPORT NEWS VA	40:35	13:02
7	176	TRUDY ALLEN	38	SMITHFIELD VA	41:26	13:19
8	179	KARI ROCKE	27	YORKTOWN VA	43:38	14:01
9	180	LARA BRADLEY	38	YORKTOWN VA	43:38	14:01
10	181	MINDY NAVARRETE	38	YORKTOWN VA	44:00	14:08
11	182	JAYE MARTIN	38	HAYES VA	44:01	14:08
12	185	KELLY TAYLOR	38	NEWPORT NEWS VA	45:51	14:44
13	186	DEB BANTON	50	POQUOSON VA	46:18	14:53
14	188	ROSALIE SHEPARD	37	VIRGINIA BEACH VA	46:52	15:03
15	190	MARY ANN CALVERT	53	VIRGINIA BEACH VA	47:32	15:16 *
16	191	SHANETTE SAXTON	22	NEWPORT NEWS VA	47:41	15:19
17	192	LANIE AVERY	46	HAMPTON VA	47:42	15:19
18	193	BRANDY WILSON	54	HAMPTON VA	47:52	15:23
19	195	DEBORAH DUERK	48	TROUTVILE VA	48:53	15:42
20	197	SUNAE WINDHORN	61	NEWPORT NEWS VA	48:56	15:43
21	199	BETH AKERS	38	NEWPORT NEWS VA	49:28	15:53
22	200	SHARON HOOKS	65	HAMPTON VA	49:28	15:54
23	201	VIRGINIA RAWLS	28	NEWPORT NEWS VA	50:12	16:08
24	202	BRENDA TUGWELL	59	HAMPTON VA	50:59	16:23
25	203	VICKIE ROBINSON	42	VA	51:02	16:24
26	207	EMILY DUDLEY	27	VA	54:30	17:31
27	209	DOTTIE WOOD	27	NEWPORT NEWS VA	55:27	17:49
28	210	SHANNON FOGG	26	NEWPORT NEWS VA	55:28	17:49
29	211	DONNA DOGGER	54	WILLIAMSBURG VA	56:57	18:18
30	212	PAM TOOTOO	53	SUFFOLK VA	58:16	18:43 *
31	213	SARA TOOTOO	27	SUFFOLK VA	58:17	18:44 *
32	214	MOIRA DORSEY	12	SUFFOLK VA	58:29	18:47
33	215	MADISON ASHLEY	11	SUFFOLK VA	58:30	18:48
34	218	CLAIR DORSEY	43	SUFFOLK VA	58:54	18:55
35	219	ELAINE MCINTYRE	37	VA	59:04	18:58
36	220	MARSHA MEADOWS	33	NEWPORT NEWS VA	59:04	18:59
37	221	ASHLEY WOLFE	25	HAMPTON VA	59:35	19:08
38	222	FRANCES MACKEY	44	NEWPORT NEWS VA	59:36	19:09
39	224	AMANDA MARTINEZ	24	NEWPORT NEWS VA	1:00:57	19:35
40	225	SANDRA HITCHENS	27	YORKTOWN VA	1:01:05	19:37
41	226	ELAINE HITCHENS	51	YORKTOWN VA	1:01:06	19:38
42	227	CHASTITY ADAMS	35	HAMPTON VA	1:02:01	19:55
43	229	EILEEN ENGEL	69	HAMPTON VA	1:02:39	20:08 *

RRI RUN - MEN:

1	7	JASON ANDERSON	34	GLOUCESTER VA	19:45	6:21
2	19	LOUIS SHEPARD	38	VIRGINIA BEACH VA	21:03	6:46
3	41	ALAN RASHID	34	NEWPORT NEWS VA	23:28	7:33
4	46	ALAN VAN ZANDT	47	NEWPORT NEWS VA	23:41	7:37 *
5	54	LUIS SOTO	35	NEWPORT NEWS VA	25:00	8:02 *
6	55	BRUCE MITCHELL	48	NEWPORT NEWS VA	25:13	8:06
7	78	DANIEL CLARK	25	POQUOSON VA	27:17	8:46
8	79	JOSEPH TUGWELL	25	HAMPTON VA	27:17	8:46
9	82	LAMONT FOGG	28	NEWPORT NEWS VA	27:23	8:48
10	85	PAUL EVANS	46	YORKTOWN VA	27:59	8:59
11	91	JEROME RUSSELL JR	37	NEWPORT NEWS VA	28:28	9:09
12	110	CALVIN M HANRAHAN	65	EDENTON NC	29:52	9:36 *
13	117	WILLIAM NEWCOMB	37	NEWPORT NEWS VA	30:50	9:54
14	131	WOODIE REA	48	NEWPORT NEWS VA	31:34	10:09
15	151	BRENT OBERSHAW	34	NEWPORT NEWS VA	35:30	11:24 *
16	152	JOHN STEFANOWICZ	45	NEWPORT NEWS VA	35:55	11:32

RRI RUN - WOMEN:

1	28	KIM RATCLIFFE	41	YORKTOWN VA	22:21	7:11
2	35	JULIETTE POLETO	26	YORKTOWN VA	23:06	7:25
3	40	ELIZABETH O'NEIL	49	NEWPORT NEWS	23:23	7:31 *
4	48	BRIANA CHRISTY	33	YORKTOWN VA	23:49	7:39 *
5	95	ERICA SAMPSON	32	HAMPTON VA	28:47	9:15
6	99	SUSAN HANCOCK	41	NEWPORT NEWS VA	28:58	9:19
7	105	ANGIE CLAUD	44	POQUOSON VA	29:28	9:28
8	106	KARMA LAPACEK	27	CHESAPEAKE VA	29:29	9:28
9	108	CARLA OGRADY	49	YORKTOWN VA	29:45	9:34
10	132	ASHLEIGH ANDREWS	29	HAMPTON VA	31:49	10:14
11	142	SALLY BAUST	43	VA	33:35	10:48
12	143	VICKI COLEMAN	53	POQUOSON VA	34:05	10:57
13	150	LAURA WARHOL	39	YORKTOWN VA	35:13	11:19
14	165	LIZ ZELENKA	26	HAMPTON VA	38:33	12:23
15	168	CHRISTINA OBERSHAW	33	NEWPORT NEWS VA	39:36	12:43 *
16	170	THERESA RUSSELL	38	NEWPORT NEWS VA	39:59	12:51
17	178	CHERI EDWARDS	48	HAMPTON VA	42:19	13:36
18	183	JACQUELYN PETERSON	24	NEWPORT NEWS VA	45:19	14:34
19	184	MARSHA ELLER	28	NORFOLK VA	45:49	14:43
20	187	RENEE GOLSTON	32	NEWPORT NEWS VA	46:38	14:59
21	194	AMONIE ANKRAH	27	HAMPTON VA	47:52	15:23
22	206	TARA BRIGGS	36	NEWPORT NEWS VA	54:30	17:30
23	223	STACIE BULGIN	25	NEWPORT NEWS VA	59:37	19:09

RRI WALK - MEN:

1	205	TONY FARNETT	64	NEWPORT NEWS VA	53:15	17:07
2	216	JOHN MESEROLL	38	NEWPORT NEWS VA	58:40	18:51
3	217	JOHN DORSEY	44	SUFFOLK VA	58:49	18:54

RRI WALK - WOMEN:

1	155	TRICIA NICKELL	50	YORKTOWN VA	37:16	11:58
2	156	KATHY FLESAR	50	YORKTOWN VA	37:19	11:59
3	162	NICOLE BRUNEY	36	POQUOSON VA	38:04	12:14
4	169	BETTIE BRUCE	46	NEWPORT NEWS VA	39:47	12:47
5	176	TRUDY ALLEN	38	SMITHFIELD VA	41:26	13:19
6	179	KARI ROCKE	27	YORKTOWN VA	43:38	14:01
7	180	LARA BRADLEY	38	YORKTOWN VA	43:38	14:01
8	181	MINDY NAVARRETE	38	YORKTOWN VA	44:00	14:08
9	182	JAYE MARTIN	38	HAYES VA	44:01	14:08
10	186	DEB BANTON	50	POQUOSON VA	46:18	14:53
11	188	ROSALIE SHEPARD	37	VIRGINIA BEACH VA	46:52	15:03
12	191	SHANETTE SAXTON	22	NEWPORT NEWS VA	47:41	15:19
13	192	LANIE AVERY	46	HAMPTON VA	47:42	15:19
14	193	BRANDY WILSON	54	HAMPTON VA	47:52	15:23
15	199	BETH AKERS	38	NEWPORT NEWS VA	49:28	15:53
16	200	SHARON HOOKS	65	HAMPTON VA	49:28	15:54
17	202	BRENDA TUGWELL	59	HAMPTON VA	50:59	16:23
18	203	VICKIE ROBINSON	42	VA	51:02	16:24
19	207	EMILY DUDLEY	27	VA	54:30	17:31
20	209	DOTTIE WOOD	27	NEWPORT NEWS VA	55:27	17:49
21	210	SHANNON FOGG	26	NEWPORT NEWS VA	55:28	17:49
22	211	DONNA DOGGER	54	WILLIAMSBURG VA	56:57	18:18
23	218	CLAIR DORSEY	43	SUFFOLK VA	58:54	18:55
24	219	ELAINE MCINTYRE	37	VA	59:04	18:58
25	220	MARSHA MEADOWS	33	NEWPORT NEWS VA	59:04	18:59
26	221	ASHLEY WOLFE	25	HAMPTON VA	59:35	19:08
27	222	FRANCES MACKEY	44	NEWPORT NEWS VA	59:36	19:09

28	224	AMANDA MARTINEZ	24	NEWPORT NEWS VA	1:00:57	19:35
29	227	CHASTITY ADAMS	35	HAMPTON VA	1:02:01	19:55

WHEELCHAIR RACERS

* denotes PTC member