

19th Annual 5K BY THE BAY
Sponsored by the RIVERSIDE REHABILITATION INSTITUTE
Saturday, May 9, 2009 9:00 AM
USATF # VA-99005-RT
A PENINSULA TRACK CLUB GRAND PRIX EVENT

OVERALL MEN

1	1 DERRYN BRAY	24 POQUOSON VA	15:43	5:03	*
2	2 BRANDEN PALMER	27 NEWPORT NEWS VA	18:02	5:48	
3	3 JAMES C BATES	53 HAMPTON VA	18:28	5:56	*

OVERALL WOMEN

1	12 KRISTINA WOODARD	17 HAMPTON VA	20:31	6:36	
2	14 CONNIE GLUECK	44 WILLIAMSBURG VA	20:48	6:41	*
3	16 MERCEDES A CASTILLO-D'AMICO	51 NEWPORT NEWS VA	20:59	6:45	*

MEN: 12 AND UNDER

1	49 JACOB LOVING	12 YORKTOWN VA	23:50	7:40	*
2	64 LOGAN ALLIGOOD	11 NEWPORT NEWS VA	25:58	8:21	*
3	77 HARRY CONLEY	10 HAMPTON VA	27:16	8:46	

MEN: 13 - 19

1	26 JORDAN SHARTZER	15 YORKTOWN VA	22:17	7:10	
2	29 SEAN DILLON	15 POQUOSON VA	22:21	7:11	
3	39 VICTOR HOLLAND	19 NORFOLK VA	23:22	7:31	

MEN: 20 - 24

1	73 JOSEPH DUDLEY	23 HAMPTON VA	27:01	8:41	
2	74 DANIEL ZABEL	24 HAMPTON VA	27:02	8:41	
3	174 ARNOLD GARLICK	23 SUFFOLK VA	40:59	13:10	

MEN: 25 - 29

1	4 ALEXEY POPOV	26 NEWPORT NEWS VA	18:38	6:00	*
2	9 BRIAN J HAKES	28 WILLIAMSBURG VA	19:54	6:24	
3	78 DANIEL CLARK	25 POQUOSON VA	27:17	8:46	

MEN: 30 - 34

1	7 JASON ANDERSON	34 GLOUCESTER VA	19:45	6:21	
2	23 NATHANIEL MITCHELL	32 NORFOLK VA	21:49	7:01	
3	41 ALAN RASHID	34 NEWPORT NEWS VA	23:28	7:33	

MEN: 35 - 39

1	11 PETER WOLF	37 NEWPORT NEWS VA	20:11	6:29	*
2	19 LOUIS SHEPARD	38 VIRGINIA BEACH VA	21:03	6:46	
3	54 LUIS SOTO	35 NEWPORT NEWS VA	25:00	8:02	*

MEN: 40 - 44

1	5 HENRY PRILLAMAN	43 NEWPORT NEWS VA	18:58	6:06	
2	15 DANNY R DODSON	42 NEWPORT NEWS VA	20:55	6:44	
3	30 KRISTIAN ELLINGSEN	40 YORKTOWN VA	22:25	7:12	*

MEN: 45 - 49

1	13 ANDREW R D'AMICO	48 NEWPORT NEWS VA	20:46	6:40	*
2	17 DON MERTZ	48 HAMPTON VA	21:00	6:45	*
3	21 R L BYNUM	49 NEWPORT NEWS VA	21:11	6:49	

MEN: 50 - 54

1	8 TERRY IMBERY	51 YORKTOWN VA	19:52	6:23	*
2	10 WYATT E CUTCHINS	53 NEWPORT NEWS VA	19:59	6:25	*
3	38 BART JOHNSON	51 NEWPORT NEWS VA	23:20	7:30	*

MEN: 55 - 59

1	6 PETER MUELLER	55 NEWPORT NEWS VA	19:30	6:16	*
2	18 DALE ABRAHAMSON	59 YORKTOWN VA	21:03	6:46	*
3	42 EDGAR J RANGEL	59 NEWPORT NEWS VA	23:31	7:33	*

MEN: 60 AND OVER

1	22 JIM CHRISTOL	61 YORKTOWN VA	21:21	6:52	*
2	27 NIKOLAI SINKINE	60 HAMPTON VA	22:19	7:10	*
3	34 ROBERT H WRIGHT	68 HAMPTON VA	22:57	7:23	*
MEN: AGE UNKNOWN - NO AWARDS					
WOMEN: 12 AND UNDER					
1	118 GAPHNE GLUECK	10 WILLIAMSBURG VA	30:52	9:55	*
WOMEN: 13 - 19					
1	31 GAYLIN GLUECK	14 WILLIAMSBURG VA	22:31	7:14	*
2	163 ASHLEY CLARK	19 POQUOSON VA	38:05	12:14	
WOMEN: 20 - 24					
1	66 HEATHER WOODARD	21 HAMPTON VA	26:12	8:25	
2	93 KIM KORICICH	23 HAMPTON VA	28:40	9:13	
3	104 CHRISTINE R MORGAN	23 HAMPTON VA	29:14	9:24	
WOMEN: 25 - 29					
1	20 JENNIFER J DOVER	27 FT EUSTIS VA	21:10	6:48	*
2	35 JULIETTE POLETO	26 YORKTOWN VA	23:06	7:25	
3	44 KRISTIN C HARMAN	28 NEWPORT NEWS VA	23:32	7:34	*
WOMEN: 30 - 34					
1	48 BRIANA CHRISTY	33 YORKTOWN VA	23:49	7:39	*
2	56 ALISON ANGELL	30 BLUE RIDGE VA	25:22	8:09	
3	84 HEATHER ROBERTSON	33 HAMPTON VA	27:31	8:51	
WOMEN: 35 - 39					
1	24 SUSAN HAGEL	36 NORFOLK VA	21:53	7:02	*
2	68 SUE WORBOIS	39 PORTSMOUTH VA	26:42	8:35	
3	86 NIKI VOUDREN	36 ROANOKE VA	28:08	9:03	
WOMEN: 40 - 44					
1	28 KIM RATCLIFFE	41 YORKTOWN VA	22:21	7:11	
2	57 REBECCA SHAFFER	44 HAMPTON VA	25:24	8:10	*
3	89 DONNA L MOYER	42 YORKTOWN VA	28:25	9:08	
WOMEN: 45 - 49					
1	33 MICHELE SMITH-HARDEN	45 NORFOLK VA	22:52	7:21	*
2	37 JEAN M TROUTMAN	46 WILLIAMSBURG VA	23:15	7:28	*
3	40 ELIZABETH O'NEIL	49 NEWPORT NEWS	23:23	7:31	*
WOMEN: 50 - 54					
1	81 PAT E MONTALVO	52 YORKTOWN VA	27:22	8:48	*
2	87 CATHLEEN REA	50 NEWPORT NEWS VA	28:12	9:04	*
3	113 JULIE WOODARD	52 HAMPTON VA	30:12	9:42	
WOMEN: 55 - 59					
1	130 DOROTHY EVERETTE	55 NEWPORT NEWS VA	31:28	10:07	
WOMEN: 60 AND OVER					
1	67 MARILYN SPRINGFIELD	60 NEWPORT NEWS VA	26:23	8:29	
2	72 ANN HIRN	63 PORTSMOUTH VA	26:51	8:38	*
3	80 BARBARA BIASI	61 YORKTOWN VA	27:20	8:47	*
WOMEN: AGE UNKNOWN - NO AWARDS					
WALK - MEN:					
1	129 SCOTT S STAKES	46 PORTSMOUTH VA	31:19	10:04	*
2	159 VINH NGUYEN	25 FAIRFAX VA	37:23	12:01	
3	177 GROVE A CALVERT	62 VIRGINIA BEACH VA	42:16	13:35	*
WALK - WOMEN:					
1	155 TRICIA NICKELL	50 YORKTOWN VA	37:16	11:58	
2	156 KATHY FLESAR	50 YORKTOWN VA	37:19	11:59	
3	158 LISA NGUYEN	25 FAIRFAX VA	37:22	12:00	
RRI RUN - MEN:					
1	7 JASON ANDERSON	34 GLOUCESTER VA	19:45	6:21	

2	19 LOUIS SHEPARD	38 VIRGINIA BEACH VA	21:03	6:46
3	41 ALAN RASHID	34 NEWPORT NEWS VA	23:28	7:33
RRI RUN - WOMEN:				
1	28 KIM RATCLIFFE	41 YORKTOWN VA	22:21	7:11
2	35 JULIETTE POLETO	26 YORKTOWN VA	23:06	7:25
3	40 ELIZABETH O'NEIL	49 NEWPORT NEWS	23:23	7:31 *
RRI WALK - MEN:				
1	205 TONY FARNETT	64 NEWPORT NEWS VA	53:15	17:07
2	216 JOHN MESEROLL	38 NEWPORT NEWS VA	58:40	18:51
3	217 JOHN DORSEY	44 SUFFOLK VA	58:49	18:54
RRI WALK - WOMEN:				
1	155 TRICIA NICKELL	50 YORKTOWN VA	37:16	11:58
2	156 KATHY FLESAR	50 YORKTOWN VA	37:19	11:59
3	162 NICOLE BRUNEY	36 POQUOSON VA	38:04	12:14
WHEELCHAIR RACERS				

* denotes PTC member