

Race Days

2009 Peninsula Track Club Road Racing Schedule

Note: All races are tentative until the actual race flyer is printed. (* indicates a **PTC Grand Prix Event**)

When writing for race information, **please enclose a self-addressed stamped envelope.**

PTC Website: www.peninsula-trackclub.com

Hotline: (757)722-1303

Mutt & Jeff's No Ifs Ands or Butts 5K

Sat., March 28, 8:30 a.m.
Oyster Point City Center
Newport News, VA
Glenda Williamson, (757) 827-2206
e-mail: gjwillia@sentara.com

*** 10K Run for the Heart**

Sat., April 18, 8:30 a.m.
Old Stable Road, Newport News Park
Newport News, VA
Dan Abahazy, (757) 873-0266
e-mail: abahazy@cox.net
Michael Witty, (757) 877-8546
e-mail: mbwitty@widomaker.com
www.kofc5480.org

6th Annual 24 Hour Relay/Run

Sat., April 18-19, 7:00 a.m.
Sandy Bottom Nature Park
Hampton, VA
(individuals or teams of 2 to 12)
George Nelsen (757) 874-4635
e-mail: nelsengeorge@msn.com

Wounded Warrior 10K & 5K

Sat., April 25
Fort Monroe, Hampton, VA
Sarah Ezell (757) 467-1695
e-mail: sarah.ezell@archersolutions.net

Tabb High School May Day 5K

Sat., May 2, 8:00 a.m.
Tabb High School, York County, VA
Lucas Brown, (757) 867-5396
e-mail: lbrown@ycsd.york.va.us

*** Riverside Rehab 5K by the Bay**

Sat., May 9, 9:00 a.m.
(**USATF certified VA-99005-RT**)
Peterson's Yacht Basin
Newport News, VA
Amy Burton (757) 928-8124
e-mail: Amy.Burton@rivhs.com
Kris Nunn, (757) 928-8130
e-mail: Kris.Nunn@rivhs.com
www.riversideonline.com/rri

Lytle Law 5K

Sat., May 16
City Center, Oyster Point
Newport News, VA
(757) 595-5655
e-mail: lytlelaw5k@lytlelaw.com

Yorktown Freedom Run 5K

Mon., May 25, 8:00 a.m.
Grafton High School, Grafton, VA
Race Director: Larry Wright
Info: Jim Sawhill, (757) 898-7871
e-mail: jimsawhill@hotmail.com
www.yorktownrotaryclub/freedomrun

Poquoson Bull Island 4 Miler

Sat., May 30, 8:30 a.m.
Poquoson Yacht Club, Poquoson, VA
Happy Pace Races
Laura Cvitanovich, (757) 784-0960
e-mail: info@happypaceraces.com

Young Life 5K

Sat., June 6
Matteson Trail, Hampton, VA
Joe Marks, (757)291-6761
e-mail: jvmarks@aol.com or
Daniel McGuire: run-dmg@excite.com

Chesty Puller Memorial

Twin Bridge 10K Run
Sat., June 20, 8:00 a.m.
(*Sorry, no PTC race passes*)
West Point, VA
Neal Barber, (804) 843-2228
e-mail: nbarber@west-point.va.us

Trailzilla Race Series 4 Miler

Tues., June 23, 6:30 p.m.
Sandy Bottom Nature Park
Hampton, VA
Dave or Rhonda Venable (757) 369-1618
e-mail: bikestud@cox.net

Yorktown Independence Day 8K

Sat., July 4, 8:00 a.m.
York High School, Yorktown, VA
(*Sorry, no PTC race passes*)
Happy Pace Races
Laura Cvitanovich, (757) 784-0960
e-mail: info@happypaceraces.com

Trailzilla Race Series 4 Miler

Tues., July 7, 6:30 p.m.
Sandy Bottom Nature Park
Hampton, VA
Dave or Rhonda Venable (757) 369-1618
e-mail: bikestud@cox.net

Trailzilla Race Series 6 Miler

Sat., July 25, 8:30 a.m.
Sandy Bottom Nature Park
Hampton, VA
Dave or Rhonda Venable (757) 369-1618
e-mail: bikestud@cox.net

*** Coast Guard Day 5K**

Sat., August 1, 8:30 a.m.
(**USATF certified VA-98020-RT**)
Coast Guard Training Center
Yorktown, VA
Katherine Long (757) 856-2226
e-mail: Katherine.B.Long@uscg.mil

*** Smart Smiles 5K**

Sat., August 22
Mariners' Museum, Newport News, VA
Lacey Milburn (757) 223-7204
e-mail: lmilburn@bagclub.com

*** CNU/ Oyster Pointer 5K**

Sat., September 19, 8:00 a.m.
(**USATF certified VA-02033-RT**)
Christopher Newport University
Newport News, VA
Mark Bernecker (757) 220-9426
e-mail: mbernecker@crpartners.net

*** Mulberry Island Half Marathon & 5K Runs**

Sat., September 26
7:30 a.m. - 5K (**USATF VA-02027-RT**)
8:00 a.m. - Half (**USATF VA-02037-RT**)
Anderson Fieldhouse, Ft. Eustis, VA
Bill Von Ohlen, (757) 878-2097
e-mail: bill.vonohlen@us.army.mil
Ron Lynch or Don Tillotson
(757) 878-6075 or (757) 878-4380
sports office: (757)878-2328
www.active.com www.eustismwr.com

Mariners' Museum Noland Trail 10K

Sat., October 17, 9:00 a.m.
Mariners' Museum, Newport News, VA
Ida Finifter (757) 591-5123
e-mail: info@MarinersMuseum.org
Michelle Lechman (757) 591-7731