

2009 10K RUN FOR THE HEART
sponsored by the Knights of Columbus Council 5480
for the benefit of the American Heart Association
Old Stable Road, Newport News Park, Newport News, VA
Saturday, April 18, 2009 8:30 a.m.
A PENINSULA TRACK CLUB GRAND PRIX EVENT

OVERALL MEN

1	1 ANDREW BUDINSKY	18 WILLIAMSBURG VA	34:32	5:34
2	2 PAUL SMARTSCHAN	29 MIDLOTHIAN VA	37:12	6:00
3	3 CRAIG B HYMES	46 YORKTOWN VA	37:40	6:04 *

OVERALL WOMEN

1	5 KRISTI MARKOWICZ	38 NEWPORT NEWS VA	38:13	6:09 *
2	19 MERCEDES A CASTILLO-D'AMIC	51 NEWPORT NEWS VA	44:23	7:09 *
3	22 JENNIFER J DOVER	27 FT EUSTIS VA	44:59	7:15 *

MEN: 19 AND UNDER

1	18 IAN HAWKES	14 WILLIAMSBURG VA	44:11	7:07
2	26 GEOFF ABAHAZY	18 NEWPORT NEWS VA	46:31	7:30
3	35 DALLAS SIMMS	14 CAPE CHARLES VA	48:46	7:51

MEN: 20 - 29

1	7 ALEXEY POPOV	26 NEWPORT NEWS VA	39:12	6:19 *
2	11 JETHRO SADORRA	26 NEWPORT NEWS VA	41:43	6:43
3	14 CRAIG HAWKINS	23 VIRGINIA BEACH VA	42:57	6:55

MEN: 30 - 39

1	4 JACK LOVETT	39 NEWPORT NEWS VA	37:54	6:06
2	12 PETER WOLF	37 NEWPORT NEWS VA	41:55	6:45 *
3	29 ALEX MATAMOROS	37 NEWPORT NEWS VA	47:09	7:36

MEN: 40 - 49

1	8 PAUL PELLETIER	43 WILLIAMSBURG VA	39:54	6:26
2	16 RICHARD ARMSTRONG	47 YORKTOWN VA	43:41	7:02
3	17 ANDREW R D'AMICO	48 NEWPORT NEWS VA	43:43	7:03 *

MEN: 50 - 59

1	6 JIM THORNTON	54 SEAFORD VA	38:39	6:14
2	9 PETER MUELLER	55 NEWPORT NEWS VA	40:27	6:31 *
3	10 TERRY IMBERY	51 YORKTOWN VA	41:32	6:41 *

MEN: 60 AND OVER

1	15 DAVID E BUSSIÈRE SR	60 VIRGINIA BEACH VA	43:05	6:57
2	20 WINSTON COLLINS SR	68 NEWPORT NEWS VA	44:30	7:10 *
3	23 JIM CHRISTOL	61 YORKTOWN VA	45:17	7:18 *

WOMEN: 19 AND UNDER

1	36 GAYLIN GLUECK	14 WILLIAMSBURG VA	48:57	7:53 *
2	64 GEORGIA BYLER	15 CAPE CHARLES VA	55:15	8:54
3	141 MADISON BLACKMAN	10 YORKTOWN VA	1:34:05	15:09

WOMEN: 20 - 29

1	24 CHARLENE LOPER	20 HAMPTON VA	46:10	7:26
2	27 IRIS WARCHALL	20 SPRINGFIELD VA	46:33	7:30
3	28 EMILY RANSONE	24 WILLIAMSBURG VA	46:41	7:31

WOMEN: 30 - 39

1	49 NICOLE TAYLOR	34 YORKTOWN VA	51:27	8:17
2	57 CRYSTAL DAVENPORT	34 YORKTOWN VA	53:27	8:37
3	60 LINNEA BRUNCLIK	35 WILLIAMSBURG VA	54:19	8:45

WOMEN: 40 - 49

1	37 MICHELE SMITH-HARDEN	45 NORFOLK VA	49:01	7:54 *
2	97 MIRANDA HAYDEN	40 NEWPORT NEWS VA	1:00:46	9:47 *
3	106 GLORIA MOSES	49 NEWPORT NEWS VA	1:02:51	10:07

WOMEN: 50 - 59

1 66 THEA M GANOE
2 75 PAT E MONTALVO
3 91 PATRICIA TRAVIS

51 YORKTOWN VA
52 YORKTOWN VA
57 WILLIAMSBURG VA

55:31 8:57 *
57:14 9:13 *
59:40 9:37

WOMEN: 60 AND OVER

1 67 BARBARA BIASI

61 YORKTOWN VA

55:34 8:57 *

* denotes PTC member