

3RD ANNUAL LYTLE LAW 5K
for the benefit of Children's Hospital of the King's Daughters
Oyster Point Business Area, Newport News, VA
Saturday, May 16, 2009 10:00 AM
Results courtesy of the PENINSULA TRACK CLUB

MEN: 9 AND UNDER

1	23 WILLIAM W PRILLAMAN	9 NEWPORT NEWS VA	26:17	8:28
2	70 CONRAD COMER	8 YORKTOWN VA	29:48	9:36
3	235 PATRICK GLAUDE	8 NEWPORT NEWS VA	38:21	12:21
4	418 D J PIERCE	7 VA	47:38	15:20
5	425 JAYSON CREMEANS	6 NEWPORT NEWS VA	48:30	15:37
6	445 JEREMY WATTS JR	7 YORKTOWN VA	49:47	16:02

MEN: 10 - 14

1	21 GAVIN SOSCIA	10 VIRGINIA BEACH VA	26:10	8:26
2	76 DEAH LYTLE	11 YORKTOWN VA	30:12	9:44
3	123 CARTER LONG	11 YORKTOWN VA	33:12	10:42
4	171 SAM THOMAS	12 NEWPORT NEWS VA	35:37	11:28
5	186 WILL KIRSCHKE	12 YORKTOWN VA	36:07	11:38
6	237 MAURICE WRIGHT	13 VIRGINIA BEACH VA	38:24	12:22
7	334 BRANDON SKLUTE	12 POQUOSON VA	43:01	13:51
8	335 TYLER SPRUILL	13 YORKTOWN VA	43:01	13:51
9	463 MYHEL HONKINS	14 NEWPORT NEWS VA	51:30	16:35
10	481 DAVID SMITH	12 VIRGINIA BEACH VA	52:56	17:03

MEN: 15 - 19

1	12 ROBERT KUSTERER	15 POQUOSON VA	24:54	8:01
2	22 NICHOLAS CLOUTIER	16 NEWPORT NEWS VA	26:14	8:27
3	50 CASEY BRISTOW	16 HAMPTON VA	28:08	9:04
4	65 MARCUS DRYDEN	15 HAMPTON VA	29:28	9:29
5	108 AARON HUMPHREYS	16 NEWPORT NEWS VA	31:55	10:17
6	139 HOUSTON WILSON	15 NORFOLK VA	34:14	11:01
7	179 ROBERTO VALENTIN	19 YORKTOWN VA	35:49	11:32
8	292 BRANDON SHOUBE	19 NEWPORT NEWS VA	41:14	13:17
9	386 TRAVIS CRABTREE	19 HAMPTON VA	45:56	14:47

MEN: 20 - 24

1	47 RYAN ANDERSON	20 VA	28:01	9:01
2	74 JEFF RYAN	23 YORKTOWN VA	30:06	9:42
3	84 NIC HAWK	21 HAMPTON VA	30:38	9:52
4	89 ZACH JAMBOR	23 MOONACHIE NJ	30:52	9:57

MEN: 25 - 29

1	1 ALEXEY POPOV	26 NEWPORT NEWS VA	21:12	6:50 *
2	8 FRED MCKAIG	27 FPO AE	24:13	7:48
3	32 DUSTIN HUGHES	26 CHESAPEAKE VA	26:46	8:37
4	63 STEPHEN ERICK	29 NEWPORT NEWS VA	29:16	9:26
5	75 KYLE MYERS	25 HAMPTON VA	30:11	9:43
6	81 MICHAEL AUSTIN	25 VIRGINIA BEACH VA	30:28	9:49
7	87 MICHAEL FAURGUET	26 HAMPTON VA	30:45	9:54
8	97 BRIAN SENDER	29 NEWPORT NEWS VA	31:27	10:08 *
9	98 TIMOTHY SPAULDING	29 VIRGINIA BEACH VA	31:32	10:09
10	99 NICOLAS RENNINGER	28 SUFFOLK VA	31:32	10:09
11	104 LLOYD HATCHER III	27 NEWPORT NEWS VA	31:49	10:15
12	160 HEATHER JOHNSTON	29 GILLETTE WY	34:56	11:15
13	219 DEREK BRAMBLE	27 HAMPTON VA	37:36	12:06
14	244 CHRISTOPHER LOCKWOOD	25 NEWPORT NEWS VA	38:42	12:28
15	246 JAMES ZAROS	29 NEWPORT NEWS VA	38:47	12:29
16	250 BRANDON UPRIGHT	28 SUFFOLK VA	38:57	12:33

MEN: 30 - 34

1	17 ANTHONY COCHRAN	33 WILLIAMSBURG VA	25:35	8:14
2	37 BRIAN SMITH	31 NORFOLK VA	27:23	8:49
3	39 KEVIN LOWRY	30 FT MONROE VA	27:26	8:50
4	45 JAMES TRIESCHMANN	30 NEWPORT NEWS VA	27:44	8:56
5	73 WAYNE BRIGGS	31 NEWPORT NEWS VA	29:56	9:38
6	91 ERIC GLOSS	30 HAMPTON VA	30:57	9:58
7	119 CHRISTOPHER SABUL	32 NEWPORT NEWS VA	32:52	10:35
8	155 BRENDON ROARK	31 HAMPTON VA	34:38	11:09
9	158 ERIC CLAYTON	32 WILLIAMSBURG VA	34:50	11:13
10	166 MARSHALL GREENBERG	33 CHESAPEAKE VA	35:09	11:19
11	178 JOHN KENT	32 NORFOLK VA	35:48	11:32
12	192 SAMUEL LOPEZ	31 YORKTOWN VA	36:12	11:39
13	238 CRAIG SOMMER	30 NEWPORT NEWS VA	38:28	12:23
14	243 LAVOY HARRELL	31 NORFOLK VA	38:42	12:28
15	296 RUSSELL TIDWELL	30 NEWPORT NEWS VA	41:27	13:21
16	303 TERENCE MONTON	31 YORKTOWN VA	41:36	13:24
17	414 DAVID GAGE	32 VIRGINIA BEACH VA	47:20	15:14
18	426 JAY CREMEANS	34 NEWPORT NEWS VA	48:31	15:37
19	452 MIKE COATES	34 VIRGINIA BEACH VA	50:37	16:18

MEN: 35 - 39

1	10 ERIC FORREST	39 DELTAVILLE VA	24:24	7:52
2	14 PAUL VRHOVAC	39 SUFFOLK VA	25:02	8:04
3	15 KYLE DARLING	37 NEWPORT NEWS VA	25:11	8:07
4	34 MATTHEW BREWER	36 NEWPORT NEWS VA	26:52	8:39 *
5	40 MICHAEL DRYDEN	39 HAMPTON VA	27:27	8:50
6	44 MIKE BALDWIN	37 WILLIAMSBURG VA	27:39	8:54
7	60 CHRISTOPHER STEPHENS	38 NEWPORT NEWS VA	29:03	9:21
8	72 REX WILLIAMS	37 YORKTOWN VA	29:53	9:37
9	116 RICK DAVENPORT	38 YORKTOWN VA	32:34	10:29
10	152 REGINALD LOVE	38 PORTSMOUTH VA	34:35	11:08
11	170 JOSEPH EVANS	37 VIRGINIA BEACH VA	35:34	11:27
12	173 ERIC INGRAM	37 BRONX NY	35:40	11:29
13	212 BRIAN G SMITH	39 NEWPORT NEWS VA	37:17	12:00
14	294 PHILIP HALL JR	36 NEWPORT NEWS VA	41:16	13:17
15	314 CHRISTOPHER MORLUAN	36 GLOUCESTER VA	42:12	13:35
16	434 ANTHONY PERKINS	39 YORKTOWN VA	48:59	15:46
17	443 JEFF KOTCHIK	36 CHESAPEAKE VA	49:27	15:55
18	477 BRIAN LONG	37 YORKTOWN VA	52:12	16:49
19	484 TINO BRANCH	36 SUFFOLK VA	53:14	17:09

MEN: 40 - 44

1	9 MARVIN THOMAS	44 NEWPORT NEWS VA	24:17	7:49
2	27 TONY COLLINS	42 NEWPORT NEWS VA	26:26	8:31
3	28 ROBERTO J CANO	42 YORKTOWN VA	26:27	8:31 *
4	30 ROB BERZ	41 NORFOLK VA	26:37	8:34
5	41 CHRIS E RUFFIEUX	43 YORKTOWN VA	27:32	8:52
6	58 CHRISTOPHER WITT	40 NEWPORT NEWS VA	28:48	9:16
7	88 JEFF COMBS	41 YORKTOWN VA	30:48	9:55
8	137 BRIAN GRIGGS	41 NEWPORT NEWS VA	34:12	11:01
9	150 ROB COLLINS	40 YORKTOWN VA	34:30	11:07
10	163 BRIAN MANNING	43 WILLIAMSBURG VA	35:00	11:16 *
11	193 HOWARD WANAMAKER	43 CHESAPEAKE VA	36:19	11:42
12	228 ALLEN PACE	43 CHESAPEAKE VA	38:00	12:14
13	236 JOHNNY GLAUDE	43 NEWPORT NEWS VA	38:22	12:21
14	276 STEVEN THORNE	40 YORKTOWN VA	40:10	12:56
15	320 JOSEPH MAUS	42 NORFOLK VA	42:14	13:36
16	327 BRENT WILLIAMS	43 NEWPORT NEWS VA	42:44	13:45

17	374	STEVE ALPERIN	43	NORFOLK VA	45:25	14:37
18	455	H SMITH	40	VIRGINIA BEACH VA	50:49	16:22
MEN: 45 - 49						
1	2	GEORGE FISCELLA	47	NEWPORT NEWS VA	22:05	7:07
2	4	DON MERTZ	49	HAMPTON VA	22:56	7:23 *
3	5	LES MOLINEUX	45	WILLIAMSBURG VA	23:00	7:24
4	16	KEVIN CUNNINGHAM	48	GRAFTON VA	25:15	8:08
5	18	ALAN VAN ZANDT	47	NEWPORT NEWS VA	25:41	8:16 *
6	42	JAMES WHITEHEAD	45	NEWPORT NEWS VA	27:36	8:53
7	43	TOM SHEPHERD	45	NEWPORT NEWS VA	27:38	8:54
8	66	VINDY SINGH	47	NEWPORT NEWS VA	29:29	9:30
9	80	ANDREW DOBRINSKY	45	NORFOLK VA	30:27	9:48
10	118	CHARLES SPRINGER	49	WILLIAMSBURG VA	32:50	10:34
11	129	TOM BACALIS	49	CHESAPEAKE VA	33:55	10:55
12	146	JEFF WILLIS	45	NORFOLK VA	34:24	11:05
13	184	MIKE KIRSCHKE	48	YORKTOWN VA	36:04	11:37
14	195	ROB BAXTER	45	NORFOLK VA	36:26	11:44
15	218	FRED ROSSI	47	SCOTCH PLAINS NJ	37:36	12:06
16	232	DAVID WALDMAN	47	YORKTOWN VA	38:17	12:20
17	242	KENNETH MOYER	46	YORKTOWN VA	38:37	12:26
18	274	MARK MCCANN	45	POQUOSON VA	40:08	12:55
19	302	JERRY DINGUS	49	NEWPORT NEWS VA	41:36	13:24
20	419	DALE PIERCE	46	VA	47:39	15:20
MEN: 50 - 54						
1	7	BART JOHNSON	51	NEWPORT NEWS VA	23:56	7:43 *
2	19	DEAN WEWETZER	50	NEWPORT NEWS VA	25:58	8:22
3	55	RICHARD LE MOAL	54	YORKTOWN VA	28:32	9:11
4	79	LEE H FAIRCHILD	54	POQUOSON VA	30:22	9:47 *
5	105	KEN BRICKER	51	NEWPORT NEWS VA	31:50	10:15 *
6	128	JAMES P MEAGHER	54	YORKTOWN VA	33:52	10:54 *
7	217	PETER M NAVIN	54	HAMPTON VA	37:35	12:06 *
8	249	JON YATES	54	YORKTOWN VA	38:55	12:32
9	353	CLIFFORD BARNETT	54	CHESAPEAKE VA	43:53	14:08
10	417	ED JOHNSTON	53	GILLETTE WY	47:26	15:16
MEN: 55 - 59						
1	6	WERNER MANGOLD	58	VIRGINIA BEACH VA	23:45	7:39
2	13	DONNIE WYATT	55	HAMPTON VA	24:58	8:03
3	57	RON HOLLAND	55	VA	28:43	9:15
4	100	VERNON O'BERRY JR	55	VIRGINIA BEACH VA	31:33	10:10
5	106	JIM A WELSH	56	POQUOSON VA	31:52	10:16 *
6	149	CHRISTOPHER HALE	59	NORFOLK VA	34:27	11:05
7	239	KENT COOPER	59	OAK HARBOR OH	38:29	12:24
8	251	GARY M SMITH	58	NORFOLK VA	39:02	12:34
MEN: 60 - 64						
1	3	DAVID E BUSSIERS	60	VIRGINIA BEACH VA	22:45	7:20
2	35	GEORGE I FENIGSOHN	61	POQUOSON VA	27:04	8:43 *
3	111	GEORGE G CORNWELL	63	NEWPORT NEWS VA	32:00	10:18
4	312	JAMES A BINNIKER	60	NEWPORT NEWS VA	42:10	13:35 *
5	501	ROBERT MCDOWELL JR	60	YORKTOWN VA	56:36	18:13
MEN: 65 AND OVER						
MEN: AGE UNKNOWN - NO AWARDS						
1	102	COLE LYTLE	99	YORKTOWN VA	31:35	10:10
2	131	ERIC COX	99	NEWPORT NEWS VA	33:59	10:57
3	223	UNKNOWN RUNNER	99	VA	37:40	12:08
4	409	JOEL WEAVER	99	NORFOLK VA	47:04	15:09
5	450	ADAM LYTLE	99	YORKTOWN VA	50:24	16:14

WOMEN: 9 AND UNDER

1	54 ASIYA RULEY	8 VIRGINIA BEACH VA	28:32	9:11
2	103 KAITLYN BABA	9 YORKTOWN VA	31:42	10:13
3	147 FRANCES BOYER	9 NORFOLK VA	34:25	11:05
4	161 ANALEAH OVERBEY	8 YORKTOWN VA	34:58	11:16
5	165 REBECCA MILLER	9 NORFOLK VA	35:08	11:19
6	180 AHRIANA COLEMAN	8 YORKTOWN VA	35:49	11:32
7	181 LAUREN WALKER	9 YORKTOWN VA	35:50	11:32
8	182 EMMA KIRSCHKE	9 YORKTOWN VA	35:52	11:33
9	189 JOELLE MILLER	8 YORKTOWN VA	36:10	11:39
10	191 CLAUDIA WANAMAKER	9 CHESAPEAKE VA	36:12	11:39
11	194 MEGAN BAXTER	9 NORFOLK VA	36:23	11:43
12	208 NATHALIE DANSO	9 VIRGINIA BEACH VA	37:05	11:56
13	210 ISABELLA CASEY	9 NORFOLK VA	37:09	11:58
14	213 SARAH BECK	9 NORFOLK VA	37:19	12:01
15	214 JULIETTE BENEDETTO	9 VIRGINIA BEACH VA	37:22	12:02
16	227 KREE PACE	9 CHESAPEAKE VA	37:58	12:14
17	231 DANIELLE WALDMAN	9 YORKTOWN VA	38:09	12:17
18	241 MALIKA WRIGHT	9 VIRGINIA BEACH VA	38:33	12:25
19	260 DESTINIE BLOSE	8 POQUOSON VA	39:50	12:50
20	261 ALEXISS JENKINS	9 VIRGINIA BEACH VA	39:52	12:50
21	263 ABI ROSS	8 NORFOLK VA	39:54	12:51
22	273 MAGGIE MCCANN	9 POQUOSON VA	40:05	12:54
23	279 GRACE BAKER	9 NORFOLK VA	40:20	12:59
24	283 MYA CARTER	8 NEWPORT NEWS VA	40:31	13:03
25	301 LILLIAN MALLETT	9 YORKTOWN VA	41:35	13:23
26	304 JADELYN MONTON	9 YORKTOWN VA	41:40	13:25
27	306 LILY BERZ	8 NORFOLK VA	41:44	13:26
28	307 JACQUELINE GOLDEN	9 YORKTOWN VA	41:53	13:29
29	313 RIMSHA HAQUE	9 NORFOLK VA	42:11	13:35
30	318 ELLIE MAUS	9 NORFOLK VA	42:14	13:36
31	323 AMBER PIERSON	9 VIRGINIA BEACH VA	42:27	13:40
32	328 RACHAEL COLEMAN	9 POQUOSON MD	42:45	13:46
33	336 SALLY IZARD	9 NORFOLK VA	43:19	13:57
34	338 SARA ELLEN SMITH	8 NORFOLK VA	43:25	13:59
35	339 ELAYNA RAIA	9 NORFOLK VA	43:26	13:59
36	348 GELECIA COOPER	9 NORFOLK VA	43:34	14:02
37	362 BRIDGET ROLEY	9 VIRGINIA BEACH VA	44:37	14:22
38	363 KELSIE ATKINGS	8 VIRGINIA BEACH VA	44:38	14:22
39	373 JSMIR ALPRTIN	9 NORFOLK VA	45:18	14:35
40	376 ELISE COLEMAN	9 NORFOLK VA	45:28	14:38
41	381 ANGELIQUE OLSON	9 VIRGINIA BEACH VA	45:41	14:43
42	385 PEYTON FEWELL	9 YORKTOWN VA	45:53	14:46
43	390 SARAH DEAN	9 VIRGINIA BEACH VA	46:28	14:58
44	403 BETHANY ROBINSON	9 NEWPORT NEWS VA	46:56	15:07
45	405 JORDAN JONES	8 PORTSMOUTH VA	47:01	15:08
46	406 KATE WEAVER	9 NORFOLK VA	47:01	15:08
47	407 ELENA WILLIAMS	9 VIRGINIA BEACH VA	47:02	15:09
48	411 AUGUST MUIR	9 VIRGINIA BEACH VA	47:13	15:12
49	423 CAITLYN BLANKINSHIP	9 YORKTOWN VA	48:17	15:33
50	433 ALYANNA PERKINS	9 YORKTOWN VA	48:58	15:46
51	451 ALLISON COATES	8 SUFFOLK VA	50:36	16:18
52	462 MIA MATHAS	9 NORFOLK VA	51:30	16:35
53	466 SAMANTHA ALONSO	9 NORFOLK VA	51:33	16:36
54	471 JENNA HOGGE	8 YORKTOWN VA	51:55	16:43
55	472 KAYLA EICHELBERGER	9 VIRGINIA BEACH VA	52:00	16:45
56	476 ALLISON LONG	9 YORKTOWN VA	52:11	16:48

57	480 COURTNEY HALL	9 VIRGINIA BEACH VA	52:53	17:02
58	483 TRINITY HURDLE	9 SUFFOLK VA	53:12	17:08
59	487 CORRYN NEAL	9 NEWPORT NEWS VA	53:44	17:18
60	500 IYA EL	9 NORFOLK VA	56:22	18:09
61	510 EMILY COOK	8 VIRGINIA BEACH VA	57:21	18:28
62	511 KENYA LUNAY	8 NORFOLK VA	57:37	18:33
63	512 CALLIE THOMPSON	7 YORKTOWN VA	57:57	18:40
64	515 ALETA LUTHER	9 YORKTOWN VA	58:12	18:44
65	521 DAJAH JOHNSON	9 PORTSMOUTH VA	59:50	19:16
66	522 CAROLINE WATERS	8 YORKTOWN VA	1:00:03	19:20
67	523 ALEXUS HARRELL	8 CHESAPEAKE VA	1:00:08	19:21
WOMEN: 10 - 14				
1	67 MICHAELA HARRISON	10 YORKTOWN VA	29:33	9:31
2	71 MONIQUE WALDMAN	13 YORKTOWN VA	29:50	9:37
3	83 BREANNA SOKOL	10 YORKTOWN VA	30:36	9:51
4	94 KAMRYN COMER	13 YORKTOWN VA	31:13	10:03
5	112 ABBY SPRAUER	11 VIRGINIA BEACH VA	32:07	10:21
6	122 RACHAEL SLAYTON	10 VIRGINIA BEACH VA	33:04	10:39
7	125 DENSTINY KENNEDY	11 VIRGINIA BEACH VA	33:35	10:49
8	126 ELIZABETH HONEYCUTT	10 NORFOLK VA	33:35	10:49
9	132 HANNAH WALDMAN	13 YORKTOWN VA	34:01	10:57
10	134 ALEXANDRA HASTINGS	10 NORFOLK VA	34:07	10:59
11	135 MEREDITH PHILLIPS	10 VIRGINIA BEACH VA	34:09	11:00
12	140 LAURA OSBORNE	10 NORFOLK VA	34:15	11:02
13	141 HALEY YOUNG	10 VIRGINIA BEACH VA	34:18	11:03
14	142 MARY DOUGLAS WILSON	11 NORFOLK VA	34:21	11:04
15	143 CLAIRE MILLIS	10 NORFOLK VA	34:22	11:04
16	144 CAMERON BROWN	10 PORTSMOUTH VA	34:23	11:04
17	148 ADENA GORDON	10 CHESAPEAKE VA	34:26	11:05
18	153 JULIA LOPEZ	10 YORKTOWN VA	34:35	11:08
19	169 LEILA BRANCH	11 NORFOLK VA	35:31	11:26
20	175 MEGAN EDELEN	11 VIRGINIA BEACH VA	35:41	11:29
21	176 ADDISON BLACKWELL	11 VIRGINIA BEACH VA	35:41	11:29
22	199 ELESZIA JONES	10 NORFOLK VA	36:37	11:47
23	200 KARA PETERS	10 SUFFOLK VA	36:42	11:49
24	202 CHLOE MATHESON	10 POQUOSON VA	36:48	11:51
25	203 SHEENA KINSMAN	10 POQUOSON VA	36:49	11:51
26	204 EMILY MATTHEWS	14 NEWPORT NEWS VA	36:58	11:54
27	205 TRACEY WHEELER	10 CHESAPEAKE VA	36:59	11:55
28	211 ASHLEY LYTLE	14 YORKTOWN VA	37:12	11:59
29	226 ARIELLE SPALLA	10 YORKTOWN VA	37:58	12:13
30	229 KATIE GEORGES	10 NORFOLK VA	38:03	12:15
31	240 KAILYN KOSCHEL	11 VIRGINIA BEACH VA	38:32	12:25
32	254 CHAVIS COURTNEY	12 POQUOSON VA	39:25	12:41
33	255 ASHLEIGH PETERSON	10 NEWPORT NEWS VA	39:28	12:43
34	257 EMMA TAYLOR-FISHWICK	10 SUFFOLK VA	39:43	12:47
35	258 KAYLA LUNAY	11 NORFOLK VA	39:47	12:48
36	259 MICHELLE MATSLER	10 NORFOLK VA	39:50	12:49
37	265 HANNA HUMPHREYS	13 NEWPORT NEWS VA	40:00	12:53
38	266 KATIE HUGHES	11 VIRGINIA BEACH VA	40:01	12:53
39	267 EMMA STEBBINS	10 VIRGINIA BEACH VA	40:01	12:53
40	268 KATHERINE GOODMAN	10 VIRGINIA BEACH VA	40:02	12:53
41	269 ELLIE LEAHEY	10 VIRGINIA BEACH VA	40:02	12:54
42	270 CORY HOWARD	10 VIRGINIA BEACH VA	40:03	12:54
43	271 JAMEISHA BYERS	11 VIRGINIA BEACH VA	40:03	12:54
44	272 PRESLEY BRYANT	10 VIRGINIA BEACH VA	40:04	12:54
45	277 MADDISON THORNE	10 YORKTOWN VA	40:13	12:57

46	280	VANESSA ROBBINS	10	VIRGINIA BEACH VA	40:25	13:01
47	284	EMILY ROSE	10	VIRGINIA BEACH VA	40:37	13:05
48	285	HALEY MCKINNEY	10	VIRGINIA BEACH VA	40:38	13:05
49	289	DAIJA GERMAIN	11	VIRGINIA BEACH VA	41:03	13:13
50	297	LAUREN SLAYTON	10	VIRGINIA BEACH VA	41:27	13:21
51	298	NOCOLE LYONS	11	VIRGINIA BEACH VA	41:31	13:22
52	305	RAYONA TYLER	10	SUFFOLK VA	41:43	13:26
53	308	BRYCE PRIDE	10	YORKTOWN VA	42:06	13:33
54	309	TYLER SMITH	11	PORTSMOUTH VA	42:06	13:33
55	310	SAVANHAH HOOVER	10	NORFOLK VA	42:07	13:34
56	311	KIARA PRICE	11	SUFFOLK VA	42:09	13:34
57	315	ALLIE BENEDETTO	10	VIRGINIA BEACH VA	42:12	13:35
58	316	KATIE SANCHEZ	11	NORFOLK VA	42:13	13:36
59	317	VERA SACKS	10	NORFOLK VA	42:13	13:36
60	322	HAYLEY CANDO	11	VIRGINIA BEACH VA	42:21	13:38
61	325	JORDAN DOBRINSKY	10	NORFOLK VA	42:30	13:41
62	329	HANNAH AUERBACH	10	NORFOLK VA	42:45	13:46
63	332	MOLLY COLEMAN	10	POQUOSON VA	42:56	13:49
64	347	GENNA ALPERIN	11	NORFOLK VA	43:34	14:02
65	350	MARKEIL BLOUN	10	PORTSMOUTH VA	43:43	14:05
66	351	CHESSIE SCOTT	10	VIRGINIA BEACH VA	43:43	14:05
67	352	ALLUJAH JONES	10	PORTSMOUTH VA	43:46	14:06
68	354	CONAC BYNUM	10	SUFFOLK VA	43:54	14:08
69	358	RAYJEN DRU PAVUSA	10	NEWPORT NEWS VA	44:26	14:19
70	361	JOHANNAH MCCONKEY	10	VIRGINIA BEACH VA	44:36	14:22
71	367	SAMANTHA CHIANG	10	VIRGINIA BEACH VA	45:11	14:33
72	368	CAITLYN PERSON	10	YORKTOWN VA	45:13	14:34
73	377	JORDAN RICKWOOD	10	NORFOLK VA	45:31	14:39
74	378	MAGGIE O'CONNOR	11	VIRGINIA BEACH VA	45:32	14:40
75	379	SARAH MEJIA	10	VIRGINIA BEACH VA	45:39	14:42
76	383	MAGGIE SULLIVAN	11	VIRGINIA BEACH VA	45:49	14:45
77	391	VICTORIA GARDNER	10	VIRGINIA BEACH VA	46:28	14:58
78	394	AMANDA COOK	11	VIRGINIA BEACH VA	46:39	15:01
79	395	TORI CHERRY	10	CHESAPEAKE VA	46:50	15:05
80	396	TAYLOR PARKER	10	CHESAPEAKE VA	46:50	15:05
81	398	HANNAH GARCIA	10	NORFOLK VA	46:51	15:05
82	399	CRISSINEA TRINIDAD	10	VIRGINIA BEACH VA	46:52	15:05
83	400	KENESHIA EURE	11	VIRGINIA BEACH VA	46:52	15:06
84	401	TAHJANAY KING	11	VIRGINIA BEACH VA	46:55	15:06
85	402	ELYSIA CAMACHO	11	NEWPORT NEWS VA	46:56	15:07
86	408	SARAH PHILPOTT	10	NORFOLK VA	47:02	15:09
87	410	JERI OUTERBRIDGE	11	NORFOLK VA	47:10	15:11
88	413	KENNEDY GAGE	11	VIRGINIA BEACH VA	47:19	15:14
89	415	KAYLEE DISANTO	11	VIRGINIA BEACH VA	47:20	15:14
90	420	CARLEIGH LAIDLER	11	VIRGINIA BEACH VA	47:42	15:21
91	421	JAMIE ZIRNHELD	11	VIRGINIA BEACH VA	47:43	15:22
92	424	KATIE MALONEY	14	YORKTOWN VA	48:22	15:34
93	427	ARIANNA ACEVEDO	12	VIRGINIA BEACH VA	48:36	15:39
94	430	NALKIA MILLER	10	CHESAPEAKE VA	48:43	15:41
95	439	MARKIA YOUNG	11	NORFOLK VA	49:18	15:52
96	440	KEERA RIDLEY	11	CHESAPEAKE VA	49:20	15:53
97	441	LASHAYLA SOLOMON	11	CHESAPEAKE VA	49:20	15:53
98	442	EVAINEE CRAIGEN	10	CHESAPEAKE VA	49:22	15:54
99	446	ERICA CASTILLO	11	VIRGINIA BEACH VA	49:54	16:04
100	447	ALEXIS ELLIS	11	VIRGINIA BEACH VA	49:55	16:04
101	454	KAYLYN HUNT	11	POQUOSON VA	50:41	16:19
102	456	ALYSSA RAI	11	NORFOLK VA	50:57	16:24

103	457	TAISHA BELTON	10	VIRGINIA BEACH VA	51:01	16:26
104	458	KAYLEE SATTERWHITE	11	VIRGINIA BEACH VA	51:02	16:26
105	467	HALEY WILLIAMS	10	VIRGINIA BEACH VA	51:36	16:37
106	473	ELIZABETH VEYRAT	10	NORFOLK VA	52:02	16:45
107	478	KIYARA WASHINGTON	10	VIRGINIA BEACH VA	52:16	16:50
108	479	NATALIA TORRES	10	VIRGINIA BEACH VA	52:36	16:56
109	486	KEISHAWNA PERRY	11	PORTSMOUTH VA	53:21	17:10
110	488	DENISHA LILLY	13	CHESAPEAKE VA	53:58	17:23
111	489	ROIANAA SPRUILL	11	CHESAPEAKE VA	54:00	17:23
112	491	REAGAN CREMEANS	10	NEWPORT NEWS VA	55:02	17:43
113	493	BRITTANY JACKSON	10	SUFFOLK VA	55:43	17:56
114	495	EMILY WILSON	11	SUFFOLK VA	55:48	17:58
115	497	KAYLA JERNIGAN	11	NORFOLK VA	56:07	18:04
116	498	JAILISHA BROOKS	10	CHESAPEAKE VA	56:19	18:08
117	499	CHELSEA LAWRENCE	12	CHESAPEAKE VA	56:20	18:08
118	502	CRYSTAL CARTER	10	NORFOLK VA	56:44	18:16
119	503	DEYANNA BROADNAX	11	NORFOLK VA	56:49	18:18
120	504	KEMANI HOLLOWAY	10	NORFOLK VA	56:50	18:18
121	505	TAYLOR TANNY	10	NORFOLK VA	56:51	18:18
122	506	ASHANTE ROBBINS	11	VIRGINIA BEACH VA	57:13	18:25
123	507	DYAYIA SLAUGHTER	10	NORFOLK VA	57:17	18:27
124	508	ARIANNA WYNN	11	NORFOLK VA	57:19	18:27
125	509	SHARNE JIMENEZ	10	NORFOLK VA	57:20	18:27
126	514	TIYONNA ALLEN	11	VIRGINIA BEACH VA	58:12	18:44
127	516	CHRISTINA CARD	10	VIRGINIA BEACH VA	58:18	18:46
128	518	DANYCE HAND	10	VIRGINIA BEACH VA	58:25	18:49
129	519	ASHLEY GATLING	10	PORTSMOUTH VA	58:36	18:52
130	520	SI AIRRAH WADE-NEWSOME	11	VIRGINIA BEACH VA	59:31	19:10
131	526	TAYAH SMITH	10	YORKTOWN VA	1:00:44	19:33
WOMEN: 15 - 19						
1	29	GABRIELLE JULIENNE	18	YORKTOWN VA	26:29	8:32
2	68	EMILY A KEHOE	15	YORKTOWN VA	29:35	9:32 *
3	151	EMILY FREEMAN	15	YORKTOWN VA	34:34	11:08
4	256	SHAUNDREA MILLER	16	NEWPORT NEWS VA	39:34	12:44
5	387	ALAZNA CLEMMONS	19	NEWPORT NEWS VA	46:06	14:51
6	431	NICOLE CLARK	19	VIRGINIA BEACH VA	48:48	15:43
7	464	KARA THIBODEAU	17	NEWPORT NEWS VA	51:31	16:35
WOMEN: 20 - 24						
1	33	REBECCA ORTIZ	24	HAMPTON VA	26:48	8:38
2	77	JESSICA CARL	23	HAYES VA	30:17	9:45
3	78	ERIN CARL	22	HAYES VA	30:20	9:46
4	115	SARAH TREISCHMANN	24	NEWPORT NEWS VA	32:27	10:27
5	174	CHRISTINE BULLARD	23	HAMPTON VA	35:40	11:29
6	198	LOREN JENKINS	23	NORFOLK VA	36:33	11:46
7	207	AMANDA GALLANT	22	HAMPTON VA	37:04	11:56
8	230	NICOLE USSLA	24	NEWPORT NEWS VA	38:06	12:16
9	278	MONICA WILMOT	21	NORFOLK VA	40:13	12:57
10	293	CHELSIE BRINKLEY	22	YORKTOWN VA	41:15	13:17
11	324	AMY GIEHRKE	24	NORFOLK VA	42:27	13:40
12	331	AMANDA MOTEL	20	POQUOSON VA	42:48	13:47
13	453	BRIDGETTE JOHNSON	23	VIRGINIA BEACH VA	50:37	16:18
14	474	GINA KELLY	23	NORFOLK VA	52:03	16:46
15	490	MICHELLE WEAVER	20	NEWPORT NEWS VA	54:01	17:23
WOMEN: 25 - 29						
1	11	SHEILA ERNST	25	NEWPORT NEWS VA	24:34	7:55
2	24	KRISTEN SHUMAN	28	SUFFOLK VA	26:17	8:28
3	38	BRANDI LESZCZ	29	BENA VA	27:24	8:50

4	46	AMANDA MEADOWS	25	LANGLEY AFB VA	27:56	9:00
5	51	CARRIE LENHART	29	NEWPORT NEWS VA	28:16	9:06
6	92	RENEE STRICKLAND	28	NEWPORT NEWS VA	30:58	9:58
7	96	GINNY TABER	28	NEWPORT NEWS VA	31:26	10:07
8	110	ASHLEIGH AMBURN	26	YORKTOWN VA	31:58	10:18
9	121	KELLY FILIPONSKI	27	HAMPTON VA	33:03	10:39
10	197	JENNIFER TAYLOR	29	SUFFOLK VA	36:32	11:46 *
11	224	REBECCA WALKER	28	HAYES VA	37:40	12:08
12	253	BETH MITCHEM	28	YORKTOWN VA	39:22	12:41
13	262	JOANE OFELDT	27	VIRGINIA BEACH VA	39:53	12:51
14	281	MANDY HOOKER	27	WEST POINY VA	40:27	13:02
15	287	KELLY STRENGE	25	NEWPORT NEWS VA	40:46	13:07
16	299	IRA MIAKININA	28	NEWPORT NEWS VA	41:34	13:23
17	341	FELICIA SIMMONS	27	HAMPTON VA	43:30	14:00
18	355	BETH BRANY	25	SUFFOLK VA	43:59	14:10
19	360	CINDY UPRIGHT	27	SUFFOLK VA	44:31	14:20
20	364	REBECCA SMITH	28	VIRGINIA BEACH VA	44:53	14:27
21	366	LIZ NEWTON	26	NEWPORT NEWS VA	45:07	14:32
22	389	LAURA ANNE HOWELL	25	VIRGINIA BEACH VA	46:08	14:51
23	397	KALI AMADOR	28	NORFOLK VA	46:51	15:05
24	404	CAROL REICHNER	26	LANGLEY AFB VA	47:00	15:08
25	412	NICOLE HUGHES	26	CHESAPEAKE VA	47:15	15:13
26	416	JACOB JOHNSTON	28	GLOUCESTER VA	47:26	15:16
27	438	KINDRA SHAFER	28	NEWPORT NEWS VA	49:09	15:50
28	459	REBEKAH GOSHERT	26	VIRGINIA BEACH VA	51:03	16:26
29	461	BRANDI LINDNER	27	HAMPTON VA	51:23	16:33
30	470	JENNIFER SHEEN	28	CHESAPEAKE VA	51:44	16:39
WOMEN: 30 - 34						
1	25	BRIANA CHRISTY	33	YORKTOWN VA	26:18	8:28 *
2	36	EDNA CURETON	30	NEWPORT NEWS VA	27:17	8:47
3	52	PEGGY TODD	34	HAMPTON VA	28:17	9:07
4	53	CRYSTAL DAVENPORT	34	YORKTOWN VA	28:22	9:08
5	62	VALERIE RONDINELLI	32	YORKTOWN VA	29:13	9:25
6	69	APRIL MCREYNOLDS	31	HAMPTON VA	29:43	9:34
7	82	JENNIFER J STEPHENS	30	NEWPORT NEWS VA	30:32	9:50
8	85	KELLI TATUM	33	NEWPORT NEWS VA	30:41	9:53
9	86	KRISTINA CLAYTON	32	WILLIAMSBURG VA	30:44	9:54
10	90	JESSICA GLOSS	30	HAMPTON VA	30:57	9:58
11	93	BRIDGET BROCK	34	NEWPORT NEWS VA	31:00	9:59
12	117	DEBORAH WARREN	33	NEWPORT NEWS VA	32:48	10:34
13	120	SUSAN WOOD	33	YORKTOWN VA	33:01	10:38
14	130	AMANDA EAST	32	NEWPORT NEWS VA	33:58	10:56
15	168	DAWN WATTS	33	YORKTOWN VA	35:29	11:26
16	196	ANGELA FLEMING	34	NORFOLK VA	36:31	11:46
17	222	HEATHER BROWN	34	JAMES STORE VA	37:39	12:08
18	245	MELISSA ZAROS	30	NEWPORT NEWS VA	38:44	12:28
19	264	REBECCA ROSS	30	NORFOLK VA	40:00	12:53
20	291	VERNA CREMEANS	33	NEWPORT NEWS VA	41:06	13:14
21	295	AMANDA HALL JR	33	NEWPORT NEWS VA	41:26	13:21
22	326	CASEY BENTON	30	SUFFOLK VA	42:38	13:44
23	344	CHARITY SCOUTEN	32	GLOUCESTER VA	43:32	14:01
24	345	KATIE BLANKS	30	GLOUCESTER VA	43:33	14:01
25	346	MELISSA ARNONE	30	GLOUCESTER VA	43:33	14:02
26	365	BRANDY BLOSE	34	POQUOSON VA	44:56	14:28
27	369	ELIZABETH GIDDENS	32	HAYES VA	45:13	14:34
28	384	MARIE FEWELL	33	YORKTOWN VA	45:49	14:45
29	469	ANITRA HAMMETT	33	NEWPORT NEWS VA	51:43	16:39

WOMEN: 35 - 39

1	31 ROBYN LONG	37 YORKTOWN VA	26:42	8:36
2	49 MELISSA S MALONE-HITCHINGS	36 HAMPTON VA	28:02	9:02
3	56 A JOYE LEE	36 HAMPTON VA	28:38	9:13
4	101 DENISE BORSARI	38 VIRGINIA BEACH VA	31:34	10:10
5	133 TAMMY GSELL	39 GLOUCESTER VA	34:05	10:59
6	145 SUSAN FUSCO	35 YORKTOWN VA	34:23	11:04
7	159 GINA WALKER	37 YORKTOWN VA	34:54	11:14
8	183 MICHELLE FREEMAN	39 YORKTOWN VA	36:01	11:36
9	185 WENDY DEIHL	39 BENA VA	36:05	11:37
10	209 ELIZABETH DANSON	39 VIRGINIA BEACH VA	37:07	11:57
11	221 BRANDI WILLIAMS	35 GLOUCESTER VA	37:37	12:07
12	225 ARLYNE SPALLA	39 LANGLEY AFB VA	37:41	12:08
13	275 SHEILA MATTHEWS	39 NEWPORT NEWS VA	40:10	12:56
14	286 MICHELLE MCKINNEY	38 VIRGINIA BEACH VA	40:45	13:07
15	288 JULIANN SLAYTON	39 VIRGINIA BEACH VA	41:02	13:13
16	300 EVA MALLETTE	39 YORKTOWN VA	41:34	13:23
17	330 JULIANNE CASEY	37 NORFOLK VA	42:46	13:46
18	342 GENEYA WILLIAMS	39 NEWPORT NEWS VA	43:30	14:00
19	372 SHELLEY PERSON	38 YORKTOWN VA	45:18	14:35
20	392 KRISTIN SPRAUER	38 VIRGINIA BEACH VA	46:31	14:59
21	448 YVONNE SMITH	37 NEWPORT NEWS VA	49:59	16:06
22	482 SHARON THAYER	39 GLOUCESTER VA	53:01	17:04
23	494 SUZETTE WEATHERS	35 PORTSMOUTH VA	55:45	17:57
24	496 CRYSTAL TRAGESSER	35 SMITHFIELD VA	55:56	18:01

WOMEN: 40 - 44

1	48 JENNIFER O'CONNOR	40 VIRGINIA BEACH VA	28:02	9:02
2	64 KAYE GREEN	40 SMITHFIELD VA	29:21	9:27
3	107 ANGIE GRANBY	43 NEWPORT NEWS VA	31:53	10:16
4	109 DONNA L MOYER	42 YORKTOWN VA	31:57	10:17
5	113 TABITHA PERSON	40 HAMPTON VA	32:12	10:22
6	114 ROSLYN BROWN	40 PORTSMOUTH VA	32:20	10:25
7	156 KATHI KRUSE	41 YORKTOWN VA	34:44	11:11
8	167 BETH MILLER	40 NORFOLK VA	35:10	11:19
9	177 KATHY BABA	40 YORKTOWN VA	35:47	11:31
10	187 JULIA GOLDEN	41 YORKTOWN VA	36:08	11:38
11	190 CINDY KIRSCHKE	42 YORKTOWN VA	36:11	11:39
12	201 CHRIS HIMES	41 YORKTOWN VA	36:46	11:50
13	206 LEE WHALEN	42 CHESAPEAKE VA	37:02	11:56
14	216 BARBARA BAXTER	44 NORFOLK VA	37:32	12:05
15	247 RANDI SNYDER	40 NEWPORT NEWS VA	38:55	12:32
16	252 DANA CANNELLA	44 POQUOSON VA	39:04	12:35
17	319 ROBYN MAUS	42 NORFOLK VA	42:14	13:36
18	321 STEPHANIE POTTER	41 SMITHFIELD VA	42:17	13:37
19	333 JENNIFER JONES-COOPER	41 NEWPORT NEWS VA	43:00	13:51
20	337 LORI COMER	42 YORKTOWN VA	43:21	13:58
21	343 CHESSIE RICKS	42 HAMPTON VA	43:32	14:01
22	349 KAREN GLAUDE	40 NEWPORT NEWS VA	43:40	14:04
23	370 STEPHANIE JOHNSTON	43 GLOUCESTER VA	45:14	14:34
24	388 KAREN MEYER	42 NEWPORT NEWS VA	46:08	14:51
25	393 MARISOL MOON	41 SUFFOLK VA	46:34	15:00
26	422 DAWN YOUNG	43 YORKTOWN VA	47:58	15:27
27	428 KIM GLAUDE	42 NEWPORT NEWS VA	48:39	15:40
28	444 JOANN COCQUETTE	40 VIRGINIA BEACH VA	49:45	16:01
29	460 JODY ALPERIN	40 NORFOLK VA	51:14	16:30

WOMEN: 45 - 49

1	20 ELIZABETH O'NEIL	49 NEWPORT NEWS	26:04	8:24 *
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2	59 ANNE WHITAKER	46 NEWPORT NEWS VA	28:49	9:17
3	61 CARMEN WALDMAN	45 YORKTOWN VA	29:12	9:24
4	124 BELINDA RAMSEY	45 NEWPORT NEWS VA	33:27	10:46
5	136 BARBARA STEBBINS	49 VIRGINIA BEACH VA	34:10	11:00
6	215 SUSAN MEREDITH	49 NORFOLK VA	37:25	12:03
7	220 LORRY BATCHELOR	47 YORKTOWN VA	37:37	12:07
8	233 LYNNE ENNEKING	48 YORKTOWN VA	38:20	12:21
9	282 VALERIE CUNNINGHAM	48 GRAFTON VA	40:28	13:02
10	356 AMY O'BERRY	47 VIRGINIA BEACH VA	44:00	14:10
11	357 B J SCOTT	48 VIRGINIA BEACH VA	44:19	14:16
12	359 TAMA LITTLE	45 CHESAPEAKE VA	44:28	14:19
13	371 WING WONG	49 VIRGINIA BEACH VA	45:16	14:35
14	429 ROBIN BRICKER	48 NEWPORT NEWS VA	48:42	15:41 *
15	432 CANDACE CLARK	48 VIRGINIA BEACH VA	48:49	15:43
16	468 YVETTE MCINNIS	45 CHESAPEAKE VA	51:39	16:38
17	517 TAMMY BACALIS	47 CHESAPEAKE VA	58:22	18:48
WOMEN: 50 - 54				
1	26 LINDA SHEIMO	52 NEWPORT NEWS VA	26:25	8:31
2	127 JENNIFER BARR	51 NEWPORT NEWS VA	33:43	10:52 *
3	162 KATHLEN JOHNSTON	54 GILLETTE WY	34:59	11:16
4	248 LINDA MABREY	53 YORKTOWN VA	38:55	12:32
5	290 GRACE WETZEL	53 NEWPORT NEWS VA	41:04	13:14
6	380 ROSEZINA JONES	50 NORFOLK VA	45:40	14:42
7	513 RUTHANN NEWTON	52 NEWPORT NEWS VA	58:10	18:44
8	524 BRIDGET MYERS	52 HAMPTON VA	1:00:10	19:22
9	525 RENEE CAMDEN	53 HAMPTON VA	1:00:25	19:27
WOMEN: 55 - 59				
1	157 KATHY THORNTON	55 SEAFORD VA	34:47	11:12
2	234 LINDA CULLINAN	56 CARROLLTON VA	38:21	12:21
3	340 REBECCA OSBORNE	56 NORFOLK VA	43:28	14:00
4	375 BARBARA STRICKLAND	59 NEWPORT NEWS VA	45:27	14:38
5	436 LADONNA WILLIAMS	57 NEWPORT NEWS VA	49:07	15:49
6	437 LAUREL WEAVER	56 NEWPORT NEWS VA	49:08	15:49
7	485 HELEN MCDOWELL	59 YORKTOWN VA	53:16	17:09
WOMEN: 60 - 64				
1	138 JULIET ROLSTON	60 YORKTOWN VA	34:13	11:01
2	172 PATRICIA ACCETTOLA	61 CHESAPEAKE VA	35:39	11:29
3	382 LINDA ASHE	60 HAMPTON VA	45:44	14:43
4	449 SUSAN GLAUDE	61 NEWPORT NEWS VA	50:11	16:10
WOMEN: 65 AND OVER				
WOMEN: AGE UNKNOWN - NO AWARDS				
1	95 JENNA KINNEY	99 SEAFORD VA	31:14	10:03
2	154 AIMEE SCHELL	99 NEWPORT NEWS VA	34:37	11:09
3	164 HAILEE JOHNSTON	99 GLOUCESTER VA	35:07	11:19
4	188 INGRID HOLZER-MILLER	99 YORKTOWN VA	36:08	11:38
5	435 DENISE HALL	99 NEWPORT NEWS VA	49:07	15:49
6	465 D'NAI BRANCH	99 NEWPORT NEWS VA	51:32	16:35
7	475 KARTER ALEXAUS	99 NORFOLK VA	52:06	16:47
8	492 LASSISTER JOYCE	99 PORTSMOUTH VA	55:06	17:45
WHEELCHAIR RACERS				

* denotes PTC member