

Race Days

2009-2010 Peninsula Track Club Road Racing Schedule

Note: All races are tentative until the actual race flyer is printed. (* indicates a **PTC Grand Prix Event**)

When writing for race information, **please enclose a self-addressed stamped envelope.**

PTC Website: www.peninsula-trackclub.com

Hotline: (757)722-1303

Sentara 5K

New Year's Day, 2010
Fri., January 1, 11:00 a.m.
Sentara Careplex Fitness Center
Colesium Central, Hampton, VA
Nina Stickles, (757) 766-2658
e-mail: nstickles@powerwellness.com
www.sentarafitness.com

Big Daddy 10K

Sat., January 23, 2010
Old Stable Road, Newport News Park
Newport News, VA
Windle Day, (757) 877-3394
e-mail: windle.day@us.army.mil

*** Cold F-F-Feet 5K Run**

Sat., January 30, 11:00 a.m.
Grafton High School, Grafton, VA
Sharon Otero (757) 865-3673
e-mail: coldfffeet5krun@cox.net

*** Joe & Sue Moore Memorial Scholarship 5K**

Sat., February 13, 9:00 a.m.
(no PTC race passes)
Sandy Bottom Nature Park
Hampton, VA
Danielle Hundley (757) 873-6863
e-mail: danimdanim@hotmail.com

Colonial Half-Marathon & 5K

Sun., February 28
1:00 p.m. (Half-marathon)
(USATF certified: VA-08004-RT)
1:10 p.m. (5K)
(entry limits: Half - 1300, 5K - 500)
William & Mary Hall, Williamsburg, VA
W&M Special Events (757) 221-1599
Rick Platt (757) 229-7375
e-mail: rickplatt@juno.com
www.tribeclub.com

*** Fort Eustis 10K**

Sat., March 6, 9:00 a.m.
(USATF VA-02048-RT)
Anderson Fieldhouse, Ft. Eustis, VA
Bill Von Ohlen, (757) 878-2097
e-mail: bill.vonohlen@us.army.mil
Ron Lynch or Don Tillotson
(757) 878-0016 or (757) 878-6075
sports office: (757)878-2328
www.active.com www.eustismwr.com

Mutt & Jeff's No Ifs Ands or Butts 5K

Sat., March 27, 8:30 a.m.
Oyster Point City Center
Newport News, VA
Glenda Williamson, (757) 827-2206
e-mail: gjwillia@sentara.com

7th Annual 24 Hour Relay/Run

Sat., April 17-18, 7:00 a.m.
Sandy Bottom Nature Park
Hampton, VA
(individuals or teams of 2 to 12)
George Nelsen (757) 874-4635
e-mail: nelsengeorge@msn.com

Yorktown Freedom Run 5K

Mon., May 31, 8:00 a.m.
Grafton High School, Grafton, VA
Race Director: Larry Wright
Info: Jim Sawhill, (757) 898-7871
e-mail: jimsawhill@hotmail.com
www.yorktownrotaryclub/freedomrun

*** Coast Guard Day 5K**

Sat., August 7, 8:30 a.m.
(USATF certified VA-98020-RT)
Coast Guard Training Center
Yorktown, VA
Katherine Long (757) 856-2226
e-mail: Katherine.B.Long@uscg.mil

Smart Smiles 5K

Sat., August 21
Mariners' Museum, Newport News, VA
Lacey Milburn (757) 223-7204
e-mail: lmilburn@bagclub.com

*** Mulberry Island Half Marathon & 5K Runs**

Sat., September 25
7:30 a.m. - 5K (USATF VA-02027-RT)
8:00 a.m. - Half (USATF VA-02037-RT)
Anderson Fieldhouse, Ft. Eustis, VA
Bill Von Ohlen, (757) 878-2097
e-mail: bill.vonohlen@us.army.mil
Ron Lynch or Don Tillotson
(757) 878-6075 or (757) 878-4380
sports office: (757)878-2328
www.active.com www.eustismwr.com

Mariners' Museum Noland Trail 10K & Mariners' Museum 5K

Sat., October 16, 9:00 a.m.
Mariners' Museum, Newport News, VA
Caroline Leyden (757) 591-7731
e-mail: info@MarinersMuseum.org