

Town of West Point, VA
Saturday, June 26, 2010 8:00 AM
USATF Cert. #VA-10031-RT
A PENINSULA TRACK CLUB EVENT

Place	O'All	Name	Ag	City, State	Time	Pace	Ptc
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TOP OVERALL MEN							
1	1	RYAN SPERAY	19	GLOUCESTER VA	38:56	6:16	
2	2	CRAIG B HYMES	47	YORKTOWN VA	39:37	6:23	*
3	3	RUSSELL REED	17	ONEMO VA	39:58	6:26	
TOP OVERALL WOMEN							
1	8	LAUREN HITE	18	CROZET VA	47:28	7:39	
2	9	MEREDITH WOODARD	22	APO AP	48:35	7:50	
3	18	KRISTEN TRUAX	24	AYLETT VA	51:24	8:17	
MEN'S AGE-GROUPS							
MEN: 14 AND UNDER							
1	63	PETER BERNHARDT	14	LANEXA VA	1:01:44	9:57	
2	132	GEORGE ELLIS	14	WATERVIEW VA	1:16:18	12:17	
MEN: 15 - 19							
1	137	ALEX DIXON	15	SALUDA VA	1:22:33	13:17	
2	138	VINCENT POLCYN	15	WEST POINT VA	1:22:39	13:18	
MEN: 20 - 24							
1	14	J B MYERS	22	WILLIAMSBURG VA	50:16	8:06	
2	129	CHRIS COUCHMAN	24	HAMPTON VA	1:15:13	12:07	
MEN: 25 - 29							
1	4	BRENT JONES	26	RICHMOND VA	40:01	6:27	
2	12	JAMAL LOFTON	29	NEWPORT NEWS VA	49:50	8:02	
3	16	TRAVIS MENELEE	28	CHESAPEAKE VA	50:42	8:10	
4	22	GRANT DODGE	26	HAMPTON VA	52:43	8:29	
5	24	CHAD FISHER	28	RICHMOND VA	52:52	8:31	
6	40	ADAM MONTALVO	28	YORKTOWN VA	56:24	9:05	*
7	51	MARKO FRIGELJ	28	SPRINGFIELD VA	58:54	9:29	
8	58	MAHESH RAJU	28	VIRGINIA BEACH VA	1:00:18	9:43	
9	66	DWAYNE MOHAMED	27	VIRGINIA BEACH VA	1:02:24	10:03	
10	84	JAMES DICKENSON II	25	NEWPORT NEWS VA	1:05:51	10:36	
11	94	MATTHEW MENELEE	28	WILLIAMSBURG VA	1:09:09	11:08	
MEN: 30 - 34							
1	5	ERIC ROBY	30	COLONIAL HEIGHTS VA	40:23	6:30	
2	6	GEOFFREY LANCASTER	31	NEWPORT NEWS VA	43:55	7:04	
3	11	MATTHEW CROSWELL	31	GLOUCESTER VA	49:47	8:01	
4	15	SCOTT VADAS	31	RICHMOND VA	50:24	8:07	
5	35	BRETT BOOTHE	31	NEWPORT NEWS VA	54:30	8:47	
6	38	FOSTER MILES	33	RICHMOND VA	55:27	8:56	
7	53	DAVID STRICKLAND	30	LANGLEY AFB VA	59:10	9:32	
8	67	WILLIE UPSHAW	32	WEST POINT VA	1:02:27	10:03	
9	71	JAMES DELANO	31	WEST POINT VA	1:03:05	10:10	
10	87	WARREN MCLEMMUNE	30	RICHMOND VA	1:06:39	10:44	
11	95	DEAN WILLARD	34	PETERSBURG VA	1:09:11	11:09	
12	102	RYAN GRENWELL	32	GLEN ALLEN VA	1:10:30	11:21	
13	111	JOSEPH OAKLEY	32	SANDSTON VA	1:12:02	11:36	
14	117	SHAWN HERSHBERGER	30	WEST POINT VA	1:13:09	11:47	
MEN: 35 - 39							

1	7	JAY JENKINS	38	WAXHAM NC	47:25	7:38
2	19	JOEL FENLASON	36	YORKTOWN VA	51:45	8:20
3	21	DAN RAPP	37	DINWIDDIE VA	52:33	8:28
4	37	CLAUDE LEAGUE	35	MECHANICSVILLE VA	55:26	8:56
5	46	STEVE HORECZKO	39	CHINO CA	57:34	9:16
6	61	CHRIS HUBBARD	36	AYLETT VA	1:00:58	9:49
7	83	STEPHEN HAWKINS	39	WILLIAMSBURG VA	1:05:19	10:31
8	120	QUINCY MEADE	37	WOODBRIIDGE VA	1:13:48	11:53
9	152	JEFFREY ZELENKA	37	ARLINGTON VA	1:36:13	15:30
MEN: 40 - 44						
1	10	FREDDY KOGL	44	YORKTOWN VA	49:33	7:59
2	27	GRANGER GILBERT	43	MATTAPONI VA	53:20	8:35
3	29	CHRIS E RUFFIEUX	44	YORKTOWN VA	53:43	8:39
4	39	PAUL TRAUTMAN	44	STAFFORD VA	55:30	8:56
5	41	CHRIS CICCONE	43	WILLIAMSBURG VA	57:02	9:11
6	42	DAVID KLUTZ	43	NORFOLK VA	57:12	9:13
7	44	MICHAEL DANIELS	43	VIRGINIA BEACH VA	57:26	9:15
8	50	JONATHAN CARTER	40	FPO AP	58:45	9:28
9	100	WILLIAM B HODGES	41	WEST POINT VA	1:10:22	11:20
10	103	CHRISTOPHER POLCYN	41	WEST POINT VA	1:10:31	11:21
11	104	BRIAN GRIGGS	43	NEWPORT NEWS VA	1:10:35	11:22 *
12	106	BRYAN HEID	43	WEST POINT VA	1:10:45	11:24
13	107	RICHARD HARDY	42	WILLIAMSBURG VA	1:11:33	11:31
14	110	HEATH BRANNAGAN	40	MECHANICSVILLE VA	1:12:01	11:36
MEN: 45 - 49						
1	17	MARTY TOMASEK	49	LANEXA VA	50:55	8:12
2	26	BOB THOMAS	48	RICHMOND VA	52:57	8:32
3	47	LOUIS MUSE	45	BOWLERS WHARF VA	58:34	9:26
4	49	HENRY COATES	48	CREWE VA	58:43	9:27
5	65	STEVEN BEEBE	47	GOOSMSTEAD VA	1:02:00	9:59
6	69	ROBERT KYFFIN	49	VIRGINIA BEACH VA	1:02:57	10:08
7	74	ERIC FEE	47	NORFOLK VA	1:03:21	10:12
8	118	DALE YOUNG	45	WILLIAMSBURG VA	1:13:35	11:51
MEN: 50 - 54						
1	13	DAVID GAUTHIER	50	SEAFORD VA	49:57	8:03
2	20	DEAN WEWETZER	51	NEWPORT NEWS VA	51:55	8:22
3	30	GENE PARSONS	50	HAMPTON VA	53:44	8:39
4	45	BRIAN WILLIAMS	51	WILLIAMSBURG VA	57:33	9:16
5	54	DAVID PADGETT	54	VIRGINIA BEACH VA	59:37	9:36
6	59	STEPHEN HATHAWAY	54	WILLIAMSBURG VA	1:00:19	9:43
7	68	BERK TAYLOR	53	WEST POINT VA	1:02:39	10:05
8	77	DAVID CLEMENTS	51	ARK VA	1:03:49	10:17
9	79	JOHN KOCH	53	WEST POINT VA	1:04:20	10:22
10	116	JORGE MUNDACA	51	WEST POINT VA	1:12:48	11:43
11	136	STANLEY CARPENTER	54	WEST POINT VA	1:22:19	13:15
12	156	BRUCE OLIVER	54	MATTAPONI VA	1:38:22	15:50
MEN: 55 - 59						
1	25	JIMMY C BLOUNT	59	WILLIAMSBURG VA	52:54	8:31 *
2	31	GEORGE W NELSEN	55	NEWPORT NEWS VA	53:48	8:40 *
3	33	GEORGE SOMERVILLE	58	RICHMOND VA	54:02	8:42
4	90	AL A MONTALVO	55	YORKTOWN VA	1:07:39	10:54 *
5	92	NEIL RICE	57	FT MONROE VA	1:08:55	11:06
6	123	DAVID AMEEN	57	HOPEWELL VA	1:14:06	11:56
7	145	HURRICANE THOMPSON	57	GLOUCESTER VA	1:28:12	14:12
MEN: 60 - 64						
1	43	GARRY SHERMAN	60	ASHEVILLE NC	57:14	9:13
2	85	WAYNE T MARSHALL	62	YORKTOWN VA	1:06:15	10:40 *

3	147 GROVE A CALVERT	63 VIRGINIA BEACH VA	1:30:30	14:34	*
MEN:	65 AND OVER				
1	36 LARRY "LT" TURNER	67 SEAFORD VA	54:51	8:50	*
2	52 LARRY ARATA	65 WILLIAMSBURG VA	59:08	9:31	*
3	57 DOUGLAS BERRY	67 NORFOLK VA	1:00:17	9:42	*
4	109 ROBERT WILSON	65 RICHMOND VA	1:11:49	11:34	
5	133 ED MALLORY	72 CHINCOTEAGUE VA	1:16:30	12:19	

WOMEN'S AGE-GROUPS

WOMEN: 14 AND UNDER

WOMEN: 15 - 19

1	96 LEXY PARSONS	15 HAMPTON VA	1:09:15	11:09	
2	141 RUBY ELDRED	15 YORKTOWN VA	1:25:03	13:42	
3	143 SARAH BARNHART	18 TOANO VA	1:26:51	13:59	

WOMEN: 20 - 24

1	89 JUSTINE ANDERSON	21 VIRGINIA BEACH VA	1:07:00	10:47	
2	126 KARALYN KOPACKI	24 WEST POINT VA	1:14:50	12:03	
3	135 TIFFANY BRADSHAW	22 FARNHAM VA	1:20:42	13:00	

WOMEN: 25 - 29

1	93 BROOKE ROLLINS	27 NEWPORT NEWS VA	1:09:04	11:07	
2	105 BRANDI GRAVES	25 CHARLES CITY VA	1:10:42	11:23	
3	112 ALISHA GOEPPER	27 WEST POINT VA	1:12:05	11:36	
4	124 LAUREN NOBLES	28 SANDSTON VA	1:14:48	12:03	
5	128 MEGAN CAMPBELL	25 HAMPTON VA	1:15:12	12:07	
6	134 AMANDA BOWLING	26 LYNCHBURG VA	1:17:44	12:31	
7	139 GINGER RICHARDSON	27 WEST POINT VA	1:24:00	13:32	

WOMEN: 30 - 34

1	34 KATHY KOGL	34 YORKTOWN VA	54:18	8:45	
2	55 KATHERINE UPSHAW	33 WEST POINT VA	1:00:03	9:40	
3	60 MELISSA ROBY	31 COLONIAL HEIGHTS VA	1:00:45	9:47	
4	73 STEPHANIE FISHER	32 RICHMOND VA	1:03:20	10:12	
5	76 APRIL WATKINS	31 MANQUIN VA	1:03:25	10:13	
6	78 KATIE BLANKS	31 GLOUCESTER VA	1:03:51	10:17	
7	86 KRISTY DUFF	34 KING & QUEEN CH VA	1:06:24	10:42	
8	101 KELLY SWEET	30 RICHMOND VA	1:10:26	11:21	
9	114 STEPHANIE MEDLIN	32 WEST POINT VA	1:12:45	11:43	
10	119 JOYCE WASHINGTON	32 KING WILLIAM VA	1:13:41	11:52	
11	140 CARRIE EMORY	30 NORFOLK VA	1:24:01	13:32	
12	142 MICHELLE DELANO	30 WEST POINT VA	1:25:07	13:42	
13	144 SHANNON HOUSER	33 WEST POINT VA	1:26:53	13:59	
14	148 ANDREA TIMBERLAKE	30 WEST POINT VA	1:31:41	14:46	
15	150 CRISSY VENABLE	31 WILLIAMSBURG VA	1:35:40	15:24	
16	151 HILLARY SHERMAN-ZELENKA	30 ARLINGTON VA	1:36:12	15:29	
17	153 ANGIE ATKINSON	34 MASCOT VA	1:36:23	15:31	
18	154 TRINA CHARNOCK	34 MASCOT VA	1:36:24	15:31	
19	157 BECKY HORSLEY	32 WATERVIEW VA	1:40:27	16:10	
20	158 KATIE DAUGHTRY	30 CHURCHVIEW VA	1:40:28	16:10	

WOMEN: 35 - 39

1	23 STACY JOHNSON	35 KING WILLIAM VA	52:49	8:30	
2	70 KARA GALLAHER	39 AYLETT VA	1:03:04	10:09	
3	72 JENNIFER EDDY	37 HAYES VA	1:03:19	10:12	
4	75 DONNA HAYNES	37 RALEIGH NC	1:03:22	10:12	
5	82 MELISSA CROSWELL	38 WEST POINT VA	1:05:18	10:31	
6	97 LEIGH HUBBARD	36 AYLETT VA	1:09:25	11:11	
7	98 JENNIFER HAWKINS	37 WILLIAMSBURG VA	1:09:38	11:13	
8	115 LEN MARKS	36 WEST POINT VA	1:12:45	11:43	

9	130 JESSICA MEADE	35 WOODBRIDGE VA	1:15:47	12:12
10	155 CATHY DAVENPORT	35 WEST POINT VA	1:36:26	15:32
WOMEN:	40 - 44			
1	28 A J DUKE	40 MATTAPONI VA	53:34	8:38
2	32 CHERYL LAGER	44 NEWPORT NEWS VA	53:57	8:41 *
3	88 BEATRICE SHAW	41 QUINTON VA	1:06:45	10:45
4	91 DANNI ELDRED	40 YORKTOWN VA	1:08:26	11:01
5	121 COURTNEY MERKEL	44 QUINTON VA	1:13:52	11:54
6	125 KELLY BIRCHFIELD	40 WEST POINT VA	1:14:50	12:03
7	127 SANDRA JOHNSON	44 HENRICO VA	1:14:58	12:04
WOMEN:	45 - 49			
1	48 STEPHANIE JOHNSTON	45 GLOUCESTER VA	58:40	9:27
2	56 BETSY QUINZIO	48 WILLIAMSBURG VA	1:00:05	9:41
3	64 TERRY KELLUM	49 HARFIELD VA	1:01:59	9:59
4	80 NANCY DODENHOFF	47 WILLIAMSBURG VA	1:05:07	10:29
5	99 TRACEY KYFFIN	47 VIRGINIA BEACH VA	1:10:00	11:16
6	108 DONNA CALLIS	46 WEST POINT VA	1:11:44	11:33
7	131 GALE GIBSON	45 CROZET VA	1:16:17	12:17
8	146 LISA YOUNG	45 WILLIAMSBURG VA	1:28:48	14:18
WOMEN:	50 - 54			
1	81 CINDY LEE HALL	53 NORFOLK VA	1:05:09	10:30
2	113 ALICE BARE	54 RICHMOND VA	1:12:24	11:39
3	159 MARY ANN CALVERT	54 VIRGINIA BEACH VA	1:43:22	16:39 *
WOMEN:	55 - 59			
1	122 BETSY AMEEN	57 HOPEWELL VA	1:14:05	11:56
2	149 GAIL SHERMAN	58 ASHEVILLE NC	1:34:44	15:15
WOMEN:	60 - 64			
1	62 NANCY BURLESON	61 SPRUCE PINE NC	1:01:31	9:54
WOMEN:	65 AND OVER			

* denotes PTC member