

2010 SENTARA NEW YEAR'S DAY 5K
for the benefit of the American Cancer Society in Memory of Denise Suits
Coliseum Central, Sentara Careplex Fitness Center, Hampton, VA
New Year's Day, Friday, January 1, 2010 11:00 AM
A PENINSULA TRACK CLUB EVENT

OVERALL MEN

1	1 MARK TOMPKINS	34 WILLIAMSBURG VA	16:17	5:15
2	2 WILLIAM BROWN	15 HAMPTON VA	16:45	5:24
3	3 DOUGLAS MARSHALL	35 MATHEWS VA	17:18	5:34

OVERALL WOMEN

1	14 ARLYNE SPALLA	40 YORKTOWN VA	20:20	6:33
2	16 KELLY KINGMA	17 WILLIAMSBURG VA	20:25	6:34
3	31 LAURA FORBES	29 NEWPORT NEWS VA	22:23	7:13 *

MEN: 14 AND UNDER

1	9 ANTHONY ADDEO	14 WILLIAMSBURG VA	19:23	6:15
2	28 J.P. GAFFNEY	14 HAMPTON VA	22:13	7:09
3	37 HARRY CONLEY	10 HAMPTON VA	22:48	7:21
4	40 RAYANN MALHOTRA	8 CHESAPEAKE VA	23:04	7:26
5	130 JAMAR BREEDEN	9 FT EUSTIS VA	28:56	9:19
6	132 MATTHEW SOUTHER	14 YORKTOWN VA	29:06	9:22
7	148 JAMES PINCUS	11 HAMPTON VA	30:08	9:42
8	150 DILLON SCOTT	11 POQUOSON VA	30:22	9:47
9	162 TYLER SANDERS	14 YORKTOWN VA	31:48	10:14
10	188 SHANE SCOTT	9 POQUOSON VA	33:32	10:48
11	197 THOMAS HIMES	8 YORKTOWN VA	34:18	11:03
12	207 GAGE HAGA	12 HAMPTON VA	35:59	11:35
13	208 CHRIS SANDERS	11 YORKTOWN VA	36:21	11:42
14	214 ZACHARY PEARSON	14 NEWPORT NEWS VA	37:14	11:59
15	215 CHRISTOPHER HOOKS	12 HAMPTON VA	37:20	12:01
16	332 DILLON HAGA	6 HAMPTON VA	1:02:27	20:06

MEN: 15 - 18

1	7 ASHTON QUEEN	15 WILLIAMSBURG VA	19:00	6:07
2	22 ALEX BECOUVARKIS	18 POQUOSON VA	21:01	6:46 *
3	125 ZACHARY COLLEY	18 NEWPORT NEWS VA	28:42	9:15
4	173 JALEN EDWARDS	16 HAMPTON VA	32:38	10:31
5	174 RYAN SOUTHER	17 YORKTOWN VA	32:40	10:31

MEN: 19 - 24

1	19 SPENCER NORMAN	20 SMITHFIELD VA	20:45	6:41
2	30 BRIAN R FRIES	21 NEWPORT NEWS VA	22:21	7:12
3	32 ERICH BUSS	19 YORKTOWN VA	22:31	7:15
4	78 JONATHAN WELCH	24 YORKTOWN VA	25:28	8:12
5	88 MATHEW TREVATHAN	22 NEWPORT NEWS VA	26:27	8:31
6	109 HAYLEY ANDERSON	20 WILLIAMSBURG VA	28:01	9:01
7	137 ANDREW CASTRO	19 YORKTOWN VA	29:31	9:30
8	245 JAMES BIALK	20 HAMPTON VA	43:02	13:51
9	265 DARRELL BENNETT	24 HAMPTON VA	46:42	15:02

MEN: 25 - 29

1	5 TODD KESSLER	27 NEWPORT NEWS VA	18:41	6:01
2	10 CHRISTOPHER REOYO	25 YORKTOWN VA	19:25	6:15
3	26 JOHN FORBES	27 NEWPORT NEWS VA	22:11	7:09 *
4	49 DANIEL GOODMAN	27 POQUOSON VA	23:53	7:42
5	76 JONATHAN SWANSON	27 NEWPORT NEWS VA	25:22	8:10
6	111 JEFF HELLNER	28 HAMPTON VA	28:17	9:06
7	281 JOSEPH VEITZ	29 HAMPTON VA	50:21	16:13

MEN: 30 - 34

1	13	JEFF PERSSON	32	HAMPTON VA	20:18	6:33
2	52	AARON GOODMAN	30	POQUOSON VA	24:03	7:45
3	55	ROB COPLEN	34	HAMPTON VA	24:24	7:51
4	69	ANDREW TURNER	31	HAMPTON VA	24:55	8:02
5	202	STEVE TURNER	33	HAMPTON VA	35:03	11:17
6	212	CHRIS SPANOS	34	KILL DEVIL HILLS N	37:02	11:56
7	256	MARRO BREWINGTON	34	HAMPTON VA	44:31	14:20
8	295	BILL BUCH	33	NEWPORT NEWS VA	51:19	16:31
9	302	MICHAEL CHINN	34	NEWPORT NEWS VA	52:27	16:53

MEN: 35 - 39

1	4	JACK LOVETT	39	NEWPORT NEWS VA	18:09	5:51
2	12	KEITH BUELL	35	FALLS CHURCH VA	19:51	6:24
3	27	MATTHEW CALVERT	36	SUFFOLK VA	22:12	7:09
4	45	EDMUND RIELY	37	NEWPORT NEWS VA	23:31	7:34
5	56	KEVIN GATES	38	HAMPTON VA	24:25	7:52
6	64	JOHN MARTIN	39	NEWPORT NEWS VA	24:44	7:58 *
7	72	JEFF BRITTAIN	39	SUFFOLK VA	25:09	8:06
8	102	JOHN ELSTROM	39	NEWPORT NEWS VA	27:44	8:56
9	123	FRANK GRIFFIN	39	YORKTOWN VA	28:40	9:14
10	127	KOLBI SHARTZER	36	YORKTOWN VA	28:50	9:17
11	140	BEN DUKES	36	PORTSMOUTH VA	29:35	9:31
12	182	GREG PARSONS	39	WINDSOR VA	33:12	10:42
13	199	ERWIN MILLIGAN	39	YORKTOWN VA	34:44	11:11

MEN: 40 - 44

1	20	KRISTIAN ELLINGSEN	41	YORKTOWN VA	20:47	6:42 *
2	41	WILLIAM TENNANT	44	NEWPORT NEWS VA	23:15	7:29 *
3	57	ROBERTO J CANO	43	YORKTOWN VA	24:26	7:52 *
4	74	LARRY OBRYAN	42	NEWPORT NEWS VA	25:10	8:06
5	98	ROB SCOTT	44	POQUOSON VA	27:29	8:51
6	108	JACK TAYLOR	44	NEWPORT NEWS VA	27:57	9:00
7	143	SCOTT MAW	44	YORKTOWN VA	29:40	9:33
8	153	BRIAN MASON	40	YORKTOWN VA	30:38	9:52 *
9	183	PATRICK HUMPHRIES	44	SMITHFIELD VA	33:20	10:44
10	196	KENNETH FERGUSON	42	HAMPTON VA	34:17	11:02
11	204	JAMES WHITFIELD	44	NEWPORT NEWS VA	35:16	11:21
12	279	DONOVAN FITZGERALD	43	SUFFOLK VA	49:55	16:04
13	284	STEVEN GARDNER	44	POQUOSON VA	50:56	16:24

MEN: 45 - 49

1	11	GEORGE FISCELLA	47	NEWPORT NEWS VA	19:30	6:17
2	21	MARK G HOLLINGSWORTH	47	HAMPTON VA	20:51	6:43 *
3	23	CALVIN COOKE	48	NEWPORT NEWS VA	21:18	6:52
4	24	JOE GARRITY	46	HAMPTON VA	21:34	6:57
5	25	KEVIN D CLINCH	46	HAMPTON VA	21:37	6:58
6	42	CHUCK BREINER	49	HAMPTON VA	23:16	7:30
7	51	RICH BOWEN	45	HAMPTON VA	24:00	7:44
8	54	TIM L RAINES	47	YORKTOWN VA	24:23	7:51
9	71	GENE PARSONS	49	HAMPTON VA	25:06	8:05
10	82	STEVEN KEETER	45	NEWPORT NEWS VA	25:40	8:16 *
11	84	STEVE BUGOS	48	POQUOSON VA	25:56	8:21 *
12	97	JOSEPH ADDEO	48	WILLIAMSBURG VA	27:23	8:49
13	116	SEAN SMITH	45	HAMPTON VA	28:33	9:12
14	121	PETER MARTIN	46	VIRGINIA BEACH VA	28:38	9:13
15	151	BENNY LEBON	48	NORFOLK VA	30:28	9:49
16	161	WILLIAM ERNST	46	HAMPTON VA	31:43	10:13
17	170	CURTIS SECHRIST	45	HAMPTON VA	32:26	10:27
18	213	KEVIN SANDERS	46	YORKTOWN VA	37:07	11:57

19	233	MICHAEL BLACKSHEAR	49	HAMPTON VA	40:55	13:11
20	238	GLEN HARRISON	48	HAMPTON VA	41:34	13:23
21	271	BILL LAMARSH	46	YORKTOWN VA	48:51	15:44
22	324	KEVIN MORAN	49	HAMPTON VA	58:29	18:50
23	334	WAYNE HAGA	47	HAMPTON VA	1:13:36	23:42
MEN: 50 - 54						
1	6	JAMES C BATES	53	HAMPTON VA	18:51	6:04 *
2	8	ROBERT M ANAYA	51	YORKTOWN VA	19:15	6:12
3	15	ROY HARKINS	52	WILLIAMSBURG VA	20:21	6:33
4	17	JOHN C OLSON	50	YORKTOWN VA	20:40	6:39 *
5	18	DENNIS CRUFF	50	POQUOSON VA	20:43	6:41
6	34	DEAN WEWETZER	51	NEWPORT NEWS VA	22:33	7:16
7	58	GORDON KINGMA	51	WILLIAMSBURG VA	24:31	7:54
8	73	LYNN HOWARD	52	YORKTOWN VA	25:09	8:06
9	85	AL A MONTALVO	54	YORKTOWN VA	26:08	8:25 *
10	93	SKIP COLE	53	POQUOSON VA	26:52	8:39 *
11	99	BENJAMIN R POTTS	54	NORFOLK VA	27:35	8:53 *
12	100	DALLAS WILLIAMS	54	HAMPTON VA	27:43	8:56
13	105	KEN BRICKER	52	NEWPORT NEWS VA	27:49	8:58 *
14	113	ROBERT FRIES	52	NEWPORT NEWS VA	28:21	9:08
15	139	RUSTY MCLAIN	50	CHESAPEAKE VA	29:33	9:31
16	145	WILLIE MASON	50	WILLIAMSBURG VA	29:44	9:35
17	164	JOHN R GALLO	53	NEWPORT NEWS VA	31:56	10:17 *
18	168	HARRISON JOHNSON	52	HAMPTON VA	32:23	10:26
19	179	ROBERT SWALE	50	YORKTOWN VA	33:01	10:38
20	198	DONALD ROWE	53	YORKTOWN VA	34:20	11:03
21	206	ALONZO CHERRY	54	HAMPTON VA	35:58	11:35
22	224	BRIAN BELL	50	HAMPTON VA	38:47	12:29
23	239	WILLIAM B HARRISON JR	51	HAMPTON VA	41:36	13:24 *
24	268	MARK SOUTHER	50	YORKTOWN VA	47:44	15:22
25	328	WILLIAM TREVATHAN	50	NEWPORT NEWS VA	1:00:41	19:32
MEN: 55 - 59						
1	29	RICK HARTUNG	56	HAMPTON VA	22:17	7:11 *
2	36	RUBEN A NIEVES	57	NEWPORT NEWS VA	22:45	7:20
3	48	JIMMY C BLOUNT	59	WILLIAMSBURG VA	23:52	7:41 *
4	79	RICK PLATT	59	WILLIAMSBURG VA	25:30	8:13 *
5	89	BILL DIEHL	59	YORKTOWN VA	26:28	8:31
6	110	ERIC GOODMAN	55	POQUOSON VA	28:07	9:03
7	119	ROBERT MANN	58	YORKTOWN VA	28:36	9:13 *
8	133	MARK A LEIGH	57	HAMPTON VA	29:12	9:24
9	155	STEVEN SHAPIRO	56	HAMPTON VA	30:53	9:57
10	169	JAMES P MEAGHER	55	YORKTOWN VA	32:24	10:26 *
11	180	TIM NORMAN	58	SMITHFIELD VA	33:07	10:40
12	193	GARY M SMITH	59	NORFOLK VA	34:04	10:58
13	277	JEFFREY CANNON	55	HAMPTON VA	49:25	15:55
14	291	ARTIS CROSLIN	59	HAMPTON VA	51:16	16:30
15	318	ARNOLD BERESH	56	NEWPORT NEWS VA	55:44	17:57
MEN: 60 - 64						
1	43	JOSEPH L VERDIRAME	60	SUFFOLK VA	23:16	7:30 *
2	190	R KEITH BUTLER	62	CHESAPEAKE VA	33:38	10:50
3	191	KEVIN GARNER	61	NEWPORT NEWS VA	33:50	10:54
4	205	ANDREW M BRANTLEY	64	WILLIAMSBURG VA	35:57	11:35
5	300	WYNN HANCOCK	60	HAMPTON VA	51:32	16:36
6	304	WALTER HALE	62	HAMPTON VA	52:53	17:01
MEN: 65 - 69						
1	35	ROBERT H WRIGHT	68	HAMPTON VA	22:42	7:19 *
2	61	LARRY ARATA	65	WILLIAMSBURG VA	24:38	7:56

3	248 JOHN A CORK	65 CARROLLTON VA	43:28	14:00	*
4	311 ERNESTO NUCUP	69 HAMPTON VA	55:11	17:46	
5	322 RICHARD WALTERS	66 NEWPORT NEWS VA	57:19	18:27	
MEN: 70 AND OVER					
1	38 EVAN RODERICK	75 WILLIAMSBURG VA	22:59	7:24	
2	172 CHARLES R TERRELL	71 NEWPORT NEWS VA	32:35	10:30	*
3	209 KEN BUTLER	70 HAMPTON VA	36:43	11:49	
4	261 E DAVID HODOR	72 HAMPTON VA	46:35	15:00	
5	308 BOBBY GRIFFITH	74 HAMPTON VA	54:54	17:40	
6	335 JIM JOHNSON	84 HAMPTON VA	1:13:47	23:45	*
MEN: Age Unknown					
1	60 OWEN BLACKSHEAR	99 HAMPTON VA	24:34	7:55	
2	189 DAVID NARDOZZI	99 YORKTOWN VA	33:37	10:49	
3	247 JANSSEN BUTLER	99 SUFFOLK VA	43:08	13:53	
4	317 TIERRE BUTLER	99 SUFFOLK VA	55:25	17:51	
WOMEN: 14 AND UNDER					
1	39 KATE MAW	13 YORKTOWN VA	23:01	7:25	
2	46 ANA MALHOTRA	12 CHESAPEAKE VA	23:42	7:38	
3	86 WIKTORIA PLAWSKA	13 YORKTOWN VA	26:16	8:27	
4	103 MAANSI MEHTA	10 LEESBURG VA	27:45	8:56	
5	104 LEXY PARSONS	14 HAMPTON VA	27:48	8:57	
6	122 EMMA HUDGINS	9 MATHEWS VA	28:39	9:14	
7	135 COURTNEY CURTIS	12 YORKTOWN VA	29:20	9:27	
8	152 KATELYN M SWALE	14 YORKTOWN VA	30:36	9:51	
9	216 ANNE ROWE	14 YORKTOWN VA	37:29	12:04	
10	218 ELEANOR WORTHINGTON	13 MECHANICSVILLE VA	37:41	12:08	
11	242 AVA HOCKEY	12 VIRGINIA BEACH VA	42:00	13:31	
12	243 KATELIN COUNTRYMAN	13 VIRGINIA BEACH VA	42:00	13:32	
13	252 LAURA RENFORTH	5 YORKTOWN VA	44:22	14:17	
14	329 SIERRA HAGA	9 HAMPTON VA	1:00:53	19:36	
WOMEN: 15 - 18					
1	101 SARA DIMELER	15 CARROLLTON VA	27:44	8:56	
2	115 MADELEINE JULIENNE	16 WILLIAMSBURG VA	28:25	9:09	*
3	124 ASHLEY M CURTIS	17 YORKTOWN VA	28:41	9:14	
4	141 GABRIELLE JULIENNE	18 WILLIAMSBURG VA	29:38	9:33	*
5	156 ALEXANDRA YORKEY	17 VIRGINIA BEACH VA	31:03	10:00	
6	226 KAYLA RAGER	15 HAMPTON VA	39:17	12:39	
WOMEN: 19 - 24					
1	95 BRITNI SOUTHER	20 YORKTOWN VA	27:09	8:45	
2	142 AMANDA HARDING	24 HAMPTON VA	29:39	9:33	*
3	146 AMBER OKUBO	23 HAMPTON VA	29:51	9:37	
4	203 CHRISTINE MUMPHREY	21 PORTSMOUTH VA	35:09	11:19	
WOMEN: 25 - 29					
1	62 CLAUDIA VERDIRAME	26 SUFFOLK VA	24:40	7:57	*
2	77 LILLY DREW	26 NEWPORT NEWS VA	25:28	8:12	
3	171 SHANNON EDWARDS	28 POQUOSON VA	32:33	10:29	
4	177 LINDSEY BREEDEN	29 FT EUSTIS VA	32:52	10:35	
5	181 COURTNEY DORTCH	27 SMITHFIELD VA	33:12	10:41	
6	185 CHRISTEN CAMPBELL	28 NEWPORT NEWS VA	33:25	10:46	
7	201 HEIDI TICE	27 SUFFOLK VA	35:02	11:17	
8	217 MICHELLE VEITZ	28 HAMPTON VA	37:35	12:06	
9	241 ERIKA CHACRA	27 HAMPTON VA	41:42	13:26	
10	258 MELISSA RARICK	27 HAMPTON VA	45:54	14:47	
11	259 JESSICA MARTIN	28 NORFOLK VA	45:56	14:47	
12	264 RACHEL TURNER	29 HAMPTON VA	46:41	15:02	
13	327 LYNDA SLANEY	27 NEWPORT NEWS VA	59:56	19:18	

WOMEN: 30 - 34

1	65 RACHEL SWIFT	30 HAMPTON VA	24:46	7:59	*
2	70 BRIANA CHRISTY	34 YORKTOWN VA	24:57	8:02	*
3	94 HEATHER ROBERTSON	33 HAMPTON VA	27:01	8:42	
4	167 KELLY DAVIS	32 HAMPTON VA	32:16	10:24	
5	187 JENNIFER FASS	31 HAMPTON VA	33:31	10:48	
6	194 DANA TORRES	31 GLOUCESTER POINT V	34:13	11:01	
7	211 ERIN HANCOCK	30 APO AE	36:59	11:54	
8	219 LAURA LUTH	33 HAMPTON VA	37:54	12:12	
9	221 MICHELLE GORDON	32 HAMPTON VA	38:06	12:16	
10	234 KAREN THOMAS	33 WILLIAMSBURG VA	41:03	13:13	
11	240 MARIANNA NUCUP-BRITT	33 HAMPTON VA	41:38	13:24	
12	244 LEE ANNE HOCKEY	33 VIRGINIA BEACH VA	42:04	13:33	
13	257 MELISSA PAULETTE	34 HAMPTON VA	45:49	14:45	
14	287 TIFFANY SMITH	34 NEWPORT NEWS VA	51:00	16:25	
15	296 MELANIE ROBINSON	33 SMITHFIELD VA	51:21	16:32	
16	305 BERTIE CHINN	31 NEWPORT NEWS VA	54:04	17:25	
17	331 FANNY LIMON DUPARCMEUR	32 POQUOSON VA	1:01:08	19:41	
18	333 KRISTEN HAGA	34 HAMPTON VA	1:02:30	20:07	

WOMEN: 35 - 39

1	44 LORENA RIELY	37 NEWPORT NEWS VA	23:30	7:34	
2	66 A JOYE LEE	37 HAMPTON VA	24:52	8:00	*
3	91 GINNY PHILLIPS	36 YORKTOWN VA	26:37	8:34	
4	92 JEANNE D FIOCCA	37 YORKTOWN VA	26:43	8:36	*
5	112 EVELYN COOPER	38 NEWPORT NEWS VA	28:19	9:07	
6	117 TRACEY ATTEBERRY	39 HAMPTON VA	28:34	9:12	*
7	128 DARCY KUEHN	39 NEWPORT NEWS VA	28:52	9:18	
8	157 LORRAINE HAWKINS	39 HAMPTON VA	31:16	10:04	
9	184 KELLY PARSONS	35 WINDSOR VA	33:21	10:44	
10	195 SUKEY STEPHENS	36 HAMPTON VA	34:13	11:01	
11	220 BARBARA BODENSTEIN	38 YORKTOWN VA	37:54	12:12	*
12	222 BETH RICE	38 NEWPORT NEWS VA	38:17	12:20	
13	230 ANGELA RAGER	38 HAMPTON VA	39:55	12:51	
14	249 KRISTA WETZLER	35 HAMPTON VA	43:35	14:02	
15	274 MARLEITA EDWARDS	38 HAMPTON VA	48:58	15:46	
16	282 CARLA COSTELLO	35 HAMPTON VA	50:37	16:18	
17	285 SNYA-LEA DAWSON	36 SMITHFIELD VA	50:59	16:25	
18	286 STEPHANIE TERWILLIGER	36 YORKTOWN VA	51:00	16:25	
19	288 KATHLEEN MASON	35 YORKTOWN VA	51:03	16:26	*
20	293 ARTISENA HILL	39 HAMPTON VA	51:18	16:31	
21	294 TRINH	35 NEWPORT NEWS VA	51:19	16:31	
22	310 JOYCELYN CORBIN	39 HAMPTON VA	55:10	17:46	

WOMEN: 40 - 44

1	33 CAROLINE A DIEHL	43 NEWPORT NEWS VA	22:32	7:15	*
2	47 KIM RATCLIFFE	42 YORKTOWN VA	23:43	7:38	
3	59 JOY CHARBONEAU	43 NEWPORT NEWS VA	24:32	7:54	*
4	83 JAMI BRILL	43 HAMPTON VA	25:47	8:18	
5	87 YVETTE ZOLEA	40 HAMPTON VA	26:25	8:31	
6	107 JANET HOOKS	41 HAMPTON VA	27:57	9:00	
7	118 CHRIS HIMES	42 YORKTOWN VA	28:35	9:12	
8	126 KIMBERLY CAROSI	42 NEWPORT NEWS VA	28:48	9:17	*
9	131 MIRANDA HAYDEN	41 NEWPORT NEWS VA	28:57	9:19	*
10	138 JUNE ZUORRO	43 WINNIPEG CN	29:32	9:31	
11	159 LAURA SCOTT	44 POQUOSON VA	31:24	10:07	
12	186 REBECCA RHODE	44 HAMPTON VA	33:26	10:46	
13	210 PATSY M HOLLINGSWORTH	44 HAMPTON VA	36:56	11:53	
14	227 ONDINIA TEMPLE	41 HAMPTON VA	39:26	12:42	

15	235 PAM PRICE	43 HAMPTON VA	41:19	13:18
16	236 KRISTINA ERNST	43 HAMPTON VA	41:22	13:19
17	246 SONYA BRADLEY	43 NEWPORT NEWS VA	43:07	13:53
18	262 SID CHAMPLIN	42 NEWPORT NEWS VA	46:35	15:00 *
19	267 ANNE REEVES	41 NEWPORT NEWS VA	46:52	15:05
20	269 PATSY BUTLER	42 SUFFOLK VA	47:48	15:23
21	278 AMY FITZGERALD	40 SUFFOLK VA	49:54	16:04
22	299 MICHELLE SHONK	43 HAMPTON VA	51:29	16:35
23	312 JANE NUCUP	41 MECHANICSVILLE VA	55:17	17:48
24	330 ROSEMARIE WEST	41 POQUOSON VA	1:00:54	19:36
WOMEN: 45 - 49				
1	50 BECKY THOMPSON	45 HAMPTON VA	23:55	7:42
2	53 JEAN M TROUTMAN	47 WILLIAMSBURG VA	24:04	7:45 *
3	63 DONNA SANDERS	45 YORKTOWN VA	24:40	7:57 *
4	68 SHERI D MANN	48 YORKTOWN VA	24:54	8:01 *
5	75 KIM L FLINT	45 YORKTOWN VA	25:17	8:09 *
6	80 LAURA CVITANOVICH	45 NEWPORT NEWS VA	25:38	8:15 *
7	81 SANDRA BUSS	47 YORKTOWN VA	25:39	8:16 *
8	106 DEBI A HENDERSON	49 NEWPORT NEWS VA	27:52	8:58 *
9	114 MONA MCLAURIN	47 HAMPTON VA	28:23	9:09
10	120 DIONYSIA MARTIN	46 VIRGINIA BEACH VA	28:38	9:13
11	136 MARYROSE MCGHEE	45 NEWPORT NEWS VA	29:24	9:28
12	144 FRED A ROSO	48 HAMPTON VA	29:41	9:33 *
13	149 SHERRY NEIGHBORS	49 POQUOSON VA	30:20	9:46
14	154 SUSAN SORLIE	47 POQUOSON VA	30:40	9:53 *
15	160 LISA HYDRICK	47 YORKTOWN VA	31:30	10:09 *
16	163 BECKY CROONS	46 HAMPTON VA	31:50	10:15
17	166 NIKKI SOUTHER	48 YORKTOWN VA	31:58	10:18
18	200 DONNA MAW	46 YORKTOWN VA	34:57	11:15
19	225 CATHRYN MCPOLAND	49 HAMPTON VA	39:00	12:33
20	231 RITA QUINN	48 HAMPTON VA	40:53	13:10
21	253 ROBIN BRICKER	49 NEWPORT NEWS VA	44:23	14:18 *
22	255 SUZANNE RENFORTH	46 YORKTOWN VA	44:25	14:18
23	263 WANDA CLARKE	45 HAMPTON VA	46:40	15:02
24	270 LEZA MCLAIN	48 CHESAPEAKE VA	48:02	15:28
25	272 MARGO LAMARSH	46 YORKTOWN VA	48:52	15:44
26	309 MICHELE A PANKNER-BERESH	47 NEWPORT NEWS VA	54:58	17:42
27	316 MARY ANNE MOREAU	45 NEWPORT NEWS VA	55:24	17:50
28	325 JACKIE DOWDY	46 YORKTOWN VA	58:30	18:50
29	326 TERESA CROCKER	46 SMITHFIELD VA	59:48	19:15
WOMEN: 50 - 54				
1	90 GINNY GAFFNEY	51 HAMPTON VA	26:36	8:34
2	96 ELIZABETH ROWE	51 YORKTOWN VA	27:13	8:46
3	147 JENNIFER BIALK	50 HAMPTON VA	29:55	9:38
4	158 LINDA M ANAYA	50 YORKTOWN VA	31:23	10:06
5	165 KATHY GALLO	53 NEWPORT NEWS VA	31:57	10:17 *
6	176 SUSAN CARZOO	52 NEWPORT NEWS VA	32:50	10:35
7	192 TREVA RUSS	50 HAMPTON VA	33:57	10:56
8	228 DOROTHY EDWARDS	51 HAMPTON VA	39:45	12:48
9	229 TERESA DALE	54 HAMPTON VA	39:46	12:48
10	250 YOLANDA PEARSON	51 NEWPORT NEWS VA	43:46	14:06
11	260 SYLVIA SUTHERLAND	52 HAMPTON VA	46:30	14:58
12	266 JESSICA SPENCER	50 YORKTOWN VA	46:47	15:04
13	275 NANCY WITTE	54 POQUOSON VA	49:01	15:47
14	276 DONNA ADKINS	54 POQUOSON VA	49:03	15:48
15	298 PAMELA DAVIS	52 POQUOSON VA	51:24	16:33
16	320 VIVIAN MOSES	50 HAMPTON VA	57:02	18:22

WOMEN: 55 - 59			
1	67 RONA ALTSCHULER	55 NEWPORT NEWS VA	24:53 8:01 *
2	129 GAIL LUCADO-PHELPS	59 NEWPORT NEWS VA	28:55 9:19 *
3	134 BRENDA C MITCHELL	59 WILLIAMSBURG VA	29:16 9:26 *
4	178 KAREN CORL	55 CARROLLTON VA	32:54 10:36 *
5	232 MARGARET GORDON	56 HAMPTON VA	40:55 13:10
6	237 TRACY WOOD	55 NEWPORT NEWS VA	41:33 13:23
7	251 DEBORAH HAND	56 NEWPORT NEWS VA	44:13 14:14
8	254 MARILYN HINES	57 HAMPTON VA	44:24 14:18
9	273 JULIE HALE	59 HAMPTON VA	48:57 15:46
10	280 BETH TURNER	55 NEWPORT NEWS VA	50:20 16:12
11	290 LUCY HINES	57 SMITHFIELD VA	51:05 16:27
12	297 NAOMI EATON	55 POQUOSON VA	51:23 16:33
13	319 MIKELLE VENABLE	55 NEWPORT NEWS VA	57:01 18:21
14	321 ROSALYN GREENE	57 NEWPORT NEWS VA	57:15 18:26
WOMEN: 60 - 64			
1	223 PATRICIA CORK	62 CARROLTON VA	38:21 12:21 *
2	289 DANA DUNHAM	63 POQUOSON VA	51:03 16:26
3	292 DOROTHY CROSLIN	60 HAMPTON VA	51:17 16:31
4	303 PAM PAPARA	62 NEWPORT NEWS VA	52:52 17:01
5	323 ROSEANNE WALTERS	62 NEWPORT NEWS VA	57:27 18:30
WOMEN: 65 - 69			
1	175 ELAINE HENDERSON	67 YORKTOWN VA	32:49 10:34 *
2	283 SUSAN GARDNER	69 POQUOSON VA	50:55 16:24
3	301 SUSAN DOLEZEL	66 YORKTOWN VA	52:20 16:51
4	306 TANYA BALL	69 HAMPTON VA	54:06 17:25
WOMEN: 70 AND OVER			
1	307 ROBERTA GRIFFITH	70 HAMPTON VA	54:06 17:25
WOMEN: Age Unknown			
1	313 SHANTELL BUTLER	99 SUFFOLK VA	55:17 17:48
2	314 LAKESHA BUTLER	99 SUFFOLK VA	55:22 17:50
3	315 PATSY ROLLINS	99 SUFFOLK VA	55:23 17:50
WHEELCHAIR RACERS			

* denotes PTC member