

12th Annual TOYS FOR TOTS HOLIDAY 5K & 10K FUN RUNS
 Benefiting the USMCR Toys For Tots Campaign
 Mariners' Museum Park, Newport News, VA
 Thursday, November 25, 2010 8:30 AM
 A Happy Pace Races and Peninsula Track Club Event

5K RESULTS

OVERALL MEN

1	1	BLAINE O'REILLY	22	HAYES VA	16:41	5:22
2	2	CHRIS HAYNES	18	JACKSONVILLE FL	16:54	5:27
3	3	SCOTT BARNACLE	36	FRANKFORT IN	16:54	5:27

OVERALL WOMEN

1	23	CAITLIN DODD	22	SPARTANSBURG SC	19:54	6:25
2	34	LESLIE DUTTON	31	CHARLOTTE NC	21:01	6:46
3	40	EDITH NAULT	22	POQUOSON VA	21:17	6:51

MEN: 11 AND UNDER

1	51	CLINT GAULT	10	POQUOSON VA	21:55	7:04
2	57	WILLIAM W PRILLAMAN	10	NEWPORT NEWS VA	22:07	7:07
3	143	JENSEN MORALES	9	HAMPTON VA	25:07	8:05
4	175	WILLIAM COPELAND	11	NEWPORT NEWS VA	26:26	8:31
5	188	JOHNATHAN LANCASTER	9	NEWPORT NEWS VA	26:47	8:38
6	228	HUNTER SNYDER	10	KILL DEVIL HILLS N	27:35	8:53
7	237	JAMES FIOCCA	10	YORKTOWN VA	27:41	8:55 *
8	389	CAMERON CAUBLE	11	YORKTOWN VA	30:59	9:59
9	431	JACK WEIDMAN	9	SEAFORD VA	32:11	10:22
10	469	JARED GOLDBERG	10	SUFFOLK VA	33:12	10:41
11	577	DEVIN STONE	11	HAMPTON VA	35:52	11:33
12	585	TATE TANGUY	9	YORKTOWN VA	36:03	11:37
13	783	ETHAN ITO	8	NEWPORT NEWS VA	46:53	15:06
14	826	WILLIAM WISNESKI	8	MARIETTA GA	49:29	15:56
15	841	COLLIN HILDRE	8	YORKTOWN VA	50:50	16:22
16	901	COLIN HANSFORD	10	HAYES VA	55:26	17:51
17	906	SPENCER JOHNSON	10	POQUOSON VA	55:51	17:59

MEN: 12 - 15

1	10	JOSHUA MESSICK	15	HAMPTON VA	19:12	6:11
2	22	LUKE JOHNSON	15	SMITHFIELD VA	19:53	6:24
3	46	REID WILLIAMS	14	ALEXANDRIA VA	21:41	6:59
4	49	NATHANIEL GETTY	15	SMITHFIELD VA	21:49	7:02
5	52	DAVIEL GERLACH	14	NEWPORT NEWS VA	21:57	7:04
6	53	DAVID VAN	15	HAMPTON VA	21:57	7:04
7	76	MAXWELL WEIDMAN	13	SEAFORD VA	23:01	7:25
8	87	KEVIN MAHAN	14	HAMPTON VA	23:20	7:31
9	88	NATHAN KIMBEL	13	SMITHFIELD VA	23:22	7:32
10	107	JEREMY CARLSON	15	NEWPORT NEWS VA	23:54	7:42
11	136	WILLIAM IRONMONGER	15	DAMERON MD	24:55	8:01
12	138	BRENT ASHLEY	13	SEAFORD VA	24:57	8:02
13	176	NOAH SATCHELL	12	CHESAPEAKE VA	26:28	8:32
14	178	BRADEN MILLER	14	YORKTOWN VA	26:30	8:32
15	179	TYLER ROSE	15	NEWPORT NEWS VA	26:31	8:33
16	200	ZACHARY ROBERTS	13	SMITHFIELD VA	27:00	8:42
17	205	NICHOLAS KURZ	15	YORKTOWN VA	27:07	8:44
18	207	CONNOR SHAPIRO	12	NEWPORT NEWS VA	27:08	8:44
19	213	JOSEPH CIOTTA	14	SPARTANBURG SC	27:19	8:48

20	302	CAMERON MILLER	12	YORKTOWN VA	29:04	9:22
21	307	ETHAN STEWART	14	SMITHFIELD VA	29:11	9:24
22	325	JORDAN CARLSON	15	NEWPORT NEWS VA	29:29	9:30
23	345	MARC WAGONER	14	YORKTOWN VA	29:51	9:37
24	403	LANDON GRAGG	13	PORTSMOUTH VA	31:29	10:08
25	409	ZACH GRIGGS	14	NEWPORT NEWS VA	31:40	10:12
26	430	JONATHAN CARLSON	15	NEWPORT NEWS VA	32:11	10:22
27	490	CHANDLER BURCKBUCHLER	15	SMITHFIELD VA	33:40	10:51
28	534	MARK YOUKER	14	YORKTOWN VA	34:41	11:10
29	592	BEN LAMBERT	13	NEWPORT NEWS VA	36:13	11:40
30	619	HOLDEN KEEGAN	13	NEWPORT NEWS VA	37:03	11:56
31	634	LIAM VAUGHN	15	NEWPORT NEWS VA	37:38	12:07
32	641	WILL SHEETS	12	NEWPORT NEWS VA	37:48	12:10
33	698	BRYAN JOHNSON	13	SUFFOLK VA	40:08	12:55
34	699	JARRID JOHNSON	12	SUFFOLK VA	40:15	12:58
35	716	GRAY LEVINE	14	AUSTIN TX	41:46	13:27
36	986	THOMAS ROBERSON	13	NEWPORT NEWS VA	1:08:30	22:03
MEN: 16 - 19						
1	4	BRIAN GORWITZ	18	YORKTOWN VA	17:14	5:33
2	12	JACOB CLORE	16	YORKTOWN VA	19:33	6:18
3	14	ERIC J GRAVES	19	YORKTOWN VA	19:36	6:19
4	18	DAVID GERLACH	18	NEWPORT NEWS VA	19:45	6:22
5	21	CONNOR MAHAN	16	HAMPTON VA	19:52	6:24
6	26	BENJAMIN HOPPE	19	YORKTOWN VA	20:23	6:34
7	70	JASON ATKINSON	16	SUFFOLK VA	22:52	7:22
8	80	ADAM FARRELL	19	TROY NY	23:11	7:28
9	81	PAUL TYLER	19	YORKTOWN VA	23:11	7:28
10	84	CASMIR WAGNER	17	CRYSTAL BEACH MD	23:16	7:30
11	100	DANNY LOFTUS	18	NEWPORT NEWS VA	23:46	7:39
12	103	RYAN TYLER	19	YORKTOWN VA	23:49	7:40
13	110	JAMES CLIFTON	18	NEWPORT NEWS VA	24:01	7:44
14	111	EDWIN NIEVES	18	YORKTOWN VA	24:02	7:45
15	120	BRIAN GRIFFITH	19	NEWPORT NEWS VA	24:19	7:50
16	124	VINH NGUYEN	18	FAIRFAX VA	24:31	7:54
17	130	ANDY INGELL	18	NEWPORT NEWS VA	24:43	7:58
18	134	SEAN WILLIAMS	18	VA	24:51	8:00
19	145	BEN WEATHERFORD	17	BOWIE MD	25:12	8:07
20	184	MICHAEL TRUJILLO	18	YORKTOWN VA	26:44	8:37 *
21	191	HUNTER BAILEY	16	YORKTOWN VA	26:52	8:39
22	192	CHRISTOPHER ROTH	16	YORKTOWN VA	26:53	8:39
23	193	LUCAS NADEAU	17	NEWPORT NEWS VA	26:54	8:40
24	199	MICHAEL BALUR	16	NEWPORT NEWS VA	26:59	8:42
25	209	PATRICK DEVEREUX	18	NEWPORT NEWS VA	27:14	8:46
26	229	BOBBY JONES	16	YORKTOWN VA	27:35	8:53
27	257	ANDREW CAVE	17	HAMPTON VA	28:06	9:03
28	361	SIMEON CONLEY	18	IVOR VA	30:18	9:46
29	468	CODY MOORE	18	YORKTOWN VA	33:12	10:41
30	538	ERIC LUNDGREN	16	HAMPTON VA	34:49	11:13 *
31	584	THOMAS PARNELL	19	HAMPTON VA	36:02	11:36
32	665	TYLER MELTON	18	POQUOSON VA	38:57	12:33
33	788	HARRISON MAYNARD	18	YORKTOWN VA	47:15	15:13
34	921	GRAHAM YOUNG	16	YORKTOWN VA	56:46	18:16
35	953	MICHAEL FAUNTLEROY	17	CARROLLTON VA	1:00:24	19:27
36	974	BEN ENGEL-STREICH	17	NEW YORK NY	1:05:54	21:13
MEN: 20 - 24						
1	7	LARS TROUTMAN	24	CHARLOTTESVILLE VA	18:56	6:06
2	8	JAMES WATKINS	20	VIRGINIA BEACH VA	19:03	6:08

3	11	MAX BUGOS	20	POQUOSON VA	19:27	6:16	*
4	19	CODY BORDEN	20	NEWPORT NEWS VA	19:46	6:22	
5	20	GALEN STAATS	23	NORFOLK VA	19:50	6:23	
6	27	BEN STAATS	23	COLUMBUS GA	20:26	6:35	
7	28	ANDY A CHRISTOL	22	NEWPORT NEWS VA	20:37	6:38	*
8	31	ZACHARY S BUGOS	21	POQUOSON VA	20:58	6:45	*
9	36	TED IMBERY	24	YORKTOWN VA	21:10	6:49	*
10	38	SCOTT STUARD	20	NEWPORT NEWS VA	21:11	6:49	
11	50	ALLAN WAECHTER	20	RADFORD VA	21:53	7:03	
12	62	JAMIESON DODGE	23	HAMPTON VA	22:31	7:15	
13	63	JOEY SEAL	24	HAMPTON VA	22:35	7:17	
14	64	GEOFF TRIMBLE	24	NEWPORT NEWS VA	22:36	7:17	
15	68	KYLE CECIL	22	NEWPORT NEWS VA	22:45	7:20	
16	73	BEN INGELL	22	NEWPORT NEWS VA	22:56	7:23	
17	94	KEVIN SHEA II	20	HAMILTON VA	23:30	7:34	
18	97	BRIAN R FRIES	22	NEWPORT NEWS VA	23:33	7:35	
19	102	AARON KIRK	22	RALEIGH NC	23:47	7:40	
20	106	PASCAL BAUMELER	21	NEWPORT NEWS VA	23:54	7:42	
21	108	PATRICK TRIMBLE	22	NEWPORT NEWS VA	23:57	7:43	
22	109	RANDY WARD	24	NEWPORT NEWS VA	24:01	7:44	
23	115	DAVID BONNEWELL	20	NORFOLK VA	24:09	7:47	
24	131	NADER AMER	23	YORKTOWN VA	24:47	7:59	
25	154	NIKOLAS SCHUELER	21	LANGLEY AFB VA	25:39	8:16	
26	162	TOM LANE III	22	YORKTOWN VA	26:00	8:23	*
27	182	DANIEL SAGE	22	NEWPORT NEWS VA	26:38	8:35	
28	183	JOHN IRONMONGER	21	DAMERON MD	26:41	8:36	
29	185	PETER HERBERT	21	WILLIAMSBURG VA	26:45	8:37	
30	195	ANTHONY TRUJILLO	20	YORKTOWN VA	26:56	8:40	*
31	196	BEN BRICKER	21	NEWPORT NEWS VA	26:57	8:41	*
32	204	JAMES FREENEY	24	POQUOSON VA	27:06	8:44	
33	218	MITCHELL BENT	24	YORKTOWN VA	27:24	8:50	
34	235	MICHAEL MAIO	23	NEWPORT NEWS VA	27:40	8:55	
35	248	KENNY ELLIOT	20	LANEXA VA	27:53	8:59	
36	304	DEVIN BORDEN	21	NEWPORT NEWS VA	29:06	9:22	
37	339	CHARLES GOODSON	21	NEWPORT NEWS VA	29:44	9:34	
38	351	PARKER KRUG	21	YORKTOWN VA	30:04	9:41	
39	411	GABRIEL ROMERO	24	YORKTOWN VA	31:44	10:13	
40	438	STEPHEN OVIDE	23	NEWPORT NEWS VA	32:24	10:26	
41	439	GRAHAM COSTA	21	NEWPORT NEWS VA	32:25	10:26	
42	450	TRIPP GRESHAM	20	NEWPORT NEWS VA	32:45	10:33	
43	539	CHRIS MIDDLEBROOKS	23	VIRGINIA BEACH VA	34:52	11:14	
44	594	ALEX SCHRODER	20	NEWPORT NEWS VA	36:19	11:42	
45	604	MATTHEW MCGUIRK	20	CHARLESTON SC	36:34	11:47	
46	714	MICHAEL TOLGYESI	23	WILLIAMSBURG VA	41:42	13:25	
47	775	SHAWN KELLEY	24	RICHMOND VA	46:05	14:50	
48	969	MATTHEW GARRETT	23	HAMPTON VA	1:04:58	20:55	
MEN: 25 - 29							
1	5	BRANDEN PALMER	29	NEWPORT NEWS VA	18:24	5:56	
2	16	DANNY HERNANDEZ	27	ALEXANDRIA VA	19:42	6:21	
3	37	JAMES CONNORS	27	YORKTOWN VA	21:10	6:49	
4	41	BRIAN BARNES	27	RICHMOND VA	21:18	6:52	
5	48	BRANDON CECIL	28	PASADENA CA	21:43	7:00	
6	56	NATHAN CECIL	25	LOUISVILLE KY	22:06	7:07	
7	71	ISAAC DESIR	29	NORFOLK VA	22:54	7:22	
8	82	MIKE HUDDLESTON	28	NEWPORT NEWS VA	23:14	7:29	
9	85	JASON REED	28	RALEIGH NC	23:16	7:30	
10	86	GREG LEKAVICH	29	GASTONIA NC	23:18	7:30	

11	112	JUSTIN GWILT	27	CHARLOTTESVILLE VA	24:06	7:46
12	132	ADAM HENRY	28	YORKTOWN VA	24:49	8:00
13	133	GRANT DODGE	26	HAMPTON VA	24:50	8:00
14	158	JAMES SWEARINGEN	27	HAMPTON VA	25:49	8:19
15	194	RYAN ALLEN	27	HAMPTON VA	26:55	8:40
16	210	MICHAEL MCFARLANE	29	YORKTOWN VA	27:16	8:47
17	223	BEN BARNES	29	MANASSAS PARK VA	27:31	8:52
18	224	WALTER WILLIAMS JR	28	HAMPTON VA	27:32	8:52
19	267	CHRIS RAMSEY	29	NEWPORT NEWS VA	28:21	9:08
20	314	PATRICK MINTER	29	NEWPORT NEWS VA	29:18	9:26
21	316	DANIEL NOLAN	25	CHICAGO IL	29:19	9:26
22	319	BRIAN SHIELDS	25	POQUOSON VA	29:21	9:27
23	327	ERNEST ANDERSON	29	CARROLLTON VA	29:30	9:30
24	373	MATTHEW TAVELLI	29	NEWPORT NEWS VA	30:32	9:50
25	397	COBY FELTNER	26	NEWPORT NEWS VA	31:10	10:02
26	417	MICHAEL BURDETTE	28	HAMPTON VA	31:59	10:18
27	451	JONATHAN SHEPHERD	28	HAMPTON VA	32:46	10:33
28	467	ERIC WILLIE	26	HAMPTON VA	33:11	10:41
29	483	CHRISTOPHER BROWN	26	SUFFOLK VA	33:36	10:49
30	494	RYAB CERE	27	HAMPTON VA	33:43	10:52
31	516	JASON ANTONUCCI	29	NORFOLK VA	34:11	11:01
32	557	EMERSON BOYER	25	HAMPTON VA	35:21	11:23
33	581	CRAIG RUHL	29	SEAFORD VA	35:57	11:35
34	609	CHARLES JACKSON	27	NEWPORT NEWS VA	36:43	11:49
35	626	CHRISTOPHER WATSON	28	NEWPORT NEWS VA	37:21	12:02
36	644	MATTHEW ANDREWS	28	HAMPTON VA	37:54	12:12
37	658	ANDREW AMBUSH	25	VIRGINIA BEACH VA	38:29	12:24
38	720	PHILLIP PARSON	26	ALEXANDRIA VA	42:12	13:35
39	757	JOSEPH DUMMITT	26	CHICAGO IL	45:07	14:32
40	827	WILLIAM MCGUIRE	26	NEWPORT NEWS VA	49:30	15:56
41	965	LEE LOCKWOOD	28	NEWPORT NEWS VA	1:04:46	20:51
MEN: 30 - 34						
1	6	JIM LANCASTER	33	BALTIMORE MD	18:38	6:00
2	13	BRANDON WOOD	32	NEW YORK NY	19:33	6:18
3	15	MIKE STOHLER	31	NEWPORT NEWS VA	19:39	6:20
4	25	JEFF COLLINS	30	ASHVILLE NC	20:10	6:30
5	30	BYRNE HUDDLESTON	33	NEWPORT NEWS VA	20:53	6:44
6	32	BRENT DUTTON	34	CHARLOTTE NC	21:00	6:46
7	45	MICHAEL TEIXEIRA	33	HAMPTON VA	21:40	6:59
8	89	NICHOLAS CUTKAY	31	HAMPTON VA	23:26	7:33
9	91	ROBERT STAUB	34	NEWPORT NEWS VA	23:27	7:33
10	92	MATTHEW HOUSER	31	HAMPTON VA	23:28	7:34
11	93	ROBERT BROWNING	31	NORFOLK VA	23:29	7:34
12	114	GEORGE DUPUY	33	LURAY VA	24:08	7:46
13	152	KARL WIRSING	30	WASHINGTON DC	25:36	8:15
14	212	CORY HICKS	33	ALEXANDRIA VA	27:18	8:48
15	269	MARK BRADLEY	33	BURKE VA	28:23	9:09
16	286	STEPHEN STEWART	31	NORFOLK VA	28:51	9:17
17	289	CHRISTOPHER SANFORD	33	NEWPORT NEWS VA	28:54	9:18 *
18	312	RICK ATLEE	33	WINSTOM SALEM NC	29:15	9:25
19	320	SCOTT JENKINS	31	NEWPORT NEWS VA	29:22	9:27
20	324	SHANE COCHRAN	34	HAMPTON VA	29:28	9:30
21	370	BRAD BARNES	32	TAMPA FL	30:30	9:49
22	371	JASON PRICE	32	CARROLLTON VA	30:31	9:50
23	436	JORGE BAYONA	31	WASHINGTON DC	32:23	10:26
24	454	ROB SHEPHERD	32	YORKTOWN VA	32:50	10:34
25	459	TONY BILLUPS	32	NORFOLK VA	32:57	10:37

26	485	ANDREW TURNER	32	HAMPTON VA	33:37	10:50
27	520	TOMO MIYAKE	31	NEWPORT NEWS VA	34:20	11:03
28	537	ANDREW LEE	33	YORKTOWN VA	34:46	11:12
29	567	SHERWOOD BOWDITCH	34	HAMPTON VA	35:39	11:29
30	573	DOUG WEBB	34	CHICAGO IL	35:45	11:31
31	580	JOE ELDRIDGE	30	GLOUCESTER VA	35:57	11:34
32	639	DEAN MILNE	34	WOODBIDGE VA	37:47	12:10
33	717	JAMES ZAROS	30	NEWPORT NEWS VA	41:56	13:30
34	745	JASON COOK	34	VIRGINIA BEACH VA	44:13	14:14
35	776	RODNEY TAYLOR	34	YORKTOWN VA	46:06	14:51
36	877	NICHOLAS PITTINGER	31	MECHANICSVILLE VA	53:52	17:21
37	887	MICHAEL MOATS	31	NEWPORT NEWS VA	54:51	17:40
38	915	STEVEN CLARK	30	LYNCHBURG VA	56:31	18:12
39	949	SHAWN MITCHELL	32	HAMPTON VA	1:00:03	19:20
40	968	JUSTIN CONWAY	31	WASHINGTON DC	1:04:56	20:54
MEN: 35 - 39						
1	17	TREY POWELL	38	COLUMBIA SC	19:44	6:21
2	67	RANDY SABIN	39	NEWPORT NEWS VA	22:42	7:19 *
3	78	MARK WILHELM	39	HAMPTON VA	23:02	7:25
4	105	ANDREW VAN DEREN	38	RICHMOND VA	23:51	7:41
5	144	WAYNE NITZSCHNER	37	YORKTOWN VA	25:08	8:06
6	150	NATHAN GINGRAS	35	RICHMOND VA	25:28	8:12
7	160	CHAD HICKS	37	ASHBURN VA	25:55	8:21
8	221	CHRISTOPHER SIEVERS	38	POQUOSON VA	27:30	8:51
9	242	PAUL GARDIN	36	HAMPTON VA	27:47	8:57
10	262	WALT MICHALCZIK	38	NEWPORT NEWS VA	28:13	9:05
11	264	JEFFREY BILODEAU	38	YORKTOWN VA	28:17	9:07
12	287	PATRICK WHANG	36	LORTON VA	28:52	9:18
13	356	PETER MCKENNEY	35	POTTSTOWN PA	30:13	9:44
14	381	WILLIAM KETTERMAN	37	HAMPTON VA	30:46	9:55 *
15	415	JOSHUA MCGEE	38	YORKTOWN VA	31:52	10:16
16	442	MATTHEW JOHNSON	39	YORKTOWN VA	32:31	10:28
17	500	RUSSELL PUGH	37	HAMPTON VA	33:50	10:54
18	515	JOSEPH THIES	37	NORFOLK VA	34:11	11:00
19	606	ADRIAN DERYDER	35	SUFFOLK VA	36:37	11:47
20	682	ERIC MASSON	36	YORKTOWN VA	39:25	12:42
21	726	JAMES MARTIN	35	CHESAPEAKE VA	42:54	13:49
22	738	WAYNE LINEBURG	36	MIDLOTHIAN VA	43:46	14:06
23	753	AUSTIN HOOD	39	YORKTOWN VA	44:39	14:23
24	785	JUSTIN OLEKSY	35	WILLIAMSBURG VA	47:01	15:08
25	853	JAMES SAARIKKO	38	SUFFOLK VA	51:38	16:37 *
26	867	JOEY SMITH	38	YORKTOWN VA	53:23	17:11
27	883	ROB CLANIN	38	NEWPORT NEWS VA	54:19	17:29
28	918	STEVEN GAMBIL	36	NEWPORT NEWS VA	56:41	18:15
29	985	HEATH SCOTT	36	NEWPORT NEWS VA	1:08:27	22:02
MEN: 40 - 44						
1	9	ERIC DAVIS	42	EDISON NJ	19:06	6:09
2	33	SCOTT R KUHNLE	42	YORKTOWN VA	21:00	6:46
3	39	FRED LINDSAY	41	SMITHFIELD VA	21:12	6:50
4	42	MICHAEL MILNER	41	MANASSAS VA	21:21	6:53
5	58	JOSEPH ROTH	44	YORKTOWN VA	22:14	7:10
6	72	SEAN HANSEN	40	SEAFORD VA	22:55	7:23 *
7	77	ELISEO HERNANDEZ IV	41	CHESAPEAKE VA	23:01	7:25
8	79	KEVIN SCHINDEL	41	GLEN ALLEN VA	23:05	7:26
9	96	REID STOCKDILL	43	YORKTOWN VA	23:32	7:35
10	122	RICK DAVENPORT	40	YORKTOWN VA	24:23	7:51 *
11	142	MARTIN ERWIN	41	WILLIAMSBURG VA	25:01	8:03

12	164	STEVE GOLDBERG	40	SUFFOLK VA	26:03	8:23
13	168	JONATHAN KEYES	40	WILLIAMSBURG VA	26:08	8:25
14	169	TODD LANNING	41	HAMPTON VA	26:08	8:25
15	189	TRAVIS WILLIFORD	40	SUFFOLK VA	26:48	8:38
16	201	GEOFFREY STANTON	41	SMITHFIELD VA	27:03	8:43
17	246	MARVA HANSEN	44	SEAFORD VA	27:52	8:58 *
18	250	TROY DYE	41	YORKTOWN VA	27:54	8:59
19	254	JIM SNYDER	43	KILL DEVIL HILLS N	28:00	9:01
20	256	LARRY O'BRYAN	43	NEWPORT NEWS VA	28:03	9:02
21	275	RICK ESCANDON	40	CARROLLTON VA	28:37	9:13
22	278	CARL POE	44	DURHAM NC	28:39	9:14
23	282	JOSEPH VAN	43	HAMPTON VA	28:42	9:15
24	315	GARY HAIGH	41	NEWPORT NEWS VA	29:18	9:26
25	360	BRIAN GRIGGS	43	NEWPORT NEWS VA	30:18	9:45 *
26	362	JASEN JACOBSEN	41	NEWPORT NEWS VA	30:19	9:46
27	398	DOUGLAS SATCHELL	42	CHESAPEAKE VA	31:10	10:02
28	404	RON SIMS	40	YORKTOWN VA	31:30	10:09
29	408	CHANCE PRICE	42	HAMPTON VA	31:36	10:11
30	421	MICHAEL SORRENTINO	41	YORKTOWN VA	32:01	10:19
31	433	JEFF PURDY	42	LANGLEY AFB VA	32:13	10:23
32	435	KURT WEIDMAN	44	SEAFORD VA	32:16	10:24
33	443	SCOTT KUGLIN	40	NEWPORT NEWS VA	32:33	10:29
34	471	CARL ABLUQUERQUE	43	YORKTOWN VA	33:15	10:42
35	503	GREG PARSONS	40	WINDSOR VA	33:52	10:54 *
36	549	MARK COCKERHAM	43	HAYES VA	35:08	11:19
37	564	BRIAN HARRIS	41	SMITHFIELD VA	35:28	11:25
38	614	JAMES HEPP	43	PORTSMOUTH VA	36:52	11:52
39	618	ERIC PURYEAR	41	WILMINGTON NC	36:58	11:54
40	631	BRAD LUNDGREN	43	HAMPTON VA	37:30	12:05 *
41	655	KEITH HARRIS	44	NEWPORT NEWS VA	38:16	12:19
42	656	TARRENCE WATFORD	40	CHESAPEAKE VA	38:16	12:19
43	695	FRANK TIFFANY	40	HAMPTON VA	40:00	12:53
44	768	MICHAEL HILL	40	NEWPORT NEWS VA	45:40	14:42
45	863	DANIEL SMITH	44	NEWPORT NEWS VA	53:04	17:05 *
46	902	STEPHEN HANSFORD	40	HAYES VA	55:27	17:51
47	943	BILL MILES	42	NEWPORT NEWS VA	59:22	19:07
48	987	JOE KENNEDY	40	NEWPORT NEWS VA	1:08:32	22:04
MEN: 45 - 49						
1	24	GEORGE FISCELLA	48	NEWPORT NEWS VA	20:00	6:27 *
2	29	MARK G HOLLINGSWORTH	48	HAMPTON VA	20:51	6:43 *
3	43	JOE GARRITY	47	HAMPTON VA	21:27	6:55
4	44	EDWARD WEBSTER	47	CHESAPEAKE VA	21:35	6:57
5	117	DAVID DODD	49	POQUOSON VA	24:14	7:48
6	128	JAMES HARRIS	49	NORFOLK VA	24:40	7:57
7	146	STEVEN CLORE	47	YORKTOWN VA	25:13	8:07
8	149	MARVIN MATHES	46	HAMPTON VA	25:25	8:11
9	165	MARTIN WHEELER	46	HAMPTON VA	26:04	8:24
10	173	MICHAEL SMITH	49	NEWPORT NEWS VA	26:18	8:28
11	177	BILLY MILLS	45	GARFIELD NJ	26:29	8:32
12	198	CHARLES LUCY	46	YORKTOWN VA	26:59	8:41
13	214	CHANDLER CLARK	45	HAMPTON VA	27:19	8:48
14	215	ROB WEBB	47	NEWPORT NEWS VA	27:21	8:49
15	241	ED CHU	49	YORKTOWN VA	27:46	8:57
16	252	STEVE BUGOS	49	POQUOSON VA	27:56	9:00 *
17	253	ROBERT JONES	48	YORKTOWN VA	27:59	9:01
18	255	DAVID CONLEY	48	IVOR VA	28:01	9:01
19	260	KENT WILLIAMS	45	SMITHFIELD VA	28:10	9:04

20	276	ROBERT E TRUJILLO	46	YORKTOWN VA	28:38	9:13	*
21	303	CHRISTOPHER GARRETT	45	NEWPORT NEWS VA	29:06	9:22	
22	308	ROBERT CUMMINGS	45	NEWPORT NEWS VA	29:11	9:24	
23	336	CHUCK ASKIN	48	YORKTOWN VA	29:39	9:33	
24	343	MICHAEL ANGELO	47	POQUOSON VA	29:50	9:36	*
25	347	DANA MACKEY	48	HAMPTON VA	29:54	9:38	
26	376	CRAIG GRIFFITH	48	NORFOLK VA	30:35	9:51	
27	380	JEFFREY W BARLEY	48	NEWPORT NEWS VA	30:44	9:54	
28	455	JARRETT COLLINS	48	NATICK MA	32:52	10:35	
29	462	SEAN KENT	48	NEWPORT NEWS VA	33:02	10:38	
30	463	NED HEROD	49	RICHMOND VA	33:03	10:38	
31	474	MARIEL MONTANE	48	GLOUCESTER POINT V	33:25	10:46	
32	480	JOHN STEWART	46	SMITHFIELD VA	33:35	10:49	
33	510	TOM KEEGAN	47	NEWPORT NEWS VA	34:03	10:58	
34	518	BENNY LEBON	49	NORFOLK VA	34:14	11:01	
35	548	ERIC FEE	47	NORFOLK VA	35:05	11:18	
36	605	HOWARD SIMMONS	48	NORFOLK VA	36:36	11:47	
37	630	STACY WAGONER	46	YORKTOWN VA	37:29	12:04	
38	662	STANLEY WILSON	47	APEX NC	38:43	12:28	
39	676	GUY LEVY	48	NEWPORT NEWS VA	39:13	12:38	
40	715	MARK KASPER	49	HAMPTON VA	41:43	13:26	
41	740	ROBERT GERLACH	46	NEWPORT NEWS VA	43:52	14:07	
42	760	MARK MADLER	46	NEWPORT NEWS VA	45:24	14:37	
43	780	BART NADEAU	47	NEWPORT NEWS VA	46:30	14:58	
44	791	WILLIAM KELSO	45	YORKTOWN VA	47:32	15:18	
45	891	RICHARD GETTY	47	SMITHFIELD VA	54:56	17:41	
46	972	MICHAEL TILLEM	48	GLEN ALLEN VA	1:05:40	21:09	
MEN: 50 - 54							
1	35	TOM SULLIVAN	51	SMITHFIELD VA	21:07	6:48	
2	59	KEVIN SHEA	52	HAMILTON VA	22:18	7:11	
3	74	DICKIE SPENCER	53	NEWPORT NEWS VA	22:57	7:24	
4	83	JOHN A TARTALA	51	NEWPORT NEWS VA	23:15	7:29	
5	119	DONALD HAMADYK	51	NEWPORT NEWS VA	24:18	7:50	*
6	135	KENNETH STICE	52	FT MONROE VA	24:53	8:01	
7	147	BRETT WILLIAMS	51	VA	25:16	8:08	
8	157	MICHAEL CROSS	52	YORKTOWN VA	25:47	8:18	
9	186	ANTHONY KRAZ	53	YORKTOWN VA	26:46	8:37	
10	187	WILLIAM MILNE	54	YORKTOWN VA	26:46	8:37	
11	190	CARLOS LICEAGA	52	NEWPORT NEWS VA	26:50	8:38	*
12	208	MICHAEL POWELL	53	YORKTOWN VA	27:13	8:46	
13	217	ROBERT FRIES	53	NEWPORT NEWS VA	27:23	8:49	
14	225	DONALD ROWE	54	YORKTOWN VA	27:32	8:52	
15	238	DAVE INGELL	52	NEWPORT NEWS VA	27:43	8:56	
16	247	DANIEL R MASON	51	NEWPORT NEWS VA	27:52	8:59	*
17	274	RODNEY FLINT	52	YORKTOWN VA	28:35	9:12	
18	372	JOSEPH A MOORE	53	NEWPORT NEWS VA	30:31	9:50	*
19	374	BRIAN MURPHY	53	NEWPORT NEWS VA	30:33	9:50	
20	379	GARY BONNEWELL	53	NORFOLK VA	30:43	9:54	
21	412	CHRIS LINDEMANN	53	NEWPORT NEWS VA	31:46	10:14	
22	420	JAMES WEATHERFORD	52	BOWIE MD	32:00	10:18	
23	426	KEN BRICKER	53	NEWPORT NEWS VA	32:05	10:20	*
24	458	IAN FARRELL	51	TROY NY	32:54	10:36	
25	499	JOHN R GALLO	54	NEWPORT NEWS VA	33:48	10:53	*
26	508	WILLIAM FISHER	50	ARLINGTON VA	33:59	10:57	
27	527	KEN YOUNG	50	YORKTOWN VA	34:29	11:06	
28	528	DAVE YOUKER	53	YORKTOWN VA	34:29	11:06	
29	546	KARL S MORRISETTE	54	PORTSMOUTH VA	34:58	11:16	

30	730 MARK RICCIO	52 YORKTOWN VA	43:02	13:51
31	752 WALTER CECIL	51 NEWPORT NEWS VA	44:38	14:22
32	784 MARK ITO	51 NEWPORT NEWS VA	46:59	15:08
33	789 ROBERT MAYNARD	54 YORKTOWN VA	47:19	15:14
34	811 RENEE ITO	51 NEWPORT NEWS VA	48:26	15:36
35	817 KEVIN KILBURN	54 YORKTOWN VA	48:58	15:46
36	831 CLIFTON STOWE	50 NORFOLK VA	49:58	16:05
37	903 JAMES SEGALL	54 POQUOSON VA	55:28	17:52
38	905 ROBERT JOHNSON	54 LOVELAND OH	55:49	17:58
39	929 GARY THOMAS	50 NEWPORT NEWS VA	58:13	18:45
40	947 HERBERT WILLIAMS	53 WILLIAMSBURG VA	59:56	19:18
41	970 SCOTT GARRETT	52 HAMPTON VA	1:04:58	20:55
MEN: 55 - 59				
1	95 RUBEN A NIEVES	58 NEWPORT NEWS VA	23:31	7:35
2	121 MARK LAWSON	56 CHESAPEAKE VA	24:22	7:51
3	126 TOM HARRINGTON	57 CHESAPEAKE VA	24:37	7:56
4	161 DAVID M SYRETT	56 NEWPORT NEWS VA	25:56	8:21
5	166 AL A MONTALVO	55 YORKTOWN VA	26:05	8:24 *
6	220 WILLIAM T HODGES	57 YORKTOWN VA	27:26	8:50 *
7	244 GEORGE JACOBS	57 NEWPORT NEWS VA	27:49	8:58
8	259 WARREN DEAL	58 GLOUCESTER VA	28:10	9:04
9	309 MIKE TRIMBLE	56 DERBY CT	29:11	9:24
10	310 CURT KLOMAN	56 NEWPORT NEWS VA	29:12	9:24
11	321 PHIL CASEY	59 NEWPORT NEWS VA	29:22	9:28
12	388 KEN BARNES	58 YORKTOWN VA	30:55	9:57
13	399 BEN DIVITO	58 YORKTOWN VA	31:12	10:03
14	456 DAVID BRINKER	56 NEWPORT NEWS VA	32:53	10:35
15	460 PETER M NAVIN	56 HAMPTON VA	33:01	10:38 *
16	572 CHUCK GWILT	55 YORKTOWN VA	35:43	11:30
17	586 TIM LEIGHTON	58 HAMPTON VA	36:04	11:37
18	598 WALLY BOLGER	57 YORKTOWN VA	36:23	11:43 *
19	615 RAY SEITZ	57 CINCINNATI OH	36:53	11:53
20	616 SCOTT STOLLDORF	58 YORKTOWN VA	36:56	11:53
21	673 RAYMOND FERRARA	57 NEWPORT NEWS VA	39:06	12:35
22	731 JAKE COLLIER	57 VIRGINIA BEACH VA	43:13	13:55
23	741 CHIP WATSON	56 NEWPORT NEWS VA	44:03	14:11
24	769 DAVID TURNER	55 NEWPORT NEWS VA	45:45	14:44
25	797 MICHAEL ROLLA	55 HAMPTON VA	47:50	15:24
26	815 PETE SOMMER	55 NEWPORT NEWS VA	48:35	15:38
27	830 ED NOLAN	56 WHEELING WV	49:56	16:05
28	835 RICHARD VAUGHN	59 POQUOSON VA	50:16	16:11
29	874 WILLIE HORTON	57 NEWPORT NEWS VA	53:49	17:20
30	898 KEVIN MEYERS	56 PORTSMOUTH VA	55:04	17:44
31	904 RICH MASCHAK	57 POQUOSON VA	55:47	17:58
32	913 JAMES CLARK	55 HAMPTON VA	56:29	18:11
MEN: 60 - 64				
1	47 JIM CHRISTOL	63 YORKTOWN VA	21:41	6:59 *
2	65 STEVEN BOOKBINDER	61 NEWPORT NEWS VA	22:37	7:17
3	90 JOSEPH L VERDIRAME	61 SUFFOLK VA	23:27	7:33 *
4	243 ANDREW MEDVEC	60 HAMPTON VA	27:49	8:57 *
5	245 JOE EVANS	61 NEWPORT NEWS VA	27:50	8:58
6	297 GEORGE G CORNWELL	64 NEWPORT NEWS VA	28:59	9:20
7	366 BILL SHIELDS	63 POQUOSON VA	30:25	9:48
8	405 EDWARD MERZ	63 HAYES VA	31:31	10:09
9	525 TOM LANE JR	62 YORKTOWN VA	34:27	11:06 *
10	563 CHARLES S HOPKINS JR	62 HAMPTON VA	35:25	11:24
11	617 ALLAN HUMPHREY	63 NEWPORT NEWS VA	36:56	11:54

12	703 JOHN ADAMS	62 HAMPTON VA	40:29	13:02
13	802 MIKE DUMMITT	60 CHAMPAIGN IL	47:57	15:26
14	820 BILL AMES	62 HAMPTON VA	49:14	15:51
15	885 DENNIS HUMPHREYS	64 RICHMOND VA	54:44	17:37
16	886 TOM HUDDLESTON	62 NEWPORT NEWS VA	54:50	17:39
17	894 GLENN FORD	62 MIDLOTHIAN VA	55:00	17:43
18	895 TOM TRAGLE	63 YORKTOWN VA	55:01	17:43
19	909 TERRY ZUIKER	60 CHEYENNE WY	55:58	18:01
20	975 TOM HAYS	64 YORKTOWN VA	1:06:11	21:18
MEN: 65 - 69				
1	251 CLINT PAGE	66 NEWPORT NEWS VA	27:55	9:00
2	447 CYRUS HASSAN	69 YORKTOWN VA	32:41	10:32
3	742 DAVE SCHINDEL	68 YORKTOWN VA	44:04	14:11
4	763 JOHN A CORK	66 CARROLLTON VA	45:34	14:40 *
5	821 ROBERT ROADARMEL	68 YORKTOWN VA	49:17	15:52
6	932 FRANK SATCHELL	66 CHESAPEAKE VA	58:35	18:52
7	963 JOHN STOBIEFSKI	67 NEWPORT NEWS VA	1:04:45	20:51
MEN: 70 AND OVER				
1	750 JOHN S MECKLEY	79 NEWPORT NEWS VA	44:23	14:17 *
2	852 SIDNEY FINK	83 HAMPTON VA	51:35	16:36
3	880 JOHN NORTHRUP	70 LANCASTER PA	53:54	17:21
4	919 STEVE MILNER	70 YORKTOWN VA	56:43	18:16
5	925 BOBBY GRIFFITH	75 HAMPTON VA	57:33	18:32
6	958 MAYER LEVY	78 SEAFORD VA	1:03:42	20:30 *
WOMEN: 11 AND UNDER				
1	75 SYDNEY BLOWE	10 NEWPORT NEWS VA	22:59	7:24
2	170 JACI MILLS	11 GARFIELD NJ	26:10	8:26
3	505 NATALIE KINNAMON	11 PENNINGTON NJ	33:54	10:55
4	681 MOLLY MASSON	6 YORKTOWN VA	39:21	12:40
5	748 MORGAN GREY	10 DACULA GA	44:21	14:17
6	759 LAURA MADLER	9 NEWPORT NEWS VA	45:14	14:34
7	800 NATALIE GNIK	11 NEWPORT NEWS VA	47:56	15:26
8	845 LUCY MILLER	7 YORKTOWN VA	51:14	16:30
9	849 KATE WISNESKI	6 MARIETTA GA	51:19	16:31
10	855 TIA LIVINGSTON	11 PISCATAWAY NJ	51:41	16:38
11	865 EMILY SMITH	10 YORKTOWN VA	53:21	17:10
12	866 LINDSAY SMITH	6 YORKTOWN VA	53:22	17:11
13	935 SABRINA LEE MILES	7 NEWPORT NEWS VA	58:48	18:56
14	980 EMILY KELSO	11 YORKTOWN VA	1:06:21	21:22
WOMEN: 12 - 15				
1	60 RISA GRANDON	15 YORKTOWN VA	22:20	7:12
2	69 REBECCA HOPPE	15 YORKTOWN VA	22:49	7:21
3	129 MACKENZIE JOHNSON	14 POQUOSON VA	24:41	7:57
4	156 KARA ENOCH	13 YORKTOWN VA	25:44	8:17
5	163 MADI GOLDBERG	12 SUFFOLK VA	26:02	8:23
6	203 MADISON JOHNSON	12 POQUOSON VA	27:05	8:44
7	206 ANNA WEBB	15 NEWPORT NEWS VA	27:07	8:44
8	233 GRACE PRILLAMAN	13 NEWPORT NEWS VA	27:39	8:54
9	355 CIERRA GRISSON	15 NEWPORT NEWS VA	30:10	9:43
10	386 DARRIEN CAWTHON	15 NEWPORT NEWS VA	30:54	9:57
11	396 MEREDITH YOUNG	14 YORKTOWN VA	31:10	10:02
12	441 MEREDITH JOHNSON	13 YORKTOWN VA	32:30	10:28
13	444 VICTORIA COLLINS	14 NATICK MA	32:38	10:31
14	457 MADISON ROSE	13 NEWPORT NEWS VA	32:54	10:36
15	562 HARLEY OWEN	14 NEWPORT NEWS VA	35:25	11:24
16	595 ELISABETH POWELL	12 NEWPORT NEWS VA	36:20	11:42

17	650 LEAH ASKIN	13 YORKTOWN VA	38:11	12:18
18	668 REBECCA ASKIN	15 YORKTOWN VA	39:03	12:34
19	670 PARIS WILSON	12 APEX NC	39:04	12:35
20	674 CLARE LEVY	15 NEWPORT NEWS VA	39:10	12:37
21	689 LAUREL CUMMINGS	15 NEWPORT NEWS VA	39:43	12:47
22	711 LINDSAY CAUBLE	13 YORKTOWN VA	40:50	13:09
23	733 ANNE ROWE	15 YORKTOWN VA	43:25	13:59
24	801 CASSIDY MCKELVIE	12 NEWPORT NEWS VA	47:56	15:26
25	818 MAIA SEMMES	12 NEWPORT NEWS VA	49:07	15:49
26	842 SAVANNAH HILDRE	12 YORKTOWN VA	50:52	16:23
27	848 GILLIAN FITZGERALD	12 SUFFOLK VA	51:17	16:31
28	861 ASHLEY HILL	14 NEWPORT NEWS VA	52:59	17:04
29	873 SELINA NADEAU	15 NEWPORT NEWS VA	53:40	17:17
30	933 COURTNEY SATCHELL	15 CHESAPEAKE VA	58:36	18:52
31	951 DENI ROACH	12 CARROLLTON VA	1:00:04	19:20
32	956 MADDIE JOHNSON	15 YORKTOWN VA	1:02:42	20:11
33	957 FRANKIE LEVY	13 NEWPORT NEWS VA	1:02:43	20:12
WOMEN: 16 - 19				
1	54 COLLEEN THOM	18 YORKTOWN VA	21:58	7:05
2	99 MARLENE LICHTY	18 CHESAPEAKE VA	23:41	7:38
3	153 KATHRINE MLYNCZAK	19 YORKTOWN VA	25:37	8:15
4	174 KRISTIN MLYNCZAK	17 YORKTOWN VA	26:26	8:31
5	180 AMANDA JONES	19 YORKTOWN VA	26:33	8:33
6	181 JENNA NAPIER	17 HAMPTON VA	26:33	8:33
7	216 JESSICA THOMAS	16 NEWPORT NEWS VA	27:22	8:49
8	231 ANDREA ATKINSON	19 SUFFOLK VA	27:37	8:54
9	240 GRACE BALL	19 NEWPORT NEWS VA	27:45	8:56
10	258 KATHRYN GRAVES	18 YORKTOWN VA	28:09	9:04
11	270 GABRIELLE JULIENNE	18 WILLIAMSBURG VA	28:25	9:09 *
12	271 MARINA NANARTOWICH	18 WILLIAMSBURG VA	28:28	9:10
13	281 HANNAH DEVEREUX	16 NEWPORT NEWS VA	28:41	9:14
14	294 AILEEN WOLF	17 SMITHFIELD VA	28:57	9:19
15	295 KATE DESIATNIKOVA	17 FAIRFAX VA	28:57	9:20
16	313 MARGARET P TARTALA	19 NEWPORT NEWS VA	29:17	9:26
17	334 KATE POWELL	16 NEWPORT NEWS VA	29:36	9:32
18	350 PATRICIA LEE	17 NEWPORT NEWS VA	29:59	9:39
19	358 CAILEE HELMICK	19 NEWPORT NEWS VA	30:15	9:44
20	359 HOLLY SHAPIRO	16 NEWPORT NEWS VA	30:17	9:45
21	393 RACHEL ASKIN	18 YORKTOWN VA	31:04	10:00
22	453 HOPE IRONMONGER	17 DAMERON MD	32:48	10:34
23	472 MELANIE MAROTTA	19 WILLIAMSBURG VA	33:17	10:43
24	476 SARAH HENKE	18 BLACKSBURG VA	33:30	10:47
25	481 TAYLOR WINGO	16 NEWPORT NEWS VA	33:35	10:49 *
26	487 HEATHER IMEL	17 YORKTOWN VA	33:39	10:50
27	532 MARIA LEBON	19 NORFOLK VA	34:38	11:09
28	542 AUDREY HOLLINGSWORTH	18 RAPINE VA	34:55	11:15
29	544 KRISTIN MORRISETTE	17 PORTSMOUTH VA	34:56	11:15 *
30	603 MEGHAN MADLER	16 NEWPORT NEWS VA	36:34	11:46
31	611 MARISSA VELAZQUEZ	19 YORKTOWN VA	36:49	11:51
32	625 HEATHER L HINTY	17 YORKTOWN VA	37:19	12:01 *
33	652 LAUREN HARRIS	17 NEWPORT NEWS VA	38:15	12:19
34	671 KALYN CLORE	18 YORKTOWN VA	39:05	12:35
35	685 KATILIN MIDDLEBROOKS	17 VIRGINIA BEACH VA	39:31	12:43
36	713 ALEXANDRA BASHKOFF	17 NEWPORT NEWS VA	41:03	13:13
37	761 MOLLY SEITZ	17 CINCINNATI OH	45:26	14:38
38	796 MEGAN NICKERSON	19 POQUOSON VA	47:48	15:23
39	812 KELLIE FANNING	16 NEWPORT NEWS VA	48:27	15:36

40	824 JULIA VAUGHN	18 POQUOSON VA	49:28	15:56
41	825 MELODY STOWE	16 NORFOLK VA	49:29	15:56
42	837 ARIANA STOWE	19 NORFOLK VA	50:17	16:11
43	983 ALI KELSO	16 YORKTOWN VA	1:08:25	22:02
WOMEN: 20 - 24				
1	61 KATIE SULLIVAN	20 SMITHFIELD VA	22:28	7:14
2	66 ERIN DEAL	24 WILLIAMSBURG VA	22:38	7:18
3	118 EMILY TURBYFILL	23 NEWPORT NEWS VA	24:17	7:49 *
4	125 ALISON WINGO	20 NEWPORT NEWS VA	24:34	7:55 *
5	140 ASHLEIGH TYLER	21 YORKTOWN VA	24:58	8:03
6	211 NHI NGUYEN	23 YORKTOWN VA	27:18	8:48
7	226 KATHERINE TARTALA	22 NEWPORT NEWS VA	27:33	8:52
8	227 ALYSON JACOBS	23 NEWPORT NEWS VA	27:34	8:53
9	232 ASHLEY JONES	22 YORKTOWN VA	27:38	8:54
10	277 ERIKA WOLF	21 SMITHFIELD VA	28:38	9:13
11	280 SERENA MONTALVO	23 BLACKSBURG VA	28:40	9:14
12	284 JULIA DIVITO	24 WINSTON-SALEM NC	28:46	9:16
13	290 ERICKA SCHUELER	20 YORKTOWN VA	28:54	9:19
14	299 ANDREA MUELLER	23 NORFOLK VA	29:00	9:20
15	330 LESLIE AMES	22 HAMPTON VA	29:31	9:30
16	337 JACKIE CASSIDY	22 NORFOLK VA	29:39	9:33
17	354 HELEN CRANE	22 YORKTOWN VA	30:09	9:43
18	368 SARAH KRUG	23 ASTORIA NY	30:26	9:48
19	383 CHELSEA POWELL	20 YORKTOWN VA	30:49	9:55
20	395 LEANNE HENDERSON	24 NEWPORT NEWS VA	31:09	10:02 *
21	406 MIRANDA CANADY	23 YORKTOWN VA	31:32	10:09
22	407 BRIEANNA CANADY	21 YORKTOWN VA	31:35	10:10
23	423 MELYSSA LELONDE	24 HAMPTON VA	32:04	10:19
24	424 ALEXA KARATSIKIS	21 YORKTOWN VA	32:04	10:20
25	425 KATIE GRESHAM	22 NEWPORT NEWS VA	32:05	10:20
26	437 AMY WODZINSKI	22 GREENSBURG PA	32:24	10:26
27	446 HAYLEY HAMADYK	21 NEWPORT NEWS VA	32:39	10:31
28	449 AMANDA PERSONS	21 POQUOSON VA	32:43	10:32
29	452 PAMELA KENDRICK	24 BILOXI MS	32:47	10:33
30	461 KELLI NORTH	22 HAMPTON VA	33:01	10:38
31	488 CAROLINE GOODSON	23 NEWPORT NEWS VA	33:40	10:50
32	498 KIM KORICICH	24 HAMPTON VA	33:46	10:52
33	522 ALLIE POPE	22 NEWPORT NEWS VA	34:22	11:04
34	530 BRANDI SAGE	24 NEWPORT NEWS VA	34:37	11:09
35	540 STEPHANIE MCFALL	23 GLOUCESTER VA	34:53	11:14
36	547 AMANDA BRELSFORD	24 YORKTOWN VA	35:04	11:18
37	559 BONNE BEASLEY	23 ATHENS GA	35:23	11:24
38	566 AMY CECIL	24 PASADENA CA	35:37	11:28
39	569 ALANNA SHEA	21 HAMILTON VA	35:40	11:29
40	574 BRITTANY HICKS	21 HAMPTON VA	35:47	11:31
41	578 LAURA WODZINSKI	21 GREENSBURG PA	35:53	11:33
42	588 JULIANNA PAI	21 HAMPTON VA	36:11	11:39
43	597 JANCY CECIL	23 LOUISVILLE KY	36:21	11:42
44	613 SAMI HOOVER	20 CONWAY SC	36:51	11:52
45	667 KRISTEN L MELTON	22 WINCHESTER VA	38:59	12:33 *
46	672 MEAGAN FARRELL	20 TROY NY	39:05	12:35
47	683 MELISSA THIES	23 HAMPTON VA	39:25	12:42 *
48	697 MEGGIE MCARTHUR	23 NEWPORT NEWS VA	40:03	12:54
49	700 AMANDA HARDY	22 NEWPORT NEWS VA	40:23	13:00
50	704 JESSICA BASHKOFF	23 WALTHAM MA	40:30	13:03
51	707 COLLEEN NEARY	21 WILLIAMSBURG VA	40:44	13:07
52	721 ASHLEIGH CLORE	21 YORKTOWN VA	42:30	13:41

53	735 SARAH ROWE	21 YORKTOWN VA	43:31	14:01
54	739 ANNE WATSON	21 NEWPORT NEWS VA	43:48	14:06
55	771 LESLEY SNYDER	22 BLACKSBURG VA	45:51	14:46
56	857 RENEE MOBLEY	22 SUFFOLK VA	51:48	16:41
57	862 SARA GATES	24 NEWPORT NEWS VA	53:04	17:05
58	875 KELLY HENDERSON	23 NEWPORT NEWS VA	53:51	17:20 *
59	893 LAURA FORD	22 MIDLOTHIAN VA	55:00	17:42
60	908 DAPHNE JOHNSTON	24 NORFOLK VA	55:57	18:01
61	931 LEE YOUKER	23 YORKTOWN VA	58:19	18:47
62	954 SERENA GRANT	20 NEWPORT NEWS VA	1:02:21	20:04
63	967 SALWAH MUGHRABI	20 YORKTOWN VA	1:04:48	20:52
WOMEN: 25 - 29				
1	55 LESLIE SAMPEDRO	28 FT EUSTIS VA	22:02	7:06
2	101 ABBY BERQUIST	28 NORFOLK VA	23:47	7:40
3	116 ELIZABETH STICE	28 FT MONROE VA	24:10	7:47
4	137 STACY KNIGHT	28 ARLINGTON VA	24:56	8:02
5	139 CLAUDIA VERDIRAME	27 SUFFOLK VA	24:57	8:02 *
6	172 ALAINA WINCH	25 YORKTOWN VA	26:17	8:28
7	222 ALICA BURNS	28 MANASSAS PARK VA	27:30	8:52
8	236 ERIN SHARPE	26 LAKE WYLIE SC	27:41	8:55
9	263 RENEE BILODEAU	29 YORKTOWN VA	28:15	9:06
10	272 CARRIE DIGGES-TOLGYESI	28 WILLIAMSBURG VA	28:33	9:12
11	283 PAMELA BRINKER	29 NEWPORT NEWS VA	28:43	9:15
12	285 MORGAN BERRY	29 NEWPORT NEWS VA	28:48	9:17
13	293 ASHLEY KIENLE	26 VA	28:56	9:19
14	323 REBECCA REED	26 RALEIGH NC	29:27	9:29
15	342 ANDREA HOFFMAN	28 NEWPORT NEWS VA	29:49	9:36
16	344 KATHLEEN HALL	29 CHICAGO IL	29:50	9:37
17	364 ASHLEY WHITE	29 POQUOSON VA	30:24	9:47
18	377 JENNIFER LOPEZ	26 HAMPTON VA	30:36	9:51
19	385 ELIZABETH BUTLER	25 SMITHFIELD VA	30:52	9:56
20	394 LAURA DAVIS	28 ASHVILLE NC	31:07	10:01
21	401 ALMA ROCK-YANOCHKO	27 NEWPORT NEWS VA	31:23	10:06
22	416 NICOLE BUCHANAN-HOGGE	29 GLOUCESTER VA	31:57	10:17
23	422 CHRISTINE HURST	28 ARLINGTON VA	32:02	10:19
24	465 CHRISTINA LUGO	27 NORFOLK VA	33:06	10:40
25	482 ERIN ATLEE	26 RICHMOND VA	33:36	10:49
26	484 KRISTIN LOPRESTI	29 DURHAM NC	33:37	10:49
27	486 BRYNNE CERE	27 HAMPTON VA	33:39	10:50
28	489 TIA BENT	26 YORKTOWN VA	33:40	10:50
29	491 EMILY ANTONUCCI	28 NORFOLK VA	33:40	10:51
30	492 JOSEPHINE BAILEY	26 NEWPORT NEWS VA	33:41	10:51
31	502 ANGELA THOMPSON	27 SUFFOLK VA	33:51	10:54
32	523 MORGAN ANDERSON	26 CARROLLTON VA	34:24	11:05
33	536 TIFFANY URBAN	29 NEWPORT NEWS VA	34:45	11:12 *
34	541 HEATHER MCFALL	26 GLOUCESTER VA	34:54	11:14
35	545 ASHELY LAWSON	26 CHESAPEAKE VA	34:58	11:16
36	556 ALEYSHIA FLOOD	25 WILMINGTON DE	35:19	11:22
37	561 DANA GRIZZLE	29 NEWPORT NEWS VA	35:24	11:24
38	568 REBECCA SEMKEN	27 YORKTOWN VA	35:40	11:29
39	575 KIMBERLY LOFTUS	25 VIRGINIA BEACH VA	35:51	11:33
40	582 SARAH MCFARLANE	29 YORKTOWN VA	35:59	11:35
41	590 JENNIFER SUMMERS	28 SURRY VA	36:12	11:40
42	602 JENNIFER REGISTER	26 NEWPORT NEWS VA	36:31	11:45
43	610 ABIGAIL LIPPARD	27 CARROLLTON VA	36:45	11:50
44	620 ELIZABETH PONGRATZ	26 NEWPORT NEWS VA	37:03	11:56
45	623 MARGARET STAGG	26 CARROLLTON VA	37:12	11:59

46	632 CATHERINE MALLET	28 PORTSMOUTH VA	37:33	12:06
47	640 CYNTHIA WATSON	28 NEWPORT NEWS VA	37:48	12:10
48	669 MELISSA MAKOWIEC	27 NEWPORT NEWS VA	39:03	12:35
49	677 KATE MCARTHUR	26 ARLINGTON VA	39:14	12:38
50	678 CANDICE CARPENTER	26 HAMPTON VA	39:19	12:40
51	692 CHRISTINE WAGNER	29 DUMFRIES VA	39:51	12:50
52	694 MEGAN TIMM	28 HAMPTON VA	39:52	12:50
53	702 CINDY WARREN	27 NEWPORT NEWS VA	40:28	13:02
54	705 JESSICA FLORY	27 NEWPORT NEWS VA	40:31	13:03
55	708 CRISTY WILLIS	27 GLOUCESTER VA	40:45	13:07
56	727 LINDSAY STRICKLAND	25 NEWPORT NEWS VA	42:55	13:49
57	732 JENNIFER PIERCE	29 HAMPTON VA	43:25	13:59
58	737 TRACEY LINEBURG	29 MIDLOTHIAN VA	43:45	14:05
59	755 BRITNEY PATTERSON	29 NEWPORT NEWS VA	44:55	14:28
60	770 STEPHANIE SNYDER	25 YORKTOWN VA	45:49	14:45
61	793 NANCY SOMMER	26 NORFOLK VA	47:36	15:20
62	798 MEGAN POPPE	28 HAMPTON VA	47:50	15:24
63	799 REBECCA SIMMONS	27 HAMPTON VA	47:54	15:25
64	813 ASHLEY RUHL	27 SEAFORD VA	48:28	15:36
65	814 SHABNAM KHALILI	27 NEWPORT NEWS VA	48:29	15:37
66	833 ZANDRIA IVY	27 WASHINGTON DC	49:59	16:06
67	846 TERIA WILLIAMS	25 PITTSBURGH PA	51:15	16:30
68	888 SAMANTHA MOATS	25 SILVER SPRING MD	54:52	17:40
69	912 JAMIE MATHES	27 HAMPTON VA	56:26	18:10
70	914 JENNIFER CLARK	25 LYNCHBURG VA	56:31	18:12
71	923 SHANNON PARKER	29 RICHMOND VA	56:49	18:18
72	928 ENJOLI DEGRASSE	29 ALEXANDRIA VA	58:05	18:42
73	934 LAURIE SNYDER	28 YORKTOWN VA	58:37	18:52
74	948 EMILY DUDLEY	29 HAMPTON VA	59:57	19:18
75	960 JENNY CHRISTOL	28 YORKTOWN VA	1:04:32	20:46
76	964 ELISHIA STOBIEFSKI	27 NEWPORT NEWS VA	1:04:45	20:51
77	973 KIMBERLY HAYS	27 RICHMOND VA	1:05:53	21:13
WOMEN: 30 - 34				
1	98 KRISTIN HARMAN	30 RALEIGH NC	23:38	7:37 *
2	123 SHANA HANSEN	33 CARROLLTON VA	24:29	7:53
3	141 JILL TEIXEIRA	32 HAMPTON VA	25:00	8:03
4	148 APRIL FITZGERALD	33 KILL DEVIL HILLS N	25:21	8:10
5	219 CHRISTINA TRAGLE	34 LEESBURG VA	27:26	8:50
6	239 SARAH HUDDLESTON	32 NEWPORT NEWS VA	27:44	8:56
7	279 LAURA POHL	34 WASHINGTON DC	28:39	9:14
8	288 JESSICA BRADLEY	32 BURKE VA	28:53	9:18
9	300 MELISSA STEWART	31 NORFOLK VA	29:02	9:21
10	305 LINDSAY BERRY	33 NEWPORT NEWS VA	29:07	9:23
11	329 LACEY YOHO	32 WOODBRIDGE VA	29:31	9:30
12	369 JEAN HAZELWOOD	34 LYNCHBURG VA	30:28	9:49
13	378 MEGHAN MCKENNEY	31 POTTSTOWN PA	30:43	9:53
14	382 KRISTIE MANNING	31 NEWPORT NEWS VA	30:48	9:55
15	390 MELISSA HICKS	33 ASHBURN VA	31:00	9:59
16	392 ABBEY DUPUY	31 LURAY VA	31:03	10:00
17	434 KELLY WHITLEY	33 WASHINGTON DC	32:16	10:24
18	464 BROOK PITTINGER	31 MECHANICSVILLE VA	33:03	10:39
19	478 HILLARY TAVELLI	30 NEWPORT NEWS VA	33:32	10:48
20	479 MONICA RAMIREZ	31 FORT WORTH TX	33:33	10:48
21	493 AMANDA SERRANO	30 HAMPTON VA	33:43	10:51
22	514 SARAH STOLLDORF	30 RICHMOND VA	34:10	11:00
23	521 HIROMI MIYAKE	30 NEWPORT NEWS VA	34:22	11:04
24	524 SHELBY SCOTT	33 POQUOSON VA	34:26	11:05

25	533	MEAGAN AYERS	30	SMITHFIELD VA	34:40	11:10
26	543	RENEE STRICKLAND	30	NEWPORT NEWS VA	34:55	11:15
27	554	NATALIE BLAKE	32	HAMPTON VA	35:18	11:22
28	560	SHARI STILLEY	32	SMITHFIELD VA	35:24	11:24
29	565	LARISSA NORIEGA	34	WILLIAMSBURG VA	35:33	11:27
30	607	STACEY OLSON	32	HAMPTON VA	36:37	11:48
31	622	JACQUELINE BROWNING	30	NORFOLK VA	37:06	11:57
32	633	HEATHER IRISH	32	GLOUCESTER VA	37:37	12:07
33	636	AMANDA MORELAND	31	HAMPTON VA	37:40	12:08
34	637	JULIA MILNE	34	WOODBIDGE VA	37:41	12:08
35	638	KENDA PRICE	31	CARROLLTON VA	37:42	12:08
36	642	ASHLEIGH ANDREWS	30	HAMPTON VA	37:50	12:11
37	645	ELISE NOLAN	31	PITTSBURGH PA	37:55	12:13
38	651	E SMITH	33	WILLIAMSBURG VA	38:12	12:18
39	659	SARAH FOSTER	30	NEWPORT NEWS VA	38:30	12:24
40	675	KATIE TURNER	30	HAMPTON VA	39:13	12:38
41	690	ANNA WARD	32	MT PLEASANT SC	39:43	12:47
42	691	CHRISTINA SMITH	31	CHICAGO IL	39:48	12:49
43	693	ROBYN GILES	30	NEWPORT NEWS VA	39:52	12:50
44	701	SHARI KHALILI	32	CHARLOTTE NC	40:23	13:00
45	710	SHELBY HEDGEPEETH	30	RICHMOND VA	40:50	13:09
46	756	AMBER HOOD	32	YORKTOWN VA	44:57	14:28
47	758	STEPHANIE SHAW	30	NORFOLK VA	45:08	14:32
48	779	MELISSA ZAROS	31	NEWPORT NEWS VA	46:30	14:58
49	786	JENNIFER MITCHELL	32	HAMPTON VA	47:09	15:11
50	787	TRINA RUPLE	31	NEWPORT NEWS VA	47:10	15:11
51	792	LINDSAY DAVIS	30	HAMPTON VA	47:36	15:19
52	804	ERIN MAGEE	33	NEWPORT NEWS VA	48:10	15:31
53	823	CASEY WILLIAMS	31	VIRGINIA BEACH VA	49:27	15:55
54	878	MEREDITH POWELL	33	ARLINGTON VA	53:53	17:21
55	882	AMANDA CLANIN	30	NEWPORT NEWS VA	53:58	17:23
56	916	JILLISA MILNER	32	MANASSAS VA	56:40	18:15
57	962	KRISTINA CONWAY	31	WASHINGTON DC	1:04:44	20:50
58	977	STEPH BARNES	33	TAMPA FL	1:06:18	21:21
WOMEN: 35 - 39						
1	155	JEANNE D FIOCCA	38	YORKTOWN VA	25:40	8:16 *
2	159	CRYSTAL DAVENPORT	36	YORKTOWN VA	25:54	8:20 *
3	202	PEGGY TODD	36	HAMPTON VA	27:05	8:43
4	230	JENNIFER COOK	39	NEWPORT NEWS VA	27:37	8:54
5	249	AMY LEWIS	39	VA	27:54	8:59
6	266	JENNIFER CORNETTE	39	NEWPORT NEWS VA	28:19	9:07
7	301	CHRISSIE OTT	37	MYRTLE BEACH SC	29:04	9:22
8	317	JEN FICKLEN	38	YORKTOWN VA	29:20	9:27
9	318	PHIL MILLER	37	NEWPORT NEWS VA	29:21	9:27
10	331	JANE MILLER	39	WILLIAMSBURG VA	29:33	9:31
11	335	BECKY CHAPMAN	38	NEWPORT NEWS VA	29:38	9:32
12	357	REBECCA ABSTON	39	POQUOSON VA	30:14	9:44
13	363	KRISTIE HEROD	38	RICHMOND VA	30:21	9:46
14	367	LAURA KETTERMAN	39	HAMPTON VA	30:25	9:48 *
15	384	ROBYN PETROSKEY-POE	36	DURHAM NC	30:50	9:56
16	387	CHRISTA CARPENTER	37	HAMPTON VA	30:54	9:57
17	418	JENNIFER SORRENTINO	38	YORKTOWN VA	31:59	10:18
18	419	MONICA DOUGHERTY	37	LONDON ENGLAND EN	32:00	10:18
19	428	KIMBERLY BRAY	39	NEWPORT NEWS VA	32:07	10:21
20	445	DESIRAE MCCUTCHEN	36	SUFFOLK VA	32:39	10:31
21	466	CARRIE LONGO	38	CARROLLTON VA	33:09	10:40
22	470	TIFFANY THOMPSON	36	WILLIAMSBURG VA	33:14	10:42

23	473 KELLY GOLDBERG	39 SUFFOLK VA	33:19	10:44
24	496 DAWN OLEKSY	38 WILLIAMSBURG VA	33:45	10:52
25	501 MARTHA SHEETS	37 NEWPORT NEWS VA	33:50	10:54
26	509 KATIE ELLINGTON	39 NEWPORT NEWS VA	34:02	10:58
27	535 JENNIFER MILLER	37 NEWPORT NEWS VA	34:44	11:11
28	550 SAMANTHA MAHLER	39 NEWPORT NEWS VA	35:08	11:19
29	552 JENNIFER SLOCUM	37 NEWPORT NEWS VA	35:11	11:20
30	555 AMY MCDONALD	35 HAMPTON VA	35:18	11:22
31	558 MELANIE GLENN	37 GLOUCESTER VA	35:22	11:23
32	591 STEPHANIE LANNING	35 HAMPTON VA	36:13	11:40
33	600 KAREN FRANKLIN	37 NEWPORT NEWS VA	36:29	11:45
34	608 CHRIS S CUTLER	35 HAMPTON VA	36:38	11:48
35	624 DANIELLE WOOD	35 NEW YORK NY	37:18	12:01
36	628 TREVA NITZSCHNER	38 YORKTOWN VA	37:25	12:03
37	629 JOANNA BIGLEY	37 NEWPORT NEWS VA	37:27	12:04
38	643 SASHA RESOFF	37 PORTSMOUTH VA	37:53	12:12
39	648 MARTY PALLONE	35 YORKTOWN VA	38:06	12:16
40	654 JENNIFER NELSON	35 SEAFORD VA	38:16	12:19
41	660 BARBARA BODENSTEIN	39 YORKTOWN VA	38:36	12:26 *
42	680 JAMIE CRANFILL	35 GLOUCESTER POINT V	39:20	12:40
43	688 KRISTA WETZLER	36 HAMPTON VA	39:42	12:47
44	718 KIMBERLY BRAINE-TILLEM	39 GLEN ALLEN VA	42:01	13:32
45	725 NORA JOHNSON	35 SUFFOLK VA	42:48	13:47
46	734 STACY GUZIK	38 NEWPORT NEWS VA	43:29	14:00
47	744 KAREN CIOTTA	36 NEWPORT NEWS VA	44:12	14:14
48	754 SAMANTHA COWAN	38 YORKTOWN VA	44:50	14:26
49	778 WENDY HUGHES	39 WILLIAMSBURG VA	46:23	14:56
50	829 HOLLY BOYD	36 HAMPTON VA	49:55	16:04
51	834 KAREN BEAN	37 NEWPORT NEWS MD	50:00	16:06
52	870 STEPHANIE SMITH	36 YORKTOWN VA	53:25	17:12
53	917 VALERIE MILNER	35 YORKTOWN VA	56:41	18:15
54	936 VICKIE COLLAROS	39 POQUOSON VA	58:51	18:57
55	941 RACHEL PIERCE	35 NEWPORT NEWS VA	59:09	19:03
56	952 GLENNA STALLINGS	39 CARROLLTON VA	1:00:05	19:21
57	955 LISA JOHNSON	39 YORKTOWN VA	1:02:22	20:05
58	961 MELISSA BUCCI	36 RICHMOND VA	1:04:41	20:50
59	966 MELODY MUSICK-HALE	39 FT EUSTIS VA	1:04:47	20:51
60	984 DEANNA CARPENTER	39 NEWPORT NEWS VA	1:08:26	22:02
WOMEN: 40 - 44				
1	113 KATHERINE COLLINS	40 PORTSMOUTH VA	24:07	7:46
2	151 NICOLE MCADAMS	40 CHESAPEAKE VA	25:36	8:15
3	171 LIZ BRADFORD	40 YORKTOWN VA	26:14	8:27 *
4	234 DEBORAH LEE	44 NEWPORT NEWS VA	27:39	8:54
5	268 JULIE DYE	41 YORKTOWN VA	28:21	9:08
6	298 RENEE WEIDMAN	44 SEAFORD VA	29:00	9:20
7	326 KELLY ASHLEY	42 NEWPORT NEWS VA	29:30	9:30
8	333 DAWN MATTHEWS	41 YORKTOWN VA	29:35	9:32
9	340 KATHY MORRISON	40 NEWPORT NEWS VA	29:44	9:35
10	353 LAURA HIGDON	42 YORKTOWN VA	30:05	9:41
11	365 LESLIE BOOTHE	42 NEWPORT NEWS VA	30:24	9:48
12	402 KIM CHANDLER	41 HAMPTON VA	31:24	10:07
13	410 BEVERLY H ASHLEY	41 SEAFORD VA	31:44	10:13
14	427 KELLY MOSES	43 NEWPORT NEWS VA	32:06	10:20
15	429 DAWN PURDY	43 LANGLEY AFB VA	32:09	10:21
16	504 HEIDI BLAIR	44 CHESTERFIELD VA	33:52	10:55
17	507 RHONDA FISHER	44 ARLINGTON VA	33:57	10:56
18	517 DAPHNE TING	44 NORFOLK VA	34:13	11:01

19	529	TRACEY HAYES	40	SMITHFIELD VA	34:36	11:08
20	531	PORTIA WILSON	44	APEX NC	34:37	11:09
21	571	JANE POWELL	41	NEWPORT NEWS VA	35:42	11:30
22	583	CHARLENE CLARK	42	HAMPTON VA	36:01	11:36
23	599	KERRY MIDDLEBROOKS	43	VIRGINIA BEACH VA	36:28	11:45
24	621	SUZANNE GILDEA	43	ASHTON PA	37:04	11:56
25	666	JENNIFER DOSS	40	HAYES VA	38:58	12:33
26	679	SUSAN COCKERHAM	40	HAYES VA	39:19	12:40
27	684	MARY BORDEN	43	NEWPORT NEWS VA	39:30	12:43
28	687	SONJA ASHBURY	42	PORTSMOUTH VA	39:36	12:45
29	706	JOANNE CORK	42	HAMPTON VA	40:34	13:04
30	709	ROBIN PRICE	44	NORFOLK VA	40:47	13:08
31	722	RUTH BEDORE	44	NEWPORT NEWS MD	42:33	13:42
32	723	BECKY RIEBELING	42	NEWPORT NEWS VA	42:33	13:42
33	736	CRISTIE ESCANDON	40	CARROLLTON VA	43:44	14:05
34	749	ALISON GREY	40	DACULA GA	44:22	14:17
35	777	LORI CHANEY	40	WILLIAMSBURG VA	46:14	14:53
36	790	CEMEAL CARLSON	41	NEWPORT NEWS VA	47:31	15:18
37	808	SHERI CHEEK	42	NEWPORT NEWS VA	48:20	15:34
38	809	LORI PALAGYI	43	SUFFOLK VA	48:21	15:34
39	838	AMY FITZGERALD	41	SUFFOLK VA	50:17	16:11
40	871	PHYLLIS SMITH-LIVINGSTON	41	PISCATAWAY NJ	53:37	17:16
41	872	GRACE NADEAU	41	NEWPORT NEWS VA	53:39	17:16
42	889	DEBBIE PERKINS	40	WILLIAMSBURG VA	54:53	17:40
43	896	VALERIE HANSFORD	40	HAYES VA	55:02	17:43
44	907	DIANE PIERCE	44	NEWPORT NEWS VA	55:52	17:59
45	938	KIM MILLARD	40	NEWPORT NEWS VA	58:53	18:57
46	959	TAMMY FANNING	43	NEWPORT NEWS VA	1:04:30	20:46
47	988	SABRINA MILES	42	NEWPORT NEWS VA	1:10:50	22:48
WOMEN: 45 - 49						
1	104	JULIE ROSE	45	NEWPORT NEWS VA	23:51	7:41
2	167	KIM L FLINT	46	YORKTOWN VA	26:07	8:25 *
3	197	IVONNE COLLIER	46	HAMPTON VA	26:57	8:41
4	273	DEEDIE WEAVER	49	POQUOSON VA	28:34	9:12
5	292	KIMBERLY CLORE	46	YORKTOWN VA	28:56	9:19
6	341	JANE DAY	49	NEWPORT NEWS VA	29:49	9:36
7	346	DANA CANNELLA	46	POQUOSON VA	29:52	9:37 *
8	348	G DEREN	49	NEWPORT NEWS VA	29:57	9:39
9	349	MARCI SAGIAO	47	HAMPTON VA	29:59	9:39 *
10	391	CELESTE VAUGHN	48	NEWPORT NEWS VA	31:01	9:59
11	413	FREDA ROSSO	49	HAMPTON VA	31:50	10:15 *
12	432	VALERIE BOWEN	48	HAMPTON VA	32:12	10:22
13	440	LISA SCHUELER	47	YORKTOWN VA	32:29	10:28
14	448	RACHELLE WOODRUFF-KELSO	46	YORKTOWN VA	32:42	10:32
15	475	LYNETTE CROWLEY	46	GLOUCESTER VA	33:27	10:46
16	495	HEIDI OLSON	45	YORKTOWN VA	33:44	10:52 *
17	506	JANICE KINNAMON	47	PENNINGTON NJ	33:56	10:56
18	511	JUDY SPALDING	46	NEWPORT NEWS VA	34:05	10:59
19	512	CYNTHIA PERSONS	45	POQUOSON VA	34:09	11:00 *
20	513	SUSAN LUNDGREN	46	HAMPTON VA	34:10	11:00 *
21	570	TERRI HAYNIE	49	NEWPORT NEWS VA	35:41	11:29
22	593	DIANE LEIGHTON	45	HAMPTON VA	36:18	11:41
23	596	SHIRLEY TANGUY	47	YORKTOWN VA	36:21	11:42
24	601	CAROLE INGELL	49	NEWPORT NEWS VA	36:29	11:45
25	612	SUSANA HEPP	46	PORTSMOUTH VA	36:49	11:51
26	647	LAURA GERLACH	45	NEWPORT NEWS VA	38:02	12:15
27	649	ANETTE BRINKLEY	47	NEWPORT NEWS VA	38:09	12:17

28	653 TAMMY VASOWIZ	45 VIRGINIA BEACH VA	38:15	12:19
29	657 KAREN WATFORD	46 CHESAPEAKE VA	38:25	12:22
30	663 ROBIN LEVY	46 NEWPORT NEWS VA	38:46	12:29
31	664 MELONIE E MELTON	49 POQUOSON VA	38:50	12:30
32	686 MARY BROWN	46 NEWPORT NEWS VA	39:36	12:45
33	696 DONNA JONES	48 YORKTOWN VA	40:01	12:53
34	729 DIANA CHRISTY	45 YORKTOWN VA	43:00	13:51
35	746 ELIZABETH JAMERSON	46 MIDLOTHIAN VA	44:18	14:16
36	747 BONNIE BABB	45 POQUOSON VA	44:19	14:16
37	765 DEANNA HILL	48 NEWPORT NEWS VA	45:36	14:41
38	773 MICHELE GRIFFITH	46 NEWPORT NEWS VA	45:53	14:46
39	781 DEBBIE TIMBERLAKE	45 LYNCHBURG VA	46:39	15:01
40	782 KELLI GABEL	49 GLOUCESTER VA	46:40	15:02
41	794 CAROLYN BOYER	49 HAMPTON VA	47:41	15:21
42	795 LISA NICKERSON	48 POQUOSON VA	47:44	15:22
43	806 VICKI SHEA	49 HAMILTON VA	48:11	15:31
44	839 NANCY LICHTY	47 CHESAPEAKE VA	50:33	16:17
45	840 KAREN STOWE	47 NORFOLK VA	50:43	16:20
46	843 KATHERINE HILDRE	46 YORKTOWN VA	50:56	16:24
47	856 TONI PARSON-MOBLEY	49 SUFFOLK VA	51:44	16:40
48	858 LESLIE SCARLETT	49 NEWPORT NEWS VA	52:40	16:57
49	864 KATHLEEN SMITH	48 NEWPORT NEWS VA	53:09	17:07
50	899 KAYREN COUVILLION	45 POQUOSON VA	55:07	17:45
51	920 TERRI YOUNG	47 YORKTOWN VA	56:44	18:16
52	926 SANDRA ROBERSON	49 NEWPORT NEWS VA	57:51	18:37
53	927 RENEE ROBERTS	49 NEWPORT NEWS VA	57:51	18:38
54	930 PAM THOMAS	49 NEWPORT NEWS VA	58:14	18:45
55	937 JEANETTE KING	46 HAMPTON VA	58:52	18:57
56	950 SANDRA MARSHALL	46 HAMPTON VA	1:00:03	19:20
57	971 CINDY LOU GARRETT	45 HAMPTON VA	1:05:31	21:05
58	981 TAMARA WOODRUFF	47 YORKTOWN VA	1:06:24	21:23
WOMEN: 50 - 54				
1	261 JUDITH MUELLER	54 NEWPORT NEWS VA	28:12	9:05 *
2	291 ELIZABETH ROWE	52 YORKTOWN VA	28:55	9:19
3	296 ELYSE DEVEREUX	51 NEWPORT NEWS VA	28:58	9:20
4	306 THEA M GANOE	52 NEWPORT NEWS VA	29:08	9:23
5	311 CATHLEEN REA	52 NEWPORT NEWS VA	29:14	9:25 *
6	322 TAMMY FLETCHER	51 NORFOLK VA	29:25	9:29
7	328 MARTINA MILNE	54 YORKTOWN VA	29:31	9:30
8	352 SUSAN WOLF	50 NEWPORT NEWS VA	30:04	9:41
9	375 DANIELLE HUNDLEY	50 NEWPORT NEWS VA	30:34	9:51 *
10	400 KATE BELZER	54 WESTERVILLE OH	31:19	10:05
11	414 REBECCA IRONMONGER	51 DAMERON MD	31:51	10:16
12	497 KATHY GALLO	54 NEWPORT NEWS VA	33:46	10:52 *
13	579 DEANA CANTWELL	51 NEWPORT NEWS VA	35:55	11:34
14	587 TERESA SEITZ	50 CINCINNATI OH	36:11	11:39
15	646 PEGGY WATSON	51 NEWPORT NEWS VA	38:00	12:14
16	661 MARLENE RICCIO	51 YORKTOWN VA	38:42	12:28
17	724 ELIZABETH LAWSON	54 CHESAPEAKE VA	42:42	13:45
18	762 JONI LAROCHE	51 HAMPTON VA	45:29	14:39 *
19	766 TERESA FREMAUX	50 NEWPORT NEWS VA	45:37	14:41
20	767 SUZANNE CECIL	51 NEWPORT NEWS VA	45:37	14:41
21	805 NANCY ROLLA	53 HAMPTON VA	48:11	15:31
22	807 SHARON MAYNARD	53 YORKTOWN VA	48:14	15:32
23	810 DIANE TURNER	54 NEWPORT NEWS VA	48:22	15:34
24	832 ROBIN DALTON	50 YORKTOWN VA	49:59	16:06
25	859 ROBIN CLEMENTS	50 NEWPORT NEWS VA	52:41	16:58

26	890 REBECCA GETTY	51 SMITHFIELD VA	54:55	17:41
27	911 MARY MATHES	53 HAMPTON VA	56:25	18:10
28	944 BILLYE BARBOUR	52 YORKTOWN VA	59:23	19:07
29	946 CHERYL WILLIAMS	52 WILLIAMSBURG VA	59:37	19:11
WOMEN: 55 - 59				
1	127 RONA ALTSCHULER	56 NEWPORT NEWS VA	24:38	7:56 *
2	265 ROMA COLLINSWORTH	57 YORKTOWN VA	28:19	9:07
3	519 CYNTHIA BRINKER	56 NEWPORT NEWS VA	34:15	11:02
4	526 LAURIE URBAN	58 NEWPORT NEWS VA	34:28	11:06 *
5	553 DOTTIE HUMPHREY	58 NEWPORT NEWS VA	35:16	11:21
6	576 MICHELE L GROVE	55 YORKTOWN VA	35:52	11:33 *
7	589 ASKALE ASNAKE	57 WILLIAMSBURG VA	36:12	11:40
8	728 VICKI COOPER	55 YORKTOWN VA	42:56	13:49
9	772 SUSAN SNYDER	57 YORKTOWN VA	45:52	14:46
10	774 JUNE HUGHES	55 GLOUCESTER VA	46:05	14:50 *
11	816 MARSHA KILBURN	55 YORKTOWN VA	48:42	15:41
12	819 JUDITH GRANT	57 NEWPORT NEWS VA	49:11	15:50
13	822 LILA VAUGHN	56 POQUOSON VA	49:18	15:52
14	828 NITA MCGUIRE	57 NEWPORT NEWS VA	49:35	15:58
15	836 MARISA NOLAN	56 WHEELING WV	50:16	16:11
16	854 MIKELLE VENABLE	55 NEWPORT NEWS VA	51:39	16:38
17	869 RENEE MAY	59 HAMPTON VA	53:24	17:12
18	879 LYNN HORTON	56 NEWPORT NEWS VA	53:54	17:21
19	884 NOOSHIN HAGHPARAST	55 NEWPORT NEWS VA	54:27	17:32
20	892 CINDY FORD	59 MIDLOTHIAN VA	54:59	17:42
21	897 CAROL MEYERS	57 PORTSMOUTH VA	55:02	17:43
22	910 RIGGS ZUIKER	56 CHEYENNE WY	55:59	18:01
23	922 MARY FLAHERTY-NOBILE	57 POQUOSON VA	56:48	18:17
24	942 CAROLYN PHAUP	58 HAMPTON VA	59:18	19:05
25	945 EVELYN LUGO	57 NEWPORT NEWS VA	59:36	19:11
26	976 ESTHER BARNES	58 YORKTOWN VA	1:06:12	21:19
27	978 LINDA NELSON	59 YORKTOWN VA	1:06:19	21:21
28	989 CAROL LEKAVICH	57 NORFOLK VA	1:12:55	23:29
WOMEN: 60 - 64				
1	332 DONNA CHRISTOL	63 YORKTOWN VA	29:34	9:31 *
2	477 JANE ABBOTT	63 HAMPTON VA	33:31	10:48
3	627 LYNNE ROADARMEL	61 YORKTOWN VA	37:22	12:02
4	635 PATRICIA CORK	63 CARROLTON VA	37:38	12:07 *
5	712 SARAH BRYANT	61 YORKTOWN VA	40:56	13:11
6	719 BARBARA STRICKLAND	61 NEWPORT NEWS VA	42:09	13:34
7	743 PENNY SCHINDEL	60 YORKTOWN VA	44:09	14:13
8	764 KATHLEEN AMES	61 HAMPTON VA	45:35	14:41
9	803 REBECCA MAGEE	63 NEWPORT NEWS VA	47:58	15:27
10	847 EILEEN ELMER	62 CHESAPEAKE VA	51:16	16:31
11	850 SHERIAN MARTIN	60 CHESAPEAKE VA	51:30	16:35
12	851 NANCY MCMORROW	60 NORTON MA	51:31	16:35
13	868 KAYREN DAVIS	60 HAMPTON VA	53:24	17:11
14	876 MARY LEWIS	60 NEWPORT NEWS VA	53:52	17:20
15	881 ASHLEY POWELL	60 NEWPORT NEWS VA	53:57	17:22
16	900 MARTHA KATZ-HYMAN	62 NEWPORT NEWS VA	55:12	17:46
17	979 LINDA HAYS	61 YORKTOWN VA	1:06:20	21:21
18	982 BOBBIE KNOX	64 WILLIAMSBURG MA	1:06:38	21:27
WOMEN: 65 - 69				
1	551 ELAINE HENDERSON	68 YORKTOWN VA	35:10	11:19 *
2	751 ENID MILNER	65 YORKTOWN VA	44:26	14:18
3	844 LOUISA NORTHRUP	68 LANCASTER PA	51:14	16:30
4	860 JOANN POUNDER	69 NEWPORT NEWS VA	52:55	17:02

WOMEN: 70 AND OVER

1 924 ROBERTA GRIFFITH

70 HAMPTON VA

57:32 18:32

WHEELCHAIR RACERS

* denotes PTC member