

2011 SENTARA NEW YEAR'S DAY 5K
for the benefit of the American Cancer Society in Memory of Denise Suits
Coliseum Central, Sentara Careplex Fitness Center, Hampton, VA
New Year's Day, Saturday, January 1, 2011 11:00 AM
A PENINSULA TRACK CLUB EVENT

OVERALL MEN

1	1 DEAN GONSALVES	21 YORKTOWN VA	16:48	5:25
2	2 TODD KESSLER	28 NEWPORT NEWS VA	17:37	5:41
3	3 ANDREW MCLEAN	20 HUNTINGTON MD	17:42	5:42

OVERALL WOMEN

1	8 KAREN TERRY	22 HAMPTON VA	19:25	6:15
2	19 CAROLE VANELLA	31 VIRGINIA BEACH VA	21:02	6:47
3	29 ERIN N HERRING	26 HAMPTON VA	22:20	7:12

MEN: 14 AND UNDER

1	35 GRAYDON TINNENY	12 YORKTOWN VA	22:48	7:21
2	61 THOMAS HIMES	9 YORKTOWN VA	24:43	7:58
3	85 JAKE LOBASH	10 WILLIAMSBURG VA	27:06	8:44
4	133 CALEB HELLMAN	12 DOVER DE	30:07	9:42
5	137 BRYCE PORTER	8 WILLIAMSBURG VA	30:19	9:46
6	212 JOSEPH GOZUM	13 HAMPTON VA	36:35	11:47
7	234 DAVID MOORE	11 DOVER DE	40:07	12:55
8	245 CHRISTIAN QUINN	12 POQUOSON VA	41:39	13:25
9	268 ERIC BOYD	14 LORIS SC	45:16	14:35
10	284 IAN PERRY	10 LYNCHBURG VA	47:32	15:18

MEN: 15 - 18

1	6 JACOB CLORE	16 YORKTOWN VA	19:12	6:11
2	9 WILL ROBINSON	15 YORKTOWN VA	19:45	6:22
3	42 JEREMY CARLSON	15 NEWPORT NEWS VA	23:20	7:31
4	45 RANSOM BATCHELOR	15 SMITHFIELD VA	23:38	7:37
5	75 JEFFREY WALLACE	18 NEWPORT NEWS VA	25:57	8:22
6	143 MATTHEW ATTEBERRY	15 HAMPTON VA	30:34	9:51 *
7	150 JORDAN CARLSON	15 NEWPORT NEWS VA	31:13	10:03
8	159 JONATHAN CARLSON	15 NEWPORT NEWS VA	32:08	10:21
9	189 JALEN EDWARDS	17 HAMPTON VA	34:39	11:09
10	289 JOSHUA GOZUM	18 HAMPTON VA	48:00	15:27
11	332 RAHEEM HAYENS WORTH	18 HAMPTON VA	53:33	17:14

MEN: 19 - 24

1	17 ALEX BECOUVARKIS	19 POQUOSON VA	20:55	6:44 *
2	47 BRIAN R FRIES	22 NEWPORT NEWS VA	23:40	7:37
3	81 ZACHARY COLLEY	19 NEWPORT NEWS VA	26:43	8:36
4	98 KYLE RIDLING	19 HAMPTON VA	27:44	8:56
5	110 KYLE MCLAIN	24 CHESAPEAKE VA	28:23	9:09
6	162 ELIJAH SOTA	19 HAMPTON VA	32:36	10:30
7	323 ANDREW GARDNER	20 YORKTOWN VA	52:02	16:45

MEN: 25 - 29

1	7 JOHN GOUNLEY	25 NEWPORT NEWS VA	19:17	6:13
2	10 BRYAN BANNING	27 NEWPORT NEWS VA	19:52	6:24
3	333 SMITH MORGAN	27 HAMPTON VA	53:34	17:15

MEN: 30 - 34

1	11 BRIAN J HAKES	30 WILLIAMSBURG VA	19:59	6:26
2	25 JEFF PERSSON	33 HAMPTON VA	21:56	7:04
3	30 MICHAEL OLDFORD	31 NEWPORT NEWS VA	22:20	7:12
4	36 STEPHEN MILLER	31 HAMPTON VA	22:50	7:21
5	49 NICK MATHEWS	31 NEWPORT NEWS VA	23:55	7:42 *

6	51	ANDREW TURNER	32	HAMPTON VA	24:02	7:44
7	197	STEVE TURNER	34	HAMPTON VA	35:14	11:21
8	230	RICHARD RICKS	30	HAMPTON VA	40:00	12:53
9	270	JOHN ZIMMERMAN	34	WILLIAMSBURG VA	45:17	14:35
10	287	JAY VEITZ	30	HAMPTON VA	47:47	15:23
11	330	ROGER MCLAIN	33	HAMPTON VA	53:10	17:07
MEN: 35 - 39						
1	4	DOUGLAS MARSHALL	36	MATHEWS VA	18:03	5:49
2	12	CARTER FICKLEN	36	YORKTOWN VA	20:09	6:30
3	26	MICHAEL PHILLIPS	38	HAMPTON VA	21:57	7:04
4	28	GEORGE ACKERMAN	38	POQUOSON VA	22:14	7:10
5	39	JOEY SMITH	38	YORKTOWN VA	22:56	7:23
6	60	BEAU RIELY	38	NEWPORT NEWS VA	24:39	7:56
7	71	SEAN CROWN	35	HAMPTON VA	25:36	8:15
8	79	JAMES FLOYD	38	NEWPORT NEWS VA	26:36	8:34
9	86	FRANK LOBASH	38	WILLIAMSBURG VA	27:06	8:44
10	114	DANIEL SELLERS	39	HAMPTON VA	28:39	9:14
11	116	GARRETT HALTIWANGER	38	CHESAPEAKE VA	28:47	9:16
12	128	BRIAN KETTERMAN	38	HAMPTON VA	29:36	9:32 *
13	130	WALT MICHALCZIK	38	NEWPORT NEWS VA	29:43	9:34
14	138	ED CASHWELL	39	VIRGINIA BEACH VA	30:22	9:47
15	191	ERWIN MILLIGAN	39	YORKTOWN VA	34:59	11:16
16	207	MARRO BREWINGTON	35	HAMPTON VA	35:56	11:34
17	252	STEVE CHAMPLIN	39	NEWPORT NEWS VA	42:34	13:42 *
MEN: 40 - 44						
1	20	BRETT MCDANIEL	44	NEWPORT NEWS VA	21:24	6:54
2	52	GLENN GROSS	42	WILLIAMSBURG VA	24:02	7:45
3	59	RICK DAVENPORT	40	YORKTOWN VA	24:34	7:55 *
4	87	MARK CROWE	43	CHESAPEAKE VA	27:21	8:49
5	90	CHRIS SCHREINER	42	WILLIAMSBURG VA	27:30	8:51
6	99	ROBERTO J CANO	44	YORKTOWN VA	27:46	8:56 *
7	119	RON SIMS	40	YORKTOWN VA	28:52	9:18
8	127	RICHARD HARDY	43	WILLIAMSBURG VA	29:33	9:31
9	144	DOTTI PORTER	42	WILLIAMSBURG VA	30:50	9:56
10	153	GEOFF BRIAN	44	POQUOSON VA	31:23	10:07
11	154	BRIAN MASON	41	YORKTOWN VA	31:30	10:09 *
12	187	JAMES WILSON II	42	SMITHFIELD VA	34:33	11:07
13	193	KENNETH FERGUSON	40	HAMPTON VA	35:09	11:19
14	194	BOBBY PORTER	40	WILLIAMSBURG VA	35:10	11:19
15	200	JOHN ELSTROM	40	NEWPORT NEWS VA	35:23	11:24 *
16	239	GARY SPENCE	43	VIRGINIA BEACH VA	40:17	12:58
17	242	BRIAN LIEBERMAN	40	NEWPORT NEWS VA	41:17	13:18
18	249	SAM BALIMBIN	44	LONG BEACH CA	42:07	13:34
19	251	TED ROLLINS	40	SUFFOLK VA	42:13	13:36
20	276	WADE BRASHIER	43	HAMPTON VA	46:35	15:00
21	308	JANSEN BUTLER	42	SUFFOLK VA	51:01	16:26
MEN: 45 - 49						
1	5	CRAIG B HYMES	48	YORKTOWN VA	18:15	5:53 *
2	14	CALVIN COLLINS	49	NEWPORT NEWS VA	20:25	6:35
3	15	SEAN P OATMEYER	48	WILLIAMSBURG VA	20:38	6:39
4	44	THOMAS WHITMAN	45	YORKTOWN VA	23:30	7:34
5	50	RICH BOWEN	46	HAMPTON VA	23:58	7:43
6	54	STEVEN KEETER	46	NEWPORT NEWS VA	24:14	7:48 *
7	55	TIMOTHY PERRY	47	LYNCHBURG VA	24:21	7:51
8	67	STEVE PETERS	46	POQUOSON VA	25:13	8:07 *
9	72	CHARLES LUCY	46	YORKTOWN VA	25:42	8:17
10	76	STEVEN CLORE	47	YORKTOWN VA	26:00	8:23

11	91	TIM L RAINES	48	YORKTOWN VA	27:33	8:52
12	109	PATRICK BOYD	45	VIRGINIA BEACH VA	28:21	9:08
13	115	HANS LAGESCHULTE	45	HAMPTON VA	28:45	9:16
14	118	ROBERT SCOTT	45	POQUOSON VA	28:51	9:17
15	139	KEVIN BROWN	48	YORKTOWN VA	30:29	9:49
16	170	BENNY LEBON	49	NORFOLK VA	33:22	10:45
17	188	WILLIAM ERNST	47	HAMPTON VA	34:37	11:09
18	205	MIKE RAMSEY	49	POQUOSON VA	35:48	11:32
19	209	FERDIE GOZUM	47	HAMPTON VA	36:11	11:39
20	228	BILL LAMARSH	47	YORKTOWN VA	39:11	12:37
21	231	GLEN HARRISON	49	HAMPTON VA	40:02	12:54
22	322	BRAD GARDNER	47	YORKTOWN VA	52:00	16:45
MEN: 50 - 54						
1	13	BILL J BUSTIN	53	POQUOSON VA	20:21	6:33
2	16	JOHN C OLSON	51	YORKTOWN VA	20:46	6:41 *
3	18	WYATT E CUTCHINS	54	NEWPORT NEWS VA	21:00	6:46 *
4	21	JAMES BRADLEY	50	YORKTOWN VA	21:43	7:00
5	23	STUART MCLEAN	51	HUNTINGTON MD	21:48	7:01
6	24	DAVID J SMITH	53	TAPPAHANNOCK VA	21:51	7:02
7	48	DONALD HAMADYK	52	NEWPORT NEWS VA	23:42	7:38 *
8	62	ED RIETSCHA	50	YORKTOWN VA	24:48	7:59
9	64	JAMES GANDOLFO	52	NEWPORT NEWS VA	24:55	8:02
10	69	GENE PARSONS	50	HAMPTON VA	25:17	8:09
11	100	ROBERT FRIES	53	NEWPORT NEWS VA	27:47	8:57
12	102	DONALD ROWE	54	YORKTOWN VA	28:00	9:01
13	132	SKIP COLE	54	POQUOSON VA	30:02	9:40 *
14	149	RUSTY MCLAIN	51	CHESAPEAKE VA	31:02	10:00
15	157	HARRISON JOHNSON	53	HAMPTON VA	31:53	10:16
16	166	JOHN R GALLO	54	NEWPORT NEWS VA	33:01	10:38 *
17	178	RICHARD NEVILLE	52	POQUOSON VA	34:01	10:57
18	204	GEOFFREY DOWNER	50	WILLIAMSBURG VA	35:46	11:31
19	232	WILLIAM B HARRISON JR	52	HAMPTON VA	40:05	12:54 *
20	325	KEVIN MORAN	50	HAMPTON VA	52:21	16:51
21	344	RODNEY FLINT	52	YORKTOWN VA	55:26	17:51
MEN: 55 - 59						
1	27	DONNIE WYATT	57	HAMPTON VA	22:01	7:06
2	34	RICK HARTUNG	57	HAMPTON VA	22:39	7:18 *
3	38	JAMES DEVIESE	59	YORKTOWN VA	22:52	7:22 *
4	66	GEORGE W NELSEN	55	NEWPORT NEWS VA	25:10	8:06 *
5	80	AL A MONTALVO	56	YORKTOWN VA	26:41	8:36 *
6	83	BENJAMIN R POTTS	55	NORFOLK VA	26:50	8:38 *
7	126	KEMP WILLIAMS	55	HAMPTON VA	29:24	9:28
8	172	MICHAEL TURNER	56	NEWPORT NEWS VA	33:27	10:46
9	206	DAVID ROGERS	56	HAMPTON VA	35:51	11:33
10	216	BOB CURTIN JR	58	HAMPTON VA	37:10	11:58 *
11	226	WALTON BOLGER	57	YORKTOWN VA	38:29	12:23 *
12	235	TOMMY ALLEN	58	CARROLLTON VA	40:10	12:56 *
13	254	JOHN QUINN	55	POQUOSON VA	42:39	13:44
14	263	BRUCE SCHWENNEKER	57	POQUOSON VA	44:14	14:15
15	291	CURT KLOMAN	57	NEWPORT NEWS VA	48:37	15:39
16	328	NOEL TALCOTT	59	POQUOSON VA	52:35	16:56
MEN: 60 - 64						
1	22	RICK PLATT	60	WILLIAMSBURG VA	21:45	7:01 *
2	53	JOSEPH L VERDIRAME	61	SUFFOLK VA	24:04	7:45 *
3	58	JIMMY C BLOUNT	60	WILLIAMSBURG VA	24:33	7:54 *
4	78	GEORGE I FENIGSOHN	63	POQUOSON VA	26:25	8:31 *
5	88	WILLIAM DIEHL	60	YORKTOWN VA	27:23	8:49

6	131 KEITH BUTLER	63 CHESAPEAKE VA	29:45	9:35
7	198 GARY M SMITH	60 NORFOLK VA	35:16	11:21
8	257 GROVE A CALVERT	64 VIRGINIA BEACH VA	43:28	14:00 *
9	267 RAYMOND B YOH	64 NEWPORT NEWS VA	45:07	14:32
10	311 FRANK LOFURNO	63 HAMPTON VA	51:25	16:33
11	314 ARTIS CROSLIN	60 HAMPTON VA	51:27	16:34
12	316 WALTER HALE	63 HAMPTON VA	51:35	16:36
13	336 WYNN HANCOCK	61 HAMPTON VA	53:53	17:21
MEN: 65 - 69				
1	31 KENNETH MITCHELL	66 WILLIAMSBURG VA	22:21	7:12 *
2	40 ROBERT H WRIGHT	69 HAMPTON VA	23:01	7:25
3	73 RANDY HAWTHORNE	65 WILLIAMSBURG VA	25:43	8:17
4	156 JOSEPH CRONIN	67 HAYES VA	31:52	10:16
5	261 JOHN A CORK	66 CARROLLTON VA	43:56	14:09 *
6	348 RAY MILLER	67 YORKTOWN VA	59:12	19:03
MEN: 70 AND OVER				
1	190 KEN BUTLER	71 HAMPTON VA	34:42	11:10
2	199 ROBERT S WHITE	87 HAMPTON VA	35:17	11:22 *
3	285 E DAVID HODOR	73 HAMPTON VA	47:43	15:22
4	329 GEORGE NELLOS	74 POQUOSON VA	52:36	16:56
5	343 BOBBY GRIFFITH	75 HAMPTON VA	55:24	17:50
MEN: Age Unknown				
1	171 SISLER	99 YORKTOWN VA	33:25	10:46
WOMEN: 14 AND UNDER				
1	32 JACQUELINE TINNENY	10 YORKTOWN VA	22:22	7:12
2	94 EMMA HUDGINS	10 MATHEWS VA	27:41	8:55
3	95 COURTNEY CURTIS	13 YORKTOWN VA	27:41	8:55
4	195 KAILEY PORTER	9 WILLIAMSBURG VA	35:10	11:20
5	196 HAILEY DOWNER	9 WILLIAMSBURG VA	35:13	11:21
6	203 MEGAN GILLESPIE	10 WILLIAMSBURG VA	35:45	11:31
7	258 ISABEL PERRY	10 LYNCHBURG VA	43:31	14:01
8	279 LAURA RENFORTH	6 YORKTOWN VA	47:11	15:12
9	282 SAMANTHA WATSON	8 YORKTOWN VA	47:24	15:16
10	300 MILAN BREWINGTON	4 HAMPTON VA	49:39	15:59
WOMEN: 15 - 18				
1	65 ALYX RIEBELING	16 NEWPORT NEWS VA	25:04	8:05 *
2	93 ASHLEY M CURTIS	18 YORKTOWN VA	27:40	8:55
3	101 LEXY PARSONS	15 HAMPTON VA	27:49	8:58
4	117 CIERRA GRISSON	15 NEWPORT NEWS VA	28:50	9:17
5	211 ALLISON HAMADYK	17 NEWPORT NEWS VA	36:34	11:46 *
6	225 ANNE ROWE	15 YORKTOWN VA	38:11	12:18
7	296 SHANTEY BUTLER	17 SUFFOLK VA	48:58	15:46
WOMEN: 19 - 24				
1	33 ARIANA BETTS	19 YORKTOWN VA	22:34	7:16
2	125 DARCY QUINN	24 NEWPORT NEWS VA	29:23	9:28
3	176 MARIA LEBON	19 NORFOLK VA	33:55	10:55
4	218 HEATHER CONWAY	24 HAMPTON VA	37:31	12:05
5	295 TIERRE BUTLER	22 SUFFOLK VA	48:58	15:46
6	304 LAKESHA BUTLER	23 SUFFOLK VA	50:01	16:06
WOMEN: 25 - 29				
1	112 AMANDA HARDING	25 HAMPTON VA	28:31	9:11 *
2	129 DIANE MATHEWS	29 NEWPORT NEWS VA	29:39	9:33 *
3	140 ALAINA WINCH	25 YORKTOWN VA	30:30	9:49
4	160 MICHELLE DRYDEN	28 HAMPTON VA	32:28	10:27
5	180 CHRISTINA LUGO	27 NORFOLK VA	34:05	10:59

6	202 MICHELLE VEITZ	29 HAMPTON VA	35:35	11:27
7	256 JESSICA NEWMAN	26 NORFOLK VA	43:21	13:57
WOMEN: 30 - 34				
1	41 HEATHER HUDGINS	33 MATHEWS VA	23:07	7:27
2	57 KIMBERLY FLOYD	32 NEWPORT NEWS VA	24:32	7:54
3	82 HEATHER ROBERTSON	34 HAMPTON VA	26:48	8:38
4	84 JENNIFER PRESLAR	32 HAMPTON VA	26:57	8:41
5	89 SAIRA MCGAN	32 YORKTOWN VA	27:29	8:51
6	108 TONYA COLTON	34 HAMPTON VA	28:16	9:06
7	141 MICHELLE GORDON	33 RALEIGH NC	30:30	9:49
8	146 KATHLEEN MCNAMEE	31 ARLINGTON VA	30:55	9:57
9	168 KATIE TURNER	30 HAMPTON VA	33:11	10:41
10	177 TAMARA IBLE	33 VIRGINIA BEACH VA	33:57	10:56
11	185 DAWN WILSON	34 SMITHFIELD VA	34:30	11:07
12	192 JENNIFER FASS	32 HAMPTON VA	35:07	11:19
13	233 ERIN HANCOCK	31 ALEXANDRIA VA	40:06	12:55
14	248 THERESA POE	33 HAMPTON VA	42:03	13:32
15	264 WENDY SUE MCMILLION	33 PORTSMOUTH VA	44:27	14:19
16	278 LETICIA CANADAY	33 NEWPORT NEWS VA	47:05	15:10
17	298 JERRELLE GRIFFIN	34 HAMPTON VA	49:18	15:53
18	317 MELANIE ROBINSON	34 SMITHFIELD VA	51:54	16:42
WOMEN: 35 - 39				
1	46 LORENA RIELY	38 NEWPORT NEWS VA	23:38	7:37 *
2	68 CRYSTAL DAVENPORT	36 YORKTOWN VA	25:16	8:08 *
3	77 STEPHANIE EBAYER	35 BROOKLYN NY	26:11	8:26
4	92 A JOYE LEE	38 HAMPTON VA	27:39	8:54 *
5	113 TAMMY BOHAC	37 NEWPORT NEWS VA	28:34	9:12
6	120 NANCY MONOCK	39 NEWPORT NEWS VA	28:54	9:18
7	135 CAROLYN EVANS	38 YORKTOWN VA	30:12	9:44 *
8	208 HEATHER DAY	37 YORKTOWN VA	36:09	11:38
9	236 AMY MOORE	37 DOVER DE	40:13	12:57
10	255 TONI HALL	39 SMITHFIELD VA	43:08	13:53
11	269 TERESA BOYD	36 HAMPTON VA	45:16	14:35
12	272 TIFFANY SMITH	35 NEWPORT NEWS VA	45:49	14:45
13	274 JENNIFER COHEN	36 VIRGINIA BEACH VA	46:07	14:51
14	297 KATHLEEN MASON	36 YORKTOWN VA	49:10	15:50 *
15	301 MARLEITA EDWARDS	39 HAMPTON VA	49:40	16:00
16	302 TARA HAZZARD-PATTERSO	35 NEWPORT NEWS VA	49:44	16:01
17	331 LISA MCLAIN	35 HAMPTON VA	53:11	17:07
18	345 SHANTELL NAOTALA	39 NEWPORT NEWS VA	55:56	18:01
WOMEN: 40 - 44				
1	37 DENA GOBLE	40 NEWPORT NEWS VA	22:51	7:22
2	63 DIANNE TAYLOR	43 HAMPTON VA	24:51	8:00
3	70 AMANDA DEVERICH	44 WILLIAMSBURG VA	25:29	8:13
4	74 KIMBERLY CAROSI	43 NEWPORT NEWS VA	25:44	8:17 *
5	103 LAURA KETTERMAN	40 HAMPTON VA	28:02	9:02 *
6	122 MANOKY SCOTT	40 HAMPTON VA	29:07	9:23
7	142 TRACEY ATTEBERRY	40 HAMPTON VA	30:33	9:50 *
8	173 JOANNE KOEHLER	44 HAMPTON VA	33:30	10:47
9	174 LYNDA ARAI	44 NEWPORT NEWS VA	33:32	10:48
10	184 CHRIS HIMES	43 YORKTOWN VA	34:24	11:05
11	186 TRACY HAYES	40 SMITHFIELD VA	34:32	11:07
12	220 WENDI ACKERMAN	42 POQUOSON VA	37:46	12:10
13	222 SONYA BRADLEY	44 NEWPORT NEWS VA	38:06	12:16
14	237 BECKY RIEBELING	42 NEWPORT NEWS VA	40:15	12:58 *
15	241 ONDINIA TEMPLE	42 HAMPTON VA	41:06	13:14
16	246 AMY FITZGERALD	41 SUFFOLK VA	41:51	13:29

17	250	MELISSA ROLLINS	43	SUFFOLK VA	42:12	13:35
18	259	SUSAN HILLIARD	44	NEWPORT NEWS VA	43:41	14:04
19	260	SIDDIQUA CHAMPLIN	43	NEWPORT NEWS VA	43:42	14:04 *
20	280	CHERYL WATSON	42	YORKTOWN VA	47:12	15:12
21	293	CEMEAL CARLSON	41	NEWPORT NEWS VA	48:41	15:40
22	294	KRISTINA ERNST	44	HAMPTON VA	48:56	15:45
23	299	MARCIA ADAIR	40	HAMPTON VA	49:22	15:54
24	305	TERESA DAVIS	43	NEWPORT NEWS VA	50:18	16:12
25	306	PATSY BUTLER	43	SUFFOLK VA	50:20	16:13
26	310	JOSIE PEARSON	42	NEWPORT NEWS VA	51:12	16:29
WOMEN: 45 - 49						
1	43	ELLEN TINNENY	47	YORKTOWN VA	23:29	7:34 *
2	56	CHRISTINE SCHAFFNER	47	YORKTOWN VA	24:25	7:52 *
3	105	KIMBERLY CLORE	46	YORKTOWN VA	28:08	9:04
4	121	MARYROSE MCGHEE	46	NEWPORT NEWS VA	29:06	9:22
5	123	LAURA SCOTT	45	POQUOSON VA	29:07	9:23
6	124	MARIA PETERS	45	POQUOSON VA	29:09	9:23 *
7	134	MARCIE SAGIAO	47	HAMPTON VA	30:10	9:43 *
8	147	FREDA ROSSO	49	HAMPTON VA	30:56	9:58
9	158	DANA CANNELLA	46	POQUOSON VA	32:05	10:20 *
10	161	BELINDA RAMSEY	47	NEWPORT NEWS VA	32:35	10:30
11	164	ELIZABETH MCKENNA	45	TOANO VA	32:47	10:33
12	167	ELIZABETH WATKINS	46	HAMPTON VA	33:08	10:40
13	169	DAPHNE LOBON	46	NORFOLK VA	33:22	10:45
14	175	SUSAN LUNDGREN	46	HAMPTON VA	33:40	10:51 *
15	179	LISA HYDRICK	48	YORKTOWN VA	34:03	10:58 *
16	181	ROBIN LAND	49	SMITHFIELD VA	34:08	11:00 *
17	182	TRACY SIGLER	47	HAMPTON VA	34:17	11:02
18	213	JOYCE PERRY	45	LYNCHBURG VA	36:37	11:47
19	214	SUSAN JOHNSTON	45	YORKTOWN VA	36:48	11:51
20	217	RITA QUINN	49	HAMPTON VA	37:29	12:04
21	229	MARGO LAMARSH	47	YORKTOWN VA	39:12	12:37
22	238	SYLVIA SPENCE	46	VIRGINIA BEACH VA	40:17	12:58
23	275	DONNA CHAPMAN	49	HAMPTON VA	46:34	15:00
24	288	LALA GOZUM	49	HAMPTON VA	47:59	15:27
25	290	SUZANNE RENFORTH	47	YORKTOWN VA	48:15	15:32
26	307	JAMIE HARMS	46	NEWPORT NEWS VA	50:21	16:13
27	313	LETORIOUS CROSLIN	48	SPRINGFIELD VA	51:27	16:34
28	346	LEZA MCLAIN	49	CHESAPEAKE VA	56:03	18:03
29	349	RITA KEARNEY	47	NEWPORT NEWS VA	59:39	19:12
WOMEN: 50 - 54						
1	97	JANETTA BOLGER	52	YORKTOWN VA	27:43	8:56 *
2	106	SUSAN CARZOO	53	NEWPORT NEWS VA	28:10	9:04
3	107	NORMA PHILLIPS	50	WILLIAMSBURG VA	28:11	9:05
4	111	ELIZABETH ROWE	52	YORKTOWN VA	28:30	9:11
5	136	SHERRY NEIGHBORS	50	POQUOSON VA	30:13	9:44
6	145	DONNA FORREST	51	NEWPORT NEWS VA	30:50	9:56
7	151	SALLY GATES	53	POQUOSON VA	31:22	10:06
8	165	KATHY GALLO	54	NEWPORT NEWS VA	33:00	10:38 *
9	201	SYLVIA BALMER	54	HAMPTON VA	35:34	11:27
10	210	DAWNN WALLACE	50	NEWPORT NEWS VA	36:32	11:46
11	219	DONNA FOLEY	54	YORKTOWN VA	37:35	12:06
12	240	CAROLYN DELEO	54	NEWPORT NEWS VA	40:28	13:02
13	271	SYLVIA WATFORDSUTHERLAN	52	HAMPTON VA	45:23	14:37
14	277	EVELYN HINSON	51	NEWPORT NEWS VA	47:00	15:08
15	281	JENNIFER ALLEN	51	NEWPORT NEWS VA	47:23	15:15 *

16	283 NANCY MASON	51 NEWPORT NEWS VA	47:30 15:18
17	334 WILLODENE SCOTT	53 HAMPTON VA	53:44 17:18
18	339 BILLYE BARBOUR	52 YORKTOWN VA	54:01 17:23
19	340 CLAUDIA SELLERS	52 NEWPORT NEWS VA	54:02 17:24
WOMEN: 55 - 59			
1	152 VICKI COLEMAN	55 POQUOSON VA	31:23 10:06
2	163 LUCY HINES	58 SMITHFIELD VA	32:39 10:31
3	183 DOROTHY EVERETTE	56 NEWPORT NEWS VA	34:21 11:04
4	221 MARGARET GORDON	57 HAMPTON VA	38:01 12:14
5	223 DONNA MARTIN	56 NEWPORT NEWS VA	38:06 12:16
6	243 TRACY WOOD	56 NEWPORT NEWS VA	41:18 13:18
7	262 CINDY SCHWENNEKER	55 POQUOSON VA	44:14 14:14
8	265 MARILYN HINES	58 HAMPTON VA	44:36 14:22
9	266 JUNE HUGHES	55 GLOUCESTER VA	45:03 14:30 *
10	273 DEBORAH HAND	57 NEWPORT NEWS VA	45:51 14:46
11	286 BETH TURNER	56 NEWPORT NEWS VA	47:47 15:23
12	292 SARA STERNBACH	57 RICHMOND VA	48:39 15:40
13	303 MARY ANN CALVERT	55 VIRGINIA BEACH VA	49:51 16:03 *
14	337 ROSALYN GREENE	58 NEWPORT NEWS VA	53:55 17:21
15	338 EVELYN LUGO	57 NEWPORT NEWS VA	54:00 17:23
16	347 BECKY WALKER	58 POQUOSON VA	59:10 19:03
WOMEN: 60 - 64			
1	104 BRENDA C MITCHELL	60 WILLIAMSBURG VA	28:03 9:02 *
2	148 GAIL LUCADO-PHELPS	60 NEWPORT NEWS VA	31:01 9:59 *
3	215 NANCY BLOUNT	64 WILLIAMSBURG VA	36:49 11:51 *
4	224 PATRICIA CORK	63 CARROLTON VA	38:07 12:17 *
5	227 BETH DIEHL	61 YORKTOWN VA	39:10 12:37
6	244 SHARON KELLY	60 NEWPORT NEWS VA	41:36 13:24
7	247 JULIE HALE	60 HAMPTON VA	41:54 13:29
8	253 STELLA QUINN	60 POQUOSON VA	42:38 13:44
9	309 MARIA RIEGGER	64 HAMPTON VA	51:07 16:28
10	312 LEE LOFURNO	60 HAMPTON VA	51:25 16:33
11	315 PATSY ROLLINS	62 SUFFOLK VA	51:33 16:36
12	318 CHERYL GRESHAM	64 HAMPTON VA	51:58 16:44
13	320 GLORIA NEWBY	61 HAMPTON VA	51:59 16:44
14	326 JOANNE NELLOS	63 POQUOSON VA	52:32 16:55
15	327 NANCY TALCOTT	62 POQUOSON VA	52:34 16:55
16	335 DOROTHY CROSLIN	61 HAMPTON VA	53:44 17:18
WOMEN: 65 - 69			
1	155 ELAINE HENDERSON	68 YORKTOWN VA	31:37 10:11 *
2	319 GRACE ANN MILLER	66 WEEMS VA	51:58 16:44
3	341 SUSAN DOLEZEL	67 YORKTOWN VA	55:09 17:45
WOMEN: 70 AND OVER			
1	321 SUSAN GARDNER	70 POQUOSON VA	51:59 16:44
2	324 TANYA BALL	70 HAMPTON VA	52:20 16:51
3	342 ROBERTA GRIFFITH	71 HAMPTON VA	55:13 17:47
WOMEN: Age Unknown			
1	96 EMBROLIC SELBY	99 HAMPTON VA	27:42 8:55
WHEELCHAIR RACERS			

* denotes PTC member