

**1st Annual Menchville Winter Chill
5K Run / Walk
January 21st 2012**

Benefiting the Menchville High School Chorus



- Where:** Menchville High School
275 Menchville Rd.
Newport News, VA 23602
- Time:** Registration begins at 8:30am
Fun Run starts at 9:30am
5K Race begins at 10:00 am
- Fees:** \$20.00 Pre-registration
\$25.00 after January 7, 2012
\$15.00 with ID for Menchville Students and Teachers.
PTC Passes Accepted
- Awards:** Male and Female: Trophies for top 3 overall, medals for top 3 in following age groups:
13 & under, 14-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60+
Commemorative long-sleeved shirt guaranteed to all pre-registrations
- Race Director:** Danny Garay
757-725-2100
satterfieldent@aol.com

Finish line results and race support provided by the Peninsula Track Club

Registration Form

Please print clearly. Make all checks payable to Menchville High School. Mail all forms and checks to:
Menchville High School
275 Menchville Rd.
Newport News, VA 23602
Attn: Jennifer Maynard, Chorus Director

Name: _____ Date of Birth: _____
Address: _____
Email: _____ Phone: _____ Age on Race Day: _____
Emergency Contact Info: _____
Circle Shirt Size: S M L XL XXL

Waiver Agreement:

I know that participating in a 5K run/walk or fun race is a potentially hazardous activity. I will not enter and participate unless I am medically able. I assume all risks from participating in this event and its related activities including, but not limited to: falls; contact with other participants; effects of the weather, temperature, humidity, precipitation, traffic and the conditions of the road; all such risks being known and appreciated by me. Having read this waiver and release and knowing these facts and in consideration of your accepting my participation, I, for myself and anyone entitled to act on my behalf, waive and release Menchville High School, City of Newport News, Newport News Parks & Recreation, race officials, volunteers, sponsors and their respective affiliates, subsidiaries, principals, directors, agents, officers, employees or contractors, Peninsula Track Club, and Road Runners Club of America of and from all claims, liabilities or causes of action of any kind arising out of my participation in this event or its related activities which I or my successors, assigns or heirs may ever have now or in the future against any of them. This release and waiver extends to all claims of every kind and nature whatsoever. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any lawful purpose.

Signature: _____ Date: _____
Parent / Guardian Signature (for ages 17 and younger): _____