



The Constant Center will be hosting the second annual "Tread at the Ted 5k and Family Fun Run" on October 20!

Proceeds from the 2012 Tread at the Ted will benefit the Southside Boys and Girls Club, an organization that enables young people to realize their full potential as productive, caring, and responsible citizens. For more information, visit <http://ssbandgc.org>.

The 5K will begin at 8:30 am on October 20 and travel through the Larchmont Neighborhood beginning and ending on 43rd Street. The post-race events will be filled with a fun and exciting block party full of bounce houses, family friendly vendors and music, all in celebration of the Constant Center's 10th Birthday! The Family Fun Run will begin at 9:30am and will start at the grassy area behind the Constant Center. Participants will follow the sidewalks around the Ted Constant Center once, ending at the starting line.

[CLICK HERE](#) to view the race route.

To print out a registration form to mail/fax to the Constant Center, [CLICK HERE](#).

Volunteer Opportunities are available! If you're interested, [CLICK HERE](#) for the volunteer form. Please complete the form and mail, fax to 757-683-6544, or bring to the constant center box office.

Adult 5K \$25.00, Family Fun Run \$10.00, Pets \$5.00 - Registration price will increase the week of the run

Or Visit our web-site <http://www.constantcenter.com/events/detail/tread-at-the-ted-5k-and-family-fun-run>