

1st ANNUAL I AM 10K
 Proceeds benefit Menchville House and Military Ministry
 Newport News Park, Newport News, VA
 Saturday, January 14, 2012 10:00 AM
 Sponsored by I AM Fitness
 A PENINSULA TRACK CLUB EVENT

TOP OVERALL MEN

1	1 TIM SCOTT	27 NEWPORT NEWS VA	37:59	6:07
2	2 LEE LOCKWOOD	29 NEWPORT NEWS VA	39:40	6:23
3	3 PAUL CHEKAL	40 NEWPORT NEWS VA	39:49	6:25

TOP OVERALL WOMEN

1	23 CHRISTINE SCHAFFNER	48 YORKTOWN VA	50:14	8:05 *
2	25 CHERYL LAGER	46 NEWPORT NEWS VA	52:03	8:23 *
3	26 RACHEL SWIFT	32 HAMPTON VA	52:17	8:25 *

MEN: 14 AND UNDER

1	43 PAUL GLASS	10 WILLIAMSBURG VA	57:39	9:17
2	95 LOGAN ATKINS	12 WILLIAMSBURG VA	1:19:42	12:50

MEN: 15 - 18

1	7 ROBERT MCCARTNEY	16 NEWPORT NEWS VA	44:08	7:07
2	11 LEVI JACKSON	16 ST STEPHENS CH VA	48:19	7:47 *
3	12 SCOTT KRAMER	15 NEWPORT NEWS VA	48:27	7:48
4	15 CHRISTIAN J DOOLEY	15 NEWPORT NEWS VA	49:03	7:54

MEN: 19 - 24

MEN: 25 - 29

1	4 ROSS MONTFORT	27 NEWPORT NEWS VA	42:47	6:54
---	-----------------	--------------------	-------	------

MEN: 30 - 34

1	19 LEX LEIBER	34 CARROLLTON VA	49:47	8:01
2	20 ROBERT SALDINO	31 HIGHTSTOWN NJ	49:47	8:01
3	24 JEFFREY QUAIL	31 FT LEE VA	51:46	8:20
4	54 TIM KELLUM	31 YORKTOWN VA	1:00:04	9:40

MEN: 35 - 39

1	8 DANIEL MOSS	37 NEWPORT NEWS VA	45:54	7:24
2	22 KURT DELLOS	39 WILLIAMSBURG VA	50:08	8:05
3	33 BEAU RIELY	39 NEWPORT NEWS VA	54:08	8:43
4	39 ISAIAH MARAUTA	35 PRINCE GEORGE VA	55:57	9:01
5	41 JAMES PRESLER	38 VIRGINIA BEACH VA	56:06	9:02
6	47 DAVID GLASS	39 WILLIAMSBURG VA	57:52	9:19
7	50 WINSTON TRICE	38 HAYES VA	59:07	9:31
8	65 LANGSTON REID	35 NEWPORT NEWS VA	1:02:13	10:01
9	73 BRIAN WEST	39 CHESAPEAKE VA	1:04:19	10:21
10	91 JAMIE GARRETT	39 NEWPORT NEWS VA	1:10:40	11:23 *

MEN: 40 - 44

1	6 TODD WHETSTONE	41 SUFFOLK VA	43:02	6:56
2	10 KEVIN CLAUBERG	43 WILLIAMSBURG VA	47:08	7:36
3	53 RICHARD HARDY	44 WILLIAMSBURG VA	59:58	9:39
4	59 THOMAS O'BRYAN	41 GRAFTON VA	1:00:56	9:49 *
5	92 BRIAN MASON	42 YORKTOWN VA	1:11:07	11:27 *

MEN: 45 - 49

1	18 MARK YATES	46 SMITHFIELD VA	49:30	7:58
2	36 REX HOOVER	48 WILLIAMSBURG VA	54:42	8:49
3	49 JOSEPH BIAVA	49 NEWPORT NEWS VA	58:43	9:27
4	62 CHRISTIAN A HOLTER	48 NEWPORT NEWS VA	1:01:47	9:57 *

MEN: 50 - 54

1	9 ANDREW R D'AMICO	51 NEWPORT NEWS VA	46:53	7:33 *
---	--------------------	--------------------	-------	--------

2	14 ALAN VAN ZANDT	50 NEWPORT NEWS VA	48:50	7:52	*
3	16 DAVID J SMITH	54 TAPPAHANNOCK VA	49:17	7:56	
4	21 ED RIETSCHA	51 YORKTOWN VA	50:02	8:03	*
5	46 LARRY PRICE	52 WEST POINT VA	57:51	9:19	
6	72 CRAIG STRICKLER	51 MOORESVILLE NC	1:04:18	10:21	
MEN: 55 - 59					
1	5 PETER MUELLER	57 NEWPORT NEWS VA	42:52	6:54	*
2	17 EUGENE THIES	57 HAMPTON VA	49:21	7:57	*
3	31 GEORGE W NELSEN	56 NEWPORT NEWS VA	53:22	8:36	*
4	52 ROBERT D JONES	56 YORKTOWN VA	59:55	9:39	*
5	94 RAY COMSTOCK	58 PORTSMOUTH VA	1:13:31	11:50	
6	98 BOB CURTIN JR	59 HAMPTON VA	1:23:01	13:22	*
MEN: 60 AND OVER					
1	13 JIM CHRISTOL	64 YORKTOWN VA	48:42	7:51	*
2	34 LARRY ARATA	67 WILLIAMSBURG VA	54:12	8:44	*
3	35 JIMMY C BLOUNT	61 WILLIAMSBURG VA	54:22	8:45	*
4	38 WILLIAM CHADIM	65 MIDLOTHIAN VA	54:51	8:50	
5	55 ANDREW MEDVEC	61 HAMPTON VA	1:00:05	9:41	*
6	103 ROBERT RYLAND	72 RICHMOND VA	1:36:30	15:32	
MEN: AGE UNKNOWN - NO AWARDS					
1	68 STEVEN THORNE	99 WATERLOOVILLE VA	1:03:17	10:12	
WOMEN: 14 AND UNDER					
1	44 KYRA JACKSON	13 ST STEPHENS CH VA	57:43	9:18	*
2	45 SYDNEY GARRETT	10 NEWPORT NEWS VA	57:47	9:18	*
WOMEN: 15 - 19					
WOMEN: 20 - 24					
1	42 ERICA KEIL	20 WAYNE NJ	57:32	9:16	
2	66 ASHLEY WARNER	23 CARROLLTON VA	1:02:53	10:08	
3	69 KRISTA SWEET	24 NEWPORT NEWS VA	1:03:29	10:13	*
4	70 CAYLA WALLWORK	21 WILLIAMSBURG VA	1:03:59	10:18	
WOMEN: 25 - 29					
1	37 BRISTOL BOWMAN	26 NEWPORT NEWS VA	54:47	8:49	
2	76 MORGAN ANDERSON	27 CARROLLTON VA	1:05:19	10:31	
WOMEN: 30 - 34					
1	57 REBECCA SOMERS	31 ARLINGTON VA	1:00:51	9:48	
2	58 HOLLY SCHULTZ	31 NEWPORT NEWS VA	1:00:51	9:48	
3	63 AMY BRANCH	34 SMITHFIELD VA	1:02:01	9:59	
4	64 CHRISTINE ILARDI	30 HAMPTON VA	1:02:05	10:00	
5	74 DANETTE GREEN	34 CARROLLTON VA	1:05:06	10:29	
6	87 CAROLSUE INGLE	32 HAMPTON VA	1:09:43	11:14	
7	88 ELIZABETH MCGRAW	33 VIRGINIA BEACH VA	1:10:14	11:19	
WOMEN: 35 - 39					
1	29 LORENA RIELY	39 NEWPORT NEWS VA	53:01	8:32	*
2	30 JEANETTE L PRIMICH	35 WILLIAMSBURG VA	53:12	8:34	
3	40 KENDRA JACKSON	36 ST STEPHENS CH VA	56:03	9:02	*
4	75 LAUREL CLICK	36 SUFFOLK VA	1:05:18	10:31	
5	83 JUDY MOORE	37 HAMPTON VA	1:07:24	10:51	*
6	89 ROBYN ROZEK	35 VIRGINIA BEACH VA	1:10:15	11:19	*
7	90 PAMELA A GARRETT	38 NEWPORT NEWS VA	1:10:25	11:20	*
8	93 HOLLY GILMAN	35 WILLIAMSBURG VA	1:12:24	11:40	
9	97 CHELSEA DEGNAN	39 NEWPORT NEWS VA	1:20:06	12:54	
10	99 SARI O'BRYAN	35 NEWPORT NEWS VA	1:23:10	13:24	
WOMEN: 40 - 44					
1	28 AMY SPECKART	40 WILLIAMSBURGCH VA	52:58	8:32	
2	71 DAWN M DOOLEY	44 NEWPORT NEWS VA	1:04:17	10:21	
3	84 TRACEY ATTEBERRY	41 HAMPTON VA	1:08:50	11:05	*

4	96 LAURI ATKINS	43 WILLIAMSBURG VA	1:19:43	12:50
WOMEN:	45 - 49			
1	27 CAROL BARTRAM	48 YORKTOWN VA	52:24	8:26 *
2	32 AMANDA DEVERICH	45 WILLIAMSBURG VA	53:24	8:36
3	56 DONNA L MOYER	45 YORKTOWN VA	1:00:15	9:42
4	60 CATHERINE WITHROW	49 SMITHFIELD VA	1:01:02	9:50
5	61 ROBIN MILLS	46 YORKTOWN VA	1:01:19	9:52
6	67 LAURA BIAVA	48 NEWPORT NEWS VA	1:03:11	10:11
7	79 ANGELA WILLIAMS	48 NEWPORT NEWS VA	1:06:15	10:40 *
8	81 BELINDA RAMSEY	48 NEWPORT NEWS VA	1:06:19	10:41 *
9	82 DANA CANNELLA	47 POQUOSON VA	1:06:24	10:41 *
WOMEN:	50 - 54			
1	51 ANGEE BERRY	50 HAYES VA	59:49	9:38
2	78 ROBIN LAND	50 SMITHFIELD VA	1:05:54	10:37 *
3	80 DEEDIE WEAVER	51 POQUOSON VA	1:06:18	10:41 *
WOMEN:	55 - 59			
1	48 SHIRLEY STEPHENS	55 WILLIAMSBURG VA	58:35	9:26 *
2	85 BARBARA WILLIAMS	56 BENA VA	1:09:29	11:11 *
3	86 SUSAN CANEDY	57 HAMPTON	1:09:43	11:14
4	100 NITA MCGUIRE	58 NEWPORT NEWS VA	1:23:33	13:27 *
WOMEN:	60 AND OVER			
1	77 GAIL LUCADO-PHELPS	61 NEWPORT NEWS VA	1:05:27	10:32 *
2	101 CHRISTINE RYLAND	62 RICHMOND VA	1:30:38	14:36
3	102 TAMI GRAF	75 LUSBY MD	1:32:01	14:49
WOMEN:	AGE UNKNOWN - NO AWARDS			
WHEELCHAIR RACERS				

* denotes PTC member