

20th ANNUAL HILTON 5K
Hilton Village, Newport News, VA
Saturday, September 28, 2013 9:00 AM
Sponsored by the Junior Woman's Club of Hilton Village
A PENINSULA TRACK CLUB GRAND PRIX EVENT
(USATF Certified VA13042RT)

TOP OVERALL MEN

1	1 CLINT GAULT	13 POQUOSON VA	18:21	5:55
2	2 GLEN MORRIS	52 CARROLLTON VA	18:31	5:58 *
3	3 JIM HIGHSMITH	30 NEWPORT NEWS VA	18:39	6:01

TOP OVERALL WOMEN

1	12 JAELYN WINDHAM	10 NEWPORT NEWS VA	21:16	6:51
2	16 AMANDA SELLERS	27 RALEIGH VA	22:07	7:08
3	17 KRISTIN HARMAN	33 RALEIGH NC	22:16	7:10

MEN: 14 AND UNDER

1	40 CODY SHEETS	13 SMITHFIELD VA	28:10	9:04
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MEN: 15 - 18

1	35 TRISTAN MCCAULEY	17 NEWPORT NEWS VA	27:05	8:43
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MEN: 19 - 24

1	4 SPENCER NORMAN	24 SMITHFIELD VA	18:44	6:02
2	20 NATHAN SWARRINGIM	20 NEWPORT NEWS VA	23:10	7:28
3	70 NICK BRANSFORD	21 YORKTOWN VA	36:23	11:43

MEN: 25 - 29

1	15 ANDREW EVANS	27 NEWPORT NEWS VA	21:30	6:56 *
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MEN: 30 - 34

1	6 JASON TODD	32 NEWPORT NEWS VA	19:39	6:20
2	13 CHRIS NOVAKOSKI	31 FRANKLIN VA	21:25	6:54 *
3	21 MATTHEW HOUSER	34 HAMPTON VA	23:28	7:34

MEN: 35 - 39

1	8 JASON ANDERSON	39 SEAFORD VA	20:12	6:30
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MEN: 40 - 44

1	36 RYAN MCCAULEY	40 NEWPORT NEWS VA	27:11	8:45
2	48 BRIAN MASON	43 YORKTOWN VA	29:11	9:24 *
3	69 JEREMY COHEN	42 HAMPTON VA	35:57	11:34 *

MEN: 45 - 49

1	10 JOHN BRADY	47 NEWPORT NEWS VA	20:39	6:39
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MEN: 50 - 54

1	7 RAMON SILVA	51 NEWPORT NEWS VA	19:49	6:23 *
2	11 ALAN VAN ZANDT	52 NEWPORT NEWS VA	20:54	6:44 *
3	23 DEAN WEWETZER	54 NEWPORT NEWS VA	23:55	7:42 *
4	27 GENE PARSONS	53 HAMPTON VA	24:56	8:02 *
5	32 MIKE THOMAS	54 NEWPORT NEWS VA	26:27	8:31 *
6	39 MICHAEL CARPENTER	53 NEWPORT NEWS VA	28:04	9:02
7	57 FRANK COTRUPI	54 NEWPORT NEWS VA	30:24	9:48
8	64 STAN STALLINGS	54 SMITHFIELD VA	32:44	10:33
9	67 MARK CHURCH	52 HAMPTON VA	34:18	11:03

MEN: 55 - 59

1	5 ANDREW D CUTLER	56 YORKTOWN VA	19:00	6:07 *
2	14 WYATT E CUTCHINS	57 NEWPORT NEWS VA	21:28	6:55 *
3	18 BARRY L HUGHES	59 GLOUCESTER POINT V	22:23	7:13 *
4	37 CHRISTOPHER LINDEMANN	57 NEWPORT NEWS VA	27:31	8:52
5	55 JOHN R GALLO	57 NEWPORT NEWS VA	29:42	9:34 *
6	60 KEVIN CONNER	55 WILLIAMSBURG VA	31:31	10:09
7	71 PETER M NAVIN	59 HAMPTON VA	36:35	11:47 *

MEN: 60 AND OVER

1 9 JEFF GROSS
 2 28 EDGAR J RANGEL
 3 30 JIMMY C BLOUNT
 4 38 RANDY HAWTHORNE
 5 42 JAMES LONGSTREET
 6 46 LARRY TURNER
 7 47 PHIL CASEY
 8 63 EARL ARROWOOD
 9 77 ALLAN HUMPHREYS

61 POQUOSON VA 20:32 6:37
 64 NEWPORT NEWS VA 25:19 8:09 *
 63 WILLIAMSBURG VA 25:41 8:16 *
 68 WILLIAMSBURG VA 27:43 8:56 *
 60 NEWPORT NEWS VA 28:23 9:08
 70 SEAFORD VA 29:04 9:22 *
 62 NEWPORT NEWS VA 29:06 9:22
 72 NEWPORT NEWS VA 32:25 10:26
 66 NEWPORT NEWS VA 41:34 13:23 *

WOMEN: 14 AND UNDER

1 19 CAMDEN CARPENTER

14 NEWPORT NEWS VA 23:02 7:25

WOMEN: 15 - 18

NONE

WOMEN: 19 - 24

1 54 KRISTIN ANZALONE
 2 62 SARAH BRANSFORD

22 NORFOLK VA 29:40 9:33
 24 YORKTOWN VA 31:50 10:15

WOMEN: 25 - 29

1 58 LIZ YOUNG
 2 72 KELLY MALONE

28 NEWPORT NEWS VA 30:44 9:54
 29 CARROLLTON VA 37:38 12:07

WOMEN: 30 - 34

1 24 TIFFANY CARNEY
 2 25 RACHEL SWIFT
 3 43 BROOKE BRAME
 4 59 CHRISTINA GAFFOS
 5 85 RUTH DEIBLER

33 NEWPORT NEWS VA 24:01 7:44
 34 HAMPTON VA 24:04 7:45 *
 31 NEWPORT NEWS VA 28:31 9:11
 32 NEWPORT NEWS VA 30:45 9:54
 32 NEWPORT NEWS VA 56:51 18:18

WOMEN: 35 - 39

1 26 JAIME COX
 2 31 ANNE EPPERLY
 3 41 NICOLE LAVIN
 4 44 GINNY HICKS
 5 45 PEGGY CAISTER
 6 50 CARMEN EHRET

35 NEWPORT NEWS VA 24:54 8:01 *
 38 NEWPORT NEWS VA 26:08 8:25
 37 NEWPORT NEWS VA 28:13 9:05
 37 NEWPORT NEWS VA 28:43 9:15
 38 NEWPORT NEWS VA 28:51 9:18 *
 37 HAMPTON VA 29:22 9:28

WOMEN: 40 - 44

1 56 WENDY COHEN
 2 61 LISA CHURCH
 3 65 TRACEY ATTEBERRY
 4 66 ANGELA C BYNUM

40 HAMPTON VA 30:04 9:41 *
 44 HAMPTON VA 31:37 10:11
 43 HAMPTON VA 33:45 10:52 *
 41 NEWPORT NEWS VA 34:07 10:59 *

WOMEN: 45 - 49

1 51 STEPHANIE DOUGLAS
 2 75 KAREN MORRIS

48 SUFFOLK VA 29:25 9:29 *
 46 SUFFOLK VA 37:56 12:13

WOMEN: 50 - 54

1 22 CHRISTINE SCHAFFNER
 2 52 SUSAN WOLF
 3 79 PATRICIA WILLIS

50 YORKTOWN VA 23:42 7:38 *
 53 NEWPORT NEWS VA 29:26 9:29
 51 HAMPTON VA 43:35 14:02

WOMEN: 55 - 59

1 29 HELEN WORTHINGTON
 2 73 JENNIFER BARR
 3 74 KAREN MALONE

59 BENA VA 25:31 8:13 *
 56 NEWPORT NEWS VA 37:40 12:08 *
 57 CARROLLTON VA 37:52 12:12

WOMEN: 60 AND OVER

1 33 BARBARA BIASI
 2 34 SALLY YOUNG
 3 49 GAIL LUCADO-PHELPS
 4 53 DOTTIE HUMPHREYS
 5 68 MARY HARMAN

66 YORKTOWN VA 26:33 8:33 *
 60 NEWPORT NEWS VA 26:41 8:36 *
 63 NEWPORT NEWS VA 29:14 9:25 *
 61 NEWPORT NEWS VA 29:30 9:30 *
 62 NEWPORT NEWS VA 34:27 11:06 *

MALE WALKERS

1	76	GEORGE I FENIGSOHN	65	POQUOSON VA	39:16	12:39	*
2	78	GROVE A CALVERT	66	VIRGINIA BEACH VA	42:14	13:36	*
3	81	MICHAEL NICOLETTI	63	HAMPTON VA	51:00	16:25	
4	82	CHUCK BRANSFORD	61	YORKTOWN VA	52:24	16:52	

FEMALE WALKERS

1	80	SHAINA JOYCE	31	NEWPORT NEWS VA	47:05	15:10	
2	83	KAREN NICOLETTI	63	HAMPTON VA	52:48	17:00	
3	84	MARY BRANSFORD	55	YORKTOWN VA	53:07	17:06	
4	86	JOY PERRY	59	NEWPORT NEWS VA	56:52	18:18	

* denotes PTC member