

2013 Poquoson Seafood Festival 5K Run & 2 Mile Walk
 Poquoson High School, Poquoson, VA
 Saturday, October 5, 2013 8:30 AM
 Sponsored by Poquoson Education Foundataion & Kiwanis Club of Poquoson
 A PENINSULA TRACK CLUB EVENT

TOP OVERALL MEN

1	1	MAK CASEY	15	POQUOSON VA	17:38	5:41
2	2	CLINT GAULT	13	POQUOSON VA	18:03	5:49
3	3	GABRIEL COLE	11	POQUOSON VA	18:26	5:56

TOP OVERALL WOMEN

1	23	KRISTIN MILNER	28	NEWPORT NEWS VA	21:44	7:00 *
2	31	JAELYN WINDHAM	10	NEWPORT NEWS VA	22:32	7:15
3	34	MARISA BOCKLET	16	POQUOSON VA	22:53	7:22

MEN: 14 AND UNDER

1	10	KENT GARLAND	14	POQUOSON VA	20:20	6:33
2	39	CARTER REDMAN	14	POQUOSON VA	23:46	7:39
3	95	DAVID OLSEN	14	POQUOSON VA	31:00	9:59

MEN: 15 - 19

1	4	CORBIN ARMSTRONG	16	POQUOSON VA	18:51	6:04
2	5	TYLER MOORE	16	POQUOSON VA	19:13	6:12
3	7	SCOTT PORTER	16	POQUOSON VA	19:58	6:26
4	13	HAMILTON PAYNE	15	POQUOSON VA	20:47	6:42
5	18	ANDREW MCCRACKEN	15	POQUOSON VA	21:17	6:51
6	20	MICHAEL PEDULLA	19	POQUOSON VA	21:23	6:53
7	28	JONATHAN FAHRINGER	16	POQUOSON VA	22:19	7:11
8	30	CODY BEECH	17	POQUOSON VA	22:31	7:15
9	37	ROCCO MANNINO	17	POQUOSON VA	23:31	7:35
10	47	CECIL BYLES	16	POQUOSON VA	24:23	7:51

MEN: 20 - 29

1	8	TAYLOR TOMLINSON	25	YORKTOWN VA	20:07	6:29
2	11	MAXWELL BUGOS	22	POQUOSON VA	20:27	6:35 *
3	27	JOSHUA MCMILLION	20	POQUOSON VA	22:16	7:10
4	33	SHAWN JOHNSON	26	YORKTOWN VA	22:47	7:20
5	51	MATTHEW FOSTER	27	BELLEVUE NE	24:56	8:02
6	53	BRANDON KNIGHT	26	NEWPORT NEWS VA	24:57	8:02

MEN: 30 - 39

1	29	AARON GOODMAN	34	POQUOSON VA	22:21	7:12
2	63	TOM ROWE	37	NEWPORT NEWS VA	27:06	8:44
3	143	CHARLES DEEVER	36	YORKTOWN VA	36:29	11:45
4	211	MARK BEACHY	37	ELLCOTT CITY MD	50:38	16:18

MEN: 40 - 49

1	6	WAYNE PARFITT	48	NEWPORT NEWS VA	19:20	6:14
2	9	GREGG KOPECK	43	POQUOSON VA	20:18	6:32
3	14	PETE BASTION	48	POQUOSON VA	20:55	6:44
4	17	ERIC WILLIAMS	48	YORKTOWN VA	21:10	6:49
5	21	BOB MCCRACKEN	49	POQUOSON VA	21:37	6:58
6	22	KIPP CRANE	46	PROVIDENCE FORGE V	21:41	6:59
7	25	WILLIAM PALAGYI	48	SUFFOLK VA	22:01	7:05 *
8	46	DAVID MOORE	48	POQUOSON VA	24:03	7:45
9	48	JEFF FRY	45	WILLIAMSBURG VA	24:24	7:51
10	49	KEVIN CONLIN	45	NEWPORT NEWS VA	24:43	7:58
11	64	PAUL OLSEN	47	POQUOSON VA	27:08	8:44
12	65	JEFF BAKER	43	POQUOSON VA	27:12	8:46
13	67	BRUCE BAUGHMAN	48	POQUOSON VA	27:22	8:49

14	72	BENJAMIN FITZER	41	NEWPORT NEWS VA	27:50	8:58
15	97	STEVE BELIN	49	POQUOSON VA	31:10	10:02
16	104	JASON SEBRING	41	POQUOSON VA	31:42	10:13
17	115	TIM CASON	47	POQUOSON VA	33:21	10:44
18	133	BRIAN LAMPRECHT	42	NEW KENT VA	35:17	11:22
19	175	DANNY SANDEFUR	45	POQUOSON VA	39:49	12:49
20	214	STEVE BLACKWELL	45	YORKTOWN VA	50:52	16:23
MEN: 50 - 59						
1	15	JOE GARRITY	50	HAMPTON VA	20:58	6:45 *
2	16	SCOTT BARTRAM	52	YORKTOWN VA	21:06	6:48 *
3	19	DAVE EBERT	55	CHESAPEAKE VA	21:21	6:53 *
4	24	DAVE VENABLE	57	YORKTOWN VA	21:59	7:05 *
5	26	PETER COEN	53	POQUOSON VA	22:05	7:07
6	32	STEVE ROBBINS	50	POQUOSON VA	22:35	7:17
7	44	SEIJI KATO	51	POQUOSON VA	23:59	7:44
8	56	DARRELL COFSKY	57	YORKTOWN VA	25:59	8:22
9	57	RICHARD CLIFTON	50	POQUOSON VA	26:00	8:23
10	82	RICHARD SLATER	51	GLOUCESTER VA	28:43	9:15
11	84	KEVIN FLOOD	54	POQUOSON VA	28:45	9:16
12	86	WILLIAM JOHNSON	50	NEWPORT NEWS VA	29:16	9:25
13	87	DEAN LOWERY	52	POQUOSON VA	29:23	9:28
14	93	STEVE YAKSHE	55	POQUOSON VA	30:34	9:51
15	111	STEVE BUGOS	51	POQUOSON VA	32:36	10:30 *
16	114	ROY DEUELL	50	POQUOSON VA	33:10	10:41
17	118	NATHAN NICKERSON	50	POQUOSON VA	33:42	10:51
18	148	ERIC GOODMAN	59	POQUOSON VA	36:58	11:54 *
19	150	LARRY BARANOWSKI	56	YORKTOWN VA	37:09	11:58
MEN: 60 - 69						
1	12	JEFF GROSS	61	POQUOSON VA	20:36	6:38
2	62	ED OLIPHANT	67	GLOUCESTER VA	26:42	8:36
3	78	TOM WALSH	64	HAYES VA	28:33	9:12
4	80	WAYNE WILLIAMS	60	POQUOSON VA	28:39	9:14
5	81	PAUL LINTON	61	YORKTOWN VA	28:42	9:14
6	83	JIMMY C BLOUNT	63	WILLIAMSBURG VA	28:44	9:15 *
7	90	THOMAS MURPHY	65	NEWPORT NEWS VA	30:01	9:40
8	91	BILL SANDERSON	64	POQUOSON VA	30:07	9:42
9	109	JERRY HENRY	65	YORKTOWN VA	32:25	10:26
10	163	RICK MACHAMER	60	NEWPORT NEWS VA	38:32	12:24
11	199	GROVE A CALVERT	66	VIRGINIA BEACH VA	42:16	13:37 *
MEN: 70 AND OVER						
1	100	CHARLES R TERRELL	74	NEWPORT NEWS VA	31:22	10:06 *
2	204	MARSHALL BOOKER	78	POQUOSON VA	43:40	14:04
WOMEN: 14 AND UNDER						
1	36	ISABELLA KIMBEL	10	SMITHFIELD VA	23:20	7:31
2	74	JENNY GU	13	YORKTOWN VA	28:02	9:02
3	76	SYDNEY LEWIS	11	POQUOSON VA	28:27	9:10
4	79	MADI RIDDLE	11	YORKTOWN VA	28:34	9:12
5	142	CARLEY DEEVER	8	YORKTOWN VA	36:28	11:45
6	155	REBECCA OLSEN	9	POQUOSON VA	37:54	12:12
7	167	ALIANN HOLLOWAY	8	POQUOSON VA	39:09	12:37
WOMEN: 15 - 19						
1	40	LELA KNIGHT	15	POQUOSON VA	23:46	7:39
2	42	MADISON KOPECK	16	POQUOSON VA	23:58	7:43
3	45	HAILEY SANDEFUR	15	POQUOSON VA	24:03	7:45
4	50	EMILY DEEDS	15	POQUOSON VA	24:49	8:00
5	66	EMILY DEVELL	15	POQUOSON VA	27:17	8:47

6	68 CAITLYN CASON	15 POQUOSON VA	27:26	8:50
7	96 SERENA ANGONE	16 POQUOSON VA	31:09	10:02
8	98 BRIENNA SAWYER	19 POQUOSON VA	31:14	10:03
WOMEN: 20 - 29				
1	69 CHYNA KINSER	25 CHESAPEAKE VA	27:27	8:50
2	70 GURMEET GILL	29 YORKTOWN VA	27:28	8:51
3	88 MADELINE HALLINGER	26 WAKE FOREST NC	29:56	9:38
4	94 JESSICA ROBARGE	25 VIRGINIA BEACH VA	30:59	9:59
5	101 NICKI COOK	28 NEWPORT NEWS VA	31:22	10:06
6	103 RACHEL RINEHART	24 NEWPORT NEWS VA	31:26	10:07
7	117 MEGAN NICKERSON	22 POQUOSON VA	33:41	10:51
8	136 REGAN PUMMELL	24 POQUOSON VA	35:28	11:25
9	156 NICOLINE DALSGAARD	23 POQUOSON VA	37:55	12:12
10	168 KELLY FERNANDEZ	29 NORFOLK VA	39:10	12:37
11	173 KATIE JOHNSON	27 YORKTOWN VA	39:37	12:46
12	178 CHELSEA JONES	23 POQUOSON VA	40:02	12:54
13	189 ASHLEY CLAUD	23 POQUOSON VA	41:35	13:23
14	206 LAURA KNIGHT	28 POQUOSON VA	45:54	14:47
15	207 VALERIE SKINNER	24 NEWPORT NEWS VA	45:55	14:47
WOMEN: 30 - 39				
1	38 KRISTIN GOODMAN	34 POQUOSON VA	23:42	7:38
2	41 LIZETH CAMERON	34 PORTSMOUTH VA	23:57	7:43
3	60 HEATHER CALL	32 YORKTOWN VA	26:27	8:31
4	85 PETRA HOLDEN	37 POQUOSON VA	29:13	9:24
5	92 JENNIFER FITZPATRICK	36 NEWPORT NEWS VA	30:19	9:46
6	108 EMILY PHILLIPS	35 VIRGINIA BEACH VA	32:24	10:26
7	116 JOANNA DURBIN	36 POQUOSON VA	33:30	10:47
8	126 NICOLE SNEDDON	36 POQUOSON VA	34:17	11:02
9	141 ANGELA DAVIS	30 NEWPORT NEWS VA	36:23	11:43
10	152 BLAIR DUVAL	33 SEAFORD VA	37:24	12:03
11	153 NINA RICHARDSON	33 POQUOSON VA	37:25	12:03
12	169 EMILY PRITCHETT	37 NEWPORT NEWS VA	39:19	12:40
13	172 RAGAN SMITH	37 POQUOSON VA	39:21	12:40
14	200 ARNA M MAJCHER	37 POQUOSON VA	42:42	13:45 *
WOMEN: 40 - 49				
1	35 ELLEN ENOCH	46 YORKTOWN VA	23:02	7:25
2	43 YUMIKO MIZUKAKI	41 POQUOSON VA	23:58	7:43
3	54 HOPE CALLIS	47 YORKTOWN VA	25:05	8:05
4	59 CAROL BARTRAM	49 YORKTOWN VA	26:25	8:30 *
5	61 KIM GOODWIN	45 SEAFORD VA	26:28	8:31
6	71 JENNIFER JOHNSON	42 POQUOSON VA	27:34	8:53
7	89 CINDY ALEXANDER	42 YORKTOWN VA	30:00	9:40 *
8	105 CYNTHIA OLSEN	44 POQUOSON VA	31:51	10:15
9	112 JULIE ARMSTRONG	40 POQUOSON VA	32:38	10:31
10	113 AMY COLLEY	47 WILLIAMSBURG VA	32:54	10:36
11	121 DEBBIE ROBBINS	49 POQUOSON VA	33:52	10:54
12	127 PAULA FREEMAN	40 POQUOSON VA	34:30	11:07
13	139 DEBBIE BELIN	45 POQUOSON VA	36:13	11:40
14	151 CARMEN SHAFFER	48 POQUOSON VA	37:18	12:01
15	190 ALMA RESURRECCION	46 HAMPTON VA	41:37	13:24
16	191 PAIGE SHOUN	44 POQUOSON VA	41:38	13:24
17	202 TERESA SEBRING	40 POQUOSON VA	43:06	13:53
18	210 SINCLAIR MCCracken	48 POQUOSON VA	50:30	16:16
19	213 ALLISON JOHNSON	48 NEWPORT NEWS VA	50:43	16:20
WOMEN: 50 - 59				
1	52 JANET KNIGHT	56 POQUOSON VA	24:57	8:02
2	73 SUSAN LINDEMANN	56 YORKTOWN VA	27:58	9:00

3	75 SHIRLEY STEPHENS	56 WILLIAMSBURG VA	28:26	9:09	*
4	99 ROSARIA THOMPSON	54 NEWPORT NEWS VA	31:15	10:04	
5	102 JEANNE BARANOWSKI	55 YORKTOWN VA	31:23	10:06	
6	106 CHRISTINE WILLIAMS	51 POQUOSON VA	32:03	10:19	
7	107 REBECCA SLATER	50 GLOUCESTER VA	32:23	10:26	
8	120 CAROL FURST	50 POQUOSON VA	33:49	10:54	
9	122 PATRICIA K WIEDEMANN	53 SEAFORD VA	34:00	10:57	
10	129 CATHERINE NOCON	58 CHESAPEAKE VA	34:39	11:10	
11	137 BEA CONAWAY	55 HAMPTON VA	35:55	11:34	
12	138 JANELLE BORN	53 POQUOSON VA	36:02	11:36	
13	149 DEBBIE ERNZON	59 POQUOSON VA	37:02	11:56	
14	157 JULIE DURKA	52 VIRGINIA BEACH VA	38:04	12:16	
15	174 JANET GOODMAN	58 POQUOSON VA	39:39	12:46	
16	183 SUSAN SORLIE	52 HAMPTON VA	40:55	13:10	*
17	209 DEBORAH MORAN	59 NEWPORT NEWS VA	46:35	15:00	
WOMEN: 60 - 69					
1	55 NANCY HIRSCHBERG	66 VA	25:31	8:13	
2	77 DONNA CHRISTOL	65 YORKTOWN VA	28:31	9:11	*
3	184 MAUREEN LOWDER	63 NEWPORT NEWS VA	40:55	13:11	
4	201 BUNNY MAJCHER	65 WILLIAMSBURG VA	42:44	13:46	*
5	208 DENISE MACHAMER	60 NEWPORT NEWS VA	45:57	14:48	
6	212 KATHY EALEY	62 NEWPORT NEWS VA	50:43	16:20	
WOMEN: 70 AND OVER					
1	144 ROBIN JORLETT	70 NEWPORT NEWS VA	36:29	11:45	*
2 MILE WALK - MEN:					
1	58 GEORGE I FENIGSOHN	65 POQUOSON VA	26:09	13:05	*
2	110 BERNARD WRIGHT	61 POQUOSON VA	32:29	16:15	
3	124 THOMAS JENKINS	44 HAMPTON VA	34:13	17:07	
4	125 THOMAS JENKINS JR	25 HAMPTON VA	34:14	17:07	
5	128 JACOB SANDEFUR	6 POQUOSON VA	34:31	17:16	
6	130 STEVE DUNN	53 POQUOSON VA	34:48	17:24	
7	146 MATT PERSON	52 POQUOSON VA	36:55	18:28	
8	154 KHATER ABDELHADY	53 NEWPORT NEWS VA	37:46	18:53	
9	161 CHARLES FRENCH	68 POQUOSON VA	38:25	19:13	
10	170 JOE REYES	49 POQUOSON VA	39:19	19:40	
11	176 NICOLAS REYES	15 POQUOSON VA	39:56	19:58	
12	215 GREG PATTERSON	62 NEWPORT NEWS VA	53:01	26:31	
2 MILE WALK - WOMEN:					
1	119 JANET HARPER	50 POQUOSON VA	33:45	16:53	
2	123 MINDY JENKINS	46 HAMPTON VA	34:12	17:06	
3	131 KATIE DUNN	9 POQUOSON VA	34:49	17:25	
4	132 LISA SANDEFUR	45 POQUOSON VA	34:51	17:26	
5	134 TERRI WALLACE	50 POQUOSON VA	35:26	17:43	
6	135 KATHERINE LINDLER	36 POQUOSON VA	35:27	17:44	
7	140 DEBBIE PATTERSON	61 NEWPORT NEWS VA	36:17	18:09	
8	145 SUZETTE PERSON	51 POQUOSON VA	36:54	18:27	
9	147 KELLI WILLSHIRE	60 POQUOSON VA	36:57	18:29	
10	158 MARTY STATON	65 YORKTOWN VA	38:09	19:05	
11	159 KAREN DUNCAN	67 POQUOSON VA	38:10	19:05	
12	160 DIAN WRIGHT	58 POQUOSON VA	38:24	19:12	
13	162 MARCELLA LOLOS	51 NEWPORT NEWS VA	38:27	19:14	
14	164 LEIGHANNE BRAYMAN	35 YORKTOWN VA	38:51	19:26	
15	165 RIBON SNYDOR	51 POQUOSON VA	38:55	19:28	
16	166 JESSICA SNYDOR	16 POQUOSON VA	38:56	19:28	
17	171 HEIDI REYES	48 POQUOSON VA	39:20	19:40	
18	177 ETHEL TERRELL	59 NEWPORT NEWS VA	39:59	20:00	

19	179	DANA LAWSON	47	POQUOSON VA	40:48	20:24
20	180	MARY DAVIS	48	POQUOSON VA	40:50	20:25
21	181	HEATHER DEEVER	40	YORKTOWN VA	40:51	20:26
22	182	DEBRA LAUFFENBURGER	54	POQUOSON VA	40:52	20:26
23	185	MARCEL FINCHER	54	YORKTOWN VA	41:07	20:34
24	186	SUSAN NORTHCUTT	57	YORKTOWN VA	41:09	20:35
25	187	CHELLE ALSTON	44	NEWPORT NEWS VA	41:10	20:35
26	188	LISA NICERSON	51	POQUOSON VA	41:34	20:47
27	192	GAIL WHITTAKER	45	POQUOSON VA	41:49	20:55
28	193	STACY WULCZYNSKI	33	WILLIAMSBURG VA	41:57	20:59
29	194	TOMEAKO COATS	38	HAMPTON VA	41:59	21:00
30	195	LENA CASON	10	POQUOSON VA	42:01	21:01
31	196	CINDY KERSEY	51	CARROLLTON VA	42:09	21:05
32	197	TRINA ZIGAN	44	CARROLLTON VA	42:10	21:05
33	198	RUTH-MARIE CASON	45	POQUOSON VA	42:14	21:07
34	203	NICOLE WORMLEY	39	NEWPORT NEWS VA	43:39	21:50
35	205	LYNETTE BOLDEN	38	HAMPTON VA	44:18	22:09

* denotes PTC member