A PENINSULA TRACK CLUB
GRAND PRIX EVENT
19th Annual

Hilton 5k

Benefit Run/Walk & 1 Mile Fun Run

USATF Certified VA93031RT

Saturday, October 1, 2011

Time: ***8:30 a.m. 1 Mile Fun Run/Walk***
9:00 a.m. 5k (3.1 miles)

Where: ***Woman's Club of Hilton Village Clubhouse***
87 Main Street, Newport News, VA 23601

Awards: ***5k:*** Top finishers, Male & Female (3 each)
There will be three awards given in each of the following age groups, both male and female: 14 & under, 15-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60 & over.
Walkers: Top finishers, Male & Female (3 each)

Entry: $20.00 for 5k if postmarked by 9/15/10 (runners guaranteed a t-shirt)
$25.00 for 5k if postmarked after 9/15/10
**** NO PTC PASSES ACCEPTED***
Race day registration: 7:00 a.m. – 8:45 a.m. at clubhouse.
Early packet pick up: Friday, September 30th, 4:00-7:00 p.m.

Refreshments: Following the race there will be light refreshments to include snacks and sodas.

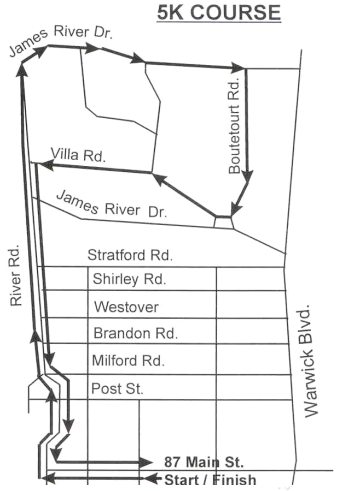
Door Prizes: Drawing for door prizes after the race.

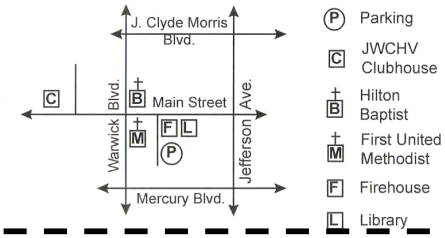
**** Finish Line Results and Race Support Provided by the Peninsula Track Club***

DIRECTIONS

From Richmond: I-64 East to J. Clyde Morris Blvd. (Exit 258A)
From Norfolk: I-64 West to J. Clyde Morris Blvd. (Exit 258A)
Proceed 2.5 miles down J. Clyde Morris Blvd. to Warwick Blvd. Turn left onto Warwick and continue 2.5 miles to Main Street. At the corner of Warwick and Main, parking will be located on your left at the churches (see map). Registration and start are on the opposite side of Warwick at 87 Main Street, the Hilton Junior's Clubhouse.

5K COURSE





LAST NAME FIRST NAME MI

MAILING ADDRESS – STREET (INCLUDE APT. NO)

CITY STATE ZIP

PHONE NUMBER AGE ON RACE DAY SEX

M F

PTC Member – Yes No Walker – Yes No T-Shirt Size – S M L XL

5k	$20.00
After 9/15	$25.00
1 Mile Fun Run	FREE
T-shirt only (short sleeve)	$10.00

No PTC Race Passes Accepted

Check & Entry to:
JWCHV/5K
222 Keith Road
Newport News, VA 23606

I know that running (or otherwise participating in) a road race is a potentially hazardous activity which could cause injury or death. I understand that I should not enter and participate unless I am medically able to perform in this event, am in good health, and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with participating in this event including, but not limited too, falls, contact with other participants, and the effects of the weather including high heat and humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in the race and I will abide by this guideline. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the PENINSULA TRACK CLUB and the ROAD RUNNER'S CLUB OF AMERICA, the JUNIOR WOMAN'S CLUB OF HILTON VILLAGE, the City of Newport News and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Signature _____ Date_____

Parent's Signature if under 18_____

Race Contact: Susan
Email:
susan.hughes13@gmail.com