

Beneficiary: Race proceeds will benefit The Isle of Wight County Christian Outreach Program (COP), a local non-profit organization that helps those in need in Isle of Wight County, Virginia.

Additional Activities:

Race Day is also "Town and Country Day" in Smithfield and Isle of Wight, including a car show and farm fresh produce at the Smithfield Old Towne Curb market; "Souper Saturday", at Trinity Methodist Church, serving homemade soups, breads and sandwiches. Visit Main Street in Smithfield for local shopping. www.smithfield-virginia.com for more information.

The Luter Family YMCA at 259 James Street offers use of their shower facilities after the race so participants and guests can stay for the day and enjoy all that Isle of Wight and Smithfield has to offer.

Directions:

From the James River Bridge: From Rt. 17 South turn right at the 4th stoplight onto Rt. 258. At the "T" of Rt. 258, turn right onto Rt. 10 West. Turn right at the 5th stoplight onto Main St. Turn left at the first stoplight onto Church St. Just past Luter Drive, turn right into the Smithfield Center/Smithfield Little Theatre. Race day registration will be under the tent behind the Veterans Memorial. Parking is available at the Smithfield Center and Smithfield Little Theatre.

From Virginia Beach and Chesapeake: Take Rt. 64 toward Suffolk. Take Rt. 58/460 west to Rt. 10. Turn right on Rt. 10 west and continue through Chuckatuck. Turn right at the 6th light and follow the James River Bridge directions from Main Street.



Make Checks Payable to: Smithfield Hog Jog
Mail Entries to: Emilie Ormond
8 Dashiell Drive
Smithfield, VA 23430 (email: emilie.ormond@verizon.net)

Name (Last, First): _____

Address (Street, City, State, Zip): _____

Email Address: _____ Whole Hog Team Leader (if running as a team)

Phone number w/area code _____ Age _____ Date of Birth _____ Sex (circle one) **M / F**

Event: 5K Run/Walk ☐ Wild Hog ☐ Kids Fun Run ☐ PTC Member (circle one) **Y / N**

T-Shirt Size: (adult sizing only) **XS** ☐ **S** ☐ **M** ☐ **L** ☐ **XL** ☐ **XXL** ☐

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of race officials relative to my ability to safely complete the run. I assume all risks associated with running this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat or humidity, traffic and conditions of the road, all such risks being known and appreciated by me. This is a road race conducted under the rules of USATF and I understand the race is not intended for individuals with headphones, baby joggers, dogs on leashes, skateboards, or skates and I will abide by these guide lines. Having read this waiver and knowing these facts and in consideration of your accepting my entry I for myself and anyone entitled to act on my behalf, waive and release the Peninsula Track Club, the Road Runners Club of America, the Town of Smithfield, The Christian Outreach program, Smithfield Foods, race officials, volunteers and all sponsors, their representative and successors from claims or liabilities or any kind arising out of my participation in this event. I grant permission to all the forgoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Signature _____ Date _____

Guardian if under 18 _____ Date _____