



Boys & Girls Clubs Smart Smiles® 5K

Saturday

August 20, 2011

Mariners' Museum Park



Register Online at
www.bagclub.com

Click on Smart Smiles 5K on the left
hand side or go to the Upcoming
Events tab & click on Smart Smiles 5K.
More info: lmilburn@bagclub.com

TEAM INFORMATION

Sign up a team and compete!

- Free race registration for each 10 member team that raises \$1,000+ for Boys & Girls Clubs Smart Smiles 5K.
- The team that raises the most money will receive a special prize on race day!

TIME

7:00 am Registration Begins
8:00 am 5K Walk/Run
9:30 am Awards, Door Prizes, & Celebration

LOCATION

Mariners' Museum Park entrance across from
Warwick H.S. (off of Warwick Blvd.)
Parking at Warwick H.S.

ENTRY

\$20 Before Race Day
\$25 Race Day
\$10 per person for high school athletes
Free registration for teams (**see info box on left**)
(T-shirt availability & size not guaranteed unless pre-registered)

PTC Passes Accepted!

AWARDS

Top 3 overall male & female in age groups:
U 11, U14, U19, 20-24, 25-29, 30-34, 35-39, 40-44,
45-49, 50-54, 55-59, 60-64, 65-69, 70+

Packet Pick-Up

Early pick-up: Friday, Aug. 19
from 1-5 pm @ BGCVP Admin Office
11825 Rock Landing Dr., Chesapeake Bldg., Ste B
Newport News, VA 23606 757-223-7204

FINISH LINE RESULTS & RACE SUPPORT PROVIDED BY

THE PENINSULA TRACK CLUB

www.peninsulatracclub.com



Last Name: _____ First Name: _____

Address: _____

City: _____ State: _____ Zip: _____ Phone: _____

Email: _____ Age on Race Day: _____ Gender: ☐ M ☐ F
(circle one)

T-Shirt Size (circle) Adult: S M L XL School Name: _____
(for High School Athletes)

Team Name: _____
(for team registration)

Total Registration Fee: \$ _____ I would like to make a tax deductible donation of: \$ _____

Total Amount Enclosed: \$ _____ Check/cash is enclosed ☐
Charge: ☐ Visa ☐ MasterCard ☐ Discover

Card Number _____

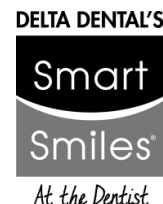
Expiration Date _____

Please read the reverse side of this form and sign below: I HAVE READ THE ACKNOWLEDGEMENT AND ASSUMPTION OF RISK, WAIVER, OF LIABILITY IN ITS ENTIRETY AND I FREELY VOLUNTEER EXECUTE THE SAME. I UNDERSTAND THAT I MAY BE WAIVING CERTAIN LEGAL RIGHTS BY EXECUTING THIS DOCUMENT AND I GRANT FULL PERMISSION TO BOYS & GIRLS CLUBS OF THE VIRGINIA PENINSULA FOUNDATION AND ITS AGENTS AUTHORIZED BY THEM TO USE MY PHOTOGRAPHS, VIDEOTAPES, MOTION PICTURES, RECORDING, OR ANY OTHER RECORD OF THIS EVENT FOR ANY PURPOSE.

Signature: _____ Date: _____

Signature of parent or guardian if under 18: _____

Please make checks payable to Boys & Girls Clubs of the VA Peninsula Foundation
11825 Rock Landing Drive, Chesapeake Building, Suite B, Newport News, VA





BOYS & GIRLS CLUBS
OF THE VIRGINIA PENINSULA
FOUNDATION



ACKNOWLEDGEMENT AND ASSUMPTION OF RISK AND WAIVER OF LIABILITY

I know that walking or running in a road race is a potentially hazardous activity. I should not enter or run unless I am medically able and properly trained. I also know that, although police protection will be provided, there will be traffic on the course route. I assume any and all other risks associated with running this event including but not limited to falls, contact with other participants, the effects of the weather, including high heat and/or humidity, and condition of the roads- all risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and to waive, release, and discharge the City of Newport News, Boys & Girls Clubs of the Virginia Peninsula Foundation, Boys & Girls Clubs of the Virginia Peninsula, The Mariners' Museum, The Peninsula Track Club and Road Runners Club of America, Delta Dental of Virginia, Race Officials, Volunteers, and any and all sponsors- including their agents, employees, assigns, or anyone acting on their behalf, from any and all claims or liability for death, personal injury or property damage of any kind or nature whatsoever arising out of or in the course of my participation in this event. The Release and Waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown.

All proceeds go to the Boys & Girls Clubs Delta Dental's Smart Smiles at the Dentist® Dental Program, providing youth with free dental care

About Boys & Girls Clubs of the Virginia Peninsula

Boys & Girls Clubs of the Virginia Peninsula serves over 5,000 youth annually in Newport News, Hampton, Williamsburg, Gloucester, Mathews, & York County. Our 15 Clubs serve youth, ages 6-18, with a mission "to inspire and enable all youth, especially those who need us most, to realize their full potential as productive, caring, and responsible citizens." The Clubs provide a safe, positive, and fun place for kids to go afterschool and in the summer; a place that they can call their own with life enhancing programming. Our programming focuses on five core areas:

*Character & Leadership Development, Education & Career Development, Health & Life Skills,
Sports, Fitness & Recreation, and The Arts*

What is Smart Smiles at the Dentist?

Poor oral health care for children doesn't just impact a nice smile. It impacts how children feel about themselves and can result in significant lost school time due to dental-related illnesses. Dental problems can lead to serious health issues such as diabetes, heart and lung disease, pre-term births and death.

Thankfully there is Smart Smiles at the Dentist. Smart Smiles is a partnership between Delta Dental and Boys & Girls Clubs of the Virginia Peninsula to provide free dental care to Boys & Girls Club members who do not have dental insurance or who qualify for Medicaid/FAMIS/Smiles for Children. In addition, Boys & Girls Club members receive dental health education. Since we started the Smart Smiles program almost 7 years ago, we have served over 650 Boys & Girls Club members and discovered over 2,000 cavities and other dental problems. Smart Smiles is successful because it removes the obstacles that prevent children from receiving the dental care they need.

Smart Smiles takes all of this away. The program coordinator schedules dental appointments, provides transportation from school, stays with the children in the waiting area, coordinates follow-up care, and keeps parents or caregivers well informed. In addition, Boys & Girls Club members learn how to properly care for their teeth.

Noelle Mangus

Smart Smiles Coordinator, Administrative Office

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