



If a member of a military service team, enter team name:

- Directions: **From I-64** — Take Exit 250B (Route 105) towards Yorktown and go 3.8 miles to Route 17. Turn right on to Rt. 17, go south 1.9 miles and turn right at the 4th stop light on to Amory Lane. Grafton High School is just two blocks.
- From Gloucester** — Take Route 17 south over the bridge at Yorktown and, after the bridge, travel 6.0 miles south and turn right at the stop light on to Amory Lane. Grafton High School is just two blocks. Note that Amory Lane is 1.9 miles and the 4th stop light past Ft Eustis Blvd (Route 105).
- Park in the High School parking lots. Do not park in surrounding townhouse communities which have parking restrictions. Runners are encouraged to arrive by 7:15 am.
- Course: The race starts and ends next to Grafton High School and consists of unpaved roads and paths, some paved roads, trails around lakes and through scenic fields and woods. A few weeks before the race the course will be available on a link provided on the web site: www.yorktownrotaryclub.org. Just click the “freedom run” tab on the left and look for the link to the course map.
- Information + More Flyers: Get updates on the race, course details and additional flyers at: **yorktownrotaryclub.org**
- Awards: Race Directors: Jim Sawhill, 757-898-7871 (jimsawhill@hotmail.com) and Bob Edwards
- Medals and Cash Prizes (\$100, 50, 25) will go to the first three eligible overall male and female runners, and to the first three male and female masters (40 & over) .
- Special medals will be given to the top three finishers in the following categories:
- Male: 12 & under, 13-19, 20-24, 25-29, 30-34, 35-39, 40-44
45-49, 50-54, 55-59, 60-64, 65-69, 70 & over.
- Female: 12 & under, 13-19, 20-24, 25-29, 30-34, 35-39, 40-44
45-49, 50-54, 55-59, 60-64, 65-69, 70 & over.



Refreshments after the race.

All funds raised by this race will provide scholarships at local High Schools and give support to a wide range of youth and community services.

We thank all of our sponsors for their support



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