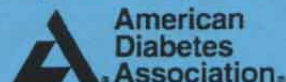


Tour de Cure 2003

Bike To The Beach!



a cycling & fundraising event of



Your 100-mile cycling experience begins in Chesapeake, VA, and after a beautiful ride along country roads and the beaches and bridges of North Carolina, your journey ends with a finish line celebration, delicious **OUTER BANKS** dinner, music, and the best party in town at Festival Park on Roanoke Island – it's Tour de Cure, what a great ride! In addition, there are also great 25-mile, 30-mile, and 50-mile rides in either Chesapeake, VA or the Outer Banks of North Carolina.

MARK the date - **SATURDAY, APRIL 26, 2003**

Get **SET** to train – challenge yourself to your personal best

GO for the ultimate prize – help us find a cure for a devastating disease

Be a hero in the fight against diabetes – join the premiere area cycling event that supports diabetes research, education and advocacy.

**REGISTER between now & March 7
and your registration fee IS ONLY \$25!**
(in addition to fee, there is a \$150 fundraising min.)
REGISTER ON REVERSE

PICK YOUR RIDE FOR 2003!

In addition to the 100-mile ride from Hickory High School to Roanoke Island Festival Park (beginning at 7:50 a.m.):

There are 30 and 50-mile looped courses (beginning at 8 a.m. from Hickory High School in Chesapeake), and 25 and 50-mile loops (beginning at 9 a.m.) in Manteo.

Your registration and fundraising donations includes an official Tour t-shirt, great meals, rest stops, the chance for special fundraising prizes, and medical, mechanical, and SAG support along the way. In addition to your registration fee, there's a \$150 minimum fundraising goal per participant. Bicycle helmets required for all participants.

CALL US . . . with questions at the American Diabetes Association, **757-455-6335 or 1-888-DIABETES x3276.** Registration form on reverse.

Finding A Cure . . . One Mile At A Time

Register Today!

(Please print clearly and completely fill in the entire registration form.)

☐ Yes, I want to ride! Please register me for the **April 26, 2003 Chesapeake, VA/Outer Banks, NC Tour de Cure!**

Name _____

Home Address _____

City State Zip _____

Company _____

Phone _____

Home _____

Company _____

E-mail Address _____

Date of Birth _____

T-Shirt Size (circle one): M L XL XXL

My fundraising goal: _____ (\$150 minimum fundraising contribution for 2003)

I'll be cycling the (circle one):

CHESAPEAKE

OUTER BANKS

100-Mile (to Manteo)

50-Mile

50-Mile

30-Mile

25-Mile

I also rode in Tour de Cure in (circle as many as apply) '02 '01 '00 '99

☐ I'd like to start a Team. Please send me more information.

☐ I'm riding on a Team: Team Name: _____

Team Captain Name: _____

Please send me . . .

☐ Information on volunteering for the tour as a non-rider.

Include non-refundable, non-transferable registration fee of \$25 & return to:

American Diabetes Association

Tour Processing Center

York Building, 6340 Center Drive, Suite 129

Norfolk, VA 23502

OR fax to 1-757-455-6742 with credit card information:

☐ M/C ☐ Visa Exp. date ____/____ Card # _____

Cardholder's Name _____

Tour confirmation packets will be mailed out beginning January 2003 – thank you.