

Course Records – 10K on the Noland Trail

Sex	Age Group	Name	Time	Year	Age	City	State
M	Male Record	Robert Hinkle	35:06	2005	41	Yorktown	VA
F	Female Record	Kristi Markowicz	39:35	2008	38	Newport News	VA
M	14 & under	Maxwell Bugos	41:13	2005	14	Poquoson	VA
	15 - 19	Brian Derr	38:38	2002	17	Newport News	VA
	20 - 24	Paolo Cavenaghi	38:31	2007	24	Fort Eustis	VA
	25 - 29	Philip Boykin III	37:20	2006	25	Seaford	VA
	30 - 34	Chris Rizzo	37:18	2005	34		NC
	35 - 39	Mark Junkerman	36:53	2001	36	Williamsburg	VA
	40 - 44	Robert Hinkle	35:06	2005	41	Yorktown	VA
	45 - 49	Fabio Vladimir	37:38	2005	46	Virginia Beach	VA
	50 - 54	Jim Bates	37:43	2008	52	Hampton	VA
	55 - 59	Rick Platt	41:54	2007	57	Williamsburg	VA
	60 - 64	Dennis Manske	45:57	2006	60	Williamsburg	VA
	65 - 69	Tom Ray	46:46	2002	69	Kitty Hawk	NC
	70 - 74	Tom Ray	51:01	2005	72	Kitty Hawk	NC
	75+	Tom Ray	59:56	2009	76	Kitty Hawk	NC
F	14 & under	Sarah Chapman	48:52	2001	14	Hampton	VA
	15 - 19	Alyson Fletcher	48:16	2004	19	Williamsburg	VA
	20 - 24	Anna Latorre	46:40	2007	24	Norfolk	VA
	25 - 29	Tanja Cutting	43:23	2009	29	Rapid City	SD
	30 - 34	Amy Strickling	42:27	2006	34	Yorktown	VA
	35 - 39	Kristi Markowicz	39:35	2008	38	Newport News	VA
	40 - 44	Robin Moon	44:17	2002	43	Williamsburg	VA
	45 - 49	Valerie Plyler	43:17	2006	47	Yorktown	VA
	50 - 54	Brenda Mitchell	56:29	2001	51	Williamsburg	VA
	55 - 59	Kathy Webster	52:55	2004	55	Newport News	VA
	60 - 64	Barbara Biasi	53:44	2008	61	Yorktown	VA
	65 - 69						
	70 - 74						
	75+						
M	Wheelchair						
F	Wheelchair						
M	Walk						
F	Walk						

* new records for 2009 in bold/italics