

Course Records – Hilton 5K

Sex	Age Group	Name	Time	Year	Age	City	State
M	Male Record	Ryan Carroll	15:24	2008	26	Portsmouth	VA
F	Female Record	Nadia Baadj	18:07	2002	19	Williamsburg	VA
M	14 & under	John Holt	17:57	2004	14	Williamsburg	VA
	15 - 19	George Matais	15:38	2008	16	Chesapeake	VA
	20 - 24	Derrin Pierret	15:32	2008	23	Williamsburg	VA
	25 - 29	Ryan Carroll	15:24	2008	26	Portsmouth	VA
	30 - 34	Michael Fitch	15:40	1996	31	Richmond	VA
	35 - 39	Rob Hinkle	15:29	2000	36	Williamsburg	VA
	40 - 44	Lanny Doan	16:07	1996	40	Virginia Beach	VA
	45 - 49	Rick Platt	17:43	1996	46	Williamsburg	VA
	50 - 54	Rick Platt	17:41	2001	51	Williamsburg	VA
	55 - 59	Rick Platt	18:03	2005	55	Williamsburg	VA
	60 - 64	Tom Ray	19:53	1994	61	Kitty Hawk	NC
	65 - 69	Tom Ray	20:16	1998	65	Kitty Hawk	NC
	70 - 74	Andrew Polansky	21:54	1998	70	Williamsburg	VA
	75 - 80	Robert White	24:15	1999	76	Hampton	VA
	80+	Jim Johnson	1:02:15	2008	83	Hampton	VA
F	14 & under	Heidi Petersen	18:58	2007	13	Williamsburg	VA
	15 - 19	Nadia Baadj	18:07	2002	19	Williamsburg	VA
	20 - 24	Jojo McCandlish	20:08	2002	20	Williamsburg	VA
	25 - 29	Cassie Stilley	19:12	2004	27	Hayes	VA
	30 - 34	Pam Runquist	18:34	1994	31	Hampton	VA
	35 - 39	Valerie Plyler	18:32	1998	38	Newport News	VA
	40 - 44	Sarah Younger	19:15	2008	41	Newport News	VA
	45 - 49	Valerie Plyler	19:33	2004	45	Newport News	VA
	50 - 54	Mercedes Castillo-D'Amico	20:37	2009	52	Newport News	VA
	55 - 59	Barbara Mathewson	20:18	2004	55	Virginia Beach	VA
	60 - 64	Barbara Biasi	25:40	2008	61	Yorktown	VA
	65 - 69	Diane De Echeandia	27:26	2009	69	Newport News	VA
	70 - 74	Nancy Patron	30:12	2007	71	Williamsburg	VA
	75+	Clara Robinson	39:57	1999	75		NY
	Wheelchair	Bill Latham	16:10	1995	44	Newport News	VA
M	Walker	Steven Shapiro	25:34	2005	51	Hampton	VA
F	Walker	Mary Gibbons	27:44	1998	42	Gloucester Point	VA

* new records for 2009 in bold/italics