



# 35th Annual Mulberry Island Run September 17, 2016

# HALF MARATHON

## Registration:

In-Person at Anderson Field House  
OR online at Active.com  
(search "Mulberry Island Run")

## Race Day Registration:

Doors open at 0600. Packet Pick-Up  
is Race Day ONLY

No Refunds/No Rain Date

## Age Divisions:

19 & Under, 20-29, 30-39, 40-49, 50-  
59, 60-69, 70 & Over

## Prizes:

Engraved Wine Glasses for Top 3  
Overall Winners in Each Event +  
Custom Medals for 1st-3rd Place  
Finishers in Each Age Division

## Where:

Anderson Field House  
643 Dickman St.  
Fort Eustis, VA 23604



Half Marathon Course Certified  
through USATF

## Fees:

### **Before 7 Sept. 2016:**

Half Marathon: \$40  
5k Run: \$25

### **On or After 7 Sept. 2016:**

Half Marathon: \$45  
5k Run: \$30

Please make checks payable to:  
FE FITNESS

## Race Times:

Half Marathon starts at 0730  
5k Run starts at 0830

A Peninsula Track Club Grand Prix  
event

LAST NAME: \_\_\_\_\_ | FIRST NAME: \_\_\_\_\_ | M.I. \_\_\_\_\_ PTC MEMBER (circle): Y / N

STREET ADDRESS: \_\_\_\_\_ | CITY: \_\_\_\_\_ | STATE: \_\_\_\_\_ | ZIPCODE: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_ | GENDER (circle): M / F | SELECT RACE (circle): Half Marathon / 5k Run

AGE ON RACE DAY: \_\_\_\_\_ | EMAIL: \_\_\_\_\_

T-SHIRT SIZE (circle): ADULT Sml Med Lrg XL XXL (XXL \$2.00 Extra) | AMOUNT OWED: \$ \_\_\_\_\_

**\*T-Shirts NOT GUARANTEED for registration after 7 September, 2016\***

## **Participants Agreement Waiver, Release, & Acknowledgement**

All participants are required to sign this waiver:

I know running a road race is a potentially hazardous activity. I should not enter to run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risk associated with running in this event including, but not limited, falls, contact with other participants, the effects of the weather, including heat or humidity, traffic and the conditions of the road, and all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release the U.S. Government and/or its officers, the Peninsula Track Club, Road Runner Club of America, race officials, volunteers and all sponsors & their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose. I UNDERSTAND THAT THIS RACE IS NOT FOR INDIVIDUALS WITH HEADPHONES, DOGS ON LEASHES, SKATEBOARDS, OR ROLLER BLADES. This is a road race conducted under the rules of USATF.

Participant's Signature: \_\_\_\_\_

Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Signature of Parent/Guardian: \_\_\_\_\_

Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_