New Year's Day 5K

for the American Cancer Society in Memory of Denise Suits

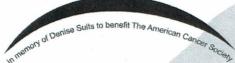
January 1, 2017 @ 11:00am



Center for Health & Fitness







Register Online! https://raceroster.com/ events/2017/10420/new-years-day-5k

service fee applies

the Cancer Fitness programs subsidy fund

Start and End:

Sentara Center for Health and Fitness 4001 Coliseum Dr. Hampton

Fee: \$20 prior to December 23 \$25 after December 23

\$15 without Race Shirt, \$20 after Dec. 23

Packet Pick-Up:

December 31, 11am-2pm and Race Day, 9-10:45am at Sentara Center for Health and Fitness

Contact/Send payment to:

Carla Smith

5K-Sentara Center for Health & Fitness 4001 Coliseum Dr. Hampton, VA 23666 www.sentarafitness.com 757-766-2658

csmith@sentarafitness.com

Make Checks Payable: American Cancer Society







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Last Name	Under 18: This is to certify that my son/daughter has my permission to
First Name	compete in the Sentara 5K Fun Run benefitting the American Cancer
Address	Society and that race officials have permission to authorize emergency
City State Zip	treatment.
Age on Race Day Date of Birth	Parent/Guardian Signature: Date:
	WAIVER: I hereby release Sentara Health Care, Sentara Center for
Male or Female T-Shirt: S M L XL XXL	Health & Fitness, CarePlex West Wellness Operations, LLC, Hammes
	Company, Peninsula Track Club, Road Runners Club of America, City of
PTC MEMBER: Yes or No (sorry, no PTC passes accepted)	Hampton, all sponsors and contributors, all race staff and officials from
	any injuries or damages I may receive while participating in the fun run
Phone	or activities associated with the event. I am in good physical condition
E-Mail	and I am able to compete in any of the events for which I am registered.
	In addition, I grant permission for use of any photograph taken, motion
Event Fee: \$20 before Dec. 23, \$25 after (\$15 if not requesting shirt) \$	pictures, recordings, or any other record of this event for any legitimate
Additional Donation to American Cancer Society: \$	purpose. I certify that the information provided is true and complete and
Total Payable to American Cancer Society: \$	agree to comply with the conditions of this event.
Funds will be donated to the American Cancer Society and	Participant Signature: