



July 7, 2018
Benefitting



6104 Gallopond Lane*
Gloucester, VA 23061

*Directions: From Rt.17N take left onto Hickory Fork Rd. / From Rt. 17 south, take right onto Hickory Fork Rd. Travel 5.8 miles, take left onto Gallopond Lane. Directed parking and handicapped parking will be available.

Please join us for a fun day at Gallopond farm and support Semper K9 Assistance Dogs. Not a runner? No problem! Come and enjoy all we offer in addition to the race. Bring the family and enjoy an amazing day on the beautiful 120 acre Gallopond Farm.

- Live music by “Tornado Bait” & “Uglyography”, Wicked Hips Belly Dance
- Food & beverage vendors will be present
- Local businesses with samples, demonstrations, as well as arts and crafts
- NASCAR race cars, hauler and Lamborghinis will be on display
- “HCS Creates” TV show will have steampunk vehicles on display

Schedule

2:00 pm

Doors open and vending starts

3:30 pm

Entertainment starts and will continue until closing

6:00 pm

Race starts (please check in at least 1h prior)

8:00 pm

After party and award ceremony

Cost:

**\$5 for non-runners, Kids under 12 are FREE
\$35 (before June 16th) \$40 Pre-Registration,
\$45 at the door**

Runners fees include:

T shirt (not guaranteed after June 15)

Beer/beverage tickets

Water and post-race snacks, light dinner

5K Run and Music festival to benefit Semper K9.

Their mission is to rescue dogs, train them to provide mental health mobility service dogs free of charge to wounded service members to enhance their quality of life.



www.SemperK9.org

Race details:



peninsula track club



- Scoring and timing will be provided
- Race course is groomed, wooded trails with hilly and flat paths
- Must present valid ID for beer tickets
- Race is open to ages 10 and older. No strollers or pets allowed
- Rain or shine, we are on, No rain date. No refunds.
- No official time after 1 hour.
- Awards: Top 3 Overall Male and Female

Age Groups: 13 & under, 14-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & Over

Online registration at www.Gallopondevents.com

Please detach and Mail to 100 North, Construction Drive Yorktown, VA, 23692

Make Checks Payable to: Gallopond Event Management

No Refunds, Exchanges or Transfers

First name: _____	MI: _____	Last name: _____
Street Address: _____		
City: _____	State: _____	Zip Code: _____
Phone: _____	Email: _____	
T-shirt size: S M L XL XXL(+\$2)	Age on Race Day _____	Gender: M F
Admission only: _____	\$5 per attendee (non-runners) over 12 years old	
Runners Fee: _____	\$35 before June 16 th / \$40 before July 6 th / \$45 day of event	
Total enclosed: _____		

Runners, please check in no later than 1 hour prior (race starts at 6 pm)

Waiver: I understand that running a race, especially a trail race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete this run. I assume all risk associated with running in this event, including, but not limited to: falls, contact with other participants, the effects of the weather, including heat and humidity, traffic and conditions of the road, all such risks known and unknown by me.

Having read this waiver and knowing these facts, and in consideration of you accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release KMG Systems Inc, Richard Gdovic, Kelly Gdovic, Gloucester County, Semper K9, Road Runners Club of America, Peninsula Track Club and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for legitimate purpose. This is a trail race conducted under the rules of RRCA and USATF; it is not intended for individuals with baby strollers, dogs on leashes, skates or rollerblades. No partial or full refunds.

Runner's Signature: _____ Date: _____

Signature of parent/guardian (if participant is under 18 y/o): _____ Date: _____