









4th Annual Riverwatch on the Piankatank 5K RUN/WALK – Super Grand Prix SATURDAY, November 14, 2020 Gloucester, VA Register now @ www.RunSignUp.com

Organized by the Ice-ahloics Polar Plunge team and Riverwatch HOA to benefit the Special Olympics of Virginia

FIME: 1:30pm 1MILE FUN RUN 2:00pm 5K Run/Walk

LOCATION: Parking, registration, and Grab & Go refreshments at the Riverwatch Pool, 8031 Riverwatch Circle, Gloucester, VA 23061. Run/Walk through the beautiful Riverwatch Neighborhood.

Door prizes for all present with opportunity to purchase additional door prize tickets and a \$20 - 50/50 raffle to be drawn after the race. (You do not need to be present for the 50/50 raffle).

REGISTRATION: Registration fee includes a short sleeve technical shirt guaranteed to all pre-registered runners/walkers prior to November 4, 2020. T-shirts will be available race day while supplies last.

\$15 One mile fun run (only pre-registered runners/walkers are guaranteed a T-shirt)

\$25 early bird registration by November 4.

\$30 registration November 5th – November 12th.

\$35 race day registration.

RACE PACKET PICKUP: On race day packets can be picked up starting at 12:30pm at Riverwatch Pool.

AWARDS: Top 3 men & top 3 women overall, Top 3 men & top 3 women by age category in 5-year age groups from 10-and-under to 70-and-over. Top 5 men and women walkers. All fun run participants will receive a ribbon. Walkers are encouraged to walk through this beautiful neighborhood.

· · · · · · · · · · · · · · · · · · ·					
Please Print					
First Name	Last Name			Sex Age	
Street Address				Date of B	irth
City		State		ZIP	
Phone ()		Email			
Race entered (Circle One)	Fun run	5K Run	5K Walk		
Adult T-Shirt size (Circle One)	S	M	L	XL	XXL
Youth T-shirt (Circle One)	S	M	L	XL	
Make checks payable to: Rivery	watch Run				

Mail check and entry form to: Karen Schenck, P.O. Box 537, Ark, VA 23003

Waiver I know that running/walking is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete this run. I assume all risk associated with running/walking in this event including, but not limited to; falls, contact with other participants, the effects of the weather, including heat and humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and for anyone entitled to act on my behalf, waive and release the Colonial Road Runners, Riverwatch Neighbor, Gloucester Virginia and all sponsors, their representatives and successors, from all claims of liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this event for legitimate purpose. This is a road race under the rules of RRCA and USATF. No partial or full refunds. ALL ENTRANTS MUST SIGN