

**Gloucester County Educational Foundation  
Chesapeake Bank and  
Chesapeake Wealth Management**



# 3K & 8K Run/Walk

SATURDAY  
MARCH 26, 2022

**START**

Registration and packet pickup: 8:30 to 9:15 AM

8K Run/Walk start: 9:30 AM, March 26, 2022

3K Run/Walk start: 9:40 AM, March 26, 2022

Close: 11 AM

Start and Finish: Gloucester High School  
6680 Short Lane, Gloucester, VA 23061

5K Virtual Run/Walk: Run/walk anytime and anywhere  
between March 5 and March 26, 2022

**REGISTRATION (NO REFUNDS OR DEFERRALS)**

**3K Students (under 18)**

\$15 If received by March 7, 2022

\$20 Received March 7-23, 2022

**3K Adults (18 and over)**

\$20 If received by March 7, 2022

\$25 Received March 7-23, 2022

All - \$30 Race Day

**8K Students (under 18)**

\$20 If received by March 7, 2022

\$25 Received March 7-23, 2022

**8K Adults (18 and over)**

\$25 If received by March 7, 2022

\$30 Received March 7-23, 2022

All - \$35 Race Day

**5K Virtual (All participants)**

\$20 Received on or before March 23, 2022

**MAIL TO:**

Carol Dehoux  
Gloucester Educational Foundation  
6099 T.C. Walker Rd., Gloucester, VA 23061  
Or drop off registration at any Gloucester School office.

*The event will be held rain or shine. However, the Gloucester Educational Foundation Board and Gloucester Public Schools reserve the right to cancel the race if weather or Covid-19 conditions are deemed unsafe for participants.*

**ONLINE REGISTRATION**

www.runsignup.com/gcef3k8k5k

Online registration for all events closes at midnight on March 23, 2022.

**COURSE**

Asphalt road; start and finish at Gloucester High School

8K USATF Course Cert. VA16057RT

3K has been accurately measured but not certified.

**AWARDS**

Top 5 overall 3K male and female finishers

Top 3 overall 8K male and female finishers

and top 3 8K in each age category

**T-SHIRTS:** T-shirts guaranteed

to those registered on or before March 7, 2022.

**RACE CONTACTS**

Carol Dehoux, (804) 693-1425

GCPSEDFOUND@gc.k12.va.us

Helen Worthington, (804) 815-5817

rhworthington@cox.net

**RESULTS**

Provided by Peninsula Track Club

**PROCEEDS**

Proceeds help to fund the annual  
Mini-grants and Teacher of the Year  
programs.



ENTRY FEES	
<b>Early Registration by 3/7/2022</b>	
3K \$15 Students	_____
3K \$20 Adults	_____
8K \$20 Students	_____
8K \$25 Adults	_____
<b>Late Registration after 3/7/2022</b>	
3K \$20 Students	_____
3K \$25 Adults	_____
8K \$25 Students	_____
8K \$30 Adults	_____
<b>Race Day</b>	
3K \$30 (All)	_____
8K \$35 (All)	_____
<b>Virtual 5K (Register by 3/23/2022)</b>	
\$20 all participants	_____
XXL shirt (plus \$2.50)	_____
No T-shirt (minus \$5.00)	_____
(discount does not apply race day)	
Donation	\$ _____
Total Amount Enclosed	\$ _____
Make checks payable to <b>GCPS Ed. Foundation</b>	



**RACE REGISTRATION** SELECT EVENT  3K  8K  5K Virtual

FIRST NAME \_\_\_\_\_ LAST NAME \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_ PTC MEMBER:  Y  N  
PTC race pass enclosed

AGE ON RACE DAY \_\_\_\_\_ DATE OF BIRTH \_\_\_\_/\_\_\_\_/\_\_\_\_ GENDER:  MALE  FEMALE

T-SHIRT SIZE (Check one) Youth:  S  M  L Adult:  S  M  L  XL  XXL (\$2.50 extra)

EMAIL ADDRESS: \_\_\_\_\_ PHONE (\_\_\_\_\_) \_\_\_\_\_

(Including your email address will ensure that you receive timely race updates.)

If applicable, please indicate the Gloucester County Public School you are running/walking for:  
\_\_\_\_\_ (This is not a requirement.)

RELEASE AND WAIVER: I know that participating in a race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run/walk. I assume all risks associated with participating in this event, including, but not limited to, falls, contact with other participants, the effects of weather, including, high heat or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release the Gloucester County Public Schools Educational Foundation, Gloucester County Public Schools, Peninsula Track Club, Road Runners Club of America (RRCA), all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. This is a road race conducted under the rules of the RRCA and USATF; it is not intended for individuals with headphones, dogs on leashes, skateboards or rollerblades.

SIGNATURE OF PARTICIPANT

DATE

SIGNATURE OF PARENT/LEGAL GUARDIAN (IF UNDER 18)